

# The Mass

## Why We Do What We Do

March 04, 2019

# The Mass

## Agenda

- **Introduction**
- In the Beginning...
- Biblical walk through of worship - Typology
- The mass overview

# The Mass

## Introduction

- Cultural Catholics
- I knew when mass counted.
- It is where I received the Eucharist
- My comfort and entertainment
- I did want to know why....the TRUTH

# The Mass

## Truth

- Truth regarding faith (Fulton J Sheen)
  - Subjective faith = your response to truth
  - Objective faith = TRUTH
  - “If you want the truth, you’ll find it in sacred scripture” FJS
- So where is the “Mass” in the bible?
- I wanted the answer.
- So lets go and find out.

# The Mass

## In the Beginning...

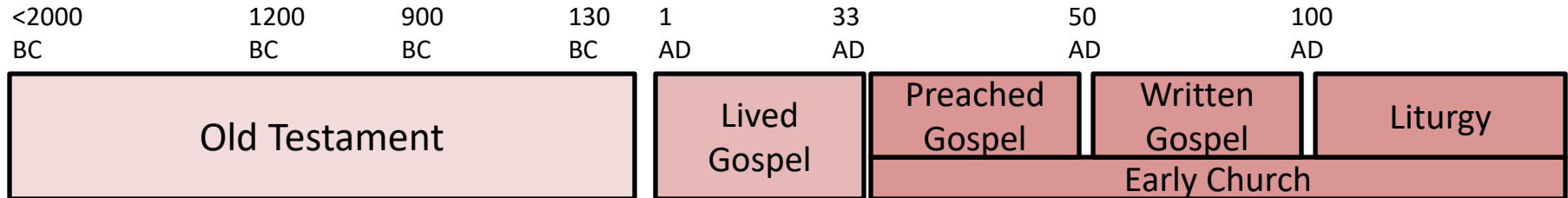
- Created in God's image
- We are separated from the other animals, how?
- Body and soul...natural and supernatural.
- We are to nourish both the natural and supernatural parts of us.
- We are made to worship God
- Three fundamental missions of the Church:
  - Charity – Evangelization – **Worship**

# The Mass

## Tonight

- Introduction
- In the Beginning...
- **Biblical walk through - Typology**
- The mass overview

# History of Worship - From Genesis to Revelation to 2019



## “Right Worship”

- We are made to worship God
- If God intended to reveal Truth in scripture, then would God not have given us a “formula”??
- How then did God teach us how to worship?
- Let’s find the TRUTH.

# The Mass

## Typology

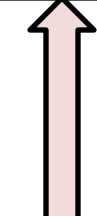
- Symbols in the old testament
- “Types” that come to life in Jesus revealed in the New Testament
- St. Augustine: “New lies hidden in the Old, and the Old is revealed in the new.”
- The new fulfills the old and surpasses the old.



# History of Worship - From Genesis to 2017

<2000 BC                      1200 BC                      900 BC                      130 BC

Old Testament



Offering of Abel  
Gen 4:4

# The Mass

## Sacrifice of ABEL:

- It started with Animal sacrifice.
- Abel's sacrifice...acceptable to God. **Gen 4:4**
  - Animal sacrifice (no covenant/communion without sacrifice)
  - Family meal...communion, consume the sacrifice in thanksgiving.
- The blood is for God and the flesh, roasted and consumed by man...in a family meal...thanksgiving...

# History of Worship - From Genesis to 2019

<2000 BC                      1200 BC                      900 BC                      130 BC

Old Testament

Offering of Abel  
Gen 4:4

Sacrifice of Abraham  
Gen 22



Animal Sacrifice  
Abel, Noah,  
Abraham

# The Mass

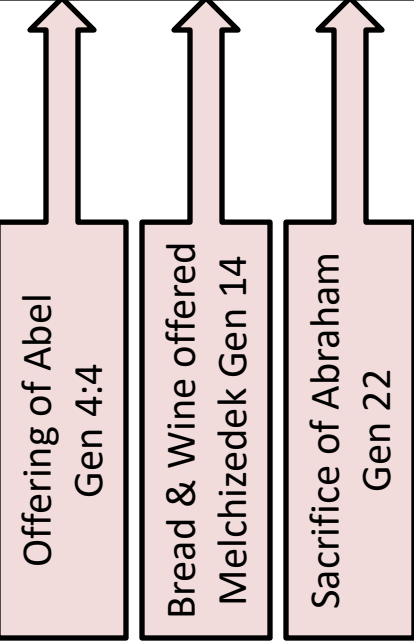
## Abraham:

- Covenant and sacrifice of animals...God raised the bar...how about your son...one and only son?? **Typology**
- Sacrifice of Isaac
  - Son carried the wood,
  - “God will provide the Lamb”, on this mountain) **Gen 22:14**

