

# ST. PAUL CATHOLIC CHURCH



**MARCH 8, 2020**

**SECOND SUNDAY OF LENT**

**Pastor—Rev. Joyle Martinez**  
**Deacon— Antonio Ramirez**

**Priest in Residence—**  
**Business Manager —Shirley Brown**

8720 Florin Road—Sacramento, CA 95828      Mailing Address: P .O. Box 292280, Sacramento CA 95829  
 Office hours 8:00am-4:00pm Mon.-Fri.  
 Phone 916-381-5200 Fax 916-381-0332 [saintpaulcatholic@comcast.net](mailto:saintpaulcatholic@comcast.net)      website [www.stpaul-florin.org](http://www.stpaul-florin.org)

### Mass Schedules and other Services

<b>Sundays</b>	7:30 a.m., 9 a.m., 11 a.m. and 1:00 p.m. en español <i>Children's and Youth Choirs</i> <i>sing first Sunday of the month.</i>
<b>Saturday</b>	4 p.m. [vigil] & 8 a.m. First Saturday
<b>Weekdays</b>	[Mon Tues, Thurs, Fri]— 8 a.m. in the Chapel
<b>Holy Hour</b>	First Friday 7—8 p.m.
<b>Holy Days of Obligation</b>	8 a.m. and 6 p.m.
<b>Morning Prayer</b>	Mon. -Fri. 7:40a.m.
<b>Confessions [bilingual]</b>	Saturdays 2:45—3:45 pm

### Faith Formation Ministries and Groups

Catholic Faith Formation D.R.E.	Sr. Ma. Elizabeth U. Siguenza RVM	916.381.5200
Catholic Faith Formation	Aracely Narvaez	916.383.6719
Spanish Coordinators	Maria Consuelo Gutierrez	
RCIA for Adults	Angie Lovett	916.803.6463
RCIA for Children	Emilia Caoagas	916.849.5617
RCIA for Teens	Imelda Nanca	916.402-1904
Catholics Returning Home	Dale & Kit Yamamoto	916. 895.1441
Baptism Preparation	Dale & Kit Yamamoto	916. 895.1441
Couples for Christ	Billy/Virgie Monteagudo	916.688.0776
Young Adults Ministry		916.381.5200
Legion of Mary	Norma Bolante	916.688.8769
Vocation Committee		
Families in Christ Jesus	Angie Lovett	916.803.6463

### Social Ministries and Groups

Christmas Fair	Call the office	916.381.5200
Fall Festival	Call the office	916.381.5200
Cultural Dinner	Gully & Naty Fontillas	916.362.7541
Parish Breakfasts	Knights of Columbus	916.381.5200
Religious Goods Store	Irene Ingham	916.689.2865
Yard Sale	Ann Viernes	916.799.0439

### WELCOME!

You are encouraged to participate in our many functions, events, and activities. We offer opportunities for parishioners to use the time, talent, and treasure that God has given them in praise and glory of His name through our liturgical, care-giving, philanthropic, faith-formation and social ministries.  
**Thank you for worshipping with us!**

### Councils

Pastoral Council	Ja'net Blea	916.284.2008
Finance Council	Jerry Fong	916.689-9418

### Liturgical Ministries

Youth Altar Servers Ministry		
Adult Altar Servers Ministry		
Martha's Daughters		
Art & Environment Ministry		
Eucharistic Ministry		
Hospitality Ministry	Anita Fong	916-689-9418
Ministry of the Word	Shirley Brown	916.612.7023
Ministry Sick and Homebound	Dale & Kit Yamamoto	916.895.1441
Music Ministry		
Liturgy Committee	Bob Benton	916 425.7037

### Caregiving Ministries and Groups

Bereavement Ministry	Ella Baxa / Solett Smith	916-849-0685
Health Ministry	Clara Heimericks	916.689.3932
Loaves and Fishes Ministry	Diane Welsh	916.682.7810
Social Justice Ministry	Diane Welsh	916.682.7810
Pro Life 4 Life	Charlene Valine	916.682-0557

### Philanthropic Ministries and Groups

Catholic Daughters of the Americas	Michelle Eck	916. 524.5097
Knights of Columbus	Angelo Mendoza	916-761-6565

