March 12, 2017

Sacred Heart Church
120 N. Union Street * P.O. Box 430 * Susanville, CA 96130
Pastor: Rev. Fr. Arbel Cabasagan
Rectory/Office - Telephone (530) 257-3230 - FAX (530) 257-9213
Office e-mail: secretary@shsusanville@gmail.com Website: www.sacredheart susanville.org
Office Hours: 9:00 am to 1:00 pm, Monday-Tuesday-Thursday

Parish Mission Statement
We the Eucharistic Faithful of Sacred Heart Parish, guided by the Holy Spirit, are called to proclaim the Good News by means of the Sacraments, prayer, praise, witness, and service to the Poor.

Schedule of Masses

Susanville
Mon - Tues - and Friday ............ 8:00 AM
Monday ....................... 6:00 PM
Saturday Vigil ..................... 5:30 PM
Sunday ............... 8:00AM & 11:00AM
Santa Misa (Spanish Mass) .......... 5:00 PM
Holy Days ..................... 7:00AM & 5:30PM

Herlong
Sierra Army Depot Chapel:
Saturday .................................. 3:00PM
Holy Days .......................... 11:30AM

Nursing Facilities and High Desert
Eagle Lake Village - 2nd Friday 11:00 AM
Lassen Nursing Rehab - 3rd Friday 10:30AM
Hi Desert State Prison - 4th Friday 9 - 1 PM

Reconciliation
Susanville ................. Saturday 9:30 to 10:30AM
Herlong ....................... Before Mass
or by appointment

Baptisms/Quinceañeras/Funerals
Call the Rectory Office at (530) 257-3230
Or Diane Plaster at 253-3604.

Mass Intentions for the Week of Mar. 11-19
Second Sunday of Lent

Herlong
Saturday, 03/11 3:00 pm For vocations to the priesthood
And religious life

Susanville
Saturday, 03/11 5:30 pm S.I. Anthony Thomas
By the Tynans

Sunday, 03/12 8:00 am Parishioners of Sacred Heart
+ Juanita Binkley
By the Binkley Family
11:00 am Para La Comunidad Hispana
5:00 pm

Monday, 03/13 8:00 am For the sick in our Parish

Tuesday, 03/14 8:00 am For Vocations to the Priesthood
And Religious Life.

Thursday, 03/16 6:00 pm S.I. For our Men and Women in
The Military

Friday, 03/17 8:00 am S.I. for our Choir members and
Their families

Herlong
Saturday, 03/18 3:00 pm S.I. for the Laughlin Family

Susanville
Saturday, 03/18 5:30 pm + Velma Mehalich
By Joni Pitt

Sunday, 03/19 8:00 am Parishioners of Sacred Heart
11:00 am For the Youth of our Parish
5:00 pm Para la Comunidad Hispana

Parish Ministries
Altar Society, Caring & Sharing, Catholic Crafters,
Knights of Columbus, Music Ministry, Respect Life,
Sacred Heart Auxiliary, Sick & Homebound
Welcome to Our Sacred Heart Church! To all who celebrate with us, whether longtime residents or newly arrived in the Parish, we thank God for you. To register, please visit or call our office at 257-3230 between 9:00 am and 1:00 pm, Monday, Tuesday and Thursday, or e-mail us at secretaryshop@lusanville@gmail.com.

Weekly Offerings For: March 5th & 6th: Sunday Offertory: $2,139.50 – Ash Wednesday: $1,043.00
Poor Box: $83.00 – Votive Candles: $161.00 – Mass Stipends: $20.00 – Youth Ministry: $35.00
World Mission Sunday: $25.00 – Baptism Certificate: $10.00
BUILDING MAINTENANCE & REPAIR: $00 – GRAND TOTAL: $3,516.50

Thank you! May your loving offerings be greatly rewarded!
The donation for devotion candles is 1/3.00 and 2/$5.00 - Thank You!

Pray for the sick & homebound in our parish especially:
Johnny & Norma Garate
Rita Wilczynski
Jery & Dollie Douglass
Melissa Barnetche
Manuela Delgado
Jane Barakat
Michael Schmidt
Dorothy Schlesler
Matthew O'Suna
Autumn Wilkening
Wayne Snyder
Dan Gustafson
Don Allson
Bebe & Abigail Martinez
Gina Rogers
Mary Giacomelli
Bill Swingle
Cheryl McDonald
Mary Lee Freuen
Rachel Delgado
Anthony Thomas
Christine Comstock

Please notify the office when a name may be added or taken off the prayer list

Religious Education News
RCIA meets at 9 am every Sunday in the Park House (behind the Church park)
March 12th – RCIA Classes
Please call the Church office at 257-3230 or any member of the RCIA team listed on the front of the bulletin.

