

# ST. PAUL CATHOLIC CHURCH



**MARCH 15, 2020**

**THIRD SUNDAY OF LENT**

**Pastor—Rev. Joyle Martinez**  
**Deacon— Antonio Ramirez**

**Priest in Residence—**  
**Business Manager —Shirley Brown**

8720 Florin Road—Sacramento, CA 95828      Mailing Address: P .O. Box 292280, Sacramento CA 95829  
 Office hours 8:00am-4:00pm Mon.-Fri.  
 Phone 916-381-5200 Fax 916-381-0332 [saintpaulcatholic@comcast.net](mailto:saintpaulcatholic@comcast.net)      website [www.stpaul-florin.org](http://www.stpaul-florin.org)

### Mass Schedules and other Services

<b>Sundays</b>	7:30 a.m., 9 a.m., 11 a.m. and 1:00 p.m. en español <i>Children's and Youth Choirs</i> <i>sing first Sunday of the month.</i>
<b>Saturday</b>	4 p.m. [vigil] & 8 a.m. First Saturday
<b>Weekdays</b>	[Mon Tues, Thurs, Fri]— 8 a.m. in the Chapel
<b>Holy Hour</b>	First Friday 7—8 p.m.
<b>Holy Days of Obligation</b>	8 a.m. and 6 p.m.
<b>Morning Prayer</b>	Mon. -Fri. 7:40a.m.
<b>Confessions [bilingual]</b>	Saturdays 2:45—3:45 pm

### Faith Formation Ministries and Groups

Catholic Faith Formation D.R.E.	Sr. Ma. Elizabeth U. Siguenza RVM	916.381.5200
Catholic Faith Formation	Aracely Narvaez	916.383.6719
Spanish Coordinators	Maria Consuelo Gutierrez	
RCIA for Adults	Angie Lovett	916.803.6463
RCIA for Children	Emilia Caoagas	916.849.5617
RCIA for Teens	Imelda Nanca	916.402-1904
Catholics Returning Home	Dale & Kit Yamamoto	916. 895.1441
Baptism Preparation	Dale & Kit Yamamoto	916. 895.1441
Couples for Christ	Billy/Virgie Monteagudo	916.688.0776
Young Adults Ministry		916.381.5200
Legion of Mary	Norma Bolante	916.688.8769
Vocation Committee		
Families in Christ Jesus	Angie Lovett	916.803.6463

### Social Ministries and Groups

Christmas Fair	Call the office	916.381.5200
Fall Festival	Call the office	916.381.5200
Cultural Dinner	Guily & Naty Fontillas	916.362.7541
Parish Breakfasts	Knights of Columbus	916.381.5200
Religious Goods Store	Irene Ingham	916.689.2865
Yard Sale	Ann Viernes	916.799.0439

### WELCOME!

You are encouraged to participate in our many functions, events, and activities. We offer opportunities for parishioners to use the time, talent, and treasure that God has given them in praise and glory of His name through our liturgical, care-giving, philanthropic, faith-formation and social ministries.

**Thank you for worshipping with us!**

### Councils

Pastoral Council	Ja'net Blea	916.284.2008
Finance Council	Jerry Fong	916.689-9418

### Liturgical Ministries

Youth Altar Servers Ministry		
Adult Altar Servers Ministry		
Martha's Daughters		
Art & Environment Ministry		
Eucharistic Ministry		
Hospitality Ministry	Anita Fong	916-689-9418
Ministry of the Word	Shirley Brown	916.612.7023
Ministry Sick and Homebound	Dale & Kit Yamamoto	916.895.1441
Music Ministry		
Liturgy Committee	Bob Benton	916 425.7037

### Caregiving Ministries and Groups

Bereavement Ministry	Ella Baxa / Solett Smith	916-849-0685
Health Ministry	Clara Heimericks	916.689.3932
Loaves and Fishes Ministry	Diane Welsh	916.682.7810
Social Justice Ministry	Diane Welsh	916.682.7810
Pro Life 4 Life	Charlene Valine	916.682-0557

### Philanthropic Ministries and Groups

Catholic Daughters of the Americas	Michelle Eck	916. 524.5097
Knights of Columbus	Angelo Mendoza	916-761-6565