### MISSION STATEMENT

**We, God's people of St. Paul Catholic Parish In Sacramento, California, a multicultural, inclusive and welcoming community, inspired by the love of Jesus Christ are called: to bring all people of God together in worship, to declare our belief in God's love, based on the teachings of Jesus Christ, and to celebrate and grow in our relationship with God.**



## MASS INTENTIONS FOR THE WEEK

- MON: 3/09**    **MAURICIO ZAMORA †**  
Requested by Lucy Laforteza  
**PACIANO SERINO †**  
Requested by Serino family
- TUES: 3/10**    **VICTOR VICMAN †**  
**ANGELIKA CARIMOL †**  
Requested by Vicman family
- WED: 3/11**    **No Mass**
- THURS: 3/12**    **RODRIGO TAVORA †**  
Requested by Tavora family
- FRI: 3/13**    **MASS FOR THE SOULS OF THE  
DECEASED †**

### TODAY'S READINGS

**First Reading** — The LORD said to Abram: All the families of the earth shall find blessing in you (Genesis 12:1-4a)  
**Psalms** — Lord, let your mercy be on us, as we place our trust in you (Psalm 33).  
**Second Reading** — God has called us to a holy life, not because of our works but according to grace (2 Timothy 1:8-10).  
**Gospel** — Atop a high mountain, Jesus was transfigured before Peter, James, and John (Matthew 17:1-9).

### READINGS FOR THE WEEK

**Monday:** Dn 9:4b-10; Ps 79:8, 9, 11, 13; Lk 6:36-38  
**Tuesday:** Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21, 23; Mt 23:1-12  
**Wednesday:** Jer 18:18-20; Ps 31:5-6, 14-16; Mt 20:17-28  
**Thursday:** Jer 17:5-10; Ps 1:1-4, 6; Lk 16:19-31  
**Friday:** Gn 37:3-4, 12-13a; 17b-28a; Ps 105:16-21; Mt 21:33-43, 45-46  
**Saturday:** Mi 7:14-15, 18-20; Ps 103:1-4, 9-12; Lk 15:1-3, 11-32  
**Sunday:** Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

### SAINTS AND SPECIAL OBSERVANCES

Sunday: Second Sunday of Lent;  
Daylight Saving Time begins;  
International Women's Day  
Monday: St. Frances of Rome;  
Purim (Jewish observance) begins at sunset  
Friday: Abstinence

*Second Sunday of Lent  
March 8, 2020  
Christ Jesus . . . destroyed death  
and brought life and immortality  
to light through the gospel. — 2 Timothy 1:10b*

### CHANGE

Lent is all about change and change is usually not easy. In order to change we have to leave something behind. Today we hear about a very old man who decides to answer God's call. Abram experiences a tremendous amount of change when he leaves everything behind, risking it all for God's promise. Jesus changes, is transfigured, right before the eyes of his disciples.

The Lenten scriptures issue the call for us to change, to be transfigured, so that we, too, will soon share in the glory of God. What is it that the Lord is asking us to leave behind? Are we willing to take the risk for the promise made by God? These questions are at the heart of the Lenten journey of conversion.

### SAINT FRANCES OF ROME (1384-1440)

Nature and human nature—plagues and wars—turned late medieval Rome into a living hell, particularly for the sick and poor. Frances, by birth and marriage well provided for, was a devoted wife and mother; but like Benedictine Oblates, who to this day “pray and work” while living with their families and working in the world, she joined like-minded laywomen friends in ministering to society's most vulnerable.

Frances' charity was not only “hands on” but “in home.” Her palace became a hospital after the plague claimed two of her three children. When her husband's death ended their loving marriage of forty years, Frances joined other widowed Oblates in community. In an interesting link to the United States, our nation's premier religious congregation for women of color, the Oblate Sisters of Providence, in 1833 established bonds of spiritual communion with these Oblates of Saint Frances in Rome.

Though Black History Month is past, take a moment to learn about the good work that Mother Lange's spiritual daughters are doing still and consider supporting them as a Lenten project: [www.oblatesisters.com](http://www.oblatesisters.com).

