

# ST. PAUL CATHOLIC CHURCH



**JUNE 14, 2020**

**THE BODY AND BLOOD OF CHRIST**

**Pastor—Rev. Joyle Martinez**  
**Deacon— Antonio Ramirez**

**Priest in Residence—**  
**Business Manager —Shirley Brown**

8720 Florin Road—Sacramento, CA 95828      Mailing Address: P .O. Box 292280, Sacramento CA 95829  
 Office hours 8:00am-4:00pm Mon.-Fri.  
 Phone 916-381-5200 Fax 916-381-0332 [saintpaulcatholic@comcast.net](mailto:saintpaulcatholic@comcast.net)      website [www.stpaul-florin.org](http://www.stpaul-florin.org)

### Mass Schedules and other Services

<b>Sundays</b>	7:30 a.m., 9 a.m., 11 a.m. and 1:00 p.m. en español <i>Children's and Youth Choirs</i> <i>sing first Sunday of the month.</i>
<b>Saturday</b>	4 p.m. [vigil] & 8 a.m. First Saturday
<b>Weekdays</b>	[Mon Tues, Thurs, Fri]— 8 a.m. in the Chapel
<b>Holy Hour</b>	First Friday 7—8 p.m.
<b>Holy Days of Obligation</b>	8 a.m. and 6 p.m.
<b>Morning Prayer</b>	Mon. -Fri. 7:40a.m.
<b>Confessions [bilingual]</b>	Saturdays 2:45—3:45 pm

### Faith Formation Ministries and Groups

Catholic Faith Formation D.R.E.	Sr. Ma. Elizabeth U. Siguenza RVM	916.381.5200
Catholic Faith Formation	Aracely Narvaez	916.383.6719
Spanish Coordinators	Maria Consuelo Gutierrez	
RCIA for Adults	Angie Lovett	916.803.6463
RCIA for Children	Emilia Caoagas	916.849.5617
RCIA for Teens	Imelda Nanca	916.402-1904
Catholics Returning Home	Dale & Kit Yamamoto	916. 895.1441
Baptism Preparation	Dale & Kit Yamamoto	916. 895.1441
Couples for Christ	Billy/Virgie Monteagudo	916.688.0776
Young Adults Ministry		916.381.5200
Legion of Mary	Norma Bolante	916.688.8769
Vocation Committee		
Families in Christ Jesus	Angie Lovett	916.803.6463

### Social Ministries and Groups

Christmas Fair	Call the office	916.381.5200
Fall Festival	Call the office	916.381.5200
Cultural Dinner	Guily & Naty Fontillas	916.362.7541
Parish Breakfasts	Knights of Columbus	916.381.5200
Religious Goods Store	Irene Ingham	916.689.2865
Yard Sale	Ann Viernes	916.799.0439

### WELCOME!

You are encouraged to participate in our many functions, events, and activities. We offer opportunities for parishioners to use the time, talent, and treasure that God has given them in praise and glory of His name through our liturgical, care-giving, philanthropic, faith-formation and social ministries.

**Thank you for worshipping with us!**

### Councils

Pastoral Council	Ja'net Blea	916.284.2008
Finance Council	Jerry Fong	916.689-9418

### Liturgical Ministries

Youth Altar Servers Ministry		
Adult Altar Servers Ministry		
Martha's Daughters		
Art & Environment Ministry		
Eucharistic Ministry		
Hospitality Ministry	Anita Fong	916-689-9418
Ministry of the Word	Shirley Brown	916.612.7023
Ministry Sick and Homebound	Dale & Kit Yamamoto	916.895.1441
Music Ministry		
Liturgy Committee	Bob Benton	916 425.7037

### Caregiving Ministries and Groups

Bereavement Ministry	Ella Baxa / Solett Smith	916-849-0685
Health Ministry	Clara Heimericks	916.689.3932
Loaves and Fishes Ministry	Diane Welsh	916.682.7810
Social Justice Ministry	Diane Welsh	916.682.7810
Pro Life 4 Life	Charlene Valine	916.682-0557

