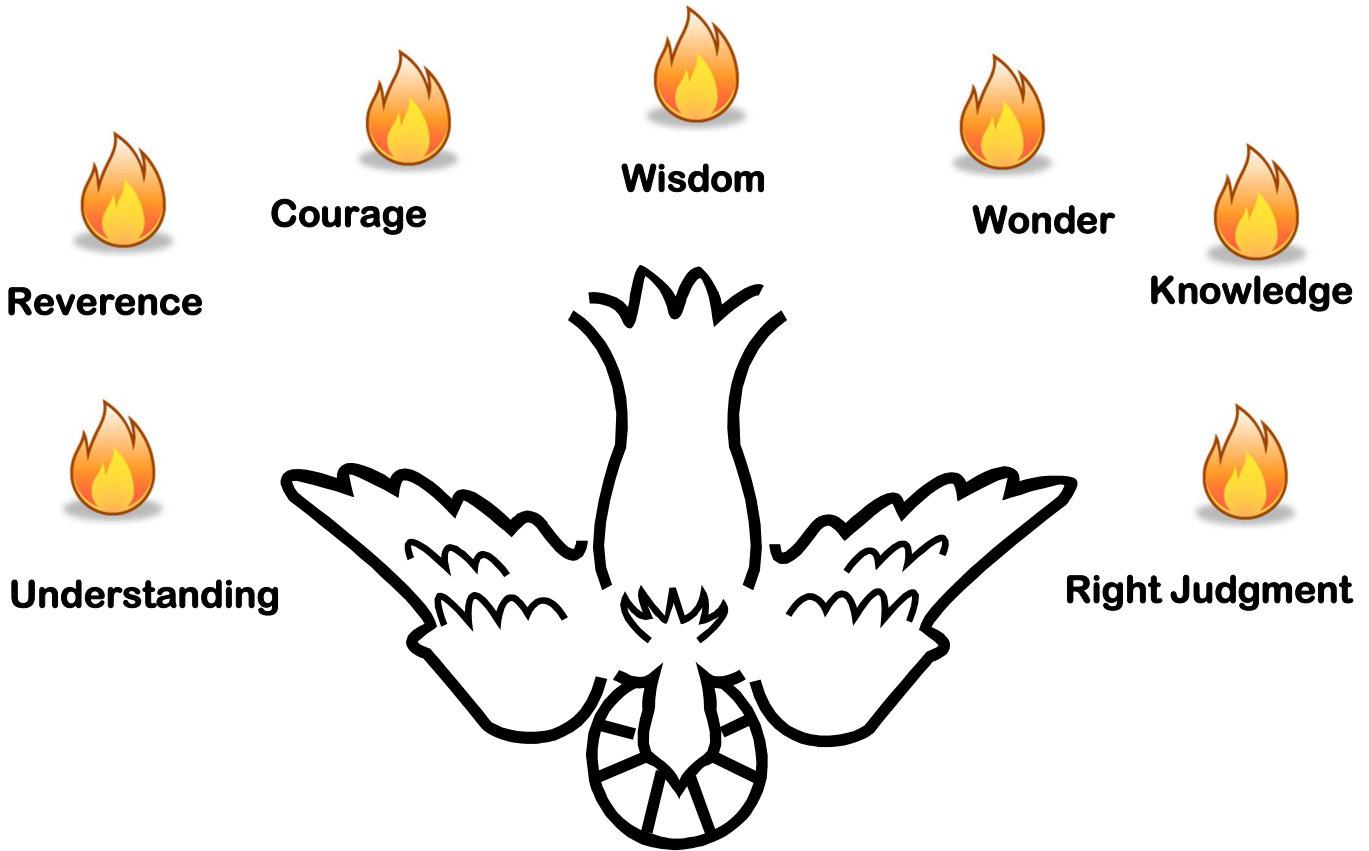


STRENGTH FOR THE JOURNEY



CONFIRMATION

2021-2022



Christ the King
High School Faith Formation Calendar 2021-2022
10TH GRADE (Confirmation #2)

Sessions meet on Wednesdays at Christ the King
from 6:30-8:00 p.m.