### PARISH LENTEN RECONCILIATION SERVICE

#### ST. PAUL LENTEN PENANCE SERVICE

Our Lenten Penance service will be on  
**THURSDAY March 26 2020**  
**7:00pm**

All parishioners are encouraged to attend this Reconciliation Service, it is an excellent way for all families to prepare for the upcoming Easter season

# PARISH STEWARDSHIP

## BEREAVEMENT MINISTRY

### Recent Bereavement

, Vincent Northrup Rose Malone Lawrence Beilby,  
Remedio Gulmatico Max Ingham, Fr. Ben De Leon,  
Audrey Berg, Marguerite Morrison. Corazon Bien,  
Policarpo Pimentel, Consuelo Agbunag, Charli Tran,  
Pascual Rafanan, Josefina Calica Sofia Imperio=Esquerra,  
Maria de Jesus Rodriguez, Javier Garcia Rubidia Yaneth  
Alvarenga Leonardo Carrasco, Alejandra Mendez,  
Felicidad Munoz Manuel De Herrera, Aida de la Vega,  
Barbara Pratt , Elena Coriona, Alexis McLaughlin  
Elena Lopez Mary Lu Diosdado,  
May they rest in peace and let perpetual light  
shine upon them.

## SECOND COLLECTION

### March 21/22 Catholic Relief Services

This collection makes possible the Catholic Church's global mission to combat poverty, provide relief and development, assist refugees and immigrants and advocate for justice and peace

### April 4/5 St. Paul Building Fund & Capital Campaign

This collection will help provide funds to repay the funds borrowed from the Diocese to build the Religious Education Center.

## SAVE THE DATE - MINISTRY FAIR

### Attention of Ministry Chairpersons:

We will be holding a Ministry Fair, May 2nd & 3rd in the front plaza of the church. This is an excellent opportunity to solicit and welcome new members into our ministries.

There will be tables , brochures and information available.

## COLLECTION

	4:00PM	7:30AM	9:0AM	11:00AM	1:00PM	
<b>February</b>						
2	\$1202.00	\$956.00	\$1529.00	\$1576.00	\$1179.38	\$6442.38
9	\$1276.00	\$1134.00	\$1616.00	\$1564.00	\$1023.84	\$6613.84
16	\$1330.00	\$1057.00	\$1259.00	\$995.00	\$773.78	\$5414.78
23	\$1259.00	\$756.00	\$984.00	\$1016.00	\$781.76	\$4796.76
26 ASH WEDNESDAY						\$3776.10
<b>March</b>						
1	\$1231.00	\$1450.00	\$1687.00	\$1383.00	\$1147.61	\$3509.73

## JANUARY 2020 PROFIT & LOSS

INCOME	BUDGET	ACTUAL	Difference
Offertery	\$ 30,179	\$ 30,169	\$ 10
Other Income	\$ 14,192	\$ 6,442	\$ 7,750
Religious Articles & Books	\$ 1,564	\$ 1,183	\$ 381
Religious Education	\$ 4,750	\$ 2,765	\$ 1,985
<b>Total Income</b>	<b>\$ 50,685</b>	<b>\$ 40,559</b>	<b>\$ 10,126</b>

EXPENSES			
Salaries & Benefits	\$ 20,010	\$ 18,419	\$ 1,591
Buildings & Grounds	\$ 10,607	\$ 16,138	\$ ( 5,531)
Religious Articles & Books	\$ 834	\$ 1,351	\$ ( 517)
Property Tax & Insurance	\$ 2,400	\$ 2,473	\$ ( 73)
Parish Programs	\$ 2,711	\$ 2,894	\$ ( 184)
Religious Education	\$ 0	\$ 3,800	\$ ( 3,800)

Diocesan Assessment	\$ 5,093	\$ 5,260	\$ (167)
<b>Total Ordinary Expenses</b>	<b>\$ 41,654</b>	<b>\$ 50,336</b>	<b>\$ (8,682)</b>

**Net Operating Income \$ 9,031 \$ (9,777) \$ 18,808**

### OTHER INCOME

Interest	\$ 2	\$ 1	\$ 1
Capitol Campaign & Blding Fund	\$ 6,408	\$ 10,683	\$ ( 4,275)
Diocesan & sp. Coll.	\$	\$	
<b>Total Other Income</b>	<b>\$ 6,410</b>	<b>\$ 10,684</b>	<b>\$ (4,274)</b>