# History of Worship - From Genesis to 2019

<2000 BC                      1200 BC                      900 BC                      130 BC

Old Testament



Animal Sacrifice  
Abel, Noah,  
Abraham

# The Mass

## Melchizedek:

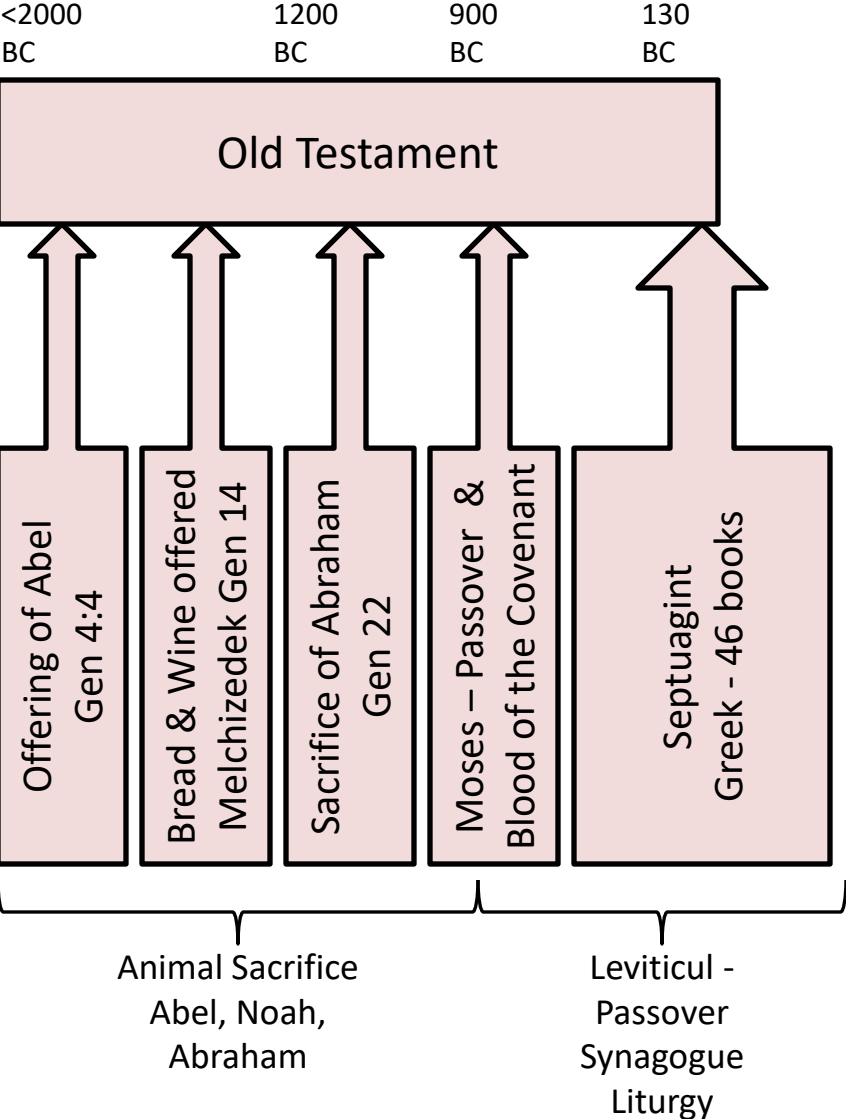
- The name means, “King of righteousness” (a priest king offers bread and wine)
- Something was to change...?
  - HEB 7 had no beginning nor end...
  - He is what we call a **“TYPE”** of Christ (**typology**) ...the Priest-King...”
  - You will be a priest forever, according to the order of Melchizedek.” Ps 110

# The Mass

## Melchizedek:

- Eucharistic prayer #1
  - “Look with favor on these offerings and accept them as once you accepted the gifts of your servant Abel, the sacrifice of Abraham, our father in faith, and the bread and wine offered by your priest Melchizedek.”

# History of Worship - From Genesis to 2019





# The Mass

## Moses - Exodus:

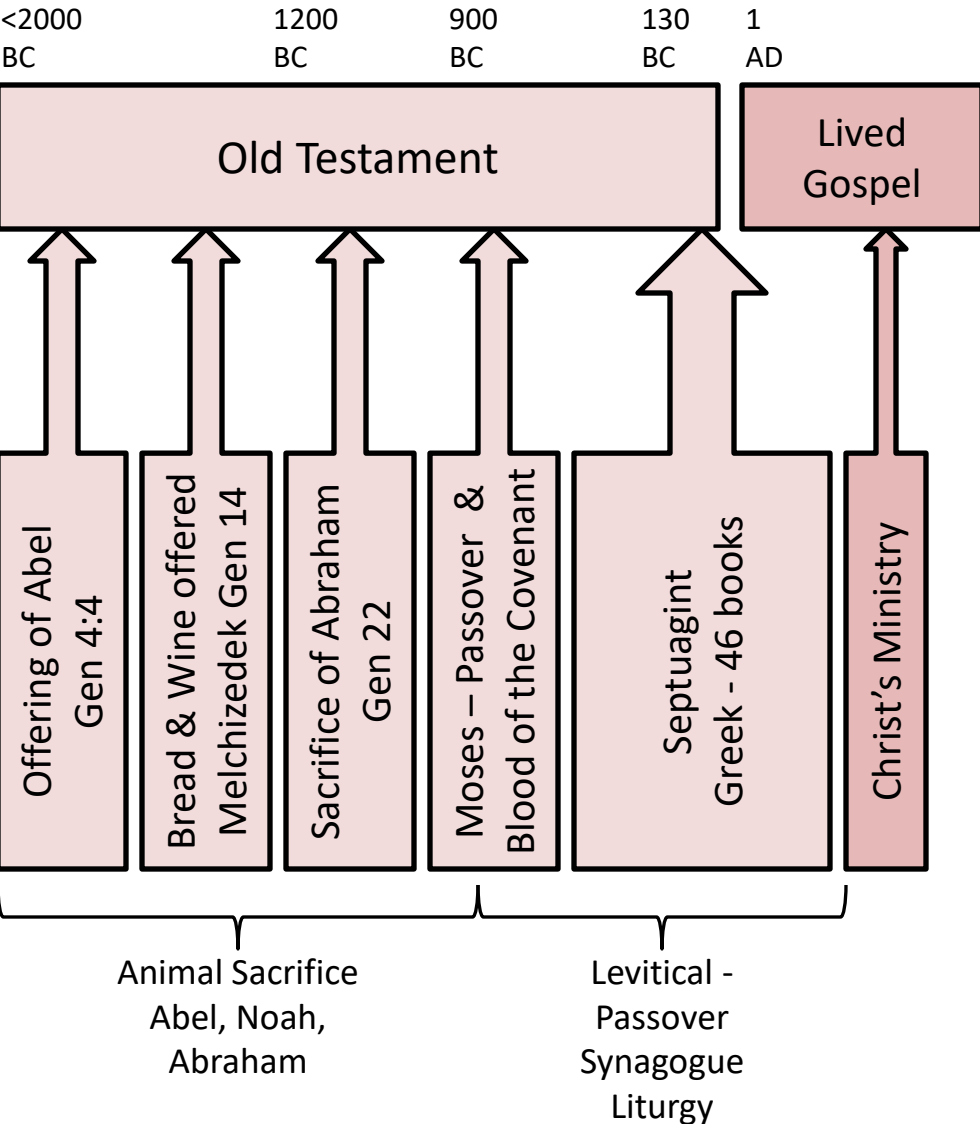
- Saving/leading his nation out of slavery...
- Passover: Liturgy of the Passover meal...the lamb.
- Manna/daily bread
- Bringer of the law
- 40 days of fast...Glowing after the transfiguration
- Temple sacrifice is now structured ....
- Temple, priest and liturgy.
- DT 18 “the Prophet” pointing to **Christ...Typology**

