

I would like to register as a parishioner of St. Paul Catholic Church.

Name: _____ (Please print clearly)

Address: _____

PHONE: Home (____) ____ - ____ Cell: (____) ____ - ____ Work: (____) ____ - ____

Email Address: _____

I want to know more about the following ministries: _____

[Fill out and place in collection basket or return to rectory office.]

Parish Staff

Rev. Joyle Martinez, Pastor

Rev. Antonio Ramirez, Deacon

Sr. Elizabeth U. Siguenza, RVM, DRE

916-381-5200

saintpaulcatholic@comcast.net

Office Hours

Monday - Friday

8:00 AM - 4:00 PM



Health Ministry

Clara Heimericks, R.N., Chair

916-689-3932

Regina Abu, RN

Grace Bati, RN

Paz Cajucom

Emilia Caoagas Dones, LVN

Dana Dinh, RN

Carmela & Romy Encina

Lottie Munsayac, RN

Margie Henry, RN

Judy Niedzwiedz

Monica Asturias Parker, LVN

Bernie Silla, RN

Regular Meetings

Second Thursday of every other month at
11:00 am Religious Education Building,
Rm #3

*Jesus challenged his disciples to
follow him as messengers
of hope and healing.*

ST. PAUL HEALTH MINISTRY



St. Paul Catholic Church
8720 Florin Road
Sacramento, CA 95828
www.stpaul_florin.org

St. Paul Health Ministry

“Emphasizing the wholeness of body, mind and spirit”

Our Mission

The Health Ministry of St. Paul Catholic Church, inspired by the love of Jesus Christ, promotes healing, wellness and disease prevention of body, mind and spirit by providing information and resources to our entire community.

Who We Are

We are St. Paul parishioners who are committed to promoting the Church as a healing place. We emphasize the wholeness of body, mind and spirit of our church, our parishioners, and their families.

Jesus challenged his disciples to follow him as messengers of hope and healing; so too, do we strive to meet that challenge.

What We Do

We, the Health Ministry of St. Paul Catholic Church:

- Help our community identify those services and activities that will promote healing, wellness and disease prevention of body, mind and spirit.
- Provide information, workshops and resources that meet those needs including free blood pressure clinics.
- Maintain and manage a free medical equipment lending program for parishioners
- We work closely with the Social Justice Committee of St. Paul Catholic Church and the other caregiving, philanthropic, catechetical and liturgical ministries.

How You Can Join Us

If you are a R.N. or L.V.N. and can give one hour a month or more, you can help us with blood pressure screenings or other activities and events.

You need not be a medical professional to join us. Many of our duties include non-medical duties such as helping set up for events and activities, manning tables or booths at any of our events, paperwork, making telephone calls, and other duties. Anyone with a desire to share time and talents is welcome.

If you are interested in joining us in the Ministry please fill out the form on the reverse side and submit it utilizing one of the following:

- return it to the parish office, or
- place it in the collection basket, or
- mail it to St. Paul Catholic Church, P.O. Box 292280, Sacramento, CA 95829, or
- speak to any Ministry member, or
- call the parish office at 916-381-5200.