

## Sacred Heart Cathedral



Most Reverend Chad W. Zielinski  
Bishop of the Diocese of Fairbanks

1300 Peger Road  
Fairbanks, AK 99709  
Office: (907) 474-9032

Sixth Sunday in Ordinary Time

**February 14, 2021**

Website: [www.sacredheartak.org](http://www.sacredheartak.org)

My Parish App:

[www.myparishapp.com](http://www.myparishapp.com)

### Cathedral Staff & Volunteers

#### Clergy

Fr. Ross Tozzi, Rector: [rector@cbna.org](mailto:rector@cbna.org) Phone: 347-3005

Fr. Humberto Aristizabal: Phone: 342-9105

Dcn. Charles Bowman: [sbow36@hotmail.com](mailto:sbow36@hotmail.com) Ph: 687-3940

Dcn. Robert P. Barnard, LPC-S: [barnardak@acsalaska.net](mailto:barnardak@acsalaska.net)

#### Administration

Deborah Leibee, Parish Office: [shcadmin@cbna.org](mailto:shcadmin@cbna.org)

Tamara Want, Bookkeeper: [shcbookkeeper1@gmail.com](mailto:shcbookkeeper1@gmail.com)

#### Education

Michelle Seminario, Religious Education: [shc-re@cbna.org](mailto:shc-re@cbna.org)

Robert Bernard, Youth & Adult Ministry: [shc-yam@cbna.org](mailto:shc-yam@cbna.org)

#### Outreach

Ann Nickerson, Stephen Ministry: [ann@cbna.org](mailto:ann@cbna.org) 978-5281

#### Pastoral Council

Lourdes Bernal, Carolyn Dukes, Roberta Carnahan,  
Elizabeth Crail, Tim Doval, Barb Fennessy, Ann Hagestead,  
Jim Laferriere, Anna Mouton, Molly Murphy, Jim Villano,  
Tom Vorderbruggen, Patty Walter.

### Anointing of the Sick

Please let us know when you or others are sick, going into the hospital, or in a nursing home so they may be included in our prayers and receive a visit upon request.

### ALTAR FLOWER DEDICATIONS

Altar Flowers can be placed in the sanctuary in front of the ambo in celebration of a special event, in the memory of a loved one, or as an offering of thanksgiving. Please use the signup sheet located on the bulletin board between the offices or call the parish office to reserve your special day.

### Sacramental Preparation

#### Baptism Classes

Baptism class is for parents of infants and children under the age of seven. The next class will be offered on Sat., Feb. 27 from 12 PM to 3 PM at the Cathedral. To register, contact Robert Bernard at [shc-yam@cbna.org](mailto:shc-yam@cbna.org) Forms and requirements for parents and godparents can be found on our website at <https://sacredheartak.org/baptism>

#### Religious Education Classes

Sunday: 9:30 AM—10:45 AM See website for more information.

#### Rite of Christian Initiation Of Adults (RCIA)

Instructions for those interested in learning about the Catholic Faith; Catholics and non-Catholics. Classes are held Thursday evenings from 7:00—8:30 PM at Immaculate Conception Church. Call the office for more information.

#### Marriage Preparation

Please contact the parish office or your pastor six (6) months prior to the wedding. In preparation for marriage, engaged couples are invited and asked to attend Beloved Classes (once a week for 6 weeks), and an Engaged Encounter weekend (Friday – Sunday).

#### Funerals

Contact the parish office at 474-9032 as soon as possible.

### WELCOME TO OUR PARISH

Sacred Heart Cathedral extends a warm welcome to those who have recently joined our parish family, visiting or are new to the area. If you are interested in our parish, please stop by the Parish Office and introduce yourself and your family. Registration is easy, just fill out a registration form, available in the acrylic holder above the credenza, between the offices at the back of the church. Registrations may be dropped in the collection basket or taken directly to the office.

### Safe Environment Training

If you have not completed the mandatory training for all volunteers, “Serving Vulnerable Adults,” go to the following website and make sure you are up to date: <https://safeandsacred-fairbanks.org> If you need help, contact Deborah in the parish office (474-9032) and she will be happy to help you. All clergy, employees and volunteers are required to take this training every five years. Thank you for helping keep our children safe!

## ***Cathedral Mass Schedule • Mass Intentions • Readings***

<b><i>Day &amp; Date</i></b>	<b><i>Mass</i></b>	<b><i>Mass Intention</i></b>	<b><i>Readings</i></b>
<b><i>Sat Feb 13</i></b>	4:30pm	† Alan Onderik	Gn 3:9-24 · Mk 8:1-10
	<b><i>6:30pm</i></b>	<b><i>Latin Mass (Mar 13 &amp; 27, Apr 17 &amp; 24)</i></b>	
<b><i>Sun Feb 14</i></b>	8:00am	SHC Parishioners	Lv 13:1-2, 44-46 · 1 Cor 10:31—11:1 · Mk 1:40-45
	11:00am	Pilar Alejandro	
<b><i>Spanish Mass</i></b>	1:00pm	† Agapito y Maria de la Luz Hernandez	
	<b><i>5:30pm</i></b>	<b><i>St. Mark Mass at the Cathedral</i></b>	
<b><i>Mon Feb 15</i></b>	7:30am	† David Sturgen	Gn 4:1-15, 25 · Mk 8:11-13
<b><i>Tues Feb 16</i></b>	7:30am	Donor Intentions	Gn 6:5-8; 7:1-5, 10 · Mk 8:14-21
<b><i>Wed Feb 17</i></b>	7:30am	Cathedral Parishioners	Jl 2:12-18 · 2 Cor 5:20—6:2 · Mt 6:1-6, 16-18
	12:10pm	† Frances and Stanley Betlewicz	
	7:30pm	Peace In the USA, & Throughout the World	
<b><i>Thurs Feb 18</i></b>	7:30am	Donor Intentions	Dt 30:15-20 · Lk 9:22-25
<b><i>Fri Feb 19</i></b>	7:30am	† Henry Radzyninski	Is 58:1-9a · Mt 9:14-15
<b><i>Sat Feb 20</i></b>	4:30pm	Margret Ostbloom (B-day)	Is 58:9b-14 · Lk 5:27-32