### MISSION STATEMENT

**We, God's people of St. Paul Catholic Parish In Sacramento, California, a multicultural, inclusive and welcoming community, inspired by the love of Jesus Christ are called: to bring all people of God together in worship, to declare our belief in God's love, based on the teachings of Jesus Christ, and to celebrate and grow in our relationship with God.**



## MASS INTENTIONS FOR THE WEEK

- MON: 3/16**    **MASS OF THANKSGIVING  
FOR DAVID LE**  
Requested by family
- TUES: 3/17**    **MICHAEL LEE †  
THONG LEE †  
ERIC LE †  
MATILDA & WILLIE CHENG †**  
Requested by Ha Le
- WED: 3/18**    **No Mass**
- THURS: 3/19**    **FRANK VELIUTINI †**  
Requested by Brown & Jones families
- FRI: 3/20**    **MASS OF THANKSGIVING**  
Requested by Ha Le

### TODAY'S READINGS

**First Reading** — When the people grumbled to Moses for water in the desert, the Lord heard and brought forth water from the rock for all to drink (Exodus 17:3-7).

**Psalm** — If today you hear his voice, harden not your hearts (Psalm 95).

**Second Reading** — God's love has been poured into our hearts through the Holy Spirit (Romans 5:1-2, 5-8).

**Gospel** — Ask, and you will be given living water so that you will never thirst again (John 4:5-42 [5-15, 19b-26, 39a, 40-42]).

### READINGS FOR THE WEEK

- Monday:** 2 Kgs 5:1-15b; Ps 42:2, 3; 43:3, 4;  
Lk 4:24-30
- Tuesday:** Dn 3:25, 34-43; Ps 25:4-51b, 6, 7bc, 8-9;  
Mt 18:21-35
- Wednesday:** Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;  
Mt 5:17-19
- Thursday:** 2 Sm 7:4-5a, 12-14a, 16; Ps 89:2-5, 27, 29;  
Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or  
Lk 2:41-51a
- Friday:** Hos 14:2-10; Ps 81:6c-11ab, 14, 17;  
Mk 12:28-34
- Saturday:** Hos 6:1-6; Ps 51:3-4, 18-21ab; Lk 18:9-14
- Sunday:** 1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6;  
Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]

*Third Sunday of Lent  
March 15, 2020*

*While we were still sinners Christ died for us.  
— Romans 5:8*

### THIRST

Each time today's Gospel story is read, I can't help but think of the many television commercials I've seen depicting perspiring athletes lifting a beverage to their lips while the scorching sun beats down on them.

Our culture has definite ideas about how to quench thirst. Today, those ideas are turned upside down. The Samaritan woman operates, initially, on the TV commercial level. She asks Jesus for the flowing water so that she will not have to keep coming to the well. Jesus then talks about what real thirst is, and how he, and he alone, can quench that thirst.

Lent calls us to find those places deep within ourselves where we thirst. In our thirst, as did the Israelites, we cry out to God asking for springs of living water. Deep down we know that only the Lord can satisfy these thirsts.

### ST. JOSEPH, HUSBAND OF THE BLESSED VIRGIN MARY - March 10

Joseph, someone once joked, was indeed the perfect husband: the only major character in Jesus' story who never utters a word!

But the Gospel recounts and the liturgy celebrates his silent witness of faith-filled deeds: "With a husband's love he cherished Mary, the Virgin Mother of God; with fatherly care he watched over Jesus" (Preface of Saint Joseph, Sacramentary). Catholic devotion, therefore, hails him as patron-protector of the universal Church.

Some cultures set a festive "Saint Joseph's Table," welcoming the poor and strangers to feast with family and friends. Tradition keeps today as the anniversary of his death, which we presume was peaceful, with Jesus and Mary present.

Thus, Catholics invoke Joseph as Patron of a Happy Death. Descended from David's house, which God finished "building" through Joseph's provision of a home for Mary and Jesus, he was, fittingly, a carpenter by trade; thus, patron of workers. Spring, nature's rebirth, begins between his feast and Annunciation (March 25), appropriately, since Joseph's silent obedience and Mary's "Let it be done to me according to your word" (Luke 1:38) usher in humanity's spiritual rebirth.