### Philanthropic Ministries and Groups

Catholic Daughters of the Americas	Michelle Eck	916. 524.5097
Knights of Columbus	Angelo Mendoza	916-761-6565

### MISSION STATEMENT

**We, God's people of St. Paul Catholic Parish In Sacramento, California, a multicultural, inclusive and welcoming community, inspired by the love of Jesus Christ are called: to bring all people of God together in worship, to declare our belief in God's love, based on the teachings of Jesus Christ, and to celebrate and grow in our relationship with God.**



## MASS INTENTIONS FOR THE WEEK

**MON: 6/15 ROSE YAMAMOTO †  
WILLIE HAYASHIDA †**  
Requested by Dale & Kit Yamamoto

**TUES: 6/16 MASS FOR THE SOULS OF THE  
DECEASED †**

**WED: 6/17 No Mass**

**THURS: 6/18 MASS FOR THE SOULS OF THE  
DECEASED †**

**FRI: 6/10 MASS FOR THE SOULS OF THE  
DECEASED †**

### TODAY'S READINGS

**First Reading** — Never forget the LORD your God, who brought you out of slavery (Deuteronomy 8:2-3, 14b-16a).

**Psalm** — Praise the Lord, Jerusalem (Psalm 147).

**Second Reading** — Because the loaf of bread is one, we who partake of it, though we are many, are one body

(1 Corinthians 10:16-17).

**Gospel** — Jesus said, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

### READINGS FOR THE WEEK

**Monday:** 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7;  
Mt 5:38-42

**Tuesday:** 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16;  
Mt 5:43-48

**Wednesday:** 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24;  
Mt 6:1-6, 16-18

**Thursday:** Sir 48:1-14; Ps 97:1-7; Mt 6:7-15

**Friday:** Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16;  
Mt 11:25-30

**Saturday:** 2 Chr 24:17-25; Ps 89:4-5, 29-34;  
Lk 2:41-51

**Sunday:** Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35;  
Rom 5:12-15; Mt 10:26-33

### SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ;  
Flag Day

Monday: Eleventh Week in Ordinary Time

Friday: The Most Sacred Heart of Jesus

Saturday: The Immaculate Heart of the Blessed  
Virgin Mary; World Refugee Day;

Summer begins

*The Most Holy Body and Blood of Christ  
June 14, 2020*

*Not by bread alone does one live,  
but by every word that comes forth  
from the mouth of the LORD. — Deuteronomy 8:3b*

### FOOD FROM HEAVEN

God sustained the people of Israel for forty years in the desert with manna sent down from heaven, and Moses doesn't want them to forget it. God brought forth water from stone for them to drink, and Moses doesn't want them to forget this, either. And Moses tells them—twice—that the food that God sent was a food that neither they nor their ancestors before them had ever experienced before.

Jesus too speaks of food come down from heaven, food that the Jewish people had never experienced before. Recalling the manna in the desert, Jesus doesn't want them to forget it either, explaining that he is the food and drink of eternal life. And Paul reiterates to the Corinthians and to all of us that in the bread and in the cup, we share in the body and blood of Christ.

### SAINT ROMUALD

SAINT ROMUALD (c. 951-1027)

June 19

"God so loved the world," declares John 3:16. "Do not love the world," warns 1 John 2:15. The "world" to love: this planet, entrusted to our stewardship, and its people, God's children all. The "world" to flee: "sensual lust, enticement for the eyes, and a pretentious life" (1 John 2:16). Born in nobility, Romuald's conversion followed the shock of witnessing his father murder an enemy. Renouncing his privileged world, Romuald sought God's world in monastic life. Its winding turns and several dead ends make Romuald's journey resonate with all who find life more maze than superhighway.

Both the hermit's solitary struggle and community life's unique challenges shaped Romuald's legacy: his vast Camaldolese Benedictine family of monks, nuns, and lay associates who, these thousand years later, from the mountain solitude of Camaldoli, Italy to an urban monastery in Berkeley, California—in Asia, Africa, South America, Europe—integrate Romuald's experience into their witness of solitary prayer, communal charity and worship, and promotion of contemplative spirituality in this world that can so easily distract us from the God who loves it still.