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Religious Education Classes
Kindergarten through High School
March 12th – 19th & 16th -- CCD Classes

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Attention Parents:
Parents of First Holy Communicants and Confirmandi:
It is important that your child be present at ALL classes through May. If they are unable, please talk to the teacher ASAP.

Children’s Choir Practice from 9-9:30 am before CCD classes in the Hall in preparation for the next Children’s Mass on the first Sunday of the month at 8 am Mass.

Please check the Religious Education Bulletin Board in the vestibule for registration forms and calendars.

Infant Baptism Classes for Parents and Godparents
Please contact Diane Plaster at 253-3604 or email dplaster@frontier.com to schedule classes and Baptisms
Bautismos para niños Llaman a la oficina los Lunes, Martes o Jueves entre 9 – 1 pm, 257-3230.

Attention Altar Servers
If you are assisting with the Stations of the Cross on Fridays of Lent, you should be at the church by 8:30 pm to be ready for Benediction.
**Fridays Adoration & Benediction**
All Fridays of Lent, following the 8:00 am Mass, there will be Exposition of the Blessed Sacrament until 6:40 pm when we will have Benediction before Stations of the Cross at 7:00 pm. Come and spend some quiet time in adoration with Our Lord, or better yet, commit to one holy hour.

**Viernes, Adoración y Bendición**
Todos los viernes durante la cuaresma, después de la Misa de 8am, habrá exposición del Santísimo Sacramento terminando con Bendición a las 6:40 pm, antes de empezar las estaciones de la cruz. Venga a pasar un rato tranquilo en adoración con nuestro Señor o mejor aún, comprométase a una hora santa.

**SCHOLARSHIPS**
The Knights of Columbus will be offering up to five (5) $1,000 Scholarships this year. Contact the Lassen H.S. Counselor's Office for further information.

The Sacred Heart Auxiliary is offering scholarships to graduating high school seniors who will attend college in the fall of 2017 and are practicing members of Sacred Heart Catholic church. Applications may be picked up in the vestibule of the church or at Lassen High School Counseling Office. All documents must be returned no later than 1:00pm on May 2nd 2017 to Sacred Heart Church Office OR postmarked by May 2nd 2017.

**Guitar and Ukulele Practice**
Every Friday at 4:00 pm

**Rice Bowls**
Religious Education children will receive their Rice Bowls this weekend. CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for families and faith communities. Through Rice Bowl we deepen our personal experience of Lent, and hear stories from our brothers and sisters in need worldwide. We devote our Lenten prayers, fasting and gifts to transform the lives of the poor.

**Sacraments of Reconciliation**
Tuesday, March 21, @7:00 pm - Penance Service
Saturday, March 25, from 9:30 – 10:30 am

@ 3:30 pm on Sunday for Peace in our World
a 3:30 pm en Domingo para Paz en nuestro Mundo

**Lent (Mar. 1 – Apr. 15)**
Lent prepares the faithful to celebrate the Paschal Mystery of Christ’s suffering, death and resurrection. It is a time for reflection and spiritual renewal, a time to examine one’s relationships with God and with others. The Church also calls Catholics to a spirit of penance, above all to practice the “Acts of Religion”: fasting, prayers and almsgiving, “which express conversion in relation to oneself, to God, and to others.” (Catechism of the Catholic church, nos. 1969 and 1434)

**Fast and Abstinence (Self-Denial)**
To foster the spirit of penance and of preparation for sin, to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence (CCC nos. 1249-1253).

1. Abstinence: All persons 14 years and older, are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent.
2. Fasting: Everyone from ages 18-59, is obliged to fast and abstain on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially Wednesdays and Fridays, is highly recommended. Fasting is generally understood to mean one full meal may be eaten to maintain sufficient strength but together should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Other forms of fasting, especially from alcoholic beverages, needless television, video games, internet, and social entertainment is of true spiritual value and strongly encouraged.

If you take medications for serious, continuous illnesses, then you are not bound by any of the disciplines during Lent. However, if you wish to abstain from meat during Lent, you may receive full approval from your physician.

**Stations of the Cross**
Stations of the Cross will be held all Fridays of Lent at 7:00 pm after Adoration and Benediction.

**Las Estaciones de la Cruz**
Las Estaciones de la Cruz serán cada Viernes de Cuaresma a las 7:30 pm después de las Estaciones en inglés.

**Pray for Vocations to the Priesthood**
And Religious Life.

**Prayer:** Loving God, You speak to us and nourish us through the life of this church community. In the name of Jesus, we ask you to send your spirit to us so that men and women among us, young and old, will respond to your call to service and leadership in the Church.

We pray, especially in our day, for those who hear your invitation to be a priest, sister, brother, or deacon.

May those who are opening their hearts and minds to your all be encouraged and strengthened through our enthusiasm in your service.

Amen