# The Mass

## Scriptures:

- Books of the law now are written and recorded
- Liturgy is formalized, Temple at the core
- David and the temple sacrifices. Solomon builds the temple. (over a thousand years of Temple sacrifice, Priests, the altar, holy of holies)
- Septuagint – Greek translation -- the scripture in the universal language; read in the liturgy at synagogues (@200 BC).

# History of Worship - From Genesis to 2019

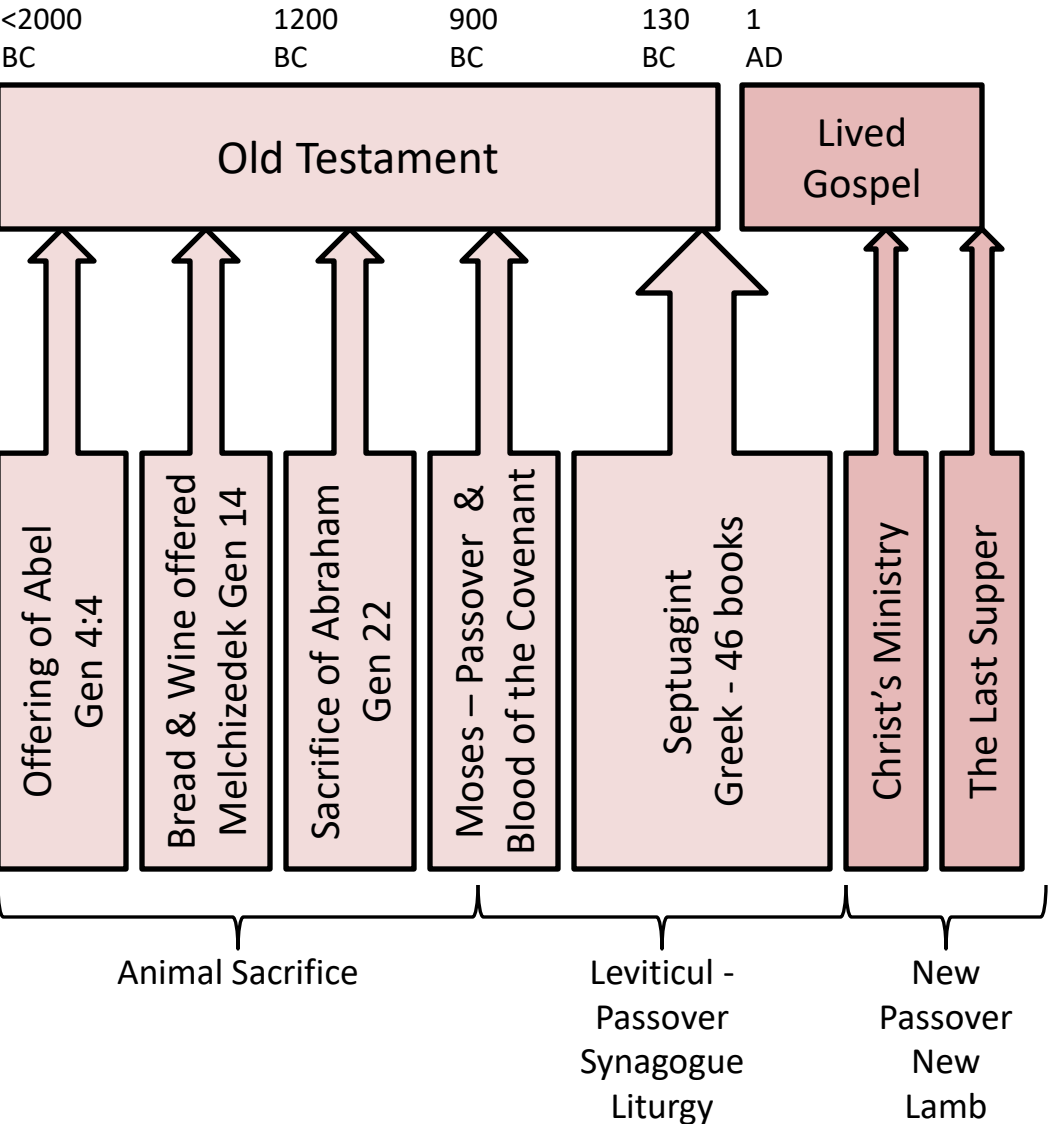


# The Mass & The Eucharist

## Jesus

- Birth of Jesus – In the city of bread, witnessed/entrusted to Shepherds, laid in a manger.
- John the Baptist -- “Behold the Lamb of God” (**the one to be sacrificed**) ... Remember Isaac?
- The Gospels tend to be a journey up to Jerusalem to the Temple...where sacrifice takes place.
- “Passion stories with long introductions.”

# History of Worship - From Genesis to 2019



<2000  
BC

1200  
BC

900  
BC

130  
BC

1  
AD

Old Testament

Lived  
Gospel

Offering of Abel  