### OTHER EXPENSES

Interest	\$ 3,100	\$	\$ 3,100
Diocesan & Special Collections	\$	\$	\$
Capital Fund Dr	\$ 3,308	\$ 8,000	\$ ( 4,692)
Youth Group	\$ -	\$	
<b>Total Other Expenses</b>	<b>\$ 6,408</b>	<b>\$ 8,000</b>	<b>\$ ( 1,592)</b>

**Net Other Income \$ 2 \$ 2,683 \$ ( 2,682)**

**Net Income \$ 9,033 \$ (7,094) \$ 16,127**

## THE GABRIEL PROJECT



Pregnant?  
Worried?  
Need Help?  
*You are not alone.  
We can help.*

The Gabriel Project  
Call: 800-910-0191

## LENT

### Lenten Regulations:

#### Fasting & Abstinence

All persons 14 years and older are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent:

Everyone from 18-59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent is highly encouraged. Fasting is generally understood to mean that one full meal may be eaten. Two other small meals may be eaten but together they should not equal a full meal. Eating between meals is not permitted but liquids are allowed.

When health or ability to work would be seriously affected neither fasting or abstinence is obliged. Airport workers, travelers and others while on board ships or airplanes are dispensed from the laws of fasting for the duration of their journey.

Other forms of fasting include abstinence from alcoholic beverages, television, video games, the internet and social media is spiritually beneficial and strongly encouraged.

#### Stations of the Cross

Stations of the Cross will begin on Friday, March 8th at 6:00pm and will continue every Friday throughout the Lenten Season

This will be followed by a simple meal in the parish hall.

## LENTEN PRAYER

O Lord and Master of my life,  
Keep me from the spirit of indifference  
And discouragement, lust of power and idle chatter  
Instead, grant to me, your servant  
The spirit of wholeness.  
Of being humble-mindedness, patient and love.  
O Lord and King, grant me the grace  
To be aware of my sins  
And not to judge my brothers  
For You are blessed now and forever. Amen

Giving up something for Lent has been part of the Church almost since the beginning. While giving up sweets and alcohol are time honored, consider on giving up one thing that you really like or enjoy.

Just make sure it is something that lets you feel the deprivation, and is a little bit challenging. Difficult but doable!

#### THE HEAVIEST LOAD

A chip on the shoulder is the heaviest load anyone can carry.

—Anonymous

## SICK PARISHIONERS & FRIENDS

Priscilla Wong	Peggy Meier-Beyers	Tommy Zawalick
Shirley Robinson	Elnora Williams	John Rideaux
Sandy Burgoon	Barbara Sules	Murphy Foster
Monica Cordero	Bethany Lewis	Michael Davis
Virginia Collier	Richard Onia	Charles Ramos
Jean Hesse	Janelle Flores	Mary Stahl
Ed Brooks	Lori Martenia	Loretta Miller
Michael Delgado	Eva Rollins	Regina Campos
Jackie Martin	Robert Cordero	Simplicio Baja
James Solari	Tess Carrasca	Leonida Despi
Elizabeth Solari	Ronald Harp	Alberto Horcabes
Maria Lopez	Eduardo Cruz	Aurora De Asis
Raymond Gutierrez	Richard Ganahl	Norberto Melliza
Doreatha Viltz	Joan Ganahl	Zenaida Ventura
Virginia Thomas	Esther Seaman	Jackie Gleming
Bernadette Carrasca	Floyd White Jr	Mason Kyle Vazquez
Ashley Brackin	Arlene Ellis.	
Noah de los Reyes	Myrta Cruz	

## PRAY FOR OUR MILITARY

Please pray for the following members of our families serving in the Armed Forces

Gary B. Foster II	John Marc James	Emanuel Cepeda
Daniel Roy Ryan	Ruben N. Libed	Maxton Perez
Gregorio Rodriguez	Nilo Uy Villaluna Jr.	Landon Perez
Roel C.. Dones	Don Jamoses	Charles Q. Wincey
Ricardo Cervantes	Ryan Gandy	Peter A. Tsueda
Stephen Rich	Cody Machado	Jovon Chiguina
Janae Santos	Mark A. Ramos Jr.	Regent Perez
Brian Vergith	Cameron Lindsay	
Martin Sinlao	Conner Sommerfeld	
Sergio Pineda	Arianna Gutierrez	
Ariel Rollins	Taylor Sommerfield	
Don Carlo Geroche	Justin Broussard	

## JESUIT HIGH SCHOOL

Jesuit High School is hosting a High School Placement Test for all boys currently in 7th grade on Saturday, March 28th.