### AVAILABILITY

God does not ask for our ability or our inability, but our availability. —*Anonymous*

# PARISH STEWARDSHIP

## BEREAVEMENT MINISTRY

### Recent Bereavement

, Rose Malone Lawrence Beilby,  
Remedio Gulmatico Max Ingham, Fr. Ben De Leon,  
Audrey Berg, Marguerite Morrison. Corazon Bien,  
Policarpo Pimentel, Consuelo Agbunag, Charli Tran,  
Pascual Rafanan, Josefina Calica Sofia Imperio=Esquerra,  
Maria de Jesus Rodriguez, Javier Garcia Rubidia Yaneth  
Alvarenga Leonardo Carrasco, Alejandra Mendez,  
Felicidad Munoz Manuel De Herrera, Aida de la Vega,  
Barbara Pratt , Elena Coriona, Alexis McLaughlin  
Elena Lopez Mary Lu Diosdado, Esther Seaman  
May they rest in peace and let perpetual light  
shine upon them.

## SECOND COLLECTION

### March 21/22 Catholic Relief Services

Next week our second collection helps make possible the Catholic Church's global mission to combat poverty, provide relief and development, assist refugees and immigrants and advocate for justice and peace

### April 4/St. Paul Building Fund & Capital Campaign

This collection will help provide funds to repay the funds borrowed from the Diocese to build the Religious Education Center.

Pope Francis reminds us that missionary disciples need to leave the comfort of the shore in order to have an authentic encounter at the periphery. Lent is our time to reflect on what is getting in the way of our going forth to share the Good News. Sharing our Faith-

1. What gives you the strength to accept the cost of becoming one with those who are marginalized?
2. Is there a cost to discipleship that you would rather avoid?
3. Can you relate an experience in your own faith life to that of Jesus in the desert?

More resources at: <https://www.maryknoll.us/home/resources/mission-spirituality/lent-2020>

## COLLECTION

	4:00PM	7:30AM	9:0AM	11:00AM	1:00PM	
<b>February</b>						
9	\$1276.00	\$1134.00	\$1616.00	\$1564.00	\$1023.84	\$6613.84
16	\$1330.00	\$1057.00	\$1259.00	\$995.00	\$773.78	\$5414.78
23	\$1259.00	\$756.00	\$984.00	\$1016.00	\$781.76	\$4796.76
26 ASH WEDNESDAY						\$3776.10
<b>March</b>						
1	\$1231.00	\$1450.00	\$1687.00	\$1383.00	\$1147.61	\$3509.73
8	\$890.00	\$751.00	\$1266.00	\$1189.00	\$901.59	\$4997.59

## JANUARY 2020 PROFIT & LOSS

INCOME	BUDGET	ACTUAL	Difference
Offertery	\$ 30,179	\$ 30,169	\$ 10
Other Income	\$ 14,192	\$ 6,442	\$ 7,750
Religious Articles & Books	\$ 1,564	\$ 1,183	\$ 381
Religious Education	\$ 4,750	\$ 2,765	\$ 1,985
<b>Total Income</b>	<b>\$ 50,685</b>	<b>\$ 40,559</b>	<b>\$ 10,126</b>

EXPENSES	BUDGET	ACTUAL	Difference
Salaries & Benefits	\$ 20,010	\$ 18,419	\$ 1,591
Buildings & Grounds	\$ 10,607	\$ 16,138	\$ ( 5,531)
Religious Articles & Books	\$ 834	\$ 1,351	\$ ( 517)
Property Tax & Insurance	\$ 2,400	\$ 2,473	\$ ( 73)
Parish Programs	\$ 2,711	\$ 2,894	\$ ( 184)
Religious Education	\$ 0	\$ 3,800	\$ ( 3,800)

Diocesan Assessment	\$ 5,093	\$ 5,260	\$ (167)
<b>Total Ordinary Expenses</b>	<b>\$ 41,654</b>	<b>\$ 50,336</b>	<b>\$ (8,682)</b>

