The Mass
Why We Do What We Do

March 04, 2019
The Mass

Agenda

• Introduction
• In the Beginning...
• Biblical walk through of worship - Typology
• The mass overview
The Mass

Introduction

• Cultural Catholics
• I knew when mass counted.
• It is where I received the Eucharist
• My comfort and entertainment
• I did want to know why....the TRUTH
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Truth

• Truth regarding faith (Fulton J Sheen)
  • Subjective faith = your response to truth
  • Objective faith = TRUTH
  • “If you want the truth, you’ll find it in sacred scripture” FJS

• So where is the “Mass” in the bible?
• I wanted the answer.
• So lets go and find out.
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In the Beginning...

• Created in God’s image
• We are separated from the other animals, how?
• Body and soul...natural and supernatural.
• We are to nourish both the natural and supernatural parts of us.
• We are made to worship God
• Three fundamental missions of the Church:
  • Charity – Evangelization – Worship
The Mass

Tonight

• Introduction
• In the Beginning...
• **Biblical walk through - Typology**
• The mass overview
“Right Worship”

• We are made to worship God
• If God intended to reveal Truth in scripture, then would God not have given us a “formula”??
• How then did God teach us how to worship?
• Let’s find the TRUTH.
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Typology

- Symbols in the old testament
- “Types” that come to life in Jesus revealed in the New Testament
- St. Augustine: ”New lies hidden in the Old, and the Old is revealed in the new.”
- The new fulfills the old and surpasses the old.
History of Worship - From Genesis to 2017

Old Testament

Offering of Abel
Gen 4:4

<2000 BC
1200 BC
900 BC
130 BC
The Mass

Sacrifice of ABEL:

• It started with Animal sacrifice.
• Abel’s sacrifice…acceptable to God.  *Gen 4:4*
  • Animal sacrifice (no covenant/communion without sacrifice)
  • Family meal...communion, consume the sacrifice in thanksgiving.
• The blood is for God and the flesh, roasted and consumed by man...in a family meal...thanksgiving...
History of Worship - From Genesis to 2019

Old Testament

<2000 BC  1200 BC  900 BC  130 BC

Animal Sacrifice
Abel, Noah, Abraham

Offering of Abel
Gen 4:4

Sacrifice of Abraham
Gen 22
The Mass

Abraham:

• Covenant and sacrifice of animals...God raised the bar...how about your son...one and only son?? **Typology**

• Sacrifice of Isaac
  • Son carried the wood,
  • “God will provide the Lamb”, on this mountain) **Gen 22:14**
History of Worship - From Genesis to 2019

Old Testament

- Offering of Abel
  Gen 4:4
- Sacrifice of Abraham
  Gen 22
- Bread & Wine offered
  Melchizedek Gen 14

Animal Sacrifice
Abel, Noah, Abraham

<2000 BC 1200 BC 900 BC 130 BC
The Mass

Melchizedek:

• The name means, “King of righteousness” (a priest king offers bread and wine)

• Something was to change…?
  • HEB 7 had no beginning nor end…
  • He is what we call a “TYPE” of Christ (typology) ...the Priest-King…”

• You will be a priest forever, according to the order of Melchizedek.” Ps 110
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Melchizedek:

• Eucharistic prayer #1
  • “Look with favor on these offerings and accept them as once you accepted the gifts of your servant Abel, the sacrifice of Abraham, our father in faith, and the bread and wine offered by your priest Melchizedek.”
History of Worship - From Genesis to 2019

- **Offering of Abel** (Gen 4:4)
- **Sacrifice of Abraham** (Gen 22)
- **Moses - Passover & Blood of the Covenant**
- **Septuagint Greek - 46 books**

**Old Testament**

- Animal Sacrifice: Abel, Noah, Abraham
- Leviticul: Passover, Synagogue Liturgy
The Mass

Moses - Exodus:
- Saving/leading his nation out of slavery...
- Passover: Liturgy of the Passover meal...the lamb.
- Manna/daily bread
- Bringer of the law
- 40 days of fast...Glowing after the transfiguration
- Temple sacrifice is now structured ....
- Temple, priest and liturgy.
- DT 18 “the Prophet” pointing to Christ...Typology
The Mass

Scriptures:

• Books of the law now are written and recorded
• Liturgy is formalized, Temple at the core
• David and the temple sacrifices. Solomon builds the temple. (over a thousand years of Temple sacrifice, Priests, the altar, holy of holies)
• Septuagint – Greek translation -- the scripture in the universal language; read in the liturgy at synagogues (@200 BC).
History of Worship - From Genesis to 2019

- Offering of Abel (Gen 4:4)
- Sacrifice of Abraham (Gen 22)
- Moses – Passover & Blood of the Covenant
- Melchizedek (Gen 14)
- Septuagint – Greek - 46 books
- Christ’s Ministry

