



## ST. LAURENCE LADIES GUILD

“Here to serve, not to be served” Matthew 20:28

3100 Sweetwater Blvd., Sugar Land TX 77479

Ladies Guild Web Site: <http://www.stlaurence.org/index.cfm?load=page&page=230>

## March 2017 NEWS & ACTIVITIES

Hello Ladies:

This month finds us in the Lenten season, a time of fasting (eating less), abstinence (no meat), and almsgiving (giving or doing for others). Why do we do these things? It's to empty ourselves so that there is more room for God to enter more fully into our lives and prepare us for the joy of Easter. More specifically, how can we do that this Lenten season? Keep it simple with a 1-1-1 plan: one sin, one add-in, one give up. One sin: what sin or fault do you really struggle with? One add-in: add something to your spiritual life that you haven't already been doing, such as attending daily Mass, going to adoration, reading a Catholic spiritual book. One give-up: give up buying anything unnecessary, give up Facebook, give up gossiping. More ideas can be found at

[https://www.osv.com/Portals/4/documents/pdf/OSV130207\\_InFocus.pdf](https://www.osv.com/Portals/4/documents/pdf/OSV130207_InFocus.pdf)

I hope this Lent will draw you closer to Jesus so that this Easter can be a joyful celebration of what our Lord has done for each one of us.

Please join us at our next meeting, which is the 4th Thursday this month (March 23rd) because of spring break. Our new deacon, Deacon Dennis Henderson will be there to talk to us about prayer.

Tina Dougherty  
Ladies Guild President

"Behold I make all things new."



### *Trails of Prayer*

***Lent is here and it is a time of prayer. We welcome Deacon Dennis Henderson at our next meeting, Thursday March 23<sup>rd</sup>, as he shares with us 'How Catholics Do Prayer'. Come understand some prayers of our faith, or even some tips on how to pray. Please feel free to share what or how you pray. Is there a particular Saint you pray to? Please bring a spring type salad and/or dessert to share for this evening. Beverages will be provided. Our social begins at 6:30, with our meeting and program to follow.***

*Sue Garcia & Sharon Gonzalez*



### MEMBERSHIP

Jennifer Reyes and Cara Turner

**Happy to You!**

Happy Birthday to those celebrating Birthdays in March

### MARCH BIRTHDAYS

Essie Burgess  
Sharon Gonzales  
Wendi Lojo  
Eileen Ihlanfeldt  
Priscilla (Bunky) Layton  
Kim Malek  
Linda Pedersen

## ***SPIRITUAL*** ***Teresa Humphreys***

March is dedicated to St. Joseph. The Solemnity of St. Joseph on March 19 is a special landmark this month in which we will celebrate the great honor bestowed upon the foster father of Jesus. If you are Irish (who isn't), St. Patrick's feast is another cause for a joyful celebration. The feast of the Annunciation is also celebrated on March 25.

### **Prayer to St. Joseph**

O Blessed Saint Joseph, faithful guardian and protector of virgins, to whom God entrusted Jesus and Mary, I implore you by the love which you did bear them, to preserve me from every defilement of soul and body, that I may always serve them in holiness and purity of love. Amen.

### **St. Patrick Prayer**

God our Father, you sent Saint Patrick to preach your glory to the people of Ireland. By the help of his prayers, may all Christians proclaim your love to all men. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

### **Annunciation Prayer**

Almighty Father of our Lord Jesus Christ,  
You have revealed the beauty of your power  
by exalting the lowly virgin of Nazareth  
and making her the mother of our Savior.  
May the prayers of this woman  
bring Jesus to the waiting world  
and fill the void of incompleteness  
with the presence of her child,  
who lives and reigns with You and the Holy Spirit  
one God forever and ever. Amen

We pray because God commands us. Jesus taught us to pray the Our Father and commanded us to "pray always". Prayer is the only way to come to know God, to know His will for us, and to learn to follow His Will. It is my privilege to post your prayer requests.

You may find these websites helpful during Lent.

<http://www.aboutcatholics.com/beliefs/lent-in-the-catholic-church/>

<http://catholicmom.com/kids/lenten-activities-for-children/>

## **FUNERAL MINISTRY**

Carol Giardina, Chrissy Mitchell and  
Judy Schockling

Thank you to the following ladies for assisting with food and serving at 1 funeral reception for the month of February. Thanks so much to all who assist families in their time of need!

Essie Burgess	Cindy Cummings	Sonia Erdeljac
Carol Giardina	Sharon Gonzales	Mary Jane Hess
Joanne Hresko	Teresa Humphreys	Jean Jablonski
Bernita Johnson	Rita Kramer	Thelma Loper
Theresa Neal	Tho Nguyen	Donna Romaine
Toni Slusser	Devoni Wardlow	

## **RECEPTIONS**

Blessings to everyone during this holiest of seasons. We have no planned receptions right now, but sometimes they pop up when we least expect them. We will be calling you when they do!!!

Essie Burgess and Julie Badrick  
Receptions chairs



Meals that Heal provides meals to parishioners during a time of need, due to illness, surgery, or the birth of a baby.

We were provided 2 meals in the month of February. Many thanks to the following who provided meals to those in need: Kathy Hennessy, and Terri Kurkjian.

This is a very rewarding ministry, as the recipients are so thankful. Remember, your meal does not need to be home cooked, pick up and deliver will work just fine. If you are not receiving notices to provide a meal, please contact me. Joan O'Daniel @ 281-980-5851 or [jzodaniel@yahoo.com](mailto:jzodaniel@yahoo.com)