Gen 4:4

Bread & Wine offered  
Melchizedek Gen 14

Sacrifice of Abraham  
Gen 22

Moses - Passover &  
Blood of the Covenant

Septuagint  
Greek - 46 books

Christ's Ministry

The Last Supper

Animal Sacrifice

Levitical -  
Passover  
Synagogue  
Liturgy

New  
Passover  
New  
Lamb

# The Mass & The Eucharist

## Last supper

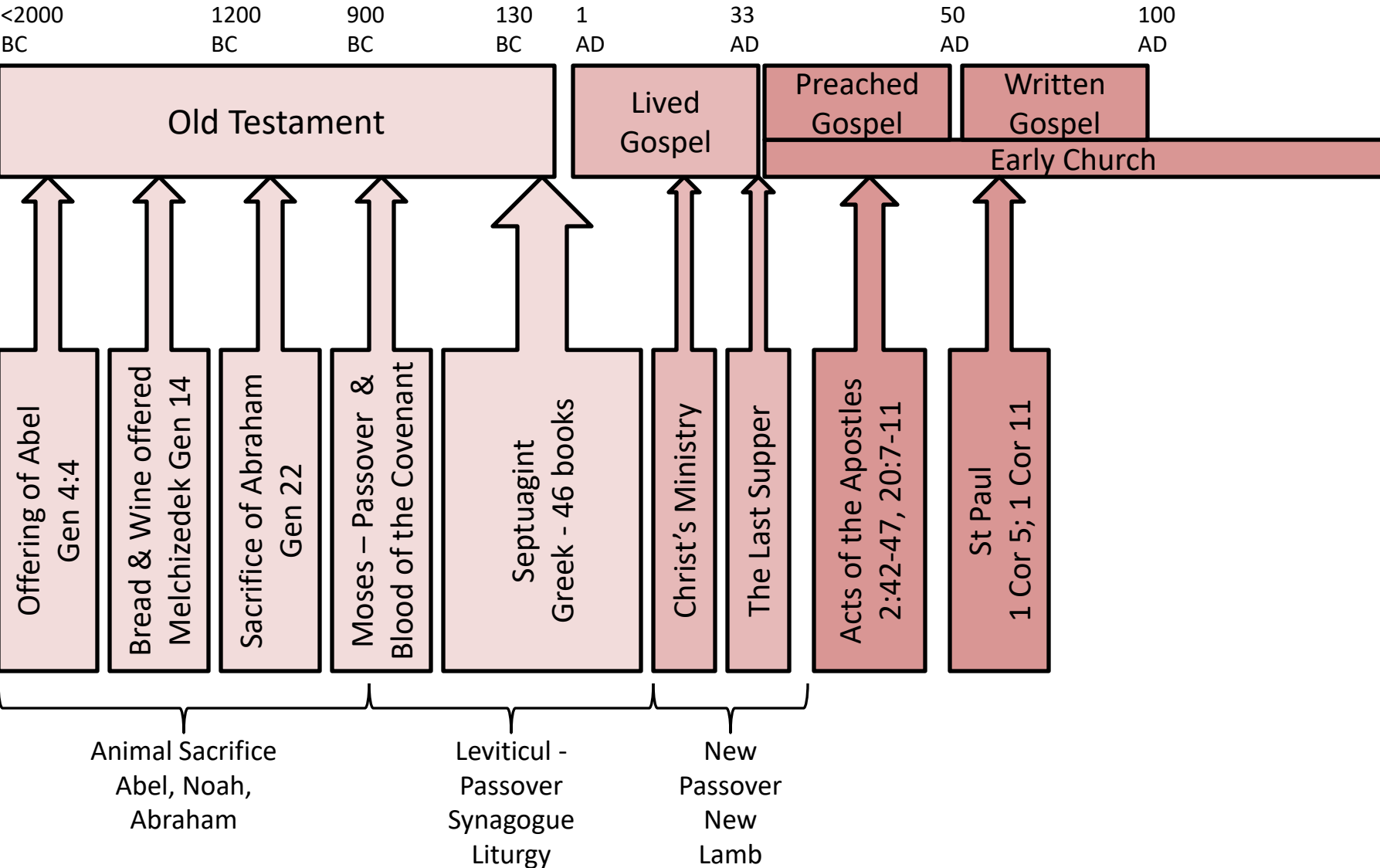
- Passover Meal ....Offered bread and wine???  
Sound familiar (New **Melchizedek**)
  - Like at the multiplication of loaves...took blessed  
broke and gave...
- Do this in remembrance of me....
- Make it present...
- New Covenant in my blood... EX 24; Jer 31

# The Mass & The Eucharist

## Last Supper

- John 6, I am the Bread of Life....
  - John 6:47-56: Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.
- On the cross..."It is finished" ...the new Passover
- The Lamb on the cross...
  - Gotta eat the Lamb...A family meal for our souls, our eternity...atonement...A Holy Communion through sacrifice.

