

DEATH, RESURRECTION, AND ASCENSION

DISCUSSION QUESTIONS

1. What happened to Jesus' soul while He was dead? Why?
2. St. Paul wrote, "At the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father" (Philippians 2:10-11). How can you connect this Scripture verse to Jesus' descent into hell?
3. An ancient homily imagined what Christ's words to the holy souls in hell might have been: "I order you, O sleeper, to awake. I did not create you to be held a prisoner in hell. Rise from the dead, for I am the life of the dead. Rise up, work of my hands, you who were created in my image." Does this message have relevance for the living? How so?
4. What is the "crowning truth" of our Faith? How would you describe the Paschal Mystery in your own words?
5. How do we know that believing in the Resurrection isn't enough to go to Heaven?
6. Read the following quote from St. Ambrose, and connect it to what we've been learning all year. What does he mean that we must "cross over from Egypt"? How do we do that?

"Pascha means the crossing over, and so the Festival is called by this name. For it was on this day that the Children of Israel crossed over out of Egypt, and the Son of God crossed over from this world to His Father. What gain is it to celebrate unless you imitate Him whom you worship; that is, unless you cross over from Egypt, that is, from the darkness of evil-doing to the light of virtue, from the love of this world to the love of your heavenly home?"
—St. Ambrose of Milan
7. Jesus ascended into Heaven 40 days after the Resurrection. Can you connect that time frame to any other events in Salvation History?
8. What does it mean that Jesus is seated at the right hand of the Father?
9. Jesus' Ascension into eternal glory is our hope and our promise that we, too, can someday go where He has gone. How does this connect to the idea that Jesus is the Way, the Truth, and the Life?
10. What does the Bible tell us will happen at the Last Judgment?
11. What will be the ultimate meaning of the end of the world?
12. How does that meaning connect to the Paschal Mystery?

A FAMILY OF *Faith*



February English Guide Year 1

- ❑ **VERSE OF THE MONTH:** Matthew 28:6: “He is not here, for He has been raised just as He said.”
 - ❑ Parent’s Guide: Pages 130, 133
 - ❑ Activity Book: Pages 105, 106.

- ❑ **SAINT OF THE MONTH: SAINT BRIGID OF IRELAND**
 - ❑ Parent’s Guide: Pages 134, 159-161,
 - ❑ Activity Book: Pages 116-118.

Overview Lesson 8 He is not here; He has Risen!

In this lesson we explore the Paschal Mystery, learning what it means that Jesus descended into hell and that on the third day He rose again from the dead.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent’s Guide: Page 138,
 - ❑ Activity Book: Page 119.
- ❑ **Activities and Key Concepts Lesson 8: Parent’s Guide: Page 137.**

Overview Lesson 9 Christ is Risen, Christ will come again.

Although Christ reigns now in Heaven, He also reigns here on earth through the Church, His Body. His Kingdom is present and yet to come. The Church looks forward to the Second Coming of Christ with great hope and anticipation. We do not know the hour of His return, nor can we know it.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent’s Guide: Page 149,
 - ❑ Activity Book: Page 119.
- ❑ **Activities and Key Concepts Lesson 9: Parent’s Guide: Page 148.**
- ❑ **Your Catholic Home: Lent:** Parent’s Guide: Page 132, 147, Activity Book: Pages 109- 110. For about six weeks before Easter, Catholics observe the season of Lent. The first day of Lent varies, but it is often in February or very early

March. Lent is a penitential season when Catholics practice prayer, fasting, and almsgiving as a way of preparing to enter into the Paschal Mystery and the celebration of Easter by renewing our Baptismal Vows and learning how to live them more faithfully during the Easter Season.

- ❑ Take your family to Mass on Ash Wednesday. At this Mass, you will receive ashes on your forehead as a reminder of your mortality and that you are completely dependent on the saving work of Jesus Christ. Ash Wednesday is a day of fasting and abstinence. Fasting means consuming no more than one full meal and two small meals that together would not make a full meal. Abstinence means not eating meat. Fasting and abstinence remind us that Lent is a season of penance, and they allow us to participate in a small way in the suffering that Jesus experienced for our sake. (Note: those under 18 or over 59 years of age are not required to fast, and children under 14 are not required to abstain from eating meat.)