**Net Operating Income \$ 9,031 \$ (9,777) \$ 18,808**

### OTHER INCOME

Interest	\$ 2	\$ 1	\$ 1
Capitol Campaign & Blding Fund	\$ 6,408	\$ 10,683	\$ ( 4,275)
Diocesan & sp. Coll.	\$	\$	
<b>Total Other Income</b>	<b>\$ 6,410</b>	<b>\$ 10,684</b>	<b>\$ (4,274)</b>

### OTHER EXPENSES

Interest	\$ 3,100	\$	\$ 3,100
Diocesan & Special Collections	\$	\$	\$
Capital Fund Dr	\$ 3,308	\$ 8,000	\$ ( 4,692)
Youth Group	\$ -	\$	
<b>Total Other Expenses</b>	<b>\$ 6,408</b>	<b>\$ 8,000</b>	<b>\$ ( 1,592)</b>

**Net Other Income \$ 2 \$ 2,683 \$ ( 2,682)**

**Net Income \$ 9,033 \$ (7,094) \$ 16,127**

## THE GABRIEL PROJECT



Pregnant?  
Worried?  
Need Help?  
*You are not alone.  
We can help.*

The Gabriel Project  
Call: 800-910-0191

**LENT****Lenten Regulations:  
Fasting & Abstinence**

All persons 14 years and older are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent:

Everyone from 18-59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent is highly encouraged. Fasting is generally understood to mean that one full meal may be eaten. Two other small meals may be eaten but together they should not equal a full meal. Eating between meals is not permitted but liquids are allowed.

When health or ability to work would be seriously affected neither fasting or abstinence is obliged. Airport workers, travelers and others while on board ships or airplanes are dispensed from the laws of fasting for the duration of their journey.

Other forms of fasting include abstinence from alcoholic beverages, television, video games, the internet and social media is spiritually beneficial and strongly encouraged.

**Stations of the Cross**

Stations of the Cross began on Friday, March 8th at 6:00pm and will continue every Friday throughout the Lenten Season

This will be followed by a simple meal in the parish hall.

**SAVE THE DATE - MINISTRY FAIR**

Attention all Ministry Chairs,

We will be holding a Ministry Fair the weekend of May 2<sup>nd</sup> and 3<sup>rd</sup>, 2020 in the front plaza of the church. We have asked the Knights of Columbus to sell donuts in the plaza in an effort to have as many parishioners visit the fair.

This is an opportunity for you to solicit new members into your ministry after each of the masses. The parish will supply one table and up to three chairs for participating ministries. All ministries will be responsible for supplying printed Ministry Brochures for the event. If you have any questions, please reach out to Parish Council Member David Rangel at (760) 985-5374 or (916) 490-5843.

**JESUIT HIGH SCHOOL**

Jesuit High School is hosting a High School Placement Test for all boys currently in 7th grade on Saturday, March 28th.

If you plan on applying to a Catholic high school you should definitely register to take this practice exam. For more information and to register visit the website: <https://www.jesuithighschool.org/placement-testing-hspt>

**SICK PARISHIONERS & FRIENDS**

Priscilla Wong	Peggy Meier-Beyers	Tommy Zawalick
Shirley Robinson	Elnora Williams	John Rideaux
Sandy Burgoon	Barbara Sules	Murphy Foster
Monica Cordero	Bethany Lewis	Michael Davis
Virginia Collier	Richard Onia	Charles Ramos
Jean Hesse	Janelle Flores	Mary Stahl
Ed Brooks	Lori Martenia	Loretta Miller
Michael Delgado	Eva Rollins	Regina Campos
Jackie Martin	Robert Cordero	Simplicio Baja
James Solari	Tess Carrasca	Leonida Despi
Elizabeth Solari	Ronald Harp	Alberto Horcabes
Maria Lopez	Eduardo Cruz	Aurora De Asis
Raymond Gutierrez	Richard Ganahl	Norberto Melliza
Doreatha Viltz	Joan Ganahl	Zenaida Ventura
Virginia Thomas	Esther Seaman	Jackie Gleming
Bernadette Carrasca	Floyd White Jr	Mason Kyle Vazquez
Ashley Brackin	Arlene Ellis	
Noah de los Reyes	Myrla Cruz	