- Sept. 29, 2020 First Day of Classes- Intro- Saint Projects – **Parent Meeting at 7:30p.m.**
✓ **Parent/student Covenant Due (last page- blue page)**
- Oct. 6 Lesson 12: “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity)
Oct. 13 Lesson 13 “What does the Holy Spirit do for me?” (Gifts for the Journey)
- Oct. 20 **NO CLASSES ***** MEA *******
- Oct. 27 Work on Saint Projects
- ✓ **Confirmation Name sheet due (p. 8- can be online)**
 - ✓ **Sponsor Info sheet due (p.12- can be online)**
 - ✓ **Baptismal Certificate (p. 10- can be online)**
- Nov. 3 ******Saint Presentations to students and Parents at 7:30 p.m. (CTK Church)**
- Nov. 10 Lesson 14 “Why Have I been Chosen?” (Sealed and sent in Confirmation)
Nov. 17 Lesson 15 “Why do I have to go to Mass?” (Encountering Jesus in the Eucharist)
Review Lesson 10: “Why Tell my sins to a Priest?”
(The Healing power of Confession) *Examination of Conscience
- Nov. 24 **NO CLASSES ***** THANKSGIVING VACATION *******
- Dec. 1 Evening Reconciliation- Families are welcome and encouraged to attend
- ✓ **December 1, 2020 Confirmation Sponsor Verification form to be completed online (Mailed to Sponsor) –Remind sponsor it is due today**
- Dec. 8 Lesson 18 “Are you talking to me?” (Getting to Know God Through Prayer)
Dec. 15 Christmas Service Project/Christmas Activities
 ***** Christmas Break*****
- ***Dec. 18th CTK Youth Christmas Program- More info to follow.**
- Jan. 5 Lesson 19 “Who is Mary?” (Meeting the Mother of God-and Your Heavenly Family)
Jan. 12 Lesson 20: "What would Jesus do?" (The Beatitudes as a Path to True Happiness)

- Jan. 19 Movie Night- Discussion with Father Jim **6:30-8:30 p.m.**
- Jan. 26 Lesson 21 “Do I have what it takes?” ((Building Virtue-Your Spiritual Workout)
- Feb. 2 Circle of Grace and Lesson 22 “Why Wait?” (God’s Plan for Love and Sex)
- Feb. 9 Faith Welcoming Visits at Christ the King 6:30-8:00 p.m. and Circle of Grace
- Feb. 16 Introduce Living Stations of the Cross
- Feb. 23 Practice Living Stations of the Cross
- Feb 26 ***Confirmation Rite of Affirmation at the 5:30 p.m. mass at Christ the King (Recommend Parents and Sponsors)**
- Mar. 2 **ASH WEDNESDAY-Mass At 5 p.m. –No REP Classes- **Families encouraged to attend****
- Mar. 9 No Class – Spring Break
- Mar. 16 Practice Living Stations of the Cross
- Mar. 23 **Evening Reconciliation 6:30-7:30 p.m. Stations of the Cross at 7:30-8:00 p.m.**
- Mar. 30 ** Please arrive at 6:00 p.m.- Presentation of Living Stations of the Cross –7:00 p.m. ** All are welcome ****
- ***Saturday, April 2nd- Living Stations of the Cross- Grades 9/10- Open to the Parish after 5:30 p.m. mass at Christ the King**
- Apr. 6 Lent Service Project
- Apr. 10 ****Confirmation Retreat – Grades 7-12- Net Retreat (TBD 9:00 a.m.-4:00 p.m.)**
- Apr. 13 Lesson 23 “How do I build the Kingdom?
(Saying “Yes” to the Mission of Christ and His Church)
- ***April 15**
- ✓ **Letter of Request** (Guidelines p. 14) due to Pastor & Bishop (Gr. 10)
 - ✓ **Letter of Recommendation from Sponsor** (packet was sent to sponsor-guidelines p.13) due to Pastor
 - ✓ **Retreat (Options p. 7) must be completed by today.**
 - ✓ **Service Hours Sheet (p.15-16- turn in purple sheet- page 16)**
 - ✓ **Sign up for 15-minute individual meeting with Father- Sign up Genius to come**
- ALL REQUIREMENTS DUE- FINAL DAY FOR REQUIREMENTS TO BE TURNED IN**
- Apr. 20 Lesson 24 “Where do I go from here?” (The Journey Continues)
- Apr. 27 Last Class – Awards and Celebration
- May (TBD) Confirmation Practice at St. Joseph’s
(Required Candidate- Recommend Parents and Sponsors)
- May (TBD) Confirmation Mass with Bishop Quinn

HIGH SCHOOL FAITH FORMATION GOALS

The purpose of our YOUTH MINISTRY is to nurture and deepen the faith of the candidates, their families and the faith community. Our goals are:

1. **TO BUILD A SENSE OF BELONGING TO THEIR LOCAL CATHOLIC COMMUNITY AND THE UNIVERSAL CHURCH.** We seek to:
 - Promote activities that create a sense of mutual acceptance among our young people.
 - Provide experiences that give young people a personal sense of community membership.
 - Involve a significant number of adults in the process.
 - Have an active sponsor for each Confirmation candidate (10th grade).
 - Encourage parish members to support our youth.