PARISH S

APRIL 2020 PROFIT & LOSS

BEREAVEMENT MINISTRY

Recent Bereavement

, Lawrence Beilby, Remedio Gulmatico Max Ingham, Fr. Ben De Leon, Audrey Berg, Marguerite Morrison. Corazon Bien, Policarpo Pimentel, Consuelo Agbunag, Charli Tran, Pascual Rafanan, Josefina Calica Sofia Imperio=Esquerra, Maria de Jesus Rodriguez, Javier Garcia Rubidia Yaneth Alvarenga Leonardo Carrasco, Alejandra Mendez, Felicidad Munoz Manuel De Herrera, Aida de la Vega, Barbara Pratt , Elena Coriona, Alexis McLaughlin Elena Lopez Mary Lu Diosdado, Esther Seaman, Alicia Malonay

May they rest in peace and let perpetual light shine upon them.

ADDITIONAL GUIDELINES

Parishioners are asked to wear masks during the entire liturgy.

It is no longer required to wear gloves.

The communicants are to continue wearing the mask during the distributions of Holy Communion Upon receiving communion they are to step to one side and consume the Body of Christ.

In the comments and feedback from several county health officials, they have strongly advised the suspension of the reception of communion on the tongue. Their advise is based upon more recent studies on the transmission of the COVID-19 virus..

COLLECTION

4:00PM	7:30AM	9:0AM	11:00AM	1:00PM	
April 3					\$3523.00
April 9					\$2808.50
April 24					\$3,135.00
May 4					\$2,470.00
May 8					\$4375.00
May 10					\$1015.00
May 22					\$2,854.00
May 29					\$ 955.00

INCOME	BUDGET	ACTUAL	Difference
Offertory	\$ 35,921	\$ 14,925	\$ 20,996
Other Income	\$ 3,574	\$ 25	\$ 3,649
Religious Articles & Books	\$ 1,027	\$ 39	\$ 989
Religious Education	\$ 9,000	\$ 0	\$ 9,000
<b>Total Income</b>	<b>\$ 49,622</b>	<b>\$ 14,989</b>	<b>\$ 34,634</b>

EXPENSES

Salaries & Benefits	\$ 20,010	\$ 14,851	\$ 5,159
Buildings & Grounds	\$ 14,633	\$ 10,027	\$ 4,606
Religious Articles & Books	\$ 1,410	\$ 192	\$ 1,218
Property Tax & Insurance	\$ 2,400	\$ 2,473	\$ ( 73)
Parish Programs	\$ 1,574	\$ 872	\$ 701
Religious Education	\$ 2,000	\$ 963	\$ 2,000
Diocesan Assessment	\$ 5,093	\$ 5,260	\$ (167)
<b>Total Ordinary Expenses</b>	<b>\$ 47,119</b>	<b>\$ 33,675</b>	<b>\$ 13,443</b>

Net Operating Income \$ 2,503 \$ ( 18,687) \$ 21,190

OTHER INCOME

Interest	\$ 16	\$ 421	\$ ( 405)
Capitol Campaign & Blding Fund	\$ 6,808	\$ 2,749	\$ 4,060
Diocesan & sp. Coll.	\$ 2,047	\$	\$ 2,047
<b>Total Other Income</b>	<b>\$ 8,871</b>	<b>\$ 3,170</b>	<b>\$ 5,701</b>

OTHER EXPENSES

Interest	\$ 2,900	\$ 2,725	\$ 175
Diocesan & Special Collections	\$ 3,007	\$	\$ 3,007
Capital Fund Drive	\$ 3,608	\$	\$ 3,608
Youth Group	\$ -	\$	
<b>Total Other Expenses</b>	<b>\$ 9,515</b>	<b>\$ 2,725</b>	<b>\$ 6,790</b>

Net Other Income \$ ( 644) \$ 445 \$ (1,089)

