



As you know, Scotland will move on Monday to “Level 0” restrictions. This will reduce the requirement for physical distancing in the Church from 2 metres to 1 metre. This will significantly increase our capacity and allow us to make some adjustments to the system that has been in place for some time. The changes are as follows:

WEEKDAY MASSES:

Beginning this week it will no longer be necessary to book a place for attendance at weekday Masses. We will, however, continue to collect contact details as a requirement of the Trace and Protect service.

WEEKEND MASSES:

For now the booking system will remain in place for Sunday Masses. You can make a booking by visiting the **Mass Registration** page on the parish website. If you are unable to do this (or ask someone to do it for you), you can call the booking number (07561 646339) on a Monday between 11.00 am and 1.00 pm. On-Line bookings will open at **6.00 pm on Mondays** for the following Sunday.

IN GENERAL:

- **The wearing of Face Masks** continues to be mandatory within the Church.

- You are asked to continue to **Sanitise** your hands on entry and exit.
- Please continue to cooperate with the guidance and directions given by the parish volunteers.
- Due to the increased numbers you can now enter using both main doors. Please follow the direction of the stewards for exit.
- The church will open 20-25 minutes before the beginning of Mass. Please try to give yourself plenty of time.
- For funerals, we will give priority to the family of the deceased. We will let you know in advance if there is likely to be any limitation on space available.

SEATING:

We can now use every second row in the Church and these are marked with yellow stickers to indicate intervals of one metre. **Please move as far into the bench as you can and sit at the first available yellow sticker.** With the increased numbers we are more dependent than ever that you take responsibility for observing the one metre physical distancing.

WITH INCREASED NUMBERS, PLEASE ALLOW PLENTY OF TIME FOR CHECK-IN

GLASGOW FAIR MONDAY

Since this Monday is a local holiday, Mass will be at 12 noon

THE WEEK AHEAD

Masses Mon-Wed and Fri at 10.00 am, Mass on Thursday at 7.00 pm. Saturday

morning Mass continues to be live-streamed only.

URGENT ACTION NEEDED!

Please contact your MP **before** the 2nd reading of The Nationality and Borders Bill on Monday 19th July. This bill contains proposals to reform the UK’s asylum system, making it harder for people fleeing conflict or persecution to seek sanctuary. Justice & Peace Scotland has requested us to read the briefing of the The Joint Public Issues Team (Churches working for Peace & Justice) and use it to contact your MP by clicking [HERE](#)

Thank You!

FOR YOUR PRAYERS, PATIENCE, & FINANCIAL SUPPORT

We continue to be more grateful than we can express for the tremendous generosity of the people of Saint Helen’s in these difficult times. If you are able, please try to continue your efforts. You can use our online giving facility by clicking [HERE](#) or going to the parish website and clicking on the ‘DONATE’ button for more details. I am particularly grateful that so many of you have chosen the option to register here so that your offering is also gift aided. If you prefer to set up a standing order directly with your bank, our account details are below. The biggest ‘thank you’ to you all.

Mgr Paul

“ARCHDIOCESE OF GLASGOW ST HELEN’S, LANGSIDE NO 1 ACCOUNT”
Sort Code: 83-07-06
Account No: 16851275

SAINT HELEN’S SSVp

Our SSVp continue to be grateful to parishioners for recent donations. You can contribute direct to their bank account:
 Account Name: **SSVP GLOS 058**
 Account Number: 00844298
 Sort Code: 80-07-76



For those who are sick..

We remember all the sick of the parish

Recently Deceased

Kathleen Apperson, Morag Stewart, Kathleen McHugh, Mickey Ronaghan, Anne Irvine, Mary Dunleavy, Mary McGreevy, Peter Murphy, Elizabeth Anne Connor

Anniversaries

Tommy and Gracie McDyer, Peter McAvoy, George Burnett,

PRAYER TO SAINT MICHAEL

St. Michael the Archangel, defend us in battle. Be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen. .

REMEMBER!!

If you scroll down past the bulletin itself in the online version you will find a selection of Children’s Liturgy materials to help engage your child in this week’s Mass.

will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The-Lord-our-integrity.'

RESPONSORIAL PSALM

Psalm 22(23)

The Lord is my shepherd: there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your
staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall
follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

SECOND READING

Ephesians 2:13-18

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the

Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, *peace to you who were far away and peace to those who were near at hand*. Through him, both of us have in the one Spirit our way to come to the Father.

GOSPEL ACCLAMATION

Jn10:27

Alleluia, alleluia!

The sheep that belong to me listen to my
voice,
says the Lord,
I know them and they follow me.
Alleluia!

GOSPEL

Mark 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.