# History of Worship - From Genesis to 2019





# The Mass & The Eucharist

- **Acts of the Apostles:**
- So that sounds all well and good right....but what did the early church do...
- AA 2:42-47 AA 20:7-11; They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.

# The Mass & The Eucharist

## St Paul:

- How the early Church worshiped ... Is the mass what the first Christians did?

## 1 Cor 5:7-8

- “Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.”

# The Mass & The Eucharist

## St Paul:

1 Cor 10-11

- synagogue, breaking of the bread in homes... 1Cor 10

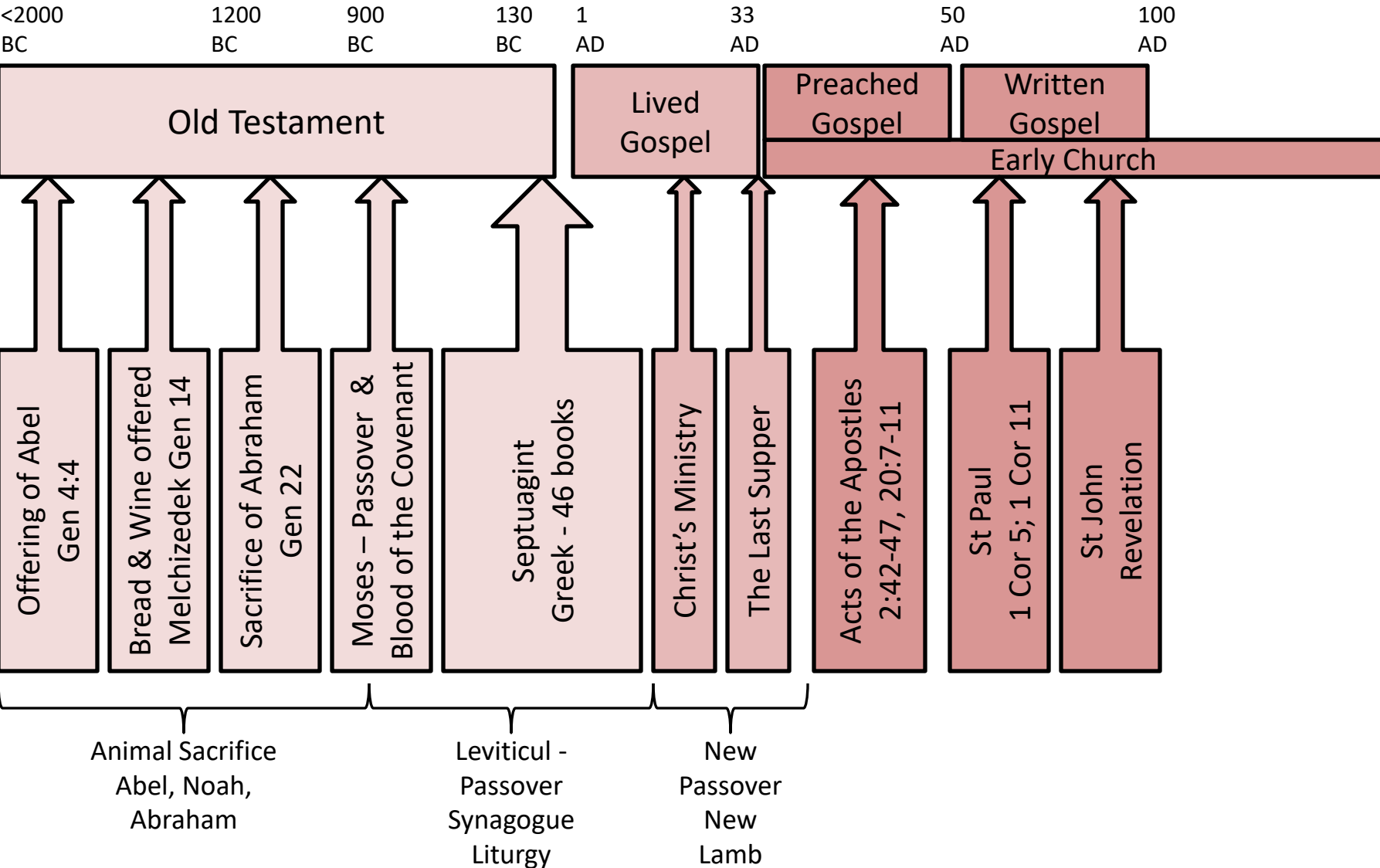
1 Cor 11: 27-29

- St Paul commands we do this until he comes again.

1Cor 11

- “Therefore whoever eats the bread or drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. A person should examine himself, and so eat the bread and drink the cup. For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself.”