### ***Sacrament of Reconciliation (Confession)***

**Saturday: From 3:00 to 4:00pm or Upon Request**

***Sacred Heart Live-Streamed & Recorded Masses:  
Sat 4:30 PM & Sunday 11:00 AM***

Go to Catholic Bishop of Northern Alaska Website  
at <http://dioceseoffairbanks.org/joomla/>

Click on the Facebook symbol at the top of the page. Scroll down and select "Videos" from the menu on the left. Then click on the Mass you would like to view. Thank you to our Bishop, Priests, and Deacons!

***Shepherd's Cache*** is a free-will offering for our bishop, to use for the needs of village parishes in our diocese. Offerings in cash or checks may be dropped in the wooden box attached to the wall at the back of the church marked "Shepherd's Cache."

**COMPLETE MASS READINGS  
AVAILABLE ONLINE FROM USCCB**

**Daily Mass Readings**

<http://www.usccb.org/bible/readings>

**lecturas masivas diarias en español**

<https://bible.usccb.org/es/bible/lecturas>

***"Ash Wednesday is full of joy... The source of all sorrow is the illusion that of ourselves we are anything but dust."***

*~Father Thomas Merton*

### **Neighboring Parish Mass Times**

#### **Immaculate Conception (452-3533)**

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Weekday: Mon, Tue, Th, Fri: 12:10pm; Wed 5:30pm

#### **Saint Raphael (457-6603)**

Saturday Vigil: 6:00pm

Sunday: 9:30am

Weekday: Tue, Th: 9:30am. Wed 5:30pm

#### **Saint Nicholas, North Pole (488-2595)**

Saturday Vigil 5pm

Sunday: 9am, & 12pm

Weekdays: Mon, Tue, Th, Fri 9am & Wed 6pm

### **ADORATION TIMES**

#### **Sacred Heart Cathedral**

Thurs. 8:00 AM - 12:00 PM

#### **Immaculate Conception Church**

Wed. 6:00 - 7:00 PM

Adoration with Confessions

First Friday at ICC

6:00 PM - 6:00 AM Adoration

#### **St. Raphael Catholic Church**

Thurs. 7:00 - 8:00 PM

Second Thurs of the Month

#### **St. Nicholas Catholic Church**

M, T, Th, F 8:30am and Wed following 6pm Mass

**PLEASE PRAY FOR US....** Taylor Hasting, Peggy Mantei, Rose Wages, Martha Helena

Rodríguez Portillo, Alexander Josué Forbes Paris, Jonathan Gabriel González, Amelia Santander, María Gloria, Deborah Leibee, María Santander, Ingrid Guevara, Miriam Esparza de Torres, María Paula Rodríguez Torres, Lourdes Bernal y familia, Deyanira Benavidez, Gloria Fredricks, Lucila Correa, Elsa María, Juan Guevara, Melvin y Verónica Guevara, Keneisha y Michael Guevara, Luis Eduardo Bello González, Andrés Pabón, Felipe Soto, Marty Moriarty, Erma Doogan, Linda Zielinski & Family, Mary Sheets, Wayne Oliver, Ray Womack, Anthony Mallavarapu, Ajith Mallavarapu, Shelia DeGroot, Judy Higgins, Randy & Kristie Harris, Rose Marie Bruno, Josie Wooding, Leon Tomasic, Michael Ross, Maggie Ross, Lorraine Salzman, Ashton Ishnok & Family, Rosalie L'Ecuyer, Mike Scibor, Will Simard, Chick & Carolyn Wallace, Ryan Baum, Winnie Atwood, Donald, Philip Klaas, Joe Greenwood, Jason Benigni, Toni Carterude, Jeffery Neal, Patricia Mayer, Allison Brien.



**UPCOMING EVENTS**

**Tues. Feb 16:** **Voices of Hope Prayer Group:** 6 to 8:30pm in the Cathedral Social Hall.

**Wed. Feb 17:** **Confirmation:** 7 to 8:30pm in the Social Hall.

**Santa Rosrio y lectio Divina,** por Zoom, 7 to 9pm

**Thurs. Feb 18:** **Parish Council Meeting:** 6:30 to 7:30pm in the Cathedral Social Hall.

**RCIA,** Formal catechesis for adults wishing to complete their initiation into the Church. 7 to 8:30pm. Immaculate Conception Church, Murphy Hall.

**Fri. Feb 19:** **Youth Group:** 7 to 9pm in the Cathedral Social Hall.

**Sun. Feb 21:** **First Communion Class:** 9:30am to 10:45am, downstairs at the Cathedral.

**Rite of Election & Continuing