



# THE HEALING PLACE

## Health Ministry Team

*"wholeness of body, mind and spirit"*

### Spiritual Leaders

Father Vicente Teneza  
Father Felipe Paragua

### Chair

Clara Heimericks, RN

### Members

Eleanor Banya, RN  
Grace Bati, RN  
Paz Cajucom, RN  
Dana Dinh, RN  
Carmela Encina, RN  
Romy Encina, RN  
Norv Latreille  
Lottie Munsayac, RN  
Judy Niedzwiedz  
Monica Parker, LVN  
Ramona Parks, RN  
Bernie Silla, RN  
Chinnamma Uralil, RN

### Regular Meetings

Second Wednesday, 6:30 pm  
Religious Education Bldg,  
Rm #3

### Membership

You need not be a medical professional. If you are interested in the Health Ministry please call Clara Heimericks at 916-689-3932 or the rectory at 916-381-5200.

## Love Even in the Depth of Death and Despair

As we reflected over the recent Easter season, the story of Jesus' passion, death, and resurrection give us the faith and belief we hold in the depths of our hearts.

Even as we walked the way of the cross with Jesus and felt the dark despair of his death on the cross, we knew that through his sacred journey we would receive our greatest joy.

We learn a lesson to be used, not just in the holy time of Easter, but throughout the year. That there is life in the midst of death, because love dwells in it. This is what Jesus wants us to do everyday. To love, to love ourselves, to love others as He loves us; to love even in the depth of death and despair.

But what does this lesson mean to us personally, in our daily lives?

Well, we can begin by asking ourselves each time we make decisions or choices, how does this decision or choice square with what Jesus has modeled for us. There are many ways we can do this—but one way is to make a decision which can provide others a new chance at healthy, productive, normal lives. One of the most remarkable success stories of medical science is that of transplantation. Patients can receive

kidneys, pancreas, liver, lungs, heart, intestinal organs, as well as skin, corneas, bone and heart valves, which can dramatically improve the quality of life and save the lives of recipients.

While most transplant donations are received from end-of-life decisions, it is becoming more common to donate organs and partial organs while living. Kidneys are the most common organ donated by living donors. Other organs that can be donated include a lobe of a lung, partial liver, pancreas or intestine.

When the gift of donation is made it is truly an expression of love that is given without regard to what is expected in return.

Here are a few stories of the true gift of love from the perspective of four recipients.

### Chris — Kidney Transplant



Ten years ago, Chris was suffering from end-stage kidney disease and was told by his doctors that his life time was limited.

His only hope for survival was a kidney transplant. Luckily, Chris was the recipient of a donor kidney and has not only survived, but has thrived.

He is now a husband, father, athlete, and even an Ironman after receiving his kidney transplant.

**Steve —  
Lung Transplant**



A few years ago Steve was looking forward to no more than two weeks of life. He spent 8 hours each day having his chest pounded to help him breathe.

After receiving a double lung transplant from a donor Steve breathes easily and looks forward to many more years of productive life.

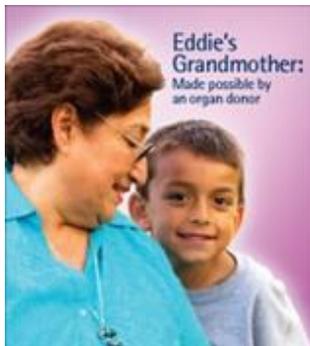
On the anniversary of his transplant he climbs the 94 floor John Hancock building in Chicago to honor his donor.

**Roxanne —  
Heart Transplant**



Roxanne was dying of heart failure and her son, Kellen, was heartbroken. After her successful heart transplant, Kellen got his Mom back, and the world got something more—a powerful duo who are saving lives every day as committed donor advocates.

**Amalia —  
Eddie's Abuela —  
Heart Transplant**



Thanks to her heart donor, Amalia got more than a second chance at life. She lived to see her grandson Eddie and to help raise a beautiful,

strong family with her husband, Eduardo.

**How You Can Help**

- ▶ Spread the word and increase donation.
- ▶ Promote donation to help inspire others.
- ▶ Make a financial contribution to programs aimed at increasing donation.
- ▶ Find out how you can become an organ, eye, and tissue donor.
- ▶ Share your love of others even in the depth of death and despair. Join the more than 100 million organ, eye, and tissue donors and leave behind the gift of life.

**Source: U.S. Department of Health & Human Resources**  
<http://www.organdonor.gov/materialsresources/mpb-organ-donor-psa-campaign.html>

**Upcoming Health Ministry  
Events and Activities:**

- ▶ There will be NO BLOOD PRESSURE SCREENING in July and August due to scheduling conflicts.
- ▶ Organ Donation Workshop—Tuesday, July 15, 6:30 pm, Religious Education Center, Room #1