

Sacred Heart Cathedral



Most Reverend Chad W. Zielinski
Bishop of the Diocese of Fairbanks

1300 Peger Road
Fairbanks, AK 99709
474-9032

Twenty-Second Sunday In Ordinary Time

August 30, 2020

Website: www.sacredheartak.org

My Parish App:

www.myparishapp.com

Cathedral Staff & Volunteers

Clergy

Fr. Ross Tozzi, Rector: rector@cbna.org Phone: 347-3005

Fr. Humberto Aristizabal: Phone: 342-9105

Dcn. Charles Bowman: sbow36@hotmail.com Phone: 687-3940

Dcn. Paul Perreault: pvpengineer7@gmail.com

Administration

Deborah Leibee, Parish Office: shcadmin@cbna.org

Tamara Want, Bookkeeper: shcbookkeeper1@gmail.com

Education

Michelle Seminario, RE Coordinator: shc-re@cbna.org

Robert Bernard, Youth & Adult Ministry Coordinator:

shc-yam@cbna.org

Outreach

Ann Nickerson, Stephen Ministry: ann@cbna.org 978-5281

Pastoral Council

Lourdes Bernal, Carolyn Dukes, Roberta Carnahan, Elizabeth Crail, Tim Doval, Barb Fennessy, Ann Hagestead, Jim Laferriere, Anna Mouton, Molly Murphy, Jim Villano, Tom Vorderbruggen, Patty Walter.

Live-Streamed & Recorded Masses

Go to Catholic Bishop of Northern Alaska Website

<http://dioceseoffairbanks.org/joomla/>

Click on the "ONLINE MASS" button on the left side of the page, under the menu. Then simply click on the photo for the Mass you would like to view. Thank you to our Bishop, Priests & Clergy!

Sacramental Preparation

Baptism Classes

Baptism classes are for parents of infants and children under the age of seven. The next series of three baptism classes will be held Sept. 8 from 7 to 8:30 PM. Class #2 will be held Tues. Sept. 15 from 7—8:30pm, and Class #3 will be held Tues., Sept. 22 from 7—8:30pm at the Cathedral. Please be prepared to take all 3 classes. Please call the parish office at 474-9032 to reserve your seat.

Religious Education Classes

Register online now—see website below.

Classes begin Sunday, Sept. 20, 2020. See additional details on page 4 of the bulletin.

Rite of Christian Initiation Of Adults (RCIA)

Instructions for those interested in learning about the Catholic Faith; Catholics and non-Catholics. Classes begin Sept. 3rd (7—8:30pm at ICC.)

Marriage Preparation

Contact the parish office at least (6)six months prior to the wedding date.

Funerals

Contact the parish office as soon as possible.

**HAVE YOU
CHECKED OUT OUR
ALL NEW AND IMPROVED
SHC WEBSITE?
GO TO:
sacredheartak.org TODAY!**

PLEASE PRAY FOR US.... Shelia Degroot, Judy Higgins, Randy & Kristie Harris, Rose Marie Bruno, Josie Wooding, Leon Tomasic, Michael Ross, Maggie Ross, Lorraine Salzman, Ashton Ishnok & Family, Rosalie L'Ecuyer, Mike Scibor, Anne Duffy, Will Simard, Deborah Leibee, Chick &Carolyn Wallace, Ryan Baum, Winnie Atwood, Jim Cross, Donald, Philip Klaas, Joe Greenwood, Jason Benigni, Toni Carterude, Jeffery Neal, Patricia Mayer, Allison O'Brien.



MASS INTENTIONS

August 29 & 30:

<u>Sat. Vigil:</u>	4:30pm:	† Donald J. Bennett
<u>Sunday:</u>	8:00am:	Chris Eckert (B-day)
	11:00am:	Cathedral Parishioners
<u>Spanish Mass</u>	1:00pm:	† Gigi Martinez
<u>Mon. Aug 31:</u>	7:30am:	Klaus Eckert (B-day)
<u>Tues. Sept 1:</u>	7:30am:	† Poor Souls in Purgatory
<u>Wed. Sept 2:</u>	7:30am:	† Ella Hudson
<u>Thurs. Sept. 3</u>	7:30am:	Linfda Bruemmer
<u>Fri. Sept. 4:</u>	7:30am:	† Mary Tree Memorial
<u>Vigil Sept 5:</u>	4:30pm:	† Vicki Oliver

Cathedral Mass Schedule

Saturday 4:30pm (Live-Streamed)
Sunday 8:00am & 11:00am (Live-Streamed)
Spanish Mass: 1:00pm on Sunday
St. Mark's: 5:30pm, Sunday at the Cathedral

Daily Masses

Monday—Friday 7:30am

Sacrament of Reconciliation (Confession)

Saturday from 3:00 to 4:00pm
or upon request.