Net Income \$ 1,859 \$ ( 18,242) \$ 20,101

THE GABRIEL PROJECT



Pregnant?  
Worried?  
Need Help?  
*You are not alone.  
We can help.*

The Gabriel Project  
Call: 800-910-0191

## GUIDELINES FOR RETURNING TO CHURCH SERVICES

. In preparation for the resumption of the public celebration of Masses in the Diocese of Sacramento, a set of guidelines has been prepared and must be applied with great prudence and diligence throughout the diocese. The guidelines, per the recommendations issued by the World Health Organization (WHO), the U.S. Centers for Disease Control and Prevention (CDC), and state/local authorities, respectful of, and in accord with, the established norms for celebrating Masses, provide direction for the pastors, parochial administrators, and priests of the diocese to resume the celebration of the Masses publicly in the midst of the COVID-19 pandemic. The guidelines are intended to ensure safety of ALL the faithful at the celebration of the Eucharist.

### A. GENERAL PRINCIPLES

1. The decree issued by Bishop Soto on March 13, 2020, dispensing ALL the faithful from the obligation to attend Sunday Mass and Holy Days of Obligation remains in effect, including the instructions provided in the decree. Provide guidance to the faithful on how to continue observing the third commandment, Keep Holy the Lord's Day.

2. Those who fall in the vulnerable category, i.e. individuals age 65+ and persons with compromised health conditions, are asked to continue with the shelter-in-place ordinances instituted by state and local authorities. .

3. Physical distancing is to be observed during the celebration of Mass by every person present. Individuals living in the same household may remain close to one another but must observe social distancing with other individuals or other households. All ministers (priests, deacons, extraordinary ministers of Holy Communion, lectors, altar servers, cantors, ministers of hospitality, etc.) are expected to practice social distancing at each Mass. The usual and common socialization before and after Masses must be conducted in accord with the restrictions currently in place.

4. A person who has a respiratory infection and may be exhibiting symptoms associated with the COVID-19 virus or otherwise is asked to refrain from coming to Mass. The same instruction applies particularly for priests, deacons and other ministers.

5. Sufficient means to disinfect or sanitize the location of the Mass must be available at each Mass. Every person in the celebration of the Mass must be able to sanitize themselves as often as it is required and whenever necessary before, during, and after the Mass. The Church, hall, or other venues appropriate to celebrate the Mass must adhere to and be able to accommodate the safety recommendations provided by civil authorities, e.g. social distancing, proper ventilation, and proper entrance/exit doors.

## SICK PARISHIONERS & FRIENDS

Priscilla Wong	Peggy Meier-Beyers	John Rideaux
Shirley Robinson	Elnora Williams	Murphy Foster
Sandy Burgoon	Barbara Sules	Michael Davis
Monica Cordero	Bethany Lewis	Charles Ramos
Virginia Collier	Richard Onia	Mary Stahl
Jean Hesse	Janelle Flores	Loretta Miller
Ed Brooks	Lori Martenia	Regina Campos
Michael Delgado	Eva Rollins	Simplicio Baja
Jackie Martin	Robert Cordero	Leonida Despi
James Solari	Tess Carrasca	Alberto Horcabes
Elizabeth Solari	Ronald Harp	Aurora De Asis
Maria Lopez	Eduardo Cruz	Norberto Melliza
Raymond Gutierrez	Richard Ganahl	Jackie Gleming
Doreathea Viltz	Joan Ganahl	Mason Kyle Vazquez
Virginia Thomas	Floyd White Jr	
Bernadette Carrasca	Arlene Ellis.	
Ashley Brackin	Myrla Cruz	
Noah de los Reyes		

## PRAY FOR OUR MILITARY

Please pray for the following members of our families serving in the Armed Forces

Gary B. Foster II	John Marc James	Emanuel Cepeda
Daniel Roy Ryan	Ruben N. Libed	Maxton Perez
Gregorio Rodriguez	Nilo Uy Villaluna Jr.	Landon Perez
Roel C.. Dones	Don Jamos	Charles Q. Wincey
Ricardo Cervantes	Ryan Gandy	Peter A. Tsueda
Stephen Rich	Cody Machado	Jovon Chiguina
Janae Santos	Mark A. Ramos Jr.	Regent Perez
Brian Vergith	Cameron Lindsay	
Martin Sinlao	Conner Sommerfield	
Sergio Pineda	Arianna Gutierrez	
Ariel Rollins	Taylor Sommerfield	
Don Carlo Geroche	Justin Broussard	