2. **TO DEEPEN EXPERIENCES OF PERSONAL AND LITURGICAL PRAYER.** We work to:
 - Help youth become more conscious of God's presence in their day-to-day living.
 - Encourage use of a variety of prayer forms and methods.
 - Pray with and for one another and the entire faith community.
 - Promote participation in liturgical celebrations, especially in the Eucharist.
 - Advance appreciation for and understanding of sacramental Reconciliation.

3. **TO OFFER THE CHALLENGE OF A CHRISTIAN MORAL LIFE BASED ON THE GOSPEL PRINCIPLES OF LOVE, SERVICE AND JUSTICE.** We offer our youth:
 - Discussions that encourage responsibility for their moral decisions and actions.
 - Activities designed to help high school youth examine the moral values and attitudes that guide their daily choices and those of their friends.
 - Opportunities to use their talents and gifts in the service of others, especially the poor, the needy, the elderly, the disadvantaged.
 - Opportunities to assume responsibility in a variety of ministries within parish life.

4. **TO INSTRUCT YOUTH ON THE MEANING OF CONFIRMATION.** Therefore we:
 - Define Confirmation as a sacrament of initiation with special connections to Baptism and Eucharist.
 - Study the role of the Holy Spirit in the life of the individual and of the Church.
 - Expect of our youth a basic understanding of the mission of Jesus.
 - Expect of our youth a basic understanding of the Catholic Church: its relationship to other Christian and non-Christian religions, its sacramental system, its moral teachings, its doctrines, its history, its organizational structure.

FAQ's

From the Diocesan Guidelines for the Preparation and Celebration of Adolescent Confirmation within the context of Ministry with Youth, 2004

What is the Role of Parents in this process?

At the time of infant Baptism, parents are told that they are the primary teachers of the faith for their child. Today, their involvement in the Confirmation process is essential for the continued formation of the child's faith. Young people need to see their parents modeling their faith in their daily lives. Parents witness some of their involvement through the following ways: weekly participation in the Sunday Liturgy, faith sharing, continued faith formation for themselves, active in parish ministries and a spiritual life oriented by regular prayer habits.

What are Some Reasons for Waiting Until Adolescence to Celebrate Confirmation?

In the Diocese of Winona, Confirmation is celebrated in adolescence. We invite our youth to prepare for the sacrament in ways that enhance their experience of living their teen years in a faith-filled community. The components of our ministry to youth provide an excellent framework in which preparation for Confirmation can take place.

The Baptism of infants is the Church's loving embrace of the infant who will be formed into Catholic habits throughout his or her life through the Catholic family. When a child begins initiation into the Catholic life as an infant, the process of preparation occurs over a seven to fifteen year period. That is because the baptized child absorbs faith and faith practices from the family and celebrates the other sacraments of initiation later in life. First Communion is celebrated seven years later, and Confirmation approximately fifteen years after infant Baptism.

It is unrealistic to expect all adolescents to be "ready" for Confirmation at the same time. Adolescence is a time of varied maturation, including faith formation and growth in the spiritual life. Our formation process seeks to be sensitive to the developmental needs of adolescents. Therefore, while we typically invite those in grades 10 and up to prepare for the sacrament, we certainly welcome all adolescents age 14 and up to prepare for the sacrament when they feel they are most ready.

The youth of our parishes are baptized and initiated through the Eucharist to join us at the Table of the Lord. Confirmation is an opportunity to strengthen the young person's experience of the Catholic Church community that gathers around the Table of the Lord. Let us be thoughtful of every moment we share our faith with them in word and action.

What are the goals of Youth Ministry and how do we seek to meet them through the Confirmation Preparation Process?

GOAL 1. TO EMPOWER YOUNG PEOPLE TO LIVE AS DISCIPLES OF JESUS CHRIST IN OUR WORLD TODAY.

All ministry with adolescents must be directed toward presenting young people with the Good News of Jesus Christ and inviting and challenging them to become his disciples. (Renewing the Vision of Youth Ministry p. 10)
Ministry with adolescents helps young people follow Jesus Christ and to live as his disciples today. Ministry empowers them to serve others and to work toward a world built on the vision and values of the reign of God. This first goal of ministry with youth thus emphasizes *transforming* and *servicing*.