If you plan on applying to a Catholic high school you should definitely register to take this practice exam. For more information and to register visit the website: <https://www.jesuithighschool.org/placement-testing-hspt>

## CHRISM MASS

Thursday, April 2, 6:00pm  
Cathedral of the Blessed Sacrament

The Chrism Mass is one of the most beautiful liturgies of the Church. At this Mass the Bishop blesses the oils that will be used throughout the diocese for the coming year. The Chrism Mass is a reminder that we are priestly people, called to proclaim the gospel, inspired by the sacraments we have received.

You are cordially invited to join Bishop Soto, the priests of the diocese and your Catholic brothers and sisters to celebrate and pray for God's continued blessings on the Church of Sacramento.



**BUS TRIP**

Help contribute to reduce our diocesan loan by joining us on another bus trip to Jackson Casino.

Date: March 19, 2020

Boarding time: 8:45am

—Departure 9:00am

Cost: \$30.00

Refund: \$20.00

Call Emilia (916) 849-5617 Norma (916) 688-8769

Naty (916) 362-7541 Pax (916) 599-9166

Rose (916) 381-3845 Virgie (916)477-0856

**CATHOLIC HERALD**

Do you know someone who has a great faith story for us? Give us the who, what, where, when and why:

2020 Editorial Schedule:

May/June	Transparency in the Church	Deadline: 3/20/20
July/August	Youth and racism	Deadline: 5/16/20
Sept/Oct	Respect Life	Deadline: 7/17/20
Nov/Dec	Stewardship	Deadline 9/11/20

To submit story ideas and news:

Contact July Sly (916) 733-0175

jsly@faithcatholic.com

**CATHOLIC FUNERAL & CEMETERY**

Catholic Funeral and Cemetery Services of the Diocese of Sacramento is making significant investments in our cemeteries. This is part of a continued effort to provide families with beautiful places for the committal and visitation of their loved ones.

During the past year we have drilled new irrigation wells at Calvary, St. Vincent and All Souls Cemeteries. These new wells are critical for providing the water needed to maintain healthy lawns.

We will be conducting an inventory of every tree in the 11 cemeteries, this will provide us with valuable information about their current condition and help our future plans.

New cemetery tents are now available for use at committal services. We have made investments in new lawns and columbariums which enable us to provide families with many new options for their loved ones final resting place.

You are always welcome to give us a call for a tour of our cemeteries. Call (916) 452-4831 to schedule a tour at any of our locations.

**THE HEAVIEST LOAD**

A chip on the shoulder is the heaviest load anyone can carry.

—Anonymous

**ST. PAUL PASTORAL COUNCIL**

Council met January 28, 2020.

Parishioners are reminded to get their own Glory & Praise Missal before Mass, and return it to the bookshelves after Mass.

There is a list posted of upcoming rosaries and funerals.

Parishioners are asked to only use silk petals and not real flowers during the ceremonies of wedding or Quinceañera.

There will be an Appreciation Dinner on April 25 in the parish hall for volunteers, staff and families.

There will be a Ministry Fair on May 2, 3. Each ministry will have a table and help to encourage more folks to join our ministries.

Confirmation students attended the whole day Fired Up Retreat on Feb. 1 & 2 with their chaperones.

Los Angeles Congress will be Feb. 21/23. No CFF classes on Feb. 16.

Loaves and Fishes appreciated the donations of chapsticks and gloves.

The Sacramentum has been installed in the church for the washing of vessels.

New ministry chairperson are: Ella Baxa and Solett Smith for Bereavement, and Anita Fong for Hospitality.

**DIOCESE OF SACRAMENTO**

PASTORAL CENTER Have you ever considered working for the Diocese of Sacramento? Listed below are openings that are currently seeking to be filled by our practicing Catholics.

