

COVID-19 PRECAUTIONS FOR CONFIRMATION PREPARATION AT ST. GABRIEL CATHOLIC CHURCH

HEALTH PROCEDURES FOR ALL PARTICIPANTS: STUDENTS, VOLUNTEERS, AND STAFF

1. **Participants will follow the CDC's "Remain at Home Guidelines"** (see below), if they have tested positive for COVID-19, are experiencing symptoms, or have been in close contact with someone who has tested positive.
2. **Participants will check their temperature before drop-off:** It is the responsibility of the parent to check their child's temperature before dropping them off for each session. If teens or adults have a temperature above 100.4 degrees, they are asked to remain at home.
3. **Participants will wear a mask:** Everyone will be asked to wear a mask upon arrival and will need to wear it during the session. We will allow opportunities for gathering outdoors when the weather permits and masks can be removed during that time with proper social distancing.
4. **Participants will clean their hands on arrival:** Everyone will disinfect their hands at the time of arrival with hand sanitizer (provided by the parish for on-campus participants), or soap and water (for in-home groups).
5. **Attendance will be taken** for two purposes: for accountability for the Confirmation process and for tracking purposes in the event we have a volunteer or teen test positive for COVID-19.
6. **Participants (or their parents) will notify the parish if tested positive for COVID-19 AFTER** participating in an in-person gathering at the parish. Once the parish is aware of potential exposure to those who were in close contact of the participant, the parish will contact the small group of the participant.
7. **Families will complete the Good Faith Acknowledgment and Liability Release in the Confirmation Registration Form**, acknowledging acceptance of COVID-related risks.

REMAIN AT HOME GUIDELINES

For the well-being of others in our parish, a participant (student, volunteer, or staff) will remain at home if they (or someone they have been in close contact with) has tested positive for COVID-19 or is experiencing any of the following symptoms as identified by the Center for Disease Control:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

According to CDC guidelines, it is only safe for someone to be around others 10 days after symptoms first appear and after 24 hours with no fever (without fever reducing medication), or 10 days after a positive test with no symptoms.

ADDITIONAL ON-CAMPUS PROGRAM PROCEDURES

For our on-campus Confirmation program, we will meet in the school cafeteria, with students in small groups - spaced out during the session. We will not be utilizing the same format as last year in the classrooms to eliminate the contact with surfaces such as tables, desks, and chairs.

In addition to the procedures on the previous page:

- **DROP OFF:** Parents are to drop-off one student at a time so we can allow for social distancing into the school cafeteria. Students will remain in the vehicle until they are instructed by a volunteer to exit the vehicle to proceed into the school. This will be done similar to a carpool line. If there are multiple teens in the vehicle, then all teens will exit together and proceed into the building to their designated small group location.
- **SMALL GROUPS:** We will assign each teen to a small group, with whom they will meet each session. Each small group will have two leaders. Each teen will remain in their small group for the duration of the session.
- **MATERIALS:** We will ask each teen to bring their own Bible, journal/notebook and pen/pencil in a drawstring bag for each session. We will not share items during the session. Each teen will sit on a vinyl seat pad as we will not be using tables and chairs. This allows for us to disinfect the seat pads in between sessions. It also allows us to give more space between individuals than a table and chairs would allow.
- **RESTROOMS:** We will limit the use of the restroom and will only allow teens to use it one at a time for guys and girls.
- **PICK-UP:** For pick-up, small groups will be dismissed one at a time. Parents will please remain in their vehicles to pick-up their teen as they emerge.

ADDITIONAL IN-HOME PROGRAM PROCEDURES

In-home groups are organized by parents for small groups of 5-10 teens they invite to participate. In addition to the procedures on the previous page:

- Host homes will properly disinfect high touch surfaces prior to the small group session.
- Gatherings will be held in a space where teens can social distance, if possible.

We understand that while we are asking host homes to follow these guidelines it will not be possible for the parish to monitor/control adherence to said guidelines. Families who host or have their teen participate in this model will have to understand that at any time a gathering is held, there is risk involved.