



St. Thomas Aquinas Church

1501 S. Atlantic Blvd., Monterey Park, CA 91754
323-264-4447 • parishoffice@stampk.org



Third Sunday of Lent - March 7, 2021

Lent 2021

Ten Things to Do During Lent

1. Go to confession – contact the parish office to schedule an appointment
2. Attend another Mass in addition to Sunday
3. Pray the rosary and/or read the scriptures daily
4. Spend quiet time with the Lord (and let Him talk to you)
5. Perform a good deed—for your family
6. Perform a kind deed—to someone outside your family
7. Find something good about someone and let that person know
8. Forgive (in your mind and heart) someone that hurt you
9. Let go of the past and count your many blessings
10. Stop yourself from criticizing or judging someone in thought and word

Lenten Reminder: Fridays during Lent are obligatory days of abstinence.

For members of the Catholic Church: The norms concerning abstinence from meat (beast or fowl) are binding upon members of the Catholic Church from age 14 onwards.

Zoom Mass Communion Prayer

While watching mass on line and it is time for the distribution of the Eucharist (Communion), you may say the following Prayer of Spiritual Communion:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

A Lenten Virtual Retreat with Fr. Parker Sandoval Sat. March 13th 10 AM – 12 PM

The Office of Ethnic Ministry is offering a Lenten “Back to Gospel Basics” virtual retreat. Fr. Parker Sandoval, Vice Chancellor and Senior Director of Ministerial Services for the Archdiocese of Los Angeles will lead the retreat. For additional information and the link to register please email: ethnicministry@la-archdiocese.org



Daylight Savings Begins

March 14th

Turn your clocks

FORWARD one hour

Spring into eGiving

Thinking about spring cleaning? Why not streamline your offertory and simplify your support for St. Thomas Aquinas and the ministries that mean so much to you? Now is a great time to make the switch to eGiving – you can sign up from your computer, smartphone or tablet, and set up a recurring donation or make a one-time gift.

Recurring gifts help sustain our parish as we continue to confront the challenges and turmoil sparked by COVID-19, and as we work to reopen more of our programs, services, and ministries for our church families and for those in need throughout the community.

Please visit faith.direct/CA779 to sign up today.

Thank you for your continued support of our parish family.

For LentFor Life Rice Bowl Program

Drought has become a big problem across El Salvador, making it difficult for farmers to produce enough crops to support their families. But new farming techniques—and a new generation of young farmers—are making a difference. What would you do if your livelihood was threatened? How can you support young people in your community and around the world? Please pick up your Rice Bowl and place your spare change in it, return it full on Easter Sunday. Visit crsricebowl.org to learn more.

School News

STA School to resume in-person instruction

STA School will resume in-person instruction on Monday, April 12. Our families will have a choice to either send their child(ren) in person or to remain online for the rest of the school year.

Are you interested in enrolling your child at STA School for the 2021-2022 year? Registration opens on Monday, March 1, 2021. For additional information and enrollment forms please contact the school office at (323) 261-6583 or email: info@stampkschool.org



From February 17th through March 28th, you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside FPA, 501 S Vincent Ave., West Covina, CA 91790, and also to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, please visit:

40daysforlife.com/westcovina

Safeguard The Children DID YOU KNOW?

Helping children cope with grief

With the ongoing COVID-19 pandemic, many children are grieving — they may have lost family members, they are cut off from their friends and their routines, and their lives have changed significantly. Parents can help children work through their strong emotions by acknowledging their feelings and encouraging children to talk about them. Talk with them honestly and simply, helping them to answer any questions they might have about why this is happening, or what will happen next. Often, showing children that they are loved unconditionally can help them handle strong feelings of loss and sadness. For more information, please visit, <https://ocatholic.com/talking-about-god-and-grief-with-children/>

WEEKLY COLLECTIONS

Weekly Expenses: \$7,500.00

2/27 & 2/28 Offertory/Online: \$4,909.00

Over/(Under): (\$2,591.00)

Thank you for your support!

Mass Intentions for the Week

Saturday, March 6th

5:30 PM Clementine Nielsen (Health)

Sunday, March 7th

8 AM Hou Yuan Chiao (D) by LiChu Lin
Rosa Gallardo (D)
Eva Rodriguez (D)
In thanksgiving to St. Jude

11:30 AM Monty R. Villajin (D)
Macven A. Solana Jr. (D)
Antonio Bernal (D)
Carlos Zuniga (D)
Arroyo family deceased members

1:30 PM STA Parishioners

Tuesday, March 9th

8 AM Hou Yuan Chiao (D) by LiChu Lin
Ida Esparza (D)
Robert Saetia (D)

Thursday, March 11th

8 AM Hou Yuan Chiao (D) by LiChu Lin

Friday, March 12th

8 AM Hou Yuan Chiao (D) by LiChu Lin

Saturday, March 13th

8 AM Hou Yuan Chiao (D) by LiChu Lin

If you would like to schedule Mass intentions, please contact: Linda Almaguer, Parish Secretary, at (323) 264-4447 ext. 102 or by email: parishoffice@stampk.org

Parish Contact Information

Parish Office: (323) 264-4447
 Chinese Ministry Office: (323) 264-4448
 General Email: parishoffice@stampk.org
 Parish Website: STAMPK.ORG
 Fax: (323) 264-2524
 Hall Rental: (323) 264-4447 ext. 102

Parish Staff

Fr. John Kyebasuuta—Pastor
 FrJohn@stampk.org Ext. 108
 Fr. Justin Liu—Associate Pastor
 FrJustin@stampk.org Ext. 106
 Lorraine Melendez—General Manager
 LMelendez@stampk.org Ext. 103
 Linda Almaguer—Parish Secretary
 LAlmaguer@stampk.org Ext. 102
 Sherry Hsu—Chinese Ministry Staff
 stachinese@stampk.org Ext. 104
 Jessie Wang—Chinese Ministry Staff
 JWang@stampk.org Ext. 105
 Safeguard The Children - 323-264-4447

School Information

School Office: (323) 261-6583
 Stefanie Lutero - Principal
 Email: SLutero@stampkschool.org
 General Email: info@stampkschool.org
 Website: stampkschool.org

Religious Education Information

Office: (323) 264-1338
 Ana Martinez - Coordinator
 Email: stareligioused@stampk.org

Mass Schedule

Saturday Vigil	5:30 PM (English)
Sunday	8:00 AM (English) 9:30 AM (Mandarin) 11:30 AM (English) 1:30 PM (Spanish) 3:00 PM (Cantonese)
Monday	7:00 PM (Chinese)
Tuesday	8:00 AM (English)
Wednesday	8:00 AM (Chinese)
Thursday	8:00 AM (English)
Friday	8:00 AM (English)
Saturday	8:00 AM (English)

Zoom Links & Passwords:

English Masses:

<https://us04web.zoom.us/j/311575271>

Meeting ID:311575271 Password: Mass

Spanish Masses:

<https://us04web.zoom.us/j/912501465>

Meeting ID:912501465 Password: Misa

Chinese Masses:

<https://zoom.us/j/3901142241>

Meeting ID: 3901142241

***THURSDAY 8 AM ENGLISH MASS:**

<https://us02web.zoom.us/j/5897232327>

Meeting ID:5897232327 Password: 1501