**PRAY FOR OUR MILITARY**

Please pray for the following members of our families serving in the Armed Forces

Gary B. Foster II	John Marc James	Emanuel Cepeda
Daniel Roy Ryan	Ruben N. Libed	Maxton Perez
Gregorio Rodriguez	Nilo Uy Villaluna Jr.	Landon Perez
Roel C.. Dones	Don Jamoses	Charles Q. Wincey
Ricardo Cervantes	Ryan Gandy	Peter A. Tsueda
Stephen Rich	Cody Machado	Jovon Chiguina
Janae Santos	Mark A. Ramos Jr.	Regent Perez
Brian Vergith	Cameron Lindsay	
Martin Sinlao	Conner Sommerfield	
Sergio Pineda	Arianna Gutierrez	
Ariel Rollins	Taylor Sommerfield	
Don Carlo Geroche	Justin Broussard	

**CHRISM MASS**

Thursday, April 2, 6:00pm  
Cathedral of the Blessed Sacrament

The Chrism Mass is one of the most beautiful liturgies of the Church. At this Mass the Bishop blesses the oils that will be used throughout the diocese for the coming year. The Chrism Mass is a reminder that we are priestly people, called to proclaim the gospel, inspired by the sacraments we have received.

You are cordially invited to join Bishop Soto, the priests of the diocese and your Catholic brothers and sisters to celebrate and pray for God's continued blessings on the Church of Sacramento.



### BUS TRIP

Help contribute to reduce our diocesan loan by joining us on another bus trip to Jackson Casino.

Date: March 19, 2020

Boarding time: 8:45am

—Departure 9:00am

Cost: \$30.00

Refund: \$20.00

Call Emilia (916) 849-5617 Norma (916) 688-8769

Naty (916) 362-7541 Pax (916) 599-9166

Rose (916) 381-3845 Virgie (916) 477-0856

### CATHOLIC HERALD

Do you know someone who has a great faith story for us?

Give us the who, what, where, when and why:

2020 Editorial Schedule:

May/June	Transparency in the Church	Deadline: 3/20/20
July/August	Youth and racism	Deadline: 5/16/20
Sept/Oct	Respect Life	Deadline: 7/17/20
Nov/Dec	Stewardship	Deadline 9/11/20

To submit story ideas and news:

Contact July Sly (916) 733-0175

jsly@faithcatholic.com

### CATHOLIC FUNERAL & CEMETERY

Catholic Funeral and Cemetery Services of the Diocese of Sacramento is making significant investments in our cemeteries. This is part of a continued effort to provide families with beautiful places for the committal and visitation of their loved ones.

During the past year we have drilled new irrigation wells at Calvary, St. Vincent and All Souls Cemeteries. These new wells are critical for providing the water needed to maintain healthy lawns.

We will be conducting an inventory of every tree in the 11 cemeteries, this will provide us with valuable information about their current condition and help our future plans.

New cemetery tents are now available for use at committal services. We have made investments in new lawns and columbariums which enable us to provide families with many new options for their loved ones final resting place.

You are always welcome to give us a call for a tour of our cemeteries. Call (916) 452-4831 to schedule a tour at any of our locations.

### THE HEAVIEST LOAD

A chip on the shoulder is the heaviest load anyone can carry.

—Anonymous

### ST. PAUL PASTORAL COUNCIL

Council met January 28, 2020.

Parishioners are reminded to get their own Glory & Praise Missal before Mass, and return it to the bookshelves after Mass.

There is a list posted of upcoming rosaries and funerals.

Parishioners are asked to only use silk petals and not real flowers during the ceremonies of wedding or Quinceañera.

There will be an Appreciation Dinner on April 25 in the parish hall for volunteers, staff and families.

There will be a Ministry Fair on May 2, 3. Each ministry will have a table and help to encourage more folks to join our ministries.

Confirmation students attended the whole day Fired Up Retreat on Feb. 1 & 2 with their chaperones.

Los Angeles Congress will be Feb. 21/23. No CFF classes on Feb. 16.

Loaves and Fishes appreciated the donations of chapsticks and gloves.

The Sacramentarium has been installed in the church for the washing of vessels.

