

St. Gabriel Catholic Church

Sacrament of Confirmation

Sponsor Guidelines

Sponsor Must Be:

- Practicing the Catholic Faith (Going to Mass, Receiving the Sacraments, Praying, etc.)
- Fully initiated in the Catholic Church (Baptism, Confirmation, Eucharist)
- NOT one of your parents
- 16 years of age or older
- Open, dependable, loving and comfortable sharing his/her faith with you
- Willing to fulfill the responsibilities of a Sponsor

Your Responsibilities as a Confirmation Candidate:

- Choose a Sponsor based on the above information
- Ask that individual to be your sponsor by letter, phone call or direct conversation with them
- Share about your experience throughout the confirmation process, share your chosen Saint Confirmation name and about the service that you are participating in
- Provide Sponsor with all relevant information about the Confirmation date and Mass assignment time of when you will be Confirmed
- Have your Sponsor complete the Diocesan Sponsor Suitability Form
- Stay in contact with your Sponsor throughout preparation for Confirmation

The Responsibilities of a Sponsor:

- Complete and return the Sponsor Agreement and Eligibility Forms
- Stay in contact with the candidate throughout preparation for Confirmation
- Pray for the Candidate throughout their preparation process
- Be present at the Confirmation Mass
- If Sponsor is unable to attend the Confirmation Mass, a proxy may stand in for the sponsor but must meet the same requirements of a Sponsor
- Stay connected throughout the Candidates life through spiritual, social and service sharing of our Catholic faith

Selecting a Confirmation Sponsor Worksheet

While the Sacrament of Confirmation is a one-time event, the formation and growth of faith is a life-long journey. A sponsor in Confirmation is called not only to stand with the candidate during the Rite of Confirmation, but is also called to act as a continuing influence throughout the faith-life of the candidate. The sponsor should provide a positive Catholic influence to help guide the candidate in the understanding and practice of faith. Use this worksheet to help you identify a Confirmation Sponsor.

Who is someone you know who is a good Catholic role model to you?

What outstanding qualities does this person possess?

Give three examples of how this person displays these qualities: (Be specific)

1. _____

2. _____

3. _____

Does this person meet the requirements to be a Confirmation Sponsor? _____

Why would this person make a good Confirmation sponsor? Why or why not?

Once you have selected an individual to be your sponsor, have the individual complete the Diocesan Sponsor Suitability Form and provide the form to their Pastor at the parish they are a registered parishioner.