



St. John the Apostle Catholic School

News & Notes

Mark your calendar...

September 9, 2019

Monday, September 9

**Iowa Test
Home and School Meeting 6:00 PM - School Office
Cub Scout Pack 434 Den Meeting 7:00 PM - Gym
Vision and Hearing Screenings: September 9th -13th
Please See Notes Below**

Tuesday, September 10

**Iowa Test
Chipotle Community Building Night 5:00 PM - 9:00 PM
See Flyer**

Wednesday, September 11

Iowa Test

Thursday, September 12

**Mass - 6B
Iowa Test**

Friday, September 13

Iowa Test

Sunday, September 15

**School Pride Mass 11:00 AM
School Open House 12:00 PM - 2:00PM
Altar Serving Training 6:00 PM**

Thursday, September 19

**Mass - 6W
North Texas Giving Day**

Friday, September 20

KB Rosary

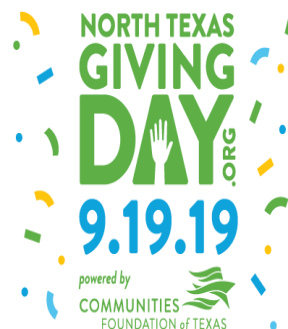
Cub Scout Pack 434

Parents of boys in Kindergarten through 5th grade, please see attached flyer with more information about joining the Cub Scout Pack 434. They meet on Monday evening.

North Texas Giving Day

North Texas Giving Day is a day of online giving created by the Communities Foundation of Texas to bring awareness of non-profit organizations' missions. This is our 5th consecutive year participating in NTGD. We are hoping to raise \$28,000 with your help. You can create a mini FUNdraising site and share it with friends and family. The family that raises the most on their mini site will win Front Row seating at the Christmas Program.

Scheduled gifts start today. Last day to donate is Thursday, September 19, 2019. We are organizing fun activities for NTGD, more information will be sent out.





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Vision and Hearing Screenings Week of September 9th

The school nurse will be conducting vision and hearing screenings during the week of September 9th. The State of Texas requires that we screen students in Pre-K, K, 1st, 3rd, 5th, and 7th grades as well as all new students to the school. If your child wears glasses or contacts please make sure they wear them for the testing. They need to be tested with their glasses or contacts. Parents will only be notified of the results if their student fails any of the screenings.

The nurse will also be testing for Acanthosis Nigricans, which is a black-brown velvety marker that usually appears on the back of the neck. It is the result of too much insulin in the blood. It is a pre-diabetic condition and serves as an indicator of risk for Type 2 Diabetes and other chronic health problems. Acanthosis Nigricans is usually seen during the pre-adolescent and adolescent years. Early detection and an intervention of diet changes and physical activity are important. This testing involves the students in 1st, 3rd, 5th, and 7th grades. The screening is done by checking the back of the student's neck and looking for the appearance of a dark line, or raised thickened skin.

If you have any questions, please call Nurse Timmermann at 817-284-2228 or e-mail btimmermann@stjs.org.

Altar Server Training

St. John the Apostle Catholic Church will have an Altar Server Training on Sunday, September 15th after the 5:00 pm Mass. If your child is already an Altar Server or would like to be a new Altar Server, they need to attend this training. Anyone that has made their First Communion is able to be a server. If you have questions, please contact Jennifer Warren at jwarren713@gmail.com.