

PRAYERS

SIGN OF THE CROSS

(1st Year)

In the name of the Father, and of the Son,
and of the Holy Spirit.

AMEN

GLORY BE

(1st Year)

Glory be to the Father and to the Son and
to the Holy Spirit, as it was in the beginning is now
and ever shall be, world without end.

AMEN

THE OUR FATHER

(1st Year)

Our Father who art in heaven hallowed be thy name;
thy kingdom come; thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our
Trespasses, as we forgive those who trespass against us; and
lead us not into temptation, but deliver us from evil.

AMEN

HAIL MARY

(1st Year)

Hail Mary, full of grace, the Lord is with you.
Blessed are you among women, and blessed is the
fruit of the womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at
The hour of our death.

AMEN

THE TEN COMMANDMENTS

(2nd Year)

1. I am the Lord your God, you shall not have strange gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife
10. You shall not covet your neighbor's goods.

APOSTLES CREED

(2nd Year)

I believe in God, the Father almighty, Creator of
Heaven and earth, and in Jesus Christ, his only son, our Lord.

—————
(Bow)

Who was conceived by the Holy Spirit, born of the Virgin Mary,

—————
Suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell; on the third day he rose
again from the dead; he ascended into heaven, and is
seated at the right hand of God, the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.

AMEN

THE SEVEN SACRAMENTS
(3rd Year)

Jesus gave the Church a special way to worship God. He gave us the Seven Sacraments. The sacraments are celebrations of the Church. They are signs of God's love for us. When we celebrate the sacraments, Jesus is really present with us in a special way.

BAPTISM - We become members of the Church and followers of Jesus.

RECONCILIATION - We celebrate God's gift of forgiveness and peace.

HOLY EUCHARIST - We receive the Body and Blood of Jesus.

CONFIRMATION - We receive the Holy Spirit who helps us to live as children of God.

ANOINTING OF THE SICK - We receive God's healing strength when we are sick or dying.

HOLY ORDERS - A man is called by God to serve the Church as a bishop, priest, or deacon.

MATRIMONY - A man and a woman make a lifelong promise to love and respect each other.

ACT OF CONTRITION
(Prayer of Sorrow)
(3rd Year)

My God I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with Your help,
to do penance, to sin no more
and to avoid whatever leads me to sin.
AMEN

SACRAMENT OF RECONCILIATION FORM
(3rd Year)

Sit in the chair across from the priest.

Make the sign of the cross and say:

Forgive me Father for I have sinned.

It has been _____ (state how long) since my last confession.

I am sorry for my sins.

These are my sins (Tell your sins simply and honestly to the priest).

Listen to the advice the priest gives you and accept the penance from him.

Express sorrow for your sins by praying:

ACT OF CONTRITION

**My God I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with Your help,
to do penance, to sin no more
and to avoid whatever leads me to sin. AMEN**

Acting in the name of the Church, the priest will extend his hands over you and ask God to forgive you and give you "absolution" in the name of the Father, and of the Son, and of the Holy Spirit.

Make the sign of the cross and say "AMEN".

Go into the church and perform your penance.