Old Testament

1. Animal Sacrifice: Abel, Noah, Abraham
2. Levitical: Passover, Synagogue, Liturgy
The Mass & The Eucharist

Jesus

• Birth of Jesus – In the city of bread, witnessed/entrusted to Shepherds, laid in a manger.
• John the Baptist -- “Behold the Lamb of God” (the one to be sacrificed) … Remember Isaac?
• The Gospels tend to be a journey up to Jerusalem to the Temple...where sacrifice takes place.
• ”Passion stories with long introductions.”
History of Worship - From Genesis to 2019

- Offering of Abel (Gen 4:4)
- Sacrifice of Abraham (Gen 22)
- Moses – Passover & Blood of the Covenant
- Bread & Wine offered by Melchizedek (Gen 14)
- Septuagint, Greek - 46 books
- The Last Supper
- Christ’s Ministry
- New Passover, New Lamb
- Synagogue Liturgy
- Leviticul - Passover Synagogue Liturgy
- Animal Sacrifice

Old Testament → Lived Gospel

<2000 BC 1200 BC 900 BC 130 BC 1 AD
The Mass & The Eucharist

Last supper

• Passover Meal ....Offered bread and wine???
  Sound familiar (New *Melchizedek*)
  • Like at the multiplication of loaves...took blessed broke and gave...

• Do this in remembrance of me....

• Make it present...

• New Covenant in my blood... EX 24; Jer 31
The Mass & The Eucharist

Last Supper

• John 6, I am the Bread of Life....
  • John 6:47-56: Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.

• On the cross...”It is finished”....the new Passover

• The Lamb on the cross...
  • Gotta eat the Lamb...A family meal for our souls, our eternity...atonement...A Holy Communion through sacrifice.
History of Worship - From Genesis to 2019

- **Offering of Abel** (Gen 4:4)
- **Sacrifice of Abraham** (Gen 22)
- **Moses** – Passover & Blood of the Covenant
- **Melchizedek** (Gen 14)
- **Septuagint** – Greek - 46 books
- **New Passover**
- **New Lamb**
- **Rabbinic Literature**
- **Preached Gospel**
- **Written Gospel**
- **Early Church**

**Animal Sacrifice**
- Abel, Noah, Abraham

**Leviticual**
- Passover
- Synagogue Liturgy

**New Testament**
- 1 Corinthians 5:1-11

**Old Testament**
- <2000 BC
- 1200 BC
- 900 BC
- 130 BC
- 1 AD
- 33 AD
- 50 AD
- 100 AD
- 2000 BC
The Mass & The Eucharist

• Acts of the Apostles:

• So that sounds all well and good right....but what did the early church do...

• AA 2:42-47 AA 20:7-11; They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.
The Mass & The Eucharist

St Paul:

• How the early Church worshiped ... Is the mass what the first Christians did?

1 Cor 5:7-8

• “Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.”
The Mass & The Eucharist

St Paul:

1 Cor 10-11

- synagogue, breaking of the bread in homes... 1Cor 10

1 Cor 11: 27-29

- St Paul commands we do this until he comes again.

1Cor 11

- “Therefore whoever eats the bread or drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. A person should examine himself, and so eat the bread and drink the cup. For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself.”
History of Worship - From Genesis to 2019

Old Testament

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  Gen 4:4
- Bread & Wine offered Melchizedek
  Gen 14
- Sacrifice of Abraham
  Gen 22
- Moses - Passover & Blood of the Covenant
- Septuagint
  Greek - 46 books

Lived Gospel

- Christ’s Ministry
- The Last Supper
- Acts of the Apostles
  2:42-47, 20:7-11

Preached Gospel

- St Paul
  1 Cor 5; 1 Cor 11
- St John
  Revelation

New Testament

- Animal Sacrifice
  Abel, Noah, Abraham
- Leviticul - Passover
  Synagogue Liturgy
- New Passover
  New Lamb

Early Church

- 2000 BC
- 1200 BC
- 900 BC
- 130 BC
- 1 AD
- 33 AD
- 50 AD
- 100 AD
The Mass & The Eucharist

Revelation:

• The lamb standing on the alter as though slain (Rev 5)
• Rev 19 culminates with the wedding supper of the lamb....a great family meal. The bride and the bridegroom. The unveiling of the bride...consummation of the wedding...intimacy.
• God dwelling with his people. Heaven descends.
• The roots of the mass are throughout the Bible (beginning with Genesis and animal sacrifice...and ending with Revelation at the wedding supper of the lamb. The Lamb of the New Covenant.
History of Worship - From Genesis to 2019

Old Testament
- Offering of Abel Gen 4:4
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- Moses - Passover & Blood of the Covenant
- Septuagint Greek - 46 books

Christ's Ministry
- The Last Supper

Gospel
- St Paul 1 Cor 5; 1 Cor 11
- St John Revelation

Christian Liturgy
- Didache & Church Fathers
- The Mass

Lived Gospel

Preached Gospel

Written Gospel

Early Church

Animal Sacrifice
Levitical - Passover Synagogue Liturgy
New Passover New Lamb

<2000 BC
1200 BC
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100 AD
2000 BC
1200 BC
900 BC
130 BC
1 AD
33 AD
50 AD
100 AD
The Didache

• 70-90AD "Assemble on the Lord’s day, and break bread and offer the Eucharist; but first make confession of your faults, so that your sacrifice may be a pure one.

