



2020-2021 St. Pius X High School Travel Information

Relating to Coronavirus/COVID-19

Please complete the following information re: your upcoming travel and return to SPX at least 72 hours prior to departure. cbohr@spxkc.org or fax to 816.452.7099

Travelers Names	
Reason for Travel (wedding, reunion etc.)	
Dates of Travel	
Method of Transportation (plane, automobile etc.)	
Destination (City, County, State, Country)	

<https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html>

CDC Travel Information:

Travel increases your chance of getting and spreading COVID-19. Staying home is the best way to protect yourself and others from COVID-19. You can get COVID-19 during your travels. You may feel well and not have any symptoms, but you can still spread COVID-19 to others. You and your travel companions (including [children](#)) may spread COVID-19 to other people including your family, friends, and community for 14 days after you were exposed to the virus.

Don't travel if you are sick or if you have been around someone with COVID-19 in the past 14 days. Don't travel with someone who is sick.

During your trip, take steps to [protect yourself and others](#) from COVID-19:

- Wear a [mask](#) to keep your nose and mouth covered when in public settings.
- Avoid close contact by [staying at least 6 feet](#) (about 2 arms' length) from anyone who is not from your household.
- [Wash your hands](#) often or use hand sanitizer (with at least 60% alcohol).
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.

Traveling Abroad? Check CDC's [COVID-19 Travel Recommendations by Destination](#) before planning your trip.