Saint Helen, Pray for us

SUNDAY MASS:

Vigil (Saturday) 5.30 pm, 9.00 am, 11.00 am and 5.00 pm

WEEKDAY MASS

daily (except Thursday) at 10.00 am. Thursday at 7.00 pm

CONFESSIONS:

Thursday from 6.00 pm until 6.45 pm in the hall

DEVOTIONS:

Novena (Sacred Heart) live streamed on **Monday** at 7.00 pm
Novena (our Lady of Perpetual Succour) Thursday at 6.45pm
Divine Mercy Chaplet on Fridays at 7.00pm

Contact Information:

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Phone: 0141 632 2626
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Web: www.sthelenslangside.org.uk

PARISH PRIEST
Monsignor Paul Murray
PERMANENT DEACON
Rev. Kevin Kelly

www.sthelenslangside.org.uk

The Archdiocese of Glasgow is a Religious Charity Number SC018140

LINK FOR LIVE-STREAMS:

www.youtube.com/c/SaintHelensLangside

www.facebook.com/sthelenslangside

One License No. A-735901

Saint Helen's

One Family, One Heart, One Faith

Bulletin

18th July 2021
16th Sunday of the Year



FIRST READING

Jeremiah 23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks! 'See, the days are coming – it is the Lord who speaks – when I

Children's Worship Bulletin

Getting Away from It All

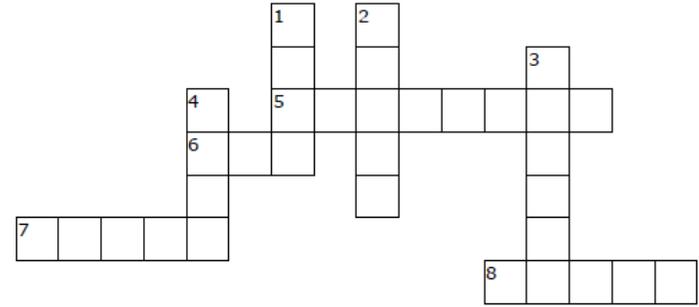
Mark 6:30-34

Word Search Puzzle

B O A T V F Z S S P Q W T W A
 V S P A M W N Y W H E N H I W
 H Y V K B W B K Z J E O D N Y
 T L R W O U A E O B E E P C U
 O Q A T A Z Z V F H T T P L B
 W J P R C G S O L I T A R Y E
 N M O P G Y F J U B D X R F T
 S H S Z E E G R N T I L N E W
 N I T N P Q I I T V E K Y T S
 K W L D K U U S U D K I X U B
 T F E K M I E I S D Q X S B Z
 S E S A S R S H E P H E R D I
 D Y A V O B H R M T J W G U Q
 N I Q C C C R O W D G E I O L
 V X Q A H Y I G S O E A T N M

PEOPLE	TOWNS	SHEEP	BOAT	REST
APOSTLES	JESUS	CROWD	LARGE	TOWNS
SHEPHERD	SOLITARY	EAT	QUIET	TEACH

Crossword Puzzle



ACROSS

- 5. The early followers of Jesus
- 6. To take solid food through the mouth
- 7. Without noise or activity
- 8. To give knowledge or skills to others

DOWN

- 1. A small vessell for traveling on water
- 2. A large group of people
- 3. Any group of men, women, and children
- 4. To take a break from activity

EAT	TEACH	BOAT	APOSTLES
PEOPLE	QUIET	REST	CROWD



Colouring Page



"Come with me by yourselves to a quiet place and get some rest."

Mark 6:31

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from Standard Publishing, www.standardpub.com, 1-800-323-7543.

Decoder Puzzle

N	A	O	E	I	H	F	D	R	J	Q	B	W	Z	S	L	P	T	V	M	Y	K	X	G	C	U
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 4-2-18 _____
- 11-26-5-4-18 _____
- 9-4-15-18 _____
- 12-3-2-18 _____
- 15-3-16-5-18-2-9-21 _____
- 25-9-3-13-8 _____
- 17-4-3-17-16-4 _____
- 18-4-2-25-6 _____

PEOPLE	REST	QUIET	CROWD
BOAT	SOLITARY	TEACH	EAT




Speak, Lord


Jeremiah 23: 1-6
 Psalm 22
 Ephesians 2: 13-18
 Mark 6: 30-34

SUNDAY LITURGY FOR CHILDREN
 Year B — 16th Sunday in Ordinary Time



THE LORD IS MY SHEPHERD

When the 12 apostles came back from preaching they were tired. They went with Jesus to rest. But many people still came to listen to Jesus!



Jesus took pity on the crowd because they were like sheep without shepherd.

HE STARTED TO TALK TO THEM

Draw more people in the crowd listening to Jesus.