Youth Ministry & Faith Formation serves Goal 1 when:

Adults walk with youth and give witness to gospel living.

Adults talk with youth about their relationship with Jesus, and their calling or vocation.

Adults and youth work together on challenging projects and ministries which bring the gospel to life.

GOAL 2. TO DRAW YOUNG PEOPLE TO RESPONSIBLE PARTICIPATION IN THE LIFE, MISSION, AND WORK OF THE CATHOLIC FAITH COMMUNITY.

The second goal emphasizes *belonging* and *participating*. Active engagement of youth in the Christian community's life and mission provides an important context for growth and overcomes the danger of segregating them from the real centers of power, responsibility, and commitment in community life. Both the Christian community and the family, church of the home, provide a context for the healthy development of Catholic Christian values and identity. Both communities provide opportunities to develop positive relationships between adolescents and adult role models. This goal challenges us to provide the meaningful participation and integration youth require and calls the Church to support their family life.

Youth Ministry & Faith Formation serves Goal 2 when:

Parents and teens together commit to the process, receive support, and are held accountable.

Some aspects of the process are multi-generational and involve people of all ages.

GOAL 3. TO FOSTER THE TOTAL PERSONAL AND SPIRITUAL GROWTH OF EACH YOUNG PERSON.

The third goal emphasizes becoming. The Church is concerned for the whole person, addressing the young people's spiritual needs in the context of their whole life. By promoting the internal and external assets of young people,

youth ministry helps them develop deeper and more positive relationships with family, friends, teachers, the faith community, and Jesus Christ. With proper pastoral care and guidance, youth can experience a sense of personal well-being, security and peace; grow spiritually through study, reflection, prayer, and discussion with others; and develop a deeper understanding of how Scripture and Catholic Christian tradition serve everyday life.

Youth Ministry & Faith Formation serves Goal 3 when:

Sunday Eucharist is the first and most important commitment.

Some aspects of the process are accomplished in small group settings.

The immediate preparation is set in a context of asset building and prevention efforts.

Retreat Options for High School Youth

High School youth in grades 9 & 10 are expected to make one approved Catholic retreat each year. Candidates are welcome and invited to attend as many retreats as they like provided we have room. The following is a list of retreats that will fulfill this requirement.

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April 10th

RETREAT: at Christ the King Parish in Medford for grades 6-12. This will begin at 9:00 a.m. and conclude at 4:00 p.m. Includes breakfast, lunch, and snacks.
Cost \$35.00 per person

March 10th (TBD)

Confirmation RETREAT at Sacred Heart Parish Center for grades 9 -12. Details TBD (max. 50 youth)

*******You will be notified as more retreats become available*******

Retreats are an important part of our formation process. They are scheduled for a specific time period. High School youth should plan to be present for an entire retreat time and should not ask to come late or leave early. There are several retreat options, please plan ahead and register early for the retreat that you are able to attend.

Email: medfordcatholicyouth@gmail.com

Jenna Sammon

CONFIRMATION NAME- Due October 27

The sacrament of Confirmation completes our initiation, which began at Baptism. In Baptism, candidates were given the name of a saint or of someone who modeled the faith. At Confirmation youth may choose an additional saint's name. A saint is a person of virtue who has been recognized by the universal Catholic Church. Candidates should research the Confirmation name they choose. Candidates should be ready to tell the Bishop:

1. About the saint and his/her life, i.e. where and when they lived, why they were named a saint.
2. Why the candidate chose the name.
3. How do they plan to imitate the life of the saint. Our bishop prefers that you choose the name of a CANONIZED SAINT as your confirmation name. You may choose to use your Baptismal name if it is a Saint's name.

The Religious Education Office has a library of Saints books, which can be checked out. You may also visit these web sites for info on saints:

www.catholic.org/saints www.catholic-forum.com/saints/indexsnt.htm

www.americancatholic.org/Features/Saints/faqs.asp

www.vatican.va/phome_en.htm

Candidates Information

Please Print

(LAST)

(FIRST)

Candidates Confirmation Name

Please Print

First

Middle

Confirmation

Last

Please print your name, as you want it to appear in the Confirmation booklet.

Saint Presentation: November 3rd, 2021.

Please write about the life of the saint you chose for your Confirmation name, include when and where he or she lived, important facts about their holy life, and how you will follow the example of this saint in your life.