### 6. Outdoor Masses and "Drive-in Style" Masses are not allowed at this time.

7. Pastors/Parochial Administrators are to schedule or re-schedule Masses that accommodate the necessary time to prepare for each Mass that ensure the health and safety of the parishioners, particularly the task of disinfecting the worship space. Pastors/Parochial administrators who deem necessary to celebrate Masses beyond what is prescribed must individually call the Bishop's office for permission. Additional daily Masses are permitted, if necessary, in accord with the established norms. Encourage the faithful to attend the weekday Masses whenever possible.

8. Parishioners are encouraged to wear masks and gloves during the service but must take them off during Communion.

9. Pastors and Parochial Administrators are to provide parishioners with sufficient instructions regarding these guidelines. Pastors and Parochial Administrators should begin soon to prepare the parishioners for the gradual resumption of the public celebrations

## HEALTH MINISTRY

### Hand Sanitizer vs Handwashing: Which is better?

Every time you touch an object or shake someone's hand, you are picking up bacteria and potential viruses too.

It has been estimated that around 1500 bacteria are living on each square centimeter of skin on our hands. Areas such as underneath the fingernails and between the fingers often harbor even more. It is very easy for these germs and viruses to make their way to your mouth, nose and eyes and make you sick.

### Hand Sanitizer

These are available in various forms. It is important that the type you choose contains a minimum of 60% alcohol.

While being effective they don't kill all the germs. They do however remove them from your hands. To use effectively apply to the palm of the hand then rub it all over your hands until they are dry covering all parts of your hands and nails.

### Handwashing

Proper handwashing is the "gold standard" to removing and killing germs on our hands. Any soap that lathers works in killing and removing germs.

When washing your hands use warm water as it removes germs better than cold water. Wash your hands for at least 20 seconds, as it's the rubbing of your hands together that removes the germs. Additionally remember to dry your hands completely. If your hands are still wet you will pick up and transmit germs very easily.

## ST. PAUL PASTORAL COUNCIL

Joint Parish Council and Liturgical Committee Video Conference Meeting

Minutes were read and approved.

Meeting started with the opening prayer "Prayer Against COVID-19"

New Business:

Proposed Guidelines in Anticipation of the Resumption of Public Masses—discussions and recommendations.

Mass goes every other pew with social distancing.

Limited number of 100 people at a time in church

Mass will be live streaming for those unable to attend

All areas to be sanitized before and after each Mass

Markings placed on the pews and floor

Guidelines proposed for RCIA, Baptism, First Communion, Confirmation, Weddings and Funerals

Father Joyle is hearing confession in the parking lot on Saturdays

## CATHOLIC HERALD

Do you know someone who has a great faith story for us? Give us the who, what, where, when and why:

2020 Editorial Schedule:

Sept/Oct      Respect Life      Deadline: 7/17/20

Nov/Dec      Stewardship      Deadline 9/11/20

To submit story ideas and news:

Contact July Sly (916) 733-0175

jsly@faithcatholic.com

## DIOCESAN UPDATE

The COVID-19 pandemic has not ended but conditions have improved sufficiently so that we can begin to offer the Mass and other sacraments in a cautious and responsible manner. It is still necessary to maintain physical-distancing.

The wearing of masks in church is strongly recommended. Those who are 65 years of age and older should remain at home. Those with a vulnerable health condition should also continue to stay in their homes. To continue to protect the most vulnerable among us, the dispensation from the obligation to attend Sunday Mass is still in effect. If you feel sick or have any flu-like symptoms, do not come to Church. Stay home. Again, please consult the diocesan website or your parish for more information on how to be safe and protect one another from the coronavirus contagion.