# History of Worship - From Genesis to 2019

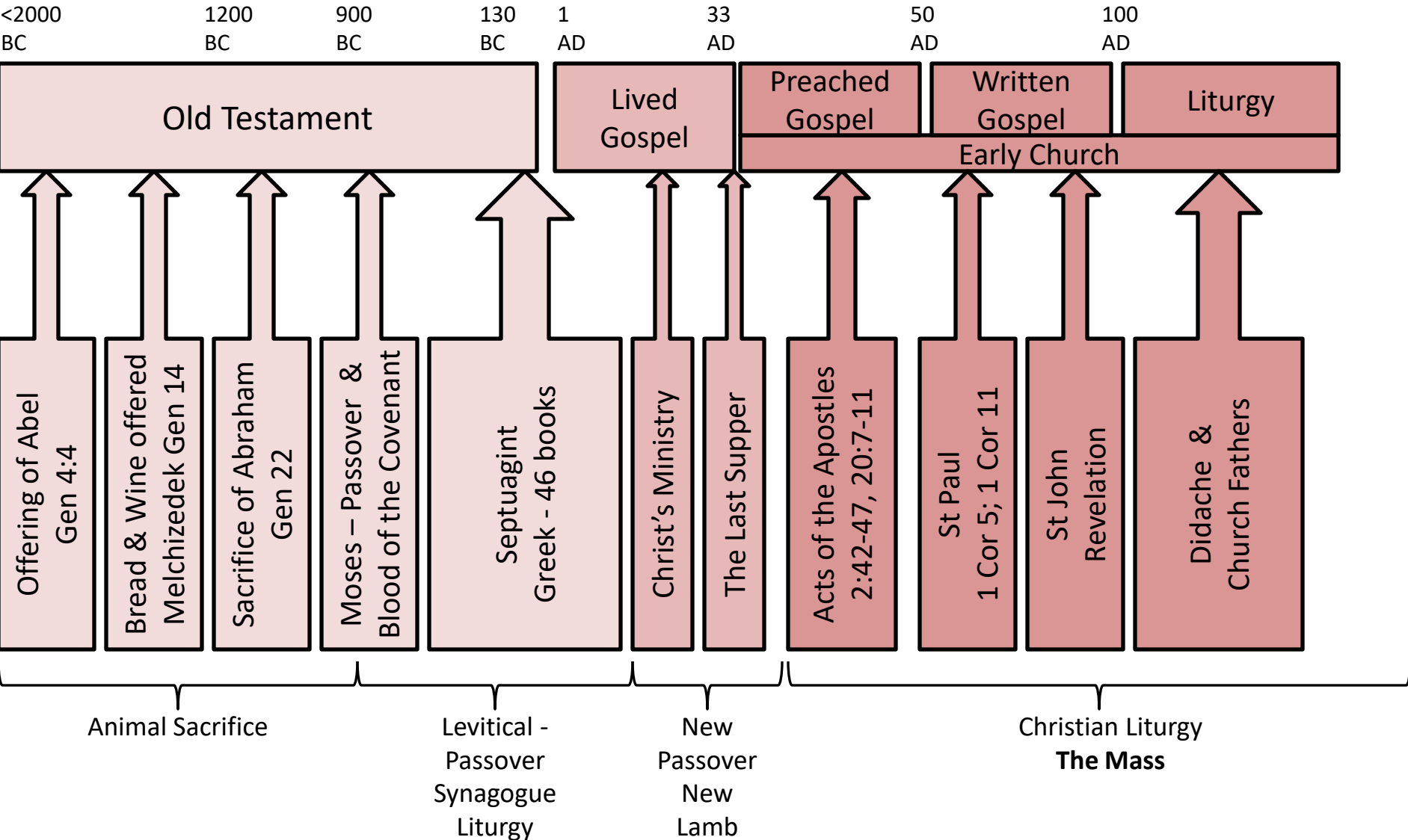


# The Mass & The Eucharist

## Revelation:

- The lamb standing on the alter as though slain (Rev 5)
- Rev 19 culminates with the wedding supper of the lamb....a great family meal. The bride and the bridegroom. The unveiling of the bride...consummation of the wedding...intimacy.
- God dwelling with his people. Heaven descends.
- The roots of the mass are throughout the Bible (beginning with Genesis and animal sacrifice...and ending with Revelation at the wedding supper of the lamb. The Lamb of the New Covenant.

# History of Worship - From Genesis to 2019



# The Mass & The Eucharist

## The Didache

- 70-90AD "Assemble on the Lord's day, and break bread and offer the Eucharist; but first make confession of your faults, so that your sacrifice may be a pure one."
- Justin Martyr 150AD describes the mass.
  - Describes the mass (Sunday worship) in detail
  - Penitential rite
  - Scripture readings; Rise for the Gospel
  - Homily
  - Eucharist

# The Mass & The Eucharist

- **Ignatius of Antioch**

- "Make certain, therefore, that you all observe one common Eucharist; for there is but one Body of our Lord Jesus Christ, and but one cup of union with his Blood, and one single altar of sacrifice—even as there is also but one bishop, with his clergy and my own fellow servitors, the deacons. This will ensure that all your doings are in full accord with the will of God" (Letter to the Philadelphians 4 [A.D. 110]).

