The Communion of Saints

... have you not read in the book of Moses, in the passage about the bush, how God said to him, “I am the God of Abraham, and the God of Isaac, and the God of Jacob”? He is not God of the dead, but of the living. ~ Mark 12:26-27

In the Apostles’ Creed, we profess our belief in “the communion of saints.” This profession immediately follows profession of belief in “the holy catholic Church,” for the Church is the Body of Christ (see 1 Cor 12:27). God is the God of the living, not the dead, so we know that all the faithful, whether still on their earthly pilgrimage, or having passed through the gate of death into eternal life and are in Purgatory or in Heaven, are united as members of the Body of Christ, for there “is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all” (Eph 4:4-6).

The Church Militant is the faithful on earth who continue to run “the race that is set before us” (Heb 12:1). We are in the midst of a battle: “For though we live in the world we are not carrying on a worldly war” (2 Cor 10:5). This battle for the souls of the faithful is raging constantly: “For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the Heavenly places” (Eph 6:12). The Church Suffering is those who have died and are being purified in Purgatory (see handout on Purgatory). And the Church Triumphant is the saints, both those known to us and those known to God alone, in the glory of God in Heaven. The Church on earth shares a real though invisible communion with the souls in Purgatory and the saints in Heaven, and expressions of faith in this communion have marked the prayers of the Church since its beginning.

We experience the communion of saints in the faith handed down from the apostles, which is only enriched by being shared with each other and with those who have not yet heard the Gospel. The graces of the sacraments, made available to us through the salvific actions of Christ and made present to us through the ongoing ministry of the Church, sanctify the whole Body of Christ. The sacrament of the Eucharist, especially, is not only the sign of our bond with each other but creates and strengthens it as well. As Scripture says, “we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every joint with which it is supplied, when each part is working properly, makes bodily growth and upbuilds itself in love” (Eph 4:15-16).

The Church is governed by one Spirit, so the riches of Christ necessarily become a common fund available to all. This is true not only of spiritual goods, but of material goods as well, for the true Christian regards material goods as gifts from God. Our possessions are intended not to build up our own material wealth but to help build up the entire Body of Christ by helping others who are in need, especially the poor. The talents and capabilities we are given are also intended...
for the good of the Church: “To each of us is given the manifestation of the Spirit for the common good” (1 Cor 12:7). There is no wall between the spiritual and the material life of the Body of Christ, between our own private good and the good of all. It is for this reason that the sin of one person wounds all of us, and why we share not only glory, but also suffering (see 1 Cor 12:26).

It is nearly universal to pray for others, and to ask others to pray for us. This is an expression of our solidarity in the faith. St. Paul encouraged prayer on others’ behalf: “Pray at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints” (Eph 6:18). (The “saints” in this verse refers to faithful Christians on earth, not the holy ones of Heaven.) In this way, we work together to build up and strengthen the Body of Christ. Prayer for one another is not only on behalf of the faithful, however, for Jesus commanded us to pray for those who persecute us as well (see Mt 5:44). Our love of neighbor must know no bounds.

The prayers of the faithful for each other are a form of exchange of spiritual goods. St. Paul tells us that his suffering has meaning: “Now I rejoice in my sufferings for your sake, and in my flesh I complete what is lacking in Christ’s afflictions for the sake of his body, that is, the church” (Col 1:24). What can possibly be lacking in Jesus’ perfect sacrifice? It is our own contributions which, insignificant in themselves when set beside the infinite sufferings of our Lord, are given value because we choose to offer them for the good of the whole Church. Our Lord’s sufferings were sufficient in themselves to accomplish our salvation, but God allows us to participate in Christ’s salvific action. Children are allowed to “help” Mommy and Daddy even when their contributions are not necessary to get chores done. Their participation is important for the development of a sense of family; it creates a true family spirit and allows each child an opportunity to give to the whole, however small that contribution might be. In the same way, our Heavenly Father has made our loving concerns for each other, whether on earth, in Purgatory, or in Heaven, a necessary element of our salvation.

Our belief in the communion of saints extends our prayers on each other’s behalf across the barrier of death. The pilgrim Church on earth looks to the saints in Heaven as models of holiness and turns to them for intercession. They, in turn, seek only our good. They have achieved the crown of salvation, and are far nearer the throne of God than we who still must struggle with our sin and weaknesses on earth. We know that the “prayer of a righteous man has great power in its effects” (Jas 5:16); how much more so, then, will the prayers of those in Heaven be effective for our needs and concerns. In this way, just as we draw nearer to Jesus through our communion with each other on earth, we draw nearer to him by our faithful prayers to the saints, and by imitating them as our models of holiness. And in his benevolent love, God sometimes wills that intercessory prayer to saints in Heaven is rewarded with miracles that attest both to his almighty power and to his desire to allow his beloved holy ones some part in fulfilling the petitions of his children here on earth.

In addition, we honor those who have died and are in Purgatory, praying and making offerings for them that they might be purified; “it [is] a holy and pious thought” to offer prayers on their behalf and make “atonement for the dead, that they might be delivered from their sin” (2 Mc 12:45). We can especially do this by offering those indulgences we gain, not for our own benefit but for theirs (see handout on Indulgences). Furthermore, our “prayer for them is capable not only of helping them, but also of making their intercession for us effective” (CCC 958).

We cannot be saved alone, for we are the family of God; we are saved in solidarity with one another. In this way, “we will be faithful to the deepest vocation of the Church” (CCC 959).

(CCC 946-959, 2635-2636, 2683)