



St. Gregory the Great Academy

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COVID-19 Type Symptom Procedures

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The New Jersey Department of Health has published a document that divides the types of symptoms into two categories, which you can view on Page 17 of [this document](#). In summary, "COVID-19 Type" symptoms are classified as follows:

Column A includes: Fever, chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea/vomiting, diarrhea, fatigue, and congestion/runny nose.

Column B includes: Cough, shortness of breath, difficulty breathing, new loss of smell, new loss of taste.

When a child comes to the nurse with any of the symptoms in Column A or Column B, the following procedures will be implemented:

LEVEL 1 - If a child feels ill enough to come to the nurse with **ONE symptom in Column A, he or she will be sent home and must remain home for 24 hours.** The student may return to school the morning after the 24-hour period has passed if he or she is feeling better. EXCEPTION: If, for some reason, you feel your child is sick enough to go for a COVID-19 test, he or she may not return until the test results come back negative OR 10 calendar days have passed. Siblings are NOT required to go home in this case.

LEVEL 2 - If a child feels ill enough to come to the nurse with **TWO or more symptoms in Column A, he or she will be sent home and must follow up with the pediatrician.** If the pediatrician gives an alternate diagnosis (allergies, food poisoning, migraine, etc.), the student may return to school the morning after a 24-hour period has passed since he or she was sent home if he or she is feeling better. If there is no alternate diagnosis and/or you have your child take a COVID-19 test, he or she may not return until the test results come back negative OR 10 calendar days have passed. **All siblings will also need to go home at the same time and remain home according to the same criteria.**

LEVEL 3 - If a child comes to the nurse with **ONE or more symptoms in Column B, he or she will be invited to remain in the isolation room and will be sent home.** If there is no alternate diagnosis and/or you have your child take a COVID-19 test, he or she may not return until the test results come back negative OR 14 calendar days have passed, and the symptoms have gone away. **All siblings will also need to go home at the same time and remain home according to the same criteria.**



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As you know, the recommendations change as more is learned about COVID-19. For now, these are the procedures we will follow when a student comes to the nurse. The reality is that it can be very hard to tell if someone is feeling ill because of allergies, a common cold, or COVID-19.

Students who are home because they have been sent home from school and are awaiting clearance to return according to these criteria may sign in to remote instruction immediately. No forms are necessary. Please send a message to your child's teachers letting the teachers know that he or she will be joining remotely for this reason.