With these new guidelines in place, we are still not able to come back to the table as in the past. As we adapt to these changes, we are all called to greater charity and understanding during this transition. Our continued vigilance respects those who are afflicted and honors those who risk their own lives in caring for them. The patient efforts each of us makes are an act of Christian solidarity that will strengthen the whole Body of Christ.

Be assured that Bishop Weigand, my brother priests and I continue to offer our Masses and pray for all of you so that soon we may taste and see the goodness of the Lord.

*Bishop Jaime Soto*

# El Cuerpo y la Sangre de Cristo

## 14 de junio de 2020

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### ALIMENTO CELESTIAL

Dios sustentó al pueblo de Israel por cuarenta años en el desierto con maná venido del cielo, y Moisés no quiere que lo olviden. Dios hizo brotar agua de la roca para que bebieran, y Moisés tampoco quiere que olviden esto. Y Moisés se lo dice —dos veces— que el alimento que Dios envió era comida que ni ellos ni sus antepasados jamás habían probado antes.

Jesús, también habla del pan venido del cielo, comida que el pueblo judío jamás había probado antes. Recordando el maná del desierto, Jesús tampoco quiere que ellos lo olviden, explicándoles que él es pan y bebida para la vida eterna. Y Pablo les reitera a los corintios y a todos nosotros que en el pan y en la copa participamos en el Cuerpo y la Sangre de Cristo.

### LECTURAS DE HOY

**Primera lectura** — El hombre no vive solamente de pan (Deuteronomio 8:2-3, 14b-16a).

**Salmo** — Glorifica al Señor, Jerusalén (Salmo 147 [146]).

**Segunda lectura** — El pan es uno, y así nosotros, aunque somos muchos, formamos un solo cuerpo (1 Corintios 10:16-17).

**Evangelio** — El que come mi carne y bebe mi sangre, tiene vida eterna (Juan 6:51-58).

### LECTURAS DE LA SEMANA

**Lunes:** 1 Re 21:1-16; Sal 5:2-3ab, 4b-7; Mt 5:38-42

**Martes:** 1 Re 21:17-29; Sal 51 (50):3-6ab, 11, 16;  
Mt 5:43-48

**Miércoles:** 2 Re 2:1, 6-14; Sal 31 (30):20, 21, 24;  
Mt 6:1-6, 16-18

**Jueves:** Eclo 48:1-14; Sal 97 (96):1-7; Mt 6:7-15

**Viernes:** Dt 7:6-11; Sal 103 (102):1-4, 6-8, 10;  
1 Jn 4:7-16; Mt 11:25-30

**Sábado:** 2 Cr 24:17-25; Sal 89 (88):4-5, 29-34;  
Lc 2:41-51

**Domingo:** Jer 20:10-13; Sal 69 (68):8-10, 14, 17,  
33-35; Rom 5:12-15; Mt 10:26-33

### SECUENCIA

Al Salvador alabemos, que es nuestro pastor y guía  
Alabemos con himnos y canciones de alegría  
Doce eran los que cenaban y les dio pan a los doce  
Hoy celebramos con gozo la gloriosa institución  
De este banquete divino, el banquete del Señor  
Esta es la nueva Pascua, Pascua del único Rey,  
Que termina con la Alianza tan pesada de la Ley.  
En aquella última cena, Cristo hizo la Maravilla de  
Dejar a sus amigos el memorial de su vida  
Ten compasión de nosotros, buen Pastor, pan verdadero.  
Apaciéntanos y cuídanos y condúcenos al cielo

### SAN ROMUALDO

#### San Romualdo (c. 950-1027) 19 de junio

Romualdo fue el padre fundador de los monjes camaldulenses, imponiendo en ellos reglas más severas que las que san Benedito había impuesto en su monasterio. Un hecho que transformó su vida fue el ver a su padre batirse a duelo, dando muerte a otra persona. Puesto que el rey Otón III lo había nombrado Abad, renunció al cargo por considerarlo de mucho prestigio para él, porque lo único que deseaba era ser un simple monje dedicado a la contemplación y la vida eremitaña. Con este espíritu viajó por toda Italia erigiendo ermitas y fundando conventos. Su capacidad de conversión era notable, pues llegó a convencer a su mismo padre de que se hiciera monje. De profundo amor a Dios y de voluntad férrea, quiso ser mártir y pidió al papa su permiso para ir a predicar el Evangelio a Hungría, pero cada vez que lo intentaba se enfermaba, así comprendió que Dios deseaba que se estableciera en el monasterio y reformara la vida tan holgada de muchos monjes de su tiempo, tarea que logró más allá de lo esperado.

