

## **Scripture Passages on Anxiety and Faith**

**Matthew 6:25-27** "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?"

**Matthew 6:34** "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

**John 14:27** "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. "

**Psalms 23:4** Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

**Psalms 46:10** "Be still, and know that I am God.

**Philippians 4:6-7** "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

**Isaiah 41:10** "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

**Psalms 46:1** "God is our refuge and strength, an ever-present help in trouble."

**Mark 5:36** "Jesus told him, 'Don't be afraid; just believe.'" Mark 5:36

**Psalm 55:22** "Cast your cares on the Lord and he will sustain you; he will never let the righteous fall."

**Psalm 94:19** "When anxiety was great within me, your consolation brought joy to my soul."

**Isaiah 35:4** "Tell everyone who is discouraged, Be strong and don't be afraid! God is coming to your rescue..."