Diocesan Coordinator for Parish Security  
Background Check Clerk ..

Donor Services Assistant

To apply for a position, please email a short cover letter, resume, and application to [personnel@scd.org](mailto:personnel@scd.org) Positions are open until filled.

For more information and complete job descriptions, visit [www.scd.org/employment](http://www.scd.org/employment).

**HEALTH MINISTRY**

**Got a Cold?**

More than 100 viruses can cause colds, the world's most common illness, and most people average about three colds every year. Once it enters the body the cold virus begins to multiply, causing sore throat, sneezing, runny nose, watery eyes, aches and pains, mild fever, nasal congestion and coughing.

Over-the-counter cough and cold remedies may relieve some of the symptoms, but they will not prevent, cure or even shorten the course of the illness.

To lessen your chances of coming down with a cold keep up your natural resistance through good nutrition, and getting enough sleep and exercise. Avoid direct contact with those who have colds, and wash your hands frequently.

If you get a cold be respectful of others, cover your coughs and sneezes,.

CAMBIO

Cuaresma es cambio y cambiar no es fácil. Para poder cambiar debemos dejar algo atrás. Hoy escuchamos acerca de un hombre muy viejo que decide responder al llamado de Dios. Abram atraviesa por una tremenda cantidad de cambios cuando todo lo deja y lo arriesga por la promesa de Dios. Jesús cambia, se transfigura, justo delante de los ojos de sus discípulos. Las escrituras en Cuaresma nos llaman a cambiar, a ser transfigurados, para que también nosotros pronto participemos en la gloria de Dios. ¿Qué nos pide Dios dejar atrás? ¿Estamos dispuestos a arriesgarlo todo por la promesa que Dios hace? Estas son las preguntas centrales en el camino de conversión de la Cuaresma.

LECTURAS DE HOY

**Primera lectura** — Abram partió como se lo había ordenado el Señor (Génesis 12:1-4a).

**Salmo** — Señor, muéstrate bondadoso con nosotros, puesto que en ti hemos confiado (Salmo 33 [32]).

**Segunda lectura** — Comparte conmigo los sufrimientos por la predicación del Evangelio, sostenido por la fuerza de Dios (2 Timoteo 1:8b-10).

**Evangelio** — “Este es mi Hijo amado, en quien tengo puestas mis complacencias, escúchenlo” (Mateo 17:1-9).

LECTURAS DE LA SEMANA

**Lunes:** Dn 9:4b-10; Sal 79 (78):8, 9, 11, 13; Lc 6:36-38

**Martes:** Is 1:10, 16-20; Sal 50 (49):8-9, 16bc-17, 21, 23; Mt 23:1-12

**Miércoles:** Jer 18:18-20; Sal 31 (30):5-6, 14-16; Mt 20:17-28

**Jueves:** Jer 17:5-10; Sal 1:1-4, 6; Lc 16:19-31

**Viernes:** Gn 37:3-4, 12-13a; 17b-28a; Sal 105 (104):16-21; Mt 21:33-43, 45-46

**Sábado:** Mi 7:14-15, 18-20; Sal 103 (102):1-4, 9-12; Lc 15:1-3, 11-32

**Domingo:** Ex 17:3-7; Sal 95 (94):1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

LOS SANTOS Y OTRAS CELEBRACIONES

Domingo: Segundo Domingo de Cuaresma;

Cambio de Hora;

Día Internacional de la Mujer

Lunes: Santa Francisca Romana;

Purim (festividad judía) comienza al atardecer

Viernes: Abstinencia

“Yo soy el pan que da la Vida.  
El que viene a mi, nunca tendrá hambre,  
y el que cree en mi nunca tendrán sed”  
*(Juan 6,35)*

SANTA FRANCISCA ROMANA (1384-1440)

Francisca nació en una familia cristiana donde aprendió a amar a Dios y a los pobres. Contrajo nupcias muy joven, pero jamás abandonó su deseo de servir a los pobres, labor pastoral que fue apoyada por Lorenzo, su esposo. Además de ser ejemplar esposa y madre, oraba constantemente y salía del palacio vestida con ropas humildes para ir a visitar a los enfermos y llevar alimento a los pobres.