### FIESTA DE CORPUS CHRISTI

La fiesta surgió en la Edad Media, cuando en 1208 la religiosa Juliana de Cornillon promueve la idea de celebrar una festividad en honor al Cuerpo y la Sangre de Cristo presente en la Eucaristía. Así, se celebra por primera vez en 1246 en la diócesis de Lieja (Bélgica). En el año 1263, mientras un sacerdote celebraba la misa en la iglesia de la localidad de Bolsena (Italia), al romper la Hostia consagrada brotó sangre, según la tradición.<sup>1</sup> Este hecho, muy difundido y celebrado, dio un impulso definitivo al establecimiento como fiesta litúrgica del Corpus Christi. Fue instituida el 8 de septiembre de 1264 por el papa Urbano IV, mediante la bula Transiturus hoc mundo. A Santo Tomás de Aquino se le encargó preparar los textos para el Oficio y Misa propia del día, que incluye himnos y secuencias, como Pange Lingua (y su parte final Tantum Ergo), Lauda Sion, Panis angelicus, Adoro te devote o Verbum Supernum Prodiens. En el Concilio de Vienne de 1311, Clemente V dará las normas para regular el cortejo procesional en el interior de los templos e incluso indicará el lugar que deberán ocupar las autoridades que quisieran añadirse al desfile. En el año 1316, Juan XXII introduce la Octava con exposición del Santísimo Sacramento. Pero el gran espaldarazo vendrá dado por el papa Nicolás V, cuando en la festividad del Corpus Christi del año 1447, sale procesionalmente con la Hostia Santa por las calles de Roma. En muchos lugares es una fiesta de especial relevancia. En España existe el **dicho popular**: *Tres jueves hay en el año que relucen más que el sol: Jueves Santo, Corpus Christi y el día de la Ascensión*, lo que da idea del arraigo de esta fiesta.



Sacristanes Miguel Mendez 916-715-5413  
Antonio Morales 916-230.9591

Formación en la Fe Católica :

Coordinadoras: María C. Gutiérrez 916.383.6719  
Aracely Narváez 916.383.6719

Ministerio de Comunión: Kelly & Irma Méndez 916.642.3109

Ministerio de la Palabra: María C. Gutiérrez 916.395.7219

Ministerios Servidores del Altar: Jóvenes

Francisca Martínez- coordinadora de los niños 916.997.1568  
Liliana. Ramírez 916.687-1712

Ministros de Hospitalidad: José Luis Sánchez 916.457.4713  
Miguel Méndez 916.715.5413  
Antonio Morales 916.230.9591  
Magdiel Solís 510.938-6135

Ministerio de Música de Niños:

Covadonga Barrón 916.670.9619

Ministerio de Música de Adultos:

Ramiro Mendoza 916.670.5727

Vocaciones: Guadalupe Salinas 916.955.2150

Virgen de Guadalupe Ramona Cervantes 916.549.8114

Bautismos Diacono Ramírez 916.381.5200

Quiere unirse a nuestros diferentes ministerios, por que "Nuestro bautismo nos llama a compartir la misión de Cristo". Si esta interesado favor de llamar a cualquier persona de los teléfonos de arriba de esta pagina

## MATRIMONIOS Y QUINCEAÑERAS

Para mas información sobre estos eventos por favor comuníquese con el Diacono Antonio Ramirez al 381-5200.