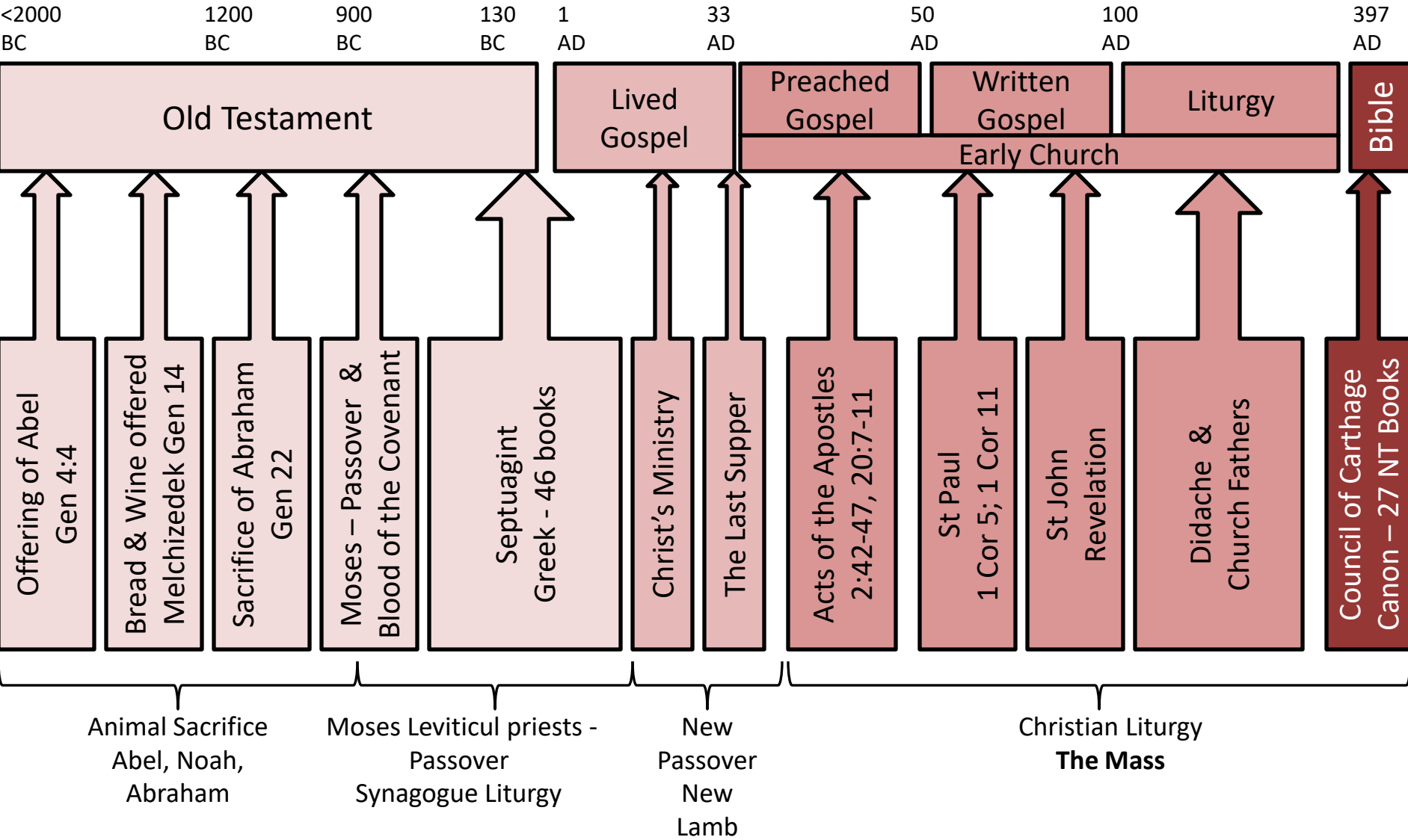


# The Mass & The Eucharist

## Ignatius of Antioch

- Epistle to the Smyrnaeans, 8:1, 110 A.D.:
- “Let that Eucharist be held valid which is offered by the bishop or by the one to whom the bishop has committed this charge. Wherever the bishop appears, there let the people be; as wherever Jesus Christ is, there is the Catholic Church.”