• Justin Martyr 150AD describes the mass.
  • Describes the mass (Sunday worship) in detail
  • Penitential rite
  • Scripture readings; Rise for the Gospel
  • Homily
  • Eucharist
The Mass & The Eucharist

- Ignatius of Antioch

  "Make certain, therefore, that you all observe one common Eucharist; for there is but one Body of our Lord Jesus Christ, and but one cup of union with his Blood, and one single altar of sacrifice—even as there is also but one bishop, with his clergy and my own fellow servitors, the deacons. This will ensure that all your doings are in full accord with the will of God" (Letter to the Philadelphians 4 [A.D. 110]).
The Mass & The Eucharist

Ignatius of Antioch

• Epistle to the Smyrnaeans, 8:1, 110 A.D.:
• “Let that Eucharist be held valid which is offered by the bishop or by the one to whom the bishop has committed this charge. Wherever the bishop appears, there let the people be; as wherever Jesus Christ is, there is the Catholic Church.”
History of Worship - From Genesis to 2019

Old Testament
- Offering of Abel Gen 4:4
- Bread & Wine offered Melchizedek Gen 14
- Sacrifice of Abraham Gen 22
- Moses – Passover & Blood of the Covenant
- Septuagint Greek - 46 books

Lived Gospel
- Christ’s Ministry
- The Last Supper
- St Paul 1 Cor 5; 1 Cor 11
- St John Revelation
- Didache & Church Fathers

Preached Gospel
- Early Church
- Council of Carthage Canon – 27 NT Books

Written Gospel

New Testament
- New Passover New Lamb
- Synagogue Liturgy

Christian Liturgy
- The Mass

Animal Sacrifice
- Abel, Noah, Abraham

Moses Levitical priests - Passover Synagogue Liturgy

<2000 BC
1200 BC
900 BC
130 BC
1 AD
33 AD
50 AD
100 AD
397 AD
The Mass & The Eucharist

The Bible is Definitively Established

- 397AD Council of Carthage, following up on prior councils.
- New Testament standardized for the purpose of consistent liturgy.
- The mass needed a consistent set of sacred scripture!
- The Mass needed a confirmed canon
The Mass & The Eucharist

Conclusion

• The mass as it always was, as God had intended from the very beginning. Right Worship!
• That’s it...that’s why God made me....the Truth....The Mass.
• At the mass we are all joined as one....not the way I want it...not based on my comfort formula...no, God’s formula!!!
• As it was in the beginning. Just as we do it today!
The Mass A Quick Walk-Through
The Mass A Walk-Through

1. **Holy Water** – recalling baptism
2. **Prepare in silent prayer**
3. **Entrance** Priest in the person of Christ (stand out of honor and respect) kisses the alter.
4. **Sign of the cross**
5. **Penitential rite** – I confess – venial sins are forgiven (straighten out...going down the wrong path)
6. **Gloria** – getting right with God, right ordering – Glory to God in the highest...then we are at peace.
7. **Collect** – opening prayer – theme of the mass
The Mass A Walk-Through

8. **Liturgy of the Word** - sacred scripture is read, old and new together – as one (SIT in a learning position)

9. **Gospel** - Good news – We venerate scripture as we do the body of Christ, (STAND)

10. Homily – Connection with our lives. (SIT)

11. Creed – 325 AD – professing who we are! (STAND)

12. Prayers of the faithful (join as one praying for the church)
The Mass A Walk-Through

13. Offering of the gifts (bread and wine) symbolizing far greater offering. (SIT – rest)

13. Preparing the gifts for a family meal

14. Mishnah – “Blessed are you Lord God of all creation – “offer the bread and wine”…all that we have and all that we offer….

14. Asking the spirit to come and make these gifts acceptable for this sacrifice. (STAND)

15. Baraka Jewish liturgy ( Lord be with you; lift up yours hearts.....)

16. Holy Holy Holy --- with all the angels and saints...a heavenly choir
The Mass A Walk-Through

16. Eucharistic prayer. (KNEEL) humility
   • Passover meal – the NEW Passover meal
   • Transubstantiation – appearance vs. reality
   • This is my body – this is my blood (the sacrifice and the priest)

17. The Lords prayer (STAND)

18. Breaking of the bread (mingling) blood with the body = life

19. Behold the Lamb of God = blessed are we called to the wedding supper of the Lamb. Family meal. (KNEEL)

20. Holy Communion – all joined as one

The Mass & The Eucharist

Catechism of the Catholic Church says it best

For it is in the liturgy, especially in the divine sacrifice of the Eucharist, that "the work of our redemption is accomplished," and it is through the liturgy especially, that the faithful are enabled to express in their lives and manifest to others the mystery of Christ and the real nature of the true Church. **CCC1068**
The Mass & The Eucharist

Recap

• “The sacrifice of the mass”
• Biblical Roots of the Mass
• Why we do what we do as Catholics
• Questions and Discussion