Saints presentations will be worked on (limited) in class. Presentations to the RE and Parents will be on November 3rd, 2021.

You must do one of the following for your presentation:

Slide show

Dress as the saint

Collage

Picture/Drawing

Other- be creative!

We are excited to hear about your saint!

BAPTISMAL INFORMATION

For Confirmation 2021-2022

Candidates Current Information
Please Print

(Last Name)

(First Name)

(Address)

(City)

(State)

(Zip)

**ON FILE IN
OFFICE**

(Phone)

PLACE OF BAPTISM

(month/ date/ year of baptism)

(Church Name)

(Denomination)

(City)

(State)

(Zip)

If you were not baptized at Christ the King or Corpus Christi Parish, we need a copy of your baptismal certificate. Please call the parish where you were baptized and ask them to send you a copy. Return the copy to the Youth Ministry Office as soon as possible.

Turn in this sheet by Oct. 27, 2021

YOUR SPONSOR

A sponsor for Confirmation mentors the candidate throughout the preparation and beyond on behalf of the faith community. He or she must be:

- Mature in practicing his or her Catholic faith, at least 16 years old.
- Fully initiated, having received the sacraments of Baptism, Confirmation, and Eucharist and participates in the Eucharist weekly.
- A faith-filled, Catholic relative or friend of the candidate.

It is desirable that the godparent at Baptism be sponsor at Confirmation, if a faith relationship exists. According to the directives of Canon 874, No. 5, neither the father nor the mother of the candidate can be a sponsor.

Choose someone who will be available and willing to help you, who you admire

and trust and can talk to easily, and who will be in a relationship with you for life. Sponsors by proxy are not allowed. Sponsors are asked to:

- ❖ Help their candidate with the ministry of service.
- ❖ Help you research/choose a Saint for a Confirmation name.
- ❖ Discuss your progress & **meet monthly with you to discuss the Confirmation sessions.**
- ❖ Help you write your letter of request to the Bishop and Pastor.
- ❖ Write a short letter of recommendation for you to the Pastor.
- ❖ Attend the Rite of Affirmation on **February 26, 2022**
- ❖ Sponsors must provide verification of their own Confirmation Form by filling out the form on our website, ctkmedfordmn.org
Complete by **December 1, 2021.**

SPONSOR INFORMATION

Candidate's Information

Please Print Confirmation Candidate's Name here.

(Last)

(First)

The sponsor serves as a model of and witness to the gospel. Essentially, the sponsor mentors the candidate by supporting, listening, and even challenging the candidate's faith. The sponsor is to meet monthly with the candidate in the 10th grade year. The sponsor presents you to the Diocesan Bishop and stands with you during the anointing with oil. S/he acts on behalf of the Church in sponsoring you and welcoming you to full membership. S/he also promises you support and help in the future. During your life, your sponsor should be available for this encouragement.

Your sponsor must be mature in practicing the Roman Catholic faith and be at least 16 years of age. The sponsor must be fully initiated, having received the sacraments of Baptism, Confirmation, and Eucharist and participates in the Eucharist weekly. The sponsor must be a faith-filled, Catholic relative or friend. It is desirable that the godparent at Baptism be sponsor at Confirmation, if a faith relationship exists. According to the Directives of Canon 874, No. 5, neither the father nor the mother of the candidate can be a sponsor.

Sponsor's Information

Please Print

(Last)

(First)

(Address)

(Apt #)

(City)

(State)

(Zip)

(Phone)

(Email address)

Turn in this sheet by October 27, 2021

SPONSOR'S LETTER OF RECOMMENDATION FOR CONFIRMATION

The purpose of the sponsor's recommendation letter is:

1. To serve as a means of dialogue with your candidate.
2. To support his/her effort to grow in faith & in maturity.
3. To share with the pastor & director the good qualities you see developing in your candidate.
4. To support their desire for Confirmation.

Hopefully, the sponsor has been mentoring the candidate throughout this time and assisting them in their Ministry of Christian Service. We invite you to discuss with them the challenges, struggles & growth that they are experiencing in their journey to Christian maturity. Share with them the good qualities you appreciate in them; talk with them about how they can develop those talents for their own happiness and for the good of others.

In the letter refer to the following:

- How you have seen your candidate grow in faith in the last year or two?
- In what way do you feel he/she has prepared well for Confirmation?
- What special qualities or talents do you appreciate & commend them for?

