



# The Light

St. Luke Catholic School

September 23, 2015



***“Seek the Lord and his strength; seek his presence continually!”***

1 CHRONICLES 16:11

### Signage in Car Line

Parents, please remember to have the last name of the students you are picking up visible on the car dashboard. Please be sure to pass this message on if someone other than yourself is picking up your child. The purpose of this signage is to expedite the flow of traffic. Your cooperation is greatly appreciated.

### From the Nurse...

Parents and Guardians,

We will be conducting our annual hearing and vision screenings on Monday, October 5, 2015. Students in the following grades will be screened: Pre-K, Kinder, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup>, and all new students. Please make sure that children wear glasses/contacts and use any assistive devices for hearing if needed.

### MAD SCIENCE: 1st - 5th Gr.

Take advantage of a wonderful opportunity to explore your interest in science. After school science sessions are scheduled to begin (six sessions) October 14. The registration deadline is Wed., Oct. 7. There is a fee which should be mailed directly to Mad Science. Registration is on a first-come, first-served basis. You can register on-line: [www.madscience.org/sanantonio](http://www.madscience.org/sanantonio), by phone: 210.651.1143 or by fax: 210.892.4602. A flyer with more details will be sent home next Wednesday. This is a great opportunity for hands-on science experience.

### Celebrate! Celebrate!

**“Green and Gold” Day for ALL Students**

**Friday, September 25, 2015**

In recognition of their excellent participation during our Accreditation Visit this week, the administration is granting a “Green and Gold” Day for all students on Friday, September 25. Note: “The top must be a St. Luke Catholic School or Church shirt (e.g. a class shirt, CYO uniform shirt, field day shirt). Uniform pants/skirts/shorts must be worn. Please refer to page 18 in the [2015-2016 Parent and Student Handbook](#) for full details on “Green and Gold” Day attire guidelines.

### From the Cafeteria... Menu September 28—30

Mon., Sept. 28: Pot Luck

Tues., Sept. 29: Chick Filet/Oven Fries/Fresh



Fruit/Lettuce & Tomato

Wed., Sept. 30: Rotini/Meat Sauce/Buttered Corn/

Chilled Fruit/Hot Roll



**Virtue of the Month for  
September: Self Control  
October: Patience**

 <b>St. Luke Catholic School</b> <i>educate. inspire.</i> <a href="http://www.stlukecatholic.org">www.stlukecatholic.org</a>			<b>23 Midpoint 1st Q.</b> Soccer vs. St. Pius Chess Club, 3:30-4:30, Library	<b>24</b> Mass led by 3rd Gr. followed by Virtue of the Month recognitions <i>Advanced Strings</i> , 3:30-4:30, Music Rm. Volleyball @ OLPH Soccer vs. St. Gregory Play-Well/Robotics, 3:30-5:00pm, Rm. 205	<b>25</b> Progress reports & deficiency notices go home <b>PTC Lunch</b> <i>School Council Mtg.</i> , 12:30pm <b>“Green &amp; Gold Day” ALL Students</b>	<b>26</b> Football vs. St. Mary's Fredericksburg, 7pm 
<b>27</b>	<b>28</b> Extracurricular ineligibility begins <i>Intermediate Strings</i> , 3:30-4:30, Music Rm.	<b>29</b> <i>Choir</i> , 3:30 to 4:15, Church Volleyball vs. St. Gregory Soccer at Holy Spirit	<b>30</b> Beginner Strings, 3:30-4:30, Church Chess Club, 3:30-4:30, Library	<b>1</b> 8th Gr. Trip Mass led by Athletic Dept. <i>Advanced Strings</i> , 3:30-4:30, Music Rm. Play-Well/Robotics, 3:30-5:00pm, Rm. 205 Volleyball @ Atone-ment	<b>2</b> PTC “Civvies” Day (coupon required) <i>PTC Fall Fundraiser Begins</i> <b>NOON DISMISSAL</b> Football vs. St. Anthony 	<b>3</b> Homecoming Dance 7-10 p.m. Cafeteria



**Homecoming Dance  
St. Luke School Athletes and  
Middle School Students  
Saturday, October 3  
7:00-10:00 p.m., Cafeteria**

Attire: Jeans (cannot be torn or low-slung) and appropriate shirts/blouses; should not be too revealing. Tickets will be sold at the door (pre-sale not available this year) \$5.00; exact change will be appreciated. Extracurricular eligibility rules apply for students to be able to attend the dance. Please see page 35 of the 2015-2016 Parent and Student Handbook.