New ministry chairpersons are: Ella Baxa and Solett Smith for Bereavement, and Anita Fong for Hospitality.

### HEALTH MINISTRY

#### Hand Sanitizer vs Handwashing: Which is better?

Every time you touch an object or shake someone's hand, you are picking up bacteria and potential viruses too. It has been estimated that around 1500 bacteria are living on each square centimeter of skin on our hands. Areas such as underneath the fingernails and between the fingers often harbor even more. It is very easy for these germs and viruses to make their way to your mouth, nose and eyes and make you sick.

#### Hand Sanitizer

These are available in various forms. It is important that the type you choose contains a minimum of 60% alcohol. While being effective they don't kill all the germs. They do however remove them from your hands. To use effectively apply to the palm of the hand then rub it all over your hands until they are dry covering all parts of your hands and nails.

#### Handwashing

Proper handwashing is the "gold standard" to removing and killing germs on our hands. Any soap that lathers works in killing and removing germs. When washing your hands use warm water as it removes germs better than cold water. Wash your hands for at least 20 seconds, as it's the rubbing of your hands together that removes the germs. Additionally remember to dry your hands completely. If your hands are still wet you will pick up and transmit germs very easily.

SED

Cada vez que se lee el relato del Evangelio de hoy, no puedo dejar de pensar en los muchos comerciales televisivos que muestran atletas sudorosos llevando una bebida a los labios mientras que el sol calcinante los golpea. Nuestra cultura tiene ideas definidas sobre cómo apagar la sed. Hoy, esas ideas son puestas cabeza abajo. Al inicio, la samaritana opera al nivel del comercial de televisión. Le pide agua viva a Jesús para no tener que seguir viniendo al pozo. Es entonces que Jesús le habla sobre la verdadera sed y cómo él, solo él, puede calmar esa sed. La Cuaresma nos llama a encontrar esos lugares muy dentro de nosotros donde estamos sedientos. En nuestra sed, al igual que los israelitas, clamamos a Dios pidiéndole fuentes de agua viva. Allá en el fondo sabemos que solo el Señor puede satisfacer esa sed.

LECTURAS DE HOY

**Primera lectura** — Agua salió de la roca para apagar la sed del pueblo (Éxodo 17:3-7).

**Salmo** — Si hoy oyen su voz, no endurezcan su corazón (Salmo 95 [94]).

**Segunda lectura** — El amor de Dios se ha derramado en nuestro corazón por el don del Espíritu Santo (Romanos 5:1-2, 5-8).

**Evangelio** — El agua que yo les daré se convierte en el manantial de vida eterna (Juan 4:5-42 [5-15, 19b-26, 39, 40-42]).

LECTURAS DE LA SEMANA

**Lunes:** 2 Re 5:1-15b; Sal 42 (41):2, 3; 43:3, 4;  
Lc 4:24-30

**Martes:** Dn 3:25, 34-43; Sal 25 (24):4-51b, 6, 7bc, 8-9;  
Mt 18:21-35

**Miércoles:** Dt 4:1, 5-9; Sal 147 (146):12-13, 15-16, 19-20;  
Mt 5:17-19

**Jueves:** 2 Sm 7:4-5a, 12-14a, 16; Sal 89 (88):2-5, 27, 29;  
Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a o Lc 2:41-51a

**Viernes:** Os 14:2-10; Sal 81 (80):6c-11ab, 14, 17;  
Mc 12:28-34

**Sábado:** Os 6:1-6; Sal 51 (50):3-4, 18-21ab; Lc 18:9-14

**Domingo:** 1 Sm 16:1b, 6-7, 10-13a; Sal 23 (22):1-6;  
Ef 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]

LOS SANTOS Y OTRAS CELEBRACIONES

Domingo: Tercer Domingo de Cuaresma

Martes: San Patricio

Miércoles: San Cirilo de Jerusalén

Jueves: San José, Esposo de la Bienaventurada

Virgen María; Comienza la primavera

Viernes: Abstinencia

SAN PATRICIO ( C389-461)