Adoration of the Blessed Sacrament

Thurs. 8:00am to 12:00pm

Anointing of the Sick

Please let us know when you or others are sick, going into the hospital, or in a nursing home so they may be included in our prayers and receive a visit if you like.

It would be easier for the world to survive without the sun than to do without Holy Mass.

~St. Pio of Pietrelcina

READINGS FOR THE WEEK

Sunday: Jer 20:7-9/Rom 12:1-2 · Mt 16:21-27

Monday 1 Cor 2:10b-16 · Lk 4:31-37

Tuesday: 1 Cor 3:1-9 · Lk 4:38-44

Wednesday: 1 Cor 3:18-23 · Lk 5:1-11

Thursday: 1 Cor 3:18-23 · Lk 5:1-11

Friday: 1 Cor 4:6b-15 · Lk 6:1-5

Saturday: Ez 33:7-9 · Rom 13:8-10 · Mt 18:15-20



COMPLETE MASS READINGS AVAILABLE ONLINE FROM USCCB

Daily Mass Readings

<http://www.usccb.org/bible/readings>

[lecturas masivas diarias en español](http://www.usccb.org/bible/readings)

<https://bible.usccb.org/es/bible/lecturas/081020.cfm>

Neighboring Parish Mass Times

Immaculate Conception (452-3533)

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed 5:30pm, followed by Adoration & Confession

Saint Raphael (457-6603)

Saturday Vigil: 6:00pm

Sunday: 9:30am (Outside in Parking Lot)

Weekday: T, Th. 9:30am & Wed. 5:30pm

Saint Nicholas, North Pole (488-2595)

Saturday Vigil: 5:00pm

Sunday: 9:00am, 12:00pm

Weekdays: Mon, Tue, Thu, Fri 8:45am

Wed 6:00pm

ADORATION TIMES

Immaculate Conception:

Wed 6:00 PM - 7:00

PM Adoration with Confessions

First Friday

6:00 PM - 6:00 AM Adoration

Sacred Heart Cathedral

Thursdays 8:00 AM - 12:30 PM

Saturdays 2:30 PM - 4:00 PM

Good Shepherd:

Thursday 6:00 PM - 7:00 PM (Most weeks)

St. Nicholas Catholic Church:

Wednesday 7:00 - 8:00 PM

LITURGICAL UPDATE

The General Dispensation from the Sunday Obligation is no longer in effect. Only those who are considered high risk (i.e., those who are immune deficient, elderly, etc.) or living in communities with stricter protocols are dispensed. This dispensation will re-main in effect until further notice.

- We will continue to live stream Saturday 4:30pm vigil and Sunday 11:00am Mass for those who are una-able to attend in person.
- We ask that those who are unable to attend Mass in person use social media to attend your Sunday obligation and pray the prayer for Spiritual Communion.

Some Ministries are still limited at the present time.

- Music is suspended at Mass until further notice
- Priest, deacons and seminarians will be the regular ministers of Holy Communion
- No Altar Servers at this time
- Sacristans may serve if they wish

During our worship, we will continue to

- Refrain from handshakes and embraces at Mass
- Refrain from holding hands through the Our Father
- We will also refrain from the Sign of Peace
- Cease distributing the Precious Blood

Holy Communion

- The safest way to receive Communion is in the hand.
- Those who opt for Communion on the tongue should approach the priest after Mass.

Offertory

- Baskets will not be passed for a collection. Parishioners may drop their offering off in the offering box/basket. We will not have gift-bearers.

Social Distancing

1. Alaskans are encouraged to continue to follow health and hygiene protocols to prevent the spread of COVID-19, including:

- Wash hands frequently;
- Stay home if you are sick, and get tested for COVID-19 if you have symptoms;
- Pews are marked with orange tape to encourage social distancing.
- Families may sit together; others should maintain a 6 foot distance from those of another household.
- Wear a face covering in public places when near others.
- Be mindful and respectful to those Alaskans that are most vulnerable to this virus, including Alaska's senior population and those with existing health conditions.

SPIRITUAL COMMUNION



My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, please come spiritually into my heart. I embrace you now as if you were already there and I unite myself wholly to you. Never permit me to be separated from you.

~Amen

Feast & Faith—Socially Distant

Our first Feast and Faith meeting of the 2020-2021 season will take place on Tuesday, September 15th from 6:30-8:30 pm. Unfortunately, due to the restrictions currently in place for restaurants, we will not be able to meet at Miguel's for the time being. Instead, we will have a welcome back bonfire at the Frassati House on the campus of Sacred Heart Cathedral. Bring a friend, bring a chair and bring a drink and join us for some fraternity and fellowship with other young adults 18-35'ish. The Frassati House is located at 1318 Peger Rd.