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- ❑ **Recite this month's Scripture Memorization.**
 - ❑ Parent's Guide: Page 130, 133.
 - ❑ Activity Book: Pages 105-106.
- ❑ **Define this month's Words to Know.**
 - ❑ Parent's Guide: Pages 138, 149.
 - ❑ Activity Book: Page 119.
- ❑ **Understand the significance of the Resurrection:**
 - ❑ Parent's Guide: Pages 139-146, 150-154.
 - ❑ Activity Book: Pages 107 (Questions and Answers in Parent's Guide: Page 141), 108 (Answers in Parent's Guide: Page 146) 111 (Questions and Answers are on Page 151), 112.
- ❑ **Know how we will be judged at the Last Judgment:**
 - ❑ Parent's Guide: Pages 155-158.
 - ❑ Activity Book: Pages 113-115.
- ❑ **Tell you about St. Brigid of Ireland and the fearless humility that helped her serve those in need.**
 - ❑ Parent's Guide: Pages 134, 159-161,
 - ❑ Activity Book: Pages 116-118.

February in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- ❑ **Did Jesus really die?**
 - ❑ Parent's Guide: **Did Jesus Really Die?** p. 139-141,
 - ❑ Activity Book: Page 107 (Questions and Answers in Parent's Guide: **Did Jesus Really Die?** p. 141).
- ❑ **What is the Resurrection?**
 - ❑ Parent's Guide: **The Resurrection** p. 142-144.

- ❑ **What is the Paschal Mystery?**
 - ❑ Parent's Guide: *Did Jesus Really Die?* p. 139-141, *The Resurrection* p. 142-144, *Salvation is a Process* p. 145-146, *Te Deum Prayer and Discussion* p. 150-151, *The Ascension* p. 152-154.
 - ❑ Activity Book: *The Realm of the Dead* p. 107 (Questions and Answers in Parent's Guide: *Did Jesus Really Die?* P. 141), *Salvation Is A Process* p. 108 (Answers in Parent's Guide: *Salvation is a Process* p. 146), *Ash Wednesday Mass Journal* p. 111 (Questions and Answers in Parent's Guide: *Te Deum Prayer and Discussion* p. 151), *The Ascension* p. 112
- ❑ **How will we be judged at the end of our lives?**
 - ❑ Parent's Guide: *Last Days and Last Judgement* p. 155-156, *These Least Brothers of Mine* p. 157-158.
 - ❑ Activity Book: *Last Days and Last Judgement* p. 113-114, *The Sheep From the Goats* p. 115

In Lesson 8 your children learned that:

- ❑ **Jesus preached the Gospel to the souls of the dead.**
 - ❑ Parent's Guide: *Did Jesus Really Die?* p. 139-141
 - ❑ Activity Book: *The Realm of the Dead* p. 107 (Questions and Answers in Parent's Guide: *Did Jesus Really Die?* p. 141).
- ❑ **He rose from the dead on the third day.**
 - ❑ Parent's Guide: *The Resurrection* p. 142-144, *Salvation is a Process* p. 145-146,
 - ❑ Activity Book: *Salvation Is A Process* p. 108 (Answers in Parent's Guide: *Salvation is a Process* p. 146).
- ❑ **The Resurrection is the crowning truth of our Faith.**
 - ❑ Parent's Guide: *The Resurrection* p. 142-144, *Salvation is a Process* p. 145-146.
 - ❑ Activity Book: *Salvation Is A Process* p. 108 (Answers in Parent's Guide: *Salvation is a Process* p. 146), *Ash Wednesday Mass Journal* p. 111 (Questions and Answers in Parent's Guide: *Te Deum Prayer and Discussion* p. 151).
- ❑ **The Paschal Mystery is Christ's Passion, Death, Resurrection and Ascension.**
 - ❑ Parent's Guide: *Did Jesus Really Die?* 139-141, *The Resurrection* p. 142-144, *Te Deum Prayer and Discussion* p. 150-151, *The Ascension* p. 152-154.
 - ❑ Activity Book: *The Realm of the Dead* p. 107 (Questions and Answers in Activity Book: *Did Jesus Really Die?* p. 141), *Salvation Is A Process* p. 108 (Answers in Parent's Guide: *Salvation is a Process* p. 146), *Ash Wednesday Mass Journal* p. 111 (Questions and Answers: *Te Deum Prayer and Discussion* p. 151), *The Ascension* p. 112.

In Lesson 9 your children learned that:

- ❑ **Forty days after He rose from the dead, Jesus ascended into Heaven.**
 - ❑ Parent's Guide: *The Ascension* p. 152-154,
 - ❑ Activity Book: *Ash Wednesday Mass Journal* p. 111 (Questions and Answers in Parent's Guide: *Te Deum Prayer and Discussion* p. 151), *The Ascension* p. 112.
- ❑ **Jesus is the only intercessor between God and man.**
 - ❑ Parent's Guide: *Te Deum Prayer and Discussion* 150-151, *The Ascension* p.

