

Taking your first step

Congratulations on your engagement! As you are taking your first step on the path of love, St. Paul Marriage Preparation Program is here to assist you on your journey.

“Love is indeed ‘ecstasy,’ not in the sense of a moment of intoxication, but rather as a journey, and ongoing exodus out of the closed inward-looking self towards its liberation through self-giving, and thus towards authentic self-discovery and indeed the discovery of God” (Benedict XVI Deus Caritas Est 6).



St. Paul Catholic Church
8720 Florin Road
Sacramento, CA 95828

To:

POSTAGE



*St Paul Catholic
Church*

SPRING 2015 MARRIAGE PREPARATION PROGRAM

8720 Florin Road, Sacramento, CA 95828

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www.stpaul-florin.org

Marriage Preparation



The preparation program used in our parish is called UNITAS. It has been implemented in many different locations throughout the country as well as in our own parish and has been a great success. This program provides the couples with:

- Information – to help you succeed in your marriage
- Faith Formation – an essential ingredient for your journey toward sacramental marriage
- Supporting Group – to build connections and grow with our parish

UNITAS: preparing for Sacramental Marriage

Couples are provided with an excellent workbook and informational materials that are used during the program. They can be used as a reference later in marriage to reinforce lessons learned during the class.

The following is a brief summary of topics that are covered during the six evenings:

- The Marriage Covenant
- Family of Origin and how the behaviors learned as a child from our family of origin affect us throughout our lives
- Values and Conscience
- Communication Skills
- Negotiation and Conflict Resolution
- Intimacy, Sexuality and Natural Family Planning
- Balancing Our Lives Together – how to handle the everyday tasks in marriage
- Spirituality in Marriage – how to live sacramental marriage relationship

Registration

The registration form is available at the Rectory Office, or it can be **downloaded from our website:**

www.stpaul-florin.org

- Registration needs to be completed by January 31, 2015.
- After registered, couple will receive instruction to take an on-line FOCCUS Inventory (Diocese's requirement).

- FOCCUS Inventory: \$15* per couple that paid by the couple directly to FOCCUS Inc. using credit card. (* Subject to change by FOCCUS Inc.)

Fees (include one workbook per couple)

- Registered parishioner: \$50 per couple
- Non-parishioner: \$80 per couple

Class Schedule

For spring 2014 UNITAS Program, the class sessions are scheduled as follow:

- Feb 9, 2015
- Feb 23, 2015
- Mar 02, 2015
- Mar 09, 2015
- Mar 16, 2015
- Mar 23, 2015

Class will be held at St. Paul Religious Education Center from 7pm to 9:30pm.

Please note that participants are required to attend all sessions in order to receive the Certificate of Completion.

Couples will sign the Engagement Book at the Sunday Mass on Feb 08, 2015. Couples also attend two additional Masses throughout the course.

If you have conflict with one or more class schedule, please contact the UNITAS coordinator before registering for the course.

UNITAS Coordinator: Paul Pham

For further info or question, please email to: paulpha@gmail.com