Su amor por los marginados era tan grande que cuando azotaron inundaciones y pestes no dudó en abrir su palacio para que se convirtiera en hospital y refugio de damnificados, cuidando personalmente de ellos y ofreciéndoles alimento. Este amor por los pobres lo compartió con una de sus cuñadas, con quien no sólo practicó la caridad sino compartió el sueño de ser religiosa. Siendo esposa y madre fundó la comunidad de las Oblatas de María, cuyo carisma era vivir en el hogar sirviendo a los pobres. Se unió a esta comunidad religiosa una vez que enviudó y sus hijos crecieron. Para los ciudadanos de Roma fue un vivo ejemplo de Cristo.

PLATICAS PRE BAPTISMALES

**NOTA: DURANTE EL TIEMPO DE CUARESMA NO HABRÁ BAPTISMOS NI CLASES. Next Clase será Abril 25 del 2020**

Las clases Pre-Bautismales son el último sábado del mes, que empiezan a las 3:45 p.m. en el salón # 8. para Padres y Padrinos

**NOTA:** Para evitar distracciones, por favor no traiga niños. Es necesario que pase a la oficina parroquial a registrar el niño/niña que desean bautizar, antes de atender a las pláticas pre-bautismales. Horario de oficina: 8: a.m. – 4: p.m. Las personas que venga a clase Deberá presentar el recibo de la Oficina. **IMPORTANTE:** Si su hijo/hija es mayor de 6 años, por favor obtenga información con el Diacono Antonio Ramírez

BAPTISMOS

**NOTA: DURANTE CUARESMA NO HABRÁ BAPTISMOS, Next será Mayo 2, 2020.**

La celebración del Sacramento del Bautismo, es el primer sábado de cada mes a las 9:45 a.m.

Requisitos: Haber atendido los padres y padrinos a las pláticas Pre-Bautismales, Traer comprobante si atendieron en otra parroquia. Padrinos y Madrinas: Si son pareja, que estén casados en la Iglesia Católica, y haber recibido los Sacramentos de Iniciación Cristiana (Bautismo, Confirmación y Comunión )

ESCUCHANOS Y TEN PIEDAD

En el estadio todos los corredores cubren la carrera, aunque uno solo se lleve el premio. Corred así: para ganar, pero un atleta se impone toda la clase de privaciones. Ellos para ganar una corona que se marchita; nosotros, en cambio, una que no se marchita.  
*Escúchanos, Señor, y ten piedad,  
porque hemos pecado contra ti.*



Sacristanes Miguel Mendez 916-715-5413  
Antonio Morales 916-230.9591

Formación en la Fe Católica :

Coordinadoras: María C. Gutiérrez 916.383.6719  
Aracely Narváez 916.383.6719

Ministerio de Comunión: Kelly & Irma Méndez 916.642.3109

Ministerio de la Palabra: María C. Gutiérrez 916.395.7219

Ministerios Servidores del Altar: Jóvenes

Francisca Martínez- coordinadora de los niños 916.997.1568  
Liliana. Ramírez 916.687-1712

Ministros de Hospitalidad: José Luis Sánchez 916.457.4713  
Miguel Méndez 916.715.5413  
Antonio Morales 916.230.9591  
Magdiel Solís 510.938-6135

Ministerio de Música de Niños:

Covadonga Barrón 916.670.9619

Ministerio de Música de Adultos:

Ramiro Mendoza 916.670.5727

Vocaciones: Guadalupe Salinas 916.955.2150

Virgen de Guadalupe Ramona Cervantes 916.549.8114

Bautismos Diacono Ramirez 916.381.5200

Quiere unirse a nuestros diferentes ministerios, por que "Nuestro bautismo nos llama a compartir la misión de Cristo". Si esta interesado favor de llamar a cualquier persona de los teléfonos de arriba de esta pagina

## MATRIMONIOS Y QUINCEAÑERAS

Para mas información sobre estos eventos por favor comuníquese con el Diacono Antonio Ramirez al 381-5200.

## LOS LIBROS MISALES

Queridos Feligreses: Se les recuerda que obtengan su propio Misal de Gloria y Alabanza antes de la Misa, y lo devuelvan a las estanterías después de la Misa.