Patricio nació en la actual Escocia en la familia de un soldado romano. A los 16 años fue capturado por piratas irlandeses y sometido a seis años de pastoreo y sufrimiento. Luego de varios intentos pudo escapar, regresó a su tierra y se ordenó sacerdote. A los 46 años volvió a Irlanda del Norte como obispo y misionero. Gracias al conocimiento del idioma y la cultura se dedicó a evangelizar a los líderes de las tribus, comenzando por la más influyente y poderosa: los taras. Pese a las amenazas contra su vida, continuó predicando el Evangelio, fundando conventos, monasterios, parroquias, además de cristianizar los ritos paganos, como el de la ceremonia del fuego, que fue conquistado con la celebración del fuego nuevo en la Vigilia Pascual, desafiando abiertamente la costumbre impuesta por los sacerdotes de la religión celta. Esto por poco le cuesta la vida, pero fue su victoria y con ella, la del cristianismo. El patrono de Irlanda es conocido también por el uso que hizo de la hoja de un trébol para explicar la Santísima Trinidad.

PLATICAS PRE BAPTISMALES

**NOTA: DURANTE EL TIEMPO DE CUARESMA NO HABRÁ BAPTISMOS NI CLASES. Next Clase será Abril 25 del 2020**

Las clases Pre-Bautismales son el ultimo sábado del mes, que empiezan a las 3:45 p.m. en el salón # 8. para Padres y Padrinos

**NOTA:** Para evitar distracciones, por favor no traiga niños. Es necesario que pase a la oficina parroquial a registrar el niño/niña que desean bautizar, antes de atender a las platicas pre-bautismales. Horario de oficina: 8: a.m. – 4: p.m. Las personas que venga a clase Deberá presentar el recibo de la Oficina. **IMPORTANTE:** Si su hijo/hija es mayor de 6 años, por favor obtenga información con el Diacono Antonio Ramírez

BAPTISMOS

**NOTA: DURANTE CUARESMA NO HABRÁ BAPTISMOS, Next será Mayo 2, 2020.**

La celebración del Sacramento del Bautismo, es el primer sábado de cada mes a las 9:45 a.m.

Requisitos: Haber atendido los padres y padrinos a las platicas Pre-Bautismales, Traer comprobante si atendieron en otra parroquia. Padrinos y Madrinas: Si son pareja, que estén casados en la Iglesia Católica, y haber recibido los Sacramentos de Iniciación Cristiana (Bautismo, Confirmación y Comunión )

GRACIAS SEÑOR

*“Quién cultiva una viña y no come de sus uvas? Quién cuida de sus ovejas y no toma de la leche que ordeña?”*  
(1 Corintios 9,7)

*Señor hoy vamos a comer del fruto de muchos hermanos campesinos que trabajan esta tierra.*

*!Gracias por lo que ellos hacen en silencio!*

*Bendice también nuestro trabajo y nuestro esfuerzo cotidiano.*

*Amén*



Sacristanes Miguel Mendez 916-715-5413  
Antonio Morales 916-230.9591

Formación en la Fe Católica :

Coordinadoras: María C. Gutiérrez 916.383.6719  
Aracely Narváez 916.383.6719

Ministerio de Comunión: Kelly & Irma Méndez 916.642.3109

Ministerio de la Palabra: María C. Gutiérrez 916.395.7219

Ministerios Servidores del Altar: Jóvenes

Francisca Martínez- coordinadora de los niños 916.997.1568  
Liliana. Ramírez 916.687-1712

Ministros de Hospitalidad: José Luis Sánchez 916.457.4713  
Miguel Méndez 916.715.5413  
Antonio Morales 916.230.9591  
Magdiel Solís 510.938-6135

Ministerio de Música de Niños:

Covadonga Barrón 916.670.9619

Ministerio de Música de Adultos:

Ramiro Mendoza 916.670.5727

Vocaciones: Guadalupe Salinas 916.955.2150

Virgen de Guadalupe Ramona Cervantes 916.549.8114

Bautismos Diacono Ramirez 916.381.5200

Quiere unirse a nuestros diferentes ministerios, por que "Nuestro bautismo nos llama a compartir la misión de Cristo". Si esta interesada favor de llamar a cualquier persona de los teléfonos de arriba de esta pagina

## MATRIMONIOS Y QUINCEAÑERAS

Para mas información sobre estos eventos por favor comuníquese con el Diacono Antonio Ramirez al 381-5200.

