



**The Caregivers Support Group is a spirituality-based fellowship existing to serve those caring for a loved one of any age with special needs.**

The loved ones being cared for by our members face challenges associated with a variety of different conditions which impact independent functioning—autism spectrum diagnoses, dementia, Down syndrome, cerebral palsy, stroke, etc.

**The nature of the special care needed by our members' loved ones varies widely, yet the struggles and joys of caregiving are common to all.**

The group is designed to be a place for caregivers to refuel spiritually, connect with others who understand, garner inspiration from Scripture, readings, and speakers, and share information about helpful resources. Group members also intercede for one another in prayer. Recognizing that caregiving can be extremely challenging and demanding, we embrace the encouragement found in community.

**To Find Out More Contact:**

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[stlaurence.org/caregivers-support-group](http://stlaurence.org/caregivers-support-group)

(You'll find our 2021/2022 schedule on the back!)

## St. Laurence Caregivers Support Group Tentative 2021-2022 Schedule

Dates are subject to change

Date	Time	Activity	Location
Monday 9/13/2021	11:45 am	Opening luncheon	TBD
Monday 9/27/2021	11:45 am	Support group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 10/11/2021	11:45 am	Support group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 10/25/2021	6:00-8:00pm	Evening meeting	St. Clare Room St. Laurence Ave Maria Center
Monday 11/8/2021	8:30 am to 2:30 pm	Brookwood Community tour, lunch, and Christmas shopping	The Brookwood Community Brookshire, TX
Monday 12/6/2021	11:45 am	Christmas potluck luncheon and meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 1/10/2022	11:45 am	Support group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 1/24/2022	11:45am	Support Group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 2/7/2022	11:45 am	Support group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 2/28/2022	6:00-8:00pm	Evening meeting	St. Clare Room St. Laurence Ave Maria Center
Monday 3/28/2022	8:00 am to 3:00 pm	Lenten Mini-Retreat	Ruah Center at Villa de Matel 6510 Lawndale, Houston
Monday 4/4/2022	11:45am	Support Group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 4/25/2022	11:45am	Support Group meeting	St. Francis Room St. Laurence Ave Maria Center
Monday 5/9/2022	11:45 am	End of year luncheon	TBD