152-154,

- ❑ Activity Book: **Ash Wednesday Mass Journal p. 111 (Questions and Answers: *Te Deum* Prayer and Discussion p. 151), *The Ascension* p. 112.**

- ❑ **He is seated at the right hand of the Father.**
 - ❑ Parent's Guide Pages: **Last Days and Last Judgement p. 155-156,**
 - ❑ Activity Book: **Ash Wednesday Mass Journal p. 111 (Questions and Answers: *Te Deum* Prayer and Discussion p. 151), *The Ascension* p. 112, Last Days and Last Judgement p. 113-114.**

- ❑ **He will come again in glory to judge the living and the dead.**
 - ❑ Parent's Guide: **Last Days and Last Judgement p. 155-156, *These Least Brothers of Mine* p. 157-158.**
 - ❑ Activity Book: Pages: **Last Days and Last Judgement p. 113-114, *The Sheep From the Goats* p. 115**

- ❑ **Recommended Activities:**
 - ❑ Parent's Guide: Pages 132, 133, 135, 138, 139-141, 142-144, 145-146, 147, 149, 150- 151, 152-154, 155-158, 159-161, 162.
 - ❑ Activity Book: Pages: 106, 107 (Questions and Answers in Parent's Guide: Page 141), 108 (Answers in Parent's Guide: Pages 146), 109, 110, 111 (Questions and Answers: Page 151), 112, 113-114, 115, 116-118, 119, 120.

Suggested Weekly Learning Goals February

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 138-149. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Brigid of Ireland: Parents and children should read the brief biography of St Brigid on Parent Guide pages 159-161 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>"He is not here, for He has been raised just as He said."</i> (Hebrews 11:1)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities to explore the truth about the Paschal Mystery in Parents Guide pages 139-147, lead the children through the activity. ❑ Learning Goal for the Week: Your child should understand that - <ul style="list-style-type: none"> ❑ Jesus preached the Gospel to the souls of the dead. ❑ He rose from the dead on the third day. ❑ The Resurrection is the crowning truth of our Faith. ❑ The Paschal Mystery is Christ's Passion, Death, Resurrection, and Ascension.
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities to explore the Second Coming of Christ in Parents Guide on pages 150-158, lead the children through the activity. ❑ Learning Goals for the Week: Your child should understand that - <ul style="list-style-type: none"> ❑ Forty days after He rose from the dead, Jesus ascended into Heaven. ❑ Jesus is the only intercessor between God and man. ❑ He is seated at the right hand of the Father. ❑ He will come again in glory to judge the living and the dead. ❑ Your Catholic Home: <ul style="list-style-type: none"> ❑ Parents should teach their children about the penitential nature of Lent and how to fast in accord with the Church's laws, (once they are of proper age). Give special attention to the tradition of the ashes on the first day of Lent. This special blessing on Ash Wednesday reminds us that we are mortal and that we depend completely on Christ to save us.

“Whatever you do, even if you help somebody cross the road, you do it to Jesus.”

Mother Teresa

COMMUNITY MEETING

Apostolic Project

We will not hold a traditional Community Meeting this month. Instead, you will work with several other families to perform a service project of your choice. Plan to carry out your project on the scheduled meeting date/time of our Community Meeting.

Some suggestions:

- › Cook meals for a new mother, an elderly person, or someone who is ill.
- › Volunteer for a ministry that bakes cookies and/or other treats for prisoners. Spend time in prayer for the inmates who will receive them.
- › Visit a nursing home or a home for retired priests, brothers, or sisters. Be sure to arrange this ahead of time and remember that no one who is sick should participate.
- › Select a neighborhood and go for a walk around it while praying for the people who live or work there.
- › Make and bring valentines to people in the local hospital or nursing home.
- › Assemble care packages for active military personnel. Include a letter from each family, toiletries, cookies, and other items.
- › Do a deep cleaning of your parish hall, and/or find out what else you might do to improve the facilities.
- › Organize a food drive and donate the proceeds to a local food pantry, or volunteer at the food pantry: clean, organize, or stock.
- › Spend a day helping a sick or handicapped person in need of house cleaning, laundry help, or a home-improvement project.
- › Assist a local Catholic school, a needy parish, or a neighborhood family in another way.

“I tell you, charity to our neighbors for God’s sake
is the fire that cleanses the soul.”

St. Catherine of Siena

Pray pray pray! Everything you do be sure that you are praying before, during, and after. Being an Apostle is bringing Christ to others.