You might begin your letter with a sentence such as "I am proud to recommend (name of candidate) for Confirmation because..." or end it by writing, "And therefore I am happy to support (name of candidate) request for Confirmation.

Be sure to refer to the candidate by first and last name. Please type the letter. Address the letter to

Fr. James Starsinich
P.O. Box 120,
Medford, MN 55049.

The letter is due by **April 15, 2022.**

CANDIDATES LETTER OF REQUEST FOR CONFIRMATION

THE LETTER IS DUE APRIL 15th, 2021.

One of the requirements for Confirmation is that **each** candidate writes a letter of request. This letter is addressed to Fr. Starsinich and to Bishop Quinn. The purpose of the letter is to:

1. Introduce yourself and your family
2. Briefly share what you've done to prepare for the sacrament
3. State why you choose to be confirmed.

You may want to reflect further in your letter on questions such as the following:

- ◆ What excites you most about our Catholic faith?
- ◆ What gifts do you think you can share with your faith community?
- ◆ How well have you participated in the activities & responsibilities asked of you by the Catholic Communities in Medford and Deerfield?
- ◆ What has been the most meaningful part of your formation and why?
- ◆ How do you feel you have matured as a Christian in the last year or so?

Writing your letter can be a positive experience to help you organize and express your feelings and ideas about being confirmed. It should be done carefully. Our pastor and Bishop Quinn read the letters and are very interested in what you have to say.

The letter should be **typed on good paper**. Begin the letter "Dear Bishop Quinn and Fr. Starsinich." ***Sign the letter in writing with your full name (First and last).***

Mail the letter to:

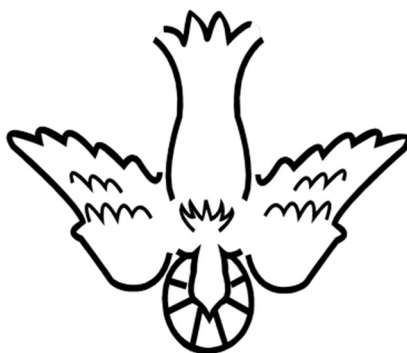
Bishop Quinn and
Rev. Starsinich
P.O. Box 120
Medford, MN 55049

MINISTRY OF CHRISTIAN SERVICE

Family- Parish- Community

Following the guidelines established by our Bishop and the Diocese of Winona, our Faith formation includes the Ministry of Christian service. We require a minimum of **fifteen hours** of service each year. We recommend that all candidates be involved in on-going service of some type either in their family, church or the community at large. This service provides our youth with a wonderful opportunity to mature, assume responsibility, share their time, energy and talents, and discover ways of putting their faith into practice. One of the most significant ways youth develop their faith is through service. The sponsor and candidate are encouraged to discern a shared ministry based on common interests. Experiencing ministry through this kind of apprenticeship helps the candidate discover Christian Service as a lifestyle. This ministry of service can be, but is not limited to, serving as a catechist or aide, helping Habitat for Humanity, volunteering at a local food shelf or nursing home, serving a meal at a soup kitchen, singing in a church choir or some other liturgical ministry. We have several guidelines and procedures that candidates are expected to follow:

1. We require a minimum of **15 hours** of service in each of the High School years.
2. Since this ministry is a call to a lifestyle, you may use service opportunities from the last 6 months and into the next year.
3. We recommend serving with your sponsor, or others from our faith community.
4. Your ministry of service should be over and above the jobs and responsibilities normally assumed by the candidate in his/her own home and for his/her own family.
5. No pay may be accepted in return for service.
6. SERVICE TO PEOPLE IN NEED IS THE KEY FACTOR.
7. Coordination of the Ministry of Christian service is the responsibility of the Director of Youth Ministry, any questions or concerns can be directed to her.



HIGH SCHOOL FAITH FORMATION & CONFIRMATION PROCESS

10TH GRADE (Confirmation #2)

THE YOUTH/ PARENT COVENANT

As a Youth and a Parent within the Catholic Communities of Medford and Deerfield,

We do affirm that:

We are aware of the guidelines and requirements for our High School Faith Formation and Youth Ministry. As a young person, I promise to cooperate with all leaders in the process and to participate actively and regularly in all aspects.

We will keep this covenant and meet the requirements listed, as a sign of our commitment to Jesus and His Church.

As a parent I promise to be a good role model as I help my son/daughter to live their faith to the fullest.

Signature of Candidate

Date

Signature of Parents

Date

Due at the beginning of our first REP Class.