## SEGUNDA COLECTA

21/22 de marzo Servicios de Ayuda Católica  
Esta colecta hace posible la misión global de la Iglesia Católica de combatir la pobreza, proporcionar ayuda y desarrollo, ayudar a refugiados e inmigrantes y abogar por la justicia y la paz.

4/5 de abril San Pablo Fondos & Campaña Capital  
Esta colecta ayudará a proporcionar fondos para pagar los prestamos de la Diócesis para construir el Centro de Educación Religiosa. Las personas que se comprometieron favor traer su sobre rosa. Gracias

## VIAJE EN BUS

Ayude a contribuir a reducir nuestro préstamo diocesano, uniéndose a nosotros en otro viaje en autobús al **Jackson Casino, Fecha: 19 de Marzo de 2020.**

Hora de embarque: 8:45 am — Salida 9:00 am

Costo: \$30.00. Reembolso \$20.00.

Llame a Emilia (916) 849-5617

Norma (916) 688-8769

Naty (916) 362-7541

Pax (916) 599-9166

Rose (916) 381-3845

Virgie (916) 477-0856

## TIEMPO DE CONVERSION

**Nuestro servicio de Penitencia o Confesiones Cuaresmal es el JUEVES 26 de marzo de 2020, a las 7:00 pm**

Reglamento Cuaresmal: Ayuno y abstinencia  
Todas las personas mayores de 14 años están obligadas a abstenerse de comer carne el Miércoles de Ceniza y todos los viernes de Cuaresma:

Todos de 18 a 59 años están obligados a ayunar el **Miércoles de Ceniza y el Viernes Santo**. Se recomienda encarecidamente el ayuno voluntario en otros días de la semana de Cuaresma. Por lo general, se entiende que ayunar significa que se puede comer una comida completa. Se pueden comer otras dos comidas pequeñas, pero juntas no deberían equivaler a una comida completa. No se permite comer entre comidas, pero se permiten líquidos.

Quando la salud o la capacidad para trabajar se verían seriamente afectadas, no se obliga ni al ayuno ni a la abstinencia. Los trabajadores del aeropuerto, los viajeros y otras personas que se encuentren a bordo de barcos o aviones están exentos de las leyes de ayuno durante la duración de su viaje.

Otras formas de ayuno incluyen la abstinencia de las bebidas alcohólicas, la televisión, los videojuegos, Internet y las redes sociales. Es espiritualmente beneficioso y altamente alentador.

Estaciones de la Cruz

Las estaciones de la Cruz o Vía Crucis son viernes 6, 13, 20, 27 de Marzo y 3 de Abril, a las 6:00 p.m. en ingles y después tendrán una sopa en el hall, y a las 7:00 pm en Español que continuarán todos los viernes durante la temporada de Cuaresma.

## FERIA DE MINISTERIO

Vamos a tener una Feria del Ministerios, 2 y 3 de mayo en la plaza principal de la iglesia. Esta es una excelente oportunidad para recibir nuevos miembros en los Ministerios de nuestra Parroquia Español e Ingles. En las misas necesitamos muchos Ministros en diferentes área y si usted siente el llamando por Dios puede acercarse a la mesa de los ministerios que le interese. Algunos Ministros estarán dando información y dando folletos disponibles de cada ministerio.

## LA MISA CRISMAL

La Catedral del Santísimo Sacramento, Jueves 2 de abril, 6:00 p.m., tendrá La Misa Crismal es una de las liturgias más bellas de la Iglesia. En esta misa, el obispo bendice los aceites que se utilizarán en toda la diócesis para el próximo año. La Misa Crismal es un recordatorio de que somos sacerdotes, llamados a proclamar el evangelio, inspirados por los sacramentos que hemos recibido.

Usted está cordialmente invitado a unirse al obispo Soto, los sacerdotes de la diócesis y sus hermanos y hermanas católicos para celebrar y orar por las continuas bendiciones de Dios en la Iglesia de Sacramento

Bulletin 513062.308  
Sacramento CA.  
Sent by: Shirley Brown  
(916)381-5200

Notes:  
Start Here

..... Thank you

Shirley