# History of Worship - From Genesis to 2019

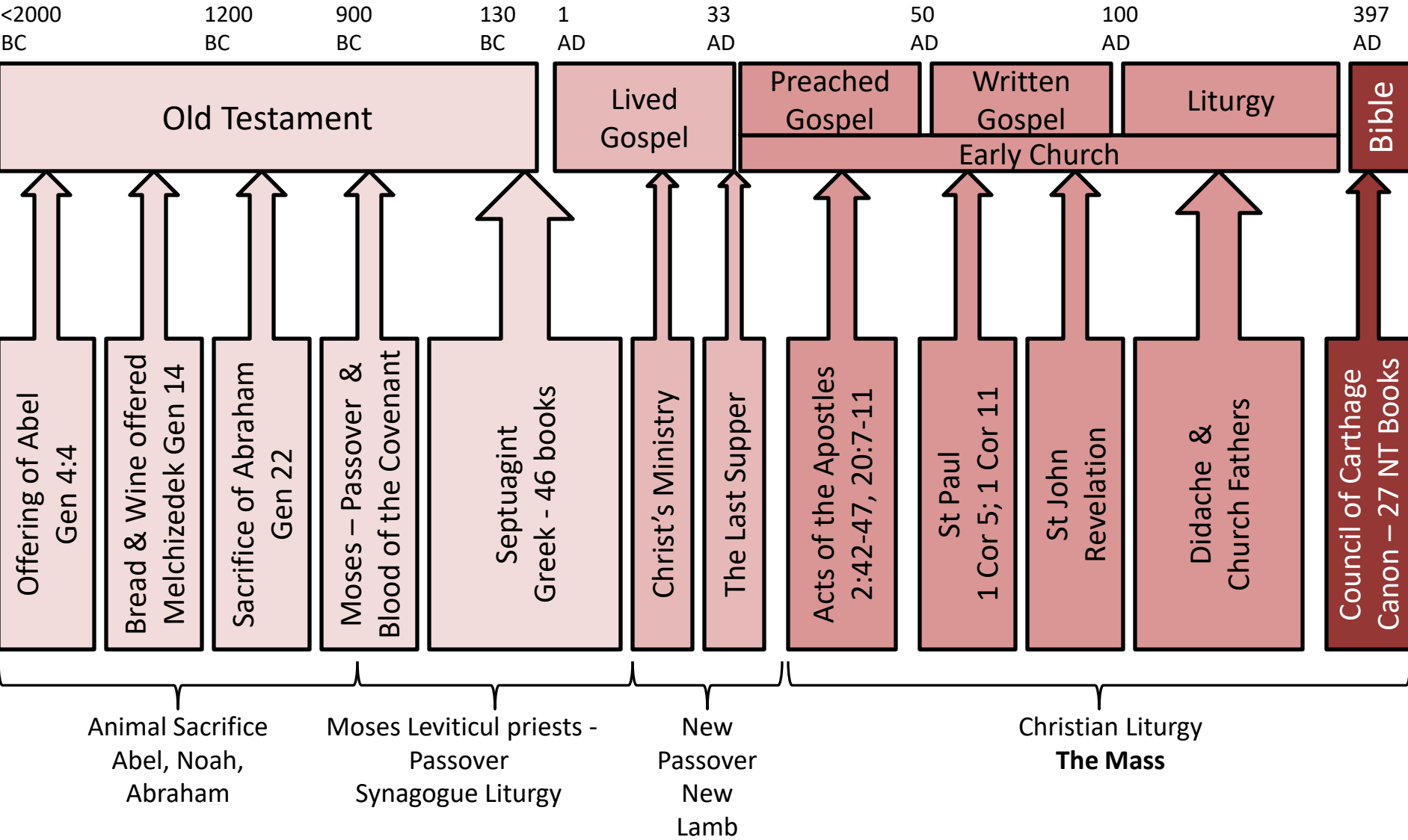


# The Mass & The Eucharist

## **The Bible is Definitively Established**

- 397AD Council of Carthage, following up on prior councils.
- New Testament standardized for the purpose of consistent liturgy.
- The mass needed a consistent set of sacred scripture!
- The Mass needed a confirmed canon

# History of Worship - From Genesis to 2019



# The Mass & The Eucharist

## Conclusion

- The mass as it always was, as God had intended from the very beginning. Right Worship!
- That's it...that's why God made me....the Truth....The Mass.
- At the mass we are all joined as one....not the way I want it...not based on my comfort formula...no, God's formula!!!
- As it was in the beginning. Just as we do it today!

# The Mass A Quick Walk-Through



# The Mass A Walk-Through

1. Holy Water – recalling baptism
2. **Prepare in silent prayer**
3. **Entrance** Priest in the person of Christ (stand out of honor and respect) kisses the alter.
4. Sign of the cross
5. **Penitential rite** – I confess – venial sins are forgiven (straighten out...going down the wrong path)
6. Gloria – getting right with God, right ordering – Glory to God in the highest...then we are at peace.
7. Collect – opening prayer – theme of the mass

# The Mass A Walk-Through

8. **Liturgy of the Word** - sacred scripture is read, old and new together – as one (SIT in a learning position)
9. **Gospel** - Good news – We venerate scripture as we do the body of Christ, (STAND)
10. Homily – Connection with our lives. (SIT)
11. Creed – 325 AD – professing who we are! (STAND)
12. Prayers of the faithful (join as one praying for the church)



# The Mass A Walk-Through

- 13. Offering of the gifts** (bread and wine) symbolizing far greater offering. (SIT – rest)
  13. Preparing the gifts for a family meal
  14. Mishnah – “Blessed are you Lord God of all creation – “offer the bread and wine” ...all that we have and all that we offer...
14. Asking the spirit to come and make these gifts acceptable for this sacrifice. (STAND)
15. Baraka Jewish liturgy ( Lord be with you; lift up yours hearts.....)
16. Holy Holy Holy --- with all the angels and saints...a heavenly choir

# The Mass A Walk-Through

## 16. Eucharistic prayer. (KNEEL) humility

- Passover meal – the NEW Passover meal
- Transubstantiation – appearance vs. reality
- This is my body – this is my blood (the sacrifice and the priest)

## 17. The Lords prayer (STAND)

## 18. Breaking of the bread (mingling) blood with the body = life

## 19. Behold the Lamb of God = blessed are we called to the wedding supper of the Lamb. Family meal. (KNEEL)

## 20. Holy Communion – all joined as one

## 21. Sending forth.

# The Mass & The Eucharist

## Catechism of the Catholic Church says it best

For it is in the liturgy, especially in the divine sacrifice of the Eucharist, that "the work of our redemption is accomplished," and it is through the liturgy especially, that the faithful are enabled to express in their lives and manifest to others the mystery of Christ and the real nature of the true Church. **CCC1068**

# The Mass & The Eucharist

## Recap

- “The sacrifice of the mass”
- Biblical Roots of the Mass
- Why we do what we do as Catholics
- Questions and Discussion