



**PANCAKES!** In the hall after the 11.00 am Mass today!



Wednesday of this week is Ash Wednesday and the beginning of the holy season of Lent. Masses on Wednesday, at which ashes are distributed, are at 7.30 am, 12.30 pm and 7.30 pm. Ash Wednesday is a day of fast and abstinence



**During Lent there will be additional opportunities to strengthen our faith:**

- **Every day there will be Mass as usual at 10.00 am, but on Mondays, Wednesdays and Fridays there will be an additional Mass at 7.30 am beginning on Friday 28<sup>th</sup> February.**

- **There will also be Stations of the Cross each day after the 10.00 am Mass.**
- **'Walking together with Jesus' Lent 2020.** Using the booklet of the same name, parishioners will share a daily spiritual journey, coming together every **TUESDAY at 7.30 pm** in the hall to focus on a chosen prayer day and reflect on it. There will be an opportunity for discussion and feedback. In order to prepare for this prayerful retreat there will be a meeting this **Tuesday, 25<sup>th</sup> February**, in the Church Hall at 7.30pm when **Booklets will be distributed.** Our Parish Catechists will lead these sessions.

- **LENTFEST AGAP Play – Saint Helen's is privileged to host the opening night of the new AGAP play: *Star of the Sea* celebrating the centenary of Stella Maris on Saturday 21<sup>st</sup> March at 7.30 pm in the hall. Please pick up a leaflet from the back of the Church for details of many other Lentfest events**

- **Walk with Me Booklets for Lent – available in the stall for £1 to help you make a prayerful Lent.**

#### MALAWI PROJECT

Caitlin Neilson would like to thank very sincerely all the parishioners for their amazing generosity in her Malawi appeal last week – the sum raised was £1,705

#### 40 DAYS FOR LIFE

The 40 Days for Life Vigil will then take place as before from Ash Wednesday 26<sup>th</sup> February from 8am until 8pm each day

outside of the Hardgate Road entrance to the QEUH. The Vigil will close on Palm Sunday 5<sup>th</sup> April at the QEUH. Please consider what you are going to do for Lent, come and pray for a culture of life here in Scotland and around the world. If you would like more information then please contact Ogilvie1615@outlook.com

#### 20-40 NETWORK SUPPER CLUB:

Aged 20-40? We are hosting a supper-club networking event at The Butterfly and the Pig in on 7<sup>th</sup> March at 7pm. Tickets are £28 for a two-course meal from a fantastic menu plus coffee. Thereafter you can mingle in the bar with a live band and you have complimentary entry to the neighbouring Buff Club. This is a fantastic opportunity to meet other young Catholics so please come along. Just email 2040network@gmail.com to buy a ticket.

#### LEVEL 2 SAFEGUARDING TRAINING

Attendance at Level 2 training is mandatory for all PVG volunteers. Please check the notice boards for details of available training opportunities and sign up by contacting the Safeguarding Team Jillian Whalley or Georgie Lanagan on 226-5898 or email safeguardingadministrator@rcag.org.uk to register. Only volunteers who register can attend the training. Please note a session is available at Christ the King which will be handy for many parishioners.

#### SAFEGUARDING COMMITMENT:

This Sunday at every Mass in the Archdiocese a statement will be made highlighting the church's commitment to ensuring a safe environment for young people and vulnerable adults. Friday 28<sup>th</sup> February is a particular day of prayer for the comfort of all those who have suffered abuse. We will pray during the 10.00 am Mass on that Day and also offer our Lenten Stations of the Cross after Mass for this intention



#### SICK

We remember all the sick of the parish.

#### RECENTLY DECEASED

Bill Robertson, Kevin McFadden, Fr. Mario Canducci, Sister Gemma, Lynn McNab, Maureen McLaughlin, Rose Houston, John Jackson, Stephen O'Donnell, Mary Innesse, Bridget Plunket,

#### ANNIVERSARIES

Andrew McQuade, Mary Harkin, Johnny Harkin, John Harkin, Kay Fernandez, Bridget Byrne, Bridget McCarney, Elizabeth and Matthew Owens, Jimmy Carberry, Claire Carberry, Tom McGuigan, Tom Blewman, Sheila Cameron

**PRAYER TO SAINT MICHAEL**  
**St. Michael the Archangel, defend us in battle. Be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen**

## STEWARDSHIP



Thank you for your consistent generosity.

09/02/2020 offertory	£1,620.77
16/02/2020 offertory	£1,727.68
16/02/2020 Malawi Project	£1,705.87

And thanks to the many who also support the parish with their time and talents!

My soul, give thanks to the Lord  
all my being, bless his holy name.  
My soul, give thanks to the Lord  
and never forget all his blessings.

It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and  
compassion.

The Lord is compassion and love,  
slow to anger and rich in mercy.  
He does not treat us according to our  
sins  
nor repay us according to our faults.

As far as the east is from the west  
so far does he remove our sins.  
As a father has compassion on his sons,  
the Lord has pity on those who fear  
him.

## SECOND READING

*1 Corinthians 3:16-23*

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple. Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are; or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

## GOSPEL ACCLAMATION

*Jn14:23*

Alleluia, alleluia!  
If anyone loves me he will keep my  
word,  
and my Father will love him,  
and we shall come to him.  
Alleluia!

## GOSPEL

*Matthew 5:38-48*

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away. 'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'



# Saint Helen's

One Family, One Heart, One Faith

# BULLETIN

23<sup>RD</sup> FEBRUARY 2020  
7<sup>TH</sup> SUNDAY OF THE YEAR



## TIMES OF SERVICES

### SUNDAY MASSES:

Vigil (Saturday) 5.30 pm; 9.00 am,  
11.00 am and 5.00 pm

### MONDAY TO SATURDAY

Rosary at 9.30 am, Morning Prayer at 9.50 am and  
Mass at 10.00 am

### CONFESSION:

Saturday 10.30 – 11.00 am  
Saturday 6.15 – 6.45 pm  
Thursday 7.00 – 7.30 pm

### ADORATION:

Wednesdays from after 10.00 am Mass until 1.00 pm

### ROSARY FOLLOWED BY NOVENA:

Thursday at 7.00 pm

### HOLY DAYS OF OBLIGATION:

Masses on holy days of obligation are at 7.30 am,  
12.30 pm and 7.30 pm

## CONTACT DETAILS

**Saint Helen's Presbytery**  
165 Camphill Avenue, G41 3DR

Phone: 0141 632 2626  
E-mail: sthelen@rcag.org.uk  
Web: www.sthelenslangside.org.uk

### PARISH PRIEST

Monsignor Paul Murray

### PERMANENT DEACON

Rev. Kevin Kelly

[www.sthelenslangside.org.uk](http://www.sthelenslangside.org.uk)

The Archdiocese of Glasgow is a Religious Charity Number  
SC018140

## FIRST READING

*Leviticus 19:1-2, 17-18*

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy. " "You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

## RESPONSORIAL PSALM

*Psalm 102(103):1-4,8,10,12-13*

**R/ The Lord is compassion and love.**