

Name _____

Morning Offering Prayer

Señor, (arms raised to heaven)

Te ofrezco (arms extended out in front w/ palms up)

Todas mis oraciones (hands folded in front of you)

Todo mi trabajo (hands making digging motion)

Toda mi alegría (hands twirling above head)

Y todos mis sufrimientos (hands placed on bent back)

De este día (hands pointing down in front of you)

Para todas las intenciones (hands held out close together in front of you, palms up)

De tu sagrado corazón (left hand over heart, right hand held over left)

Amen.

Morning Offering Prayer

Lord

I offer you

All my prayers

All my works

All my joys

And all my sufferings

Of this day

For all the intentions

Of your most sacred heart

Amen.