## LOS LIBROS MISALES

Queridos Feligreses: Se les recuerda que obtengan su propio Misal de Gloria y Alabanza antes de la Misa, y lo devuelvan a las estanterías después de la Misa.

## SEGUNDA COLECTA

21/22 de marzo Servicios de Ayuda Católica  
Esta colecta hace posible la misión global de la Iglesia Católica de combatir la pobreza, proporcionar ayuda y desarrollo, ayudar a refugiados e inmigrantes y abogar por la justicia y la paz.

4/5 de abril San Pablo Fondos & Campaña Capital  
Esta colecta ayudará a proporcionar fondos para pagar los prestamos de la Diócesis para construir el Centro de Educación Religiosa. Las personas que se comprometieron favor traer su sobre rosa. Gracias

## LA MISA CRISMAL

La Catedral del Santísimo Sacramento, Jueves 2 de abril, 6:00 p.m., tendrá La Misa Crismal es una de las liturgias más bellas de la Iglesia. En esta misa, el obispo bendice los aceites que se utilizarán en toda la diócesis para el próximo año. La Misa Crismal es un recordatorio de que somos sacerdotes, llamados a proclamar el evangelio, inspirados por los sacramentos que hemos recibido. Usted está cordialmente invitado a unirse al obispo Soto, los sacerdotes de la diócesis y sus hermanos y hermanas católicos para celebrar y orar por las continuas bendiciones de Dios en la Iglesia de Sacramento

## TIEMPO DE CONVERSION

**Nuestro servicio de Penitencia o Confesiones Cuaresmal es el JUEVES 26 de marzo de 2020, a las 7:00 pm— Te esperamos**

## REFLEXION DE LA CUARESMA

El Papa Francisco nos recuerda que los discípulos misioneros deben abandonar la comodidad de la costa para tener un auténtico encuentro en la periferia. La Cuaresma es nuestro tiempo para reflexionar sobre lo que se interpone en nuestro camino para compartir las Buenas Nuevas. Compartiendo nuestra fe ¿Qué te da la fuerza para aceptar el costo de convertirte en uno de los marginados?

¿Hay algún costo para el discipulado que preferirías evitar?

¿Puedes relacionar una experiencia en tu propia vida de fe con la de Jesús en el desierto?

Más recursos en: <https://www.maryknoll.us/home/resource/mission-spirituality/lent-2020>

## MINISTERIO DE SALUD

Desinfectante de manos vs lavado de manos: ¿cuál es mejor?

Cada vez que tocas un objeto o le das la mano a alguien, también estás recogiendo bacterias y virus potenciales. Se ha estimado que alrededor de 1500 bacterias viven en cada centímetro cuadrado de piel en nuestras manos. Las áreas como debajo de las uñas y entre los dedos a menudo albergan aún más. Es muy fácil para estos gérmenes y virus llegar a su polilla, nariz y ojos y enfermarlo.

Desinfectante de manos

Estos están disponibles en varias formas. Es importante que el tipo que elija contenga un mínimo de 60% de alcohol. Si bien son efectivos, no matan todos los gérmenes. Sin embargo, se los quitan de las manos. Para usar de manera efectiva, aplique en la palma de la mano y luego frótelas sobre sus manos hasta que estén secas cubriendo todas las partes de sus manos y uñas.

Lavado de manos

El lavado de manos adecuado es el "estándar de oro" para eliminar y matar gérmenes en nuestras manos. Cualquier jabón que haga espuma funciona para matar y eliminar gérmenes. Al lavarse las manos, use agua tibia ya que elimina los gérmenes mejor que el agua fría. Lávese las manos durante al menos 20 segundos, ya que es el roce de sus manos lo que elimina los gérmenes. Además, recuerde secarse las manos por completo. Si sus manos aún están húmedas, recogerá y transmitirá gérmenes con mucha facilidad.

## RECUERDE DE NUESTRO VIACRUCIS

La Oración es una conversación con Dios como amigos, La Viacrucis es un recuento de los pasos de su sufrimiento durante la Cruz por nuestros pecados. ¡Asistamos!