



*May 9 – Mother’s Day*  
*May 16 – The Ascension of the Lord*  
*May 23- Pentecost Sunday*  
*May 30- The Most Holy Trinity*

Visit our website [www.sjdc-oll.org](http://www.sjdc-oll.org)

## Archdiocese of Detroit

St. John’s Deaf Center  
Our Lady of Loretto

CATHOLIC DEAF NEWSLETTER- MAY 2021



current topics >>>

### Grief >>>Advice from Kathy

There were so many deaths in the past year. It seems most of us knew someone whether a family member or a friend who passed. It made me wonder how to help grieving friend. There are things to do when you are not sure what to do. Most important is show your love. Show up. Say something. Do something. Be love. Love is the thing that lasts.

Many of us truly want to help a friend or family member who is experiencing a loss. Sometimes we do not know the right thing to say. Some of us are afraid to say or do the wrong thing. Sometimes we choose to do nothing at all. It is not a good idea. There is no perfect way to respond or to support someone you care about. Here are some good ground rules:

1. Grief belongs to the griever. You have supporting role. Grief is a very personal experience. Do not give advice or tell griever they should be doing differently. Support them and follow his/her lead.

...continue back

## From Fr. MD’s Desk

Hello to All of You!

The month of May has arrived! The Church traditionally honors two great saints in the month of May. Who are they? Mary and Joseph. Many Catholics probably already know that May is the month of Mary. During this month, many Catholics try to pray the Rosary every day. I (always) pray the Rosary every day. It takes about fifteen to twenty minutes to finish praying the Rosary.

Many good things will happen from praying the Rosary. First, it will bring more peace in our hearts. Secondly, through peace in our hearts, the world will also have more peace. Third, we will receive many graces from God for praying the Rosary. Fourth, we will become more aware of Jesus’ life and teachings by meditating on the mysteries of the Rosary. Finally, we will enjoy the protection and help of the Blessed Mother especially at the hour of our death. Plus, the rosary can indeed bring us many more benefits.

I highly encourage all of you to pray the Rosary daily during the month of May.

The second saint the Church honors in the month of May is St. Joseph on May 1. This day is known as the feast of St. Joseph the Worker. You probably already know that Pope Francis had proclaimed last November that this year would be known as the Year of St. Joseph. All Catholics are encouraged to remember St. Joseph in prayer asking his intercession and help following the good examples of St. Joseph. Such examples include being humble, being faithful and dedicated to Jesus and Mary, being trustful of God, and being obedient to God.

Other important feasts during this month include the Ascension of Our Lord on May 16 (Jesus went back to Heaven 40 days after His resurrection) and Pentecost on May 23 (Jesus sending the Holy Spirit to the Church).

We have many good reasons to enjoy the month of May! Stay careful and well! God bless.

Fr. MD

*Pentecost is celebrated fifty days after Easter. Both Jewish people and Christians celebrate this religious feast. The term "Pentecost" comes from the Greek word πεντηκοστή (Pentēkostē) which means fiftieth. For Christians this represents the amount of time between Jesus' Resurrection and Pentecost.*

*In Judaism, Pentecost has different meanings: 1. It is the feast that commemorates the fiftieth day after the Passover 2. A feast of thanksgiving for the first fruits of the wheat harvest 3. Commemoration of the encounter between Moses and God on Mount Sinai where Moses received the 10 Commandments. This event, according to the book of Exodus, took place 50 days after Israelites have fled from Egypt.*

*In the Catholic church, Pentecost is celebrated between May 10 - June 13. On Pentecost Sunday, priests wear a red vestment, to remind us of the fiery tongues that descended on the apostles when they received the Holy Spirit.*

*According to Acts of the Apostles, chapter 2, Mary, the Mother of God, and the apostles had gathered in Jerusalem in an upper room where the Holy Spirit descended on each one of them. After receiving the Holy Spirit, foreigners visiting Jerusalem were able to hear the apostles talking in different tongues (languages). This event marks the beginning of the apostles' journey in proclaiming God's Kingdom and the birth of the Christian Church.*

*We have also received the gifts of the Holy Spirit. Let us ask the Holy Spirit for His presence in our lives so that we, just like the apostles, can share God's Good News, and become good examples of Christ's love, humbleness, and compassion.*

*Ask and you should receive!*

*May the Holy Spirit be with you, may He guide your thoughts, words and actions to be a true apostle of Jesus Christ on earth!*

*Stay blessed,*

*Veronica Balcarcel*

## St. John's Deaf Center

16103 Chesterfield Ave.  
Eastpointe, MI 48021

Contact us at **586-439-0146** (VP) [www.sjdc-oll.org](http://www.sjdc-oll.org)

## Grief... >>>

2. Stay present and state the truth. Do not make generalized statements, "they are in better place" or your friends or loved ones "finished their work here". Instead stay with the truth-"this hurt. I love you and I am here".
3. Be willing to witness unbearable pain. Be with someone who is grieving is not easy. Support your friend.
4. Do not ask....do not say "Call me if you need anything" because your friend will not call. Instead offer something, let them know you will stop by each morning on your way to work and give your dog a quick walk or bake something and bring it over, etc.
5. Do recurring things- you can lessen the burden of "normal" life or daily routine by offering to do chores like walking the dog, shoveling snow or check mails.
6. LOVE- Be there. Be present. Be a friend. Be love. Love is the thing that lasts.

Be safe and wear mask.

Peace,

Kathy Mitchell

## IMPORTANT REMINDER

Due to the growing confirmed cases of COVID-19 in Michigan, it is important that we follow safety protocols when attending Mass at OLL or HI:

1. Wear a Mask
2. Keep your social distance
3. DO NOT attend Mass if you are sick (whether is COVID or not)

We will continue to hold outdoor Masses weather permitting. Please plan accordingly. Help us keep our community safe and healthy!!



## Pentecost People

*Come, Holy Spirit, and make us Pentecost people.*

*Let your wisdom and right judgment guide our decisions  
and temper our impulses.*

*Let knowledge and understanding increase our capacity for  
empathy and compassion.*

*Let reverence and awe fill us with gratitude and respect for  
all of creation.*

*Give us the courage to witness boldly to our faith in word  
and deed.*

*Through and with and in Jesus Christ, we pray.*

*Amen.*