ROSARY CONGRESS

Oct. 2-4 is the 2020 Rosary Congress: Mary Cause of Our Joy—Joy in our lives, Joy in Our Church. We begin Friday, Oct 2, at 5:30 pm with the Rosary and at 6 pm Bishop Chad will celebrate the opening Mass. Deacon Harold Burke-Sivers is the invited speaker. Adoration with devotions continue until Sunday. The Congress will close Sunday, Oct 4, at 4:30 pm with Vespers and Benediction. Full schedule and online signup will be available next weekend.

THIRD ORDER OPPORTUNITY

There are a group of about a dozen people who will begin monthly formation as Secular Franciscans this fall. We are doing this in connection with the Northwest Region down in Washington and Oregon via ZOOM. If you are interested in joining our Fraternity here in Fairbanks contact Gloria Slagle at stclare4@gmail.com.

UPCOMING EVENTS

August 20—30:

Registration for Religious Education classes: Register online at sacredheartak.org

Tuesday, Sept 1: Voices of Hope, 6—8:30 PM in the social hall.

Wednesday, Sept 2: Hispanic Prayer Group,

7—8:30 PM. Santo Rosario y Lectio Divina, en el salón social.

Thursday, Sept. 3: Adoration of the Blessed Sacrament, 8:00 AM to Noon in the church.

Thursday, Sept 3, 10, 17: RCIA Introductory Sessions. At Immaculate Conception Church, 7:00—8:30 PM

Friday, Sept 4: Youth Group. 6—9 PM at the Cathedral

Friday, Sept 4—5: First Friday Devotions at Immaculate Conception Church. 5:30 PM Mass, 6:00 PM— 6:00 AM Adoration, 6:00 AM Patriotic Rosary, 7:00 AM Mass

Saturday, Sept 5: Latin Mass Fr. Robert at the Cathedral, 6:00 PM

Tuesday, Sept. 8, 15, & 22: Baptism classes. Please plan to attend all three classes. Call the office to reserve your seat. 474-9032.

Thursday, Spt. 17: SHC Parish Council Meeting, 6:30—7:30 PM.

Wednesday, Sept 19: Dominican Mass with Fr. Dismas at SHC 6:00 PM

Thursday, Sept 20: Religious Ed Begins (only sacramental prep classes will be held at Sacred Heart. All other grades home-school).

RELIGIOUS EDUCATION REGISTRATION & CLASS DATES

SHC/ICC Religious Education Model Calendar Year 2020 – 2021 We will hold in class sessions for Sacramental Prep only: First Reconciliation/First Communion Classes at SHC Sunday from 9:30 AM – 10:35 AM Sacramental Prep class will be \$30 per family.

Classes will start September 20th School age children not attending First Communion Class: We will provide age appropriate liturgy-based programs that include activity books, Catechism handbook and 32 lessons with teaching guides. This will allow for remote learning as we do not have the classroom space to safely accommodate all the children.

The cost for families undertaking classes remotely will be \$15.00 per family. The Program is: Gospel Weeklies from Pflaum Faith Formation Confirmation Classes will be Wednesday Evenings at SHC. David Schienle is working up the plan and more information will be coming in the next week re: forms for sponsors, syllabus and learning material.

Youth activity night will continue Friday evenings at SHC Registration Forms available at the ICC Office or by email: iccreligioused@cbna.org.

Rite of Christian Initiation for Adults

The Rite of Christian Initiation for Adults (RCIA), is the formal process established for welcoming adults into the Catholic Church. Are you interested in sharing your faith? Learning more about your faith? Come to an RCIA meeting to see if this is for you. We welcome all inquirers and encourage those who may only have "thought about it" in the past. There is no obligation, just answers to your questions. Meetings will be held on Thursday nights, 7:00-8:30 beginning September 3, 2020. The venue will be Murphy Hall at Immaculate Conception Church. Check the parish calendar online for more details at sacredheartak.org

Safe Environment Training

If you have not completed the mandatory training for all volunteers, Serving Vulnerable Adults, go to the following website and make sure you are up to date: <https://safeandsacred-fairbanks.org> If need help, contact Deborah in the parish office and she will be happy to help you. 474-9032 All clergy, employees and volunteers are required to take this training every five years.

WEEKLY CONTRIBUTIONS

**Thank you for your generosity!
Your Contributions are
Very Much Appreciated!**

August 22 & 23 General	\$6,048
Building Fund	\$695
Hispanic Apostolate	\$640

Three percent of our general collection for the month of September will be for the Dioceses in India and Africa that are sacrificing priests to serve our need in the Fairbanks Diocese rather than work in their home diocese. We thank you in advance for your continued support of our parish and its missions.

SHEPHERDS CACHE

Shepherd's Cache is a free-will offering for our bishop, to use for the needs of village parishes in our diocese. Offerings in cash or checks may be dropped in the wooden box attached to the wall at the back of the church marked "Shepherd's Cache."