## INSTRUCCIONES PARA ASISTIR A MISA

Todas las iglesias católicas ofrecerán misa en Corpus Christi el domingo 14 de junio de 2020. Las parroquias que puedan ofrecer públicamente a partir del lunes 8 de junio de 2020 pueden hacerlo.

Las siguientes son las instrucciones actualizadas que se agregan en las pautas que hemos leído originalmente:

Los feligreses deben usar máscaras durante todo el servicio litúrgico

Los comulgantes siguen usando las mascarillas durante la distribución de la Sagrada Comunión. Al recibir la comunión en la mano dar un paso al costado y quitarse la máscara y consumir el Cuerpo de Cristo.

Los feligreses deben recibir instrucciones suficientes.

\* En los comentarios recibidos de varios funcionarios de salud del condado, han recomendado encarecidamente la suspensión de la recepción de la comunión en la lengua. Su consejo se basa en estudios más recientes sobre la transmisión del virus COVID-19.

Se avisa a los feligreses que los "primeros en llegar, son los primeros en ser atendidos". Favor de llegar antes de 15 minutos, traer su tapabocas, antes de salir de la casa bañarse las manos, para mas protección y para que podamos darles brevemente las instrucciones necesarias y nuevas pautas, Esto debe seguirse estrictamente para mantener el orden y la solemne celebración de la Sagrada Eucaristía.

Si usted llega después de empezar la Misa puede dirigirse al salón parroquial y participar por proyector la Misa que esta haciendo gravada por la pantalla y recibir la Sagrada Comunión.

## BENVENIDOS DE NUEVO A SAN PABLO

**Estamos muy contentos de darle la bienvenida a nuestra comunidad de regreso a San Pablo.**

### REGLAS GENERALES

1. El decreto emitido por el obispo Soto el 13 de marzo de 2020, para dispensar a TODOS los fieles de la obligación de asistir a la misa dominical y los días santos de obligación, sigue vigente, incluidas las instrucciones proporcionadas en el decreto. Brinde orientación a los fieles sobre cómo continuar observando el tercer mandamiento, Santifique el Día del Señor.

2. Los que caen en la categoría vulnerable, es decir, las personas mayores de 65 años y las personas con condiciones de salud comprometidas, deben continuar con las ordenanzas de refugio instauradas por las autoridades estatales y locales. .

3. El distanciamiento físico debe ser observado durante la celebración de la misa por cada persona presente. Las personas que viven en el mismo hogar pueden permanecer cerca unas de otras, pero deben observar el distanciamiento social con otras personas u otros hogares. Se espera que todos los ministros (sacerdotes, diáconos, ministros extraordinarios de la Sagrada Comunión, lectores, monaguillos, cantores, ministros de hospitalidad, etc.) practiquen el distanciamiento social en cada misa. La socialización habitual y común antes y después de las misas debe llevarse a cabo en de acuerdo con las restricciones actualmente vigentes.

4. A una persona que tiene una infección respiratoria y puede presentar síntomas asociados con el virus COVID-19 o se le pide que se abstenga de asistir a misa. La misma instrucción se aplica particularmente a los sacerdotes, diáconos y otros ministros.

5. Los medios suficientes para desinfectar o desinfectar la ubicación de la Misa deben estar disponibles en cada Misa. Toda persona en la celebración de la Misa debe poder desinfectarse con la frecuencia que sea necesaria y siempre que sea necesario antes, durante y después de la Misa. La Iglesia, el salón u otros lugares apropiados para celebrar la Misa deben cumplir y ser capaces de acomodar las recomendaciones de seguridad proporcionadas por las autoridades civiles, por ej. distanciamiento social, ventilación adecuada y puertas de entrada / salida adecuadas. enfermedad del coronavirus (COVID-19)

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En St. Paul, prepararemos la iglesia para el 8 de junio de 2020 (misa entre semana) y los días siguientes para celebrar misas con la congregación. Lea amablemente todas las directivas y pautas que publiqué hace dos días a continuación para comprender mejor y estar bien informado sobre la manera correcta de que podamos celebrar la misa gradualmente como una comunidad de fieles de caridad y mucha.

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Notes:  
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Shirley