**HOMECOMING MUMS**

Order forms are due by 3:00 p.m., Friday, September 25. Students will be allowed to wear mums and garters to school on Friday, October 2. Click [here](#) to view the order form.

**Cheerleaders Apple Watch Fundraiser**

Please contact a St. Luke Cheer Parent or Rose Davila @ 210-857-4945 to purchase a ticket. Tickets are available for a donation of \$10.00 for a chance to win an *Apple Watch Sport* (42mm with Sports Band). The drawing will be held at the football game on Friday, October 9.

**Tardies Excused on  
Wednesday, September 16, 2015**

Due to weather and traffic conditions the morning of Wed., Sept. 16, students arriving to school before 8:30 a.m. were not counted tardy.

**Background Checks**

This is a reminder that ALL volunteers at any school event and chaperones on field trips must have a current criminal background check on file in the school office. Background checks take two to four weeks and are processed through the Archdiocese of San Antonio; background checks from other organizations cannot be substituted. [Forms](#) are available in the school office and on the school website.

**PTC Chick-fil-A Lunch  
Friday, September 25**

If you did not place an order for the PTC Lunch on Friday, September 25, please remember to pack a sack lunch for your student.

**PTC "Civvies" Day  
Friday, October 2**

If you have not had an opportunity to purchase "Civvies" Day coupons for your student, PTC Board Members will be selling coupons on Thursday, October 1, from 7:30-8:00 a.m. and from 2:45--3:15 p.m. in the hallway outside of the school office. Please note that coupons will not be sold on the morning of the next "Civvies" Day, Friday, October 2. You must purchase your coupons in advance. Thank you.

**Box Tops 4 Education**

The deadline to submit Box Tops is October 23 for the Fall collection period. The homeroom class that submits the most Box Tops will earn a class pizza party. Please turn your Box Tops in a ziplock bag labeled with your child's name and homeroom.

**Girl Scouts Information Meeting  
Girls Kinder - 8th Grade  
Thursday, Sept. 24, 6:30- 7:30 p.m.  
St. Luke Cafeteria**

**Find out what YOU can do in  
Girl Scouts!**

*Join us for information on how your daughter can participate in Girl Scouts and how you can volunteer. Please refer to the flyer that was sent home with girls in Kinder through 8th grade today.*

*For more information contact  
Sara Pena  
Girl Scouts Recruitment Specialist  
210-349-2404 or  
800-580-7247, ext. 243  
spena@girlscouts-swtx.org*



**Counselor's Corner...**

**BUILDING GRIT**

Grit is a quality that successful people have. Grit means not giving up. Everyone faces challenges in life. A person who has grit:

- Keeps trying to overcome those challenges
- Is determined to be successful
- Is able to find ways to succeed

Your child will face challenges in his or her life, too. You can help your child build grit in the following ways:

- Talk about challenges and setbacks you have faced and overcome in your life
- Talk to your child about responsibility and give your child chores appropriate for his or her age.
- Teach your child self-control; set limits and rules, help your child develop appropriate reactions to negative situations, and help your child learn about using willpower to delay gratification.
- Help your child set and work toward goals.
- Praise your child's efforts.
- Support school efforts in creating a motivating learning environment with high expectations.

**After-School Art Classes  
Grades 1 -- 8**

After-school art classes will be held on Tuesdays for eight sessions beginning October 6. Please register by mail directly to Shelley Fluke, My Art Starz, or by visiting their [website](#).