FAIRBANKS COMMUNITY FOOD BANIK

Fairbanks Community Food Bank collects and redistributes donated food to individuals and agencies. The primary purpose of the Food Bank is to provide food for the hungry and to distribute surplus food that would ordinarily be discarded. All locally collected food is to be distributed without charge.

There is a blue collection tub in the entryway of the Church, to collect non-perishable foods for the food bank. Items such as dehydrated vegetables, canned, and boxed or packaged snacks and foods may be deposited in the box before Masses or weekdays during office hours. Thank you for helping to feed struggling families.

ONLINE DONATIONS THROUGH PARISH SOFT

Many thanks to our wonderful donors for providing the funds to help keep our parish running. To make a one time donation, or to set up your account with ParishSoft Online Giving, just follow the directions below: **There are 3 different ways to get there. Please make sure to write down your password so you have it for later.**

1) Enter the following link and it will take you directly to our giving page:
giving.parishsoft.com/App/Giving/sacr1300101

Once you are on the Sacred Heart giving page, you may set up an account, or access your account if you have already set it up previously. You may make a one time donation or a recurring donation by filling in the required information.

2) You may give through our website at sacredheartak.org.

Click on the "Donate" button on the right hand side, at the top of the page. Fill in the required information.

3) You may also give via MyParish App

Click on the App button on your phone.

Click the "Giving" button and follow the instructions.

If you have any challenges setting up your account or need help installing MyParish App on your phone, please just call the parish office at 474-9032 and we will be happy to help you. Leave a message and we will return your call.

REIGIONAL SOUP KITCHEN NEEDS

**Water · Sandwich Meat · Peanut Butter · Crackers ·
Eggs · Chips · Fruit cups**

We also are accepting winter gear clothing and summer:

**Boots, Wool Socks, Scarfs, Hats, Gloves, Gaiters, Hoodies,
Raingear, Light and Heavy Sweaters.**

Volunteers Needed These hours:

Tuesday 10:00 AM — 2:00 PM

Wednesday 10:00 AM — 2:00 PM

Thursday 9:00 AM — 1:00 PM

Friday 9:00 AM—1:00 PM

Saturday 10:00 AM — 1:00 PM

Sunday 10:00 AM — 1:00 PM

If you are so moved to be hospitable by giving cold water to the thirsty, or you can help in any way, you may call the office at Immaculate Conception Church at 452-3533.

Thank you so much to all our Hospitality members for the many things you do for our parish. Thank you for your welcoming smiles, your comforting presence, your generosity of heart, and your constant helping hands.



Ann's Greenhouse

Started by Ann in 1966
780 Sheep Creek Road
Fairbanks, Alaska 99709
(Mon-Sat 9 to 6; Sun. 12 to 5)

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ASSOCIATES OF THE SISTERS OF ST. JOSEPH



For information on how to become an Associate of the Sisters of St. Joseph (men or women), please contact Patty Walter at 374-9536 or pattywalter@hotmail.com. We generally meet once a month on the first Thursday at

Sacred Heart Cathedral. The Associates of St. Joseph make an annual commitment to lead lives that strive to work for justice, reach out to those in need, and to build relationships in the spirit of hospitality and simplicity. We have been an active group in Fairbanks since 1987.

Catholic Daughters of the Americas Fairbanks Court

(ICC, St. Raphael, Sacred Heart Cathedral). Looking for new daughters!

For info contact Nancy Kelly at straphaelcatholicparish@gmail.com all



FOOD BOX DISTRIBUTION VOLUNTEERS NEEDED



We need volunteers to help distribute food boxes on Friday between 12:and 1 PM here at the church. Volunteers unload food boxes from the Food Bank truck when it arrives, then help load food boxes into the vehicles of families as they come to pick up their groceries. Volunteers may help one or more Fridays as they are able. For questions or to offer your help, call the parish office at 474-9032 and ask for Ann, or email ann@cbna.org

GET FREE CATHOLIC CONTENT ON FORMED.ORG

Our parish has access to a great online resource, FORMED. This site gives parishioners the opportunity to watch quality Catholic full-length movies, lead small group faith formation and Scripture study in their home, download books and listen to CD's on our faith all in one location!

- (1) Log onto: www.formed.org
- (2) Find our Parish by Typing in "Sacred Heart Cathedral, Fairbanks AK.
- (3) Click Next, then fill in your name and email address.
- (4) Start accessing content!



The Knights of Columbus generally meet the Second Thursday of the month at Sacred Heart Cathedral from 6:30 to 9pm

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www.catholic-schools.org



KQHE 92.7FM

For information please contact: Robin Barrett at 479-5283, Cherie Kelly at 378-7047 or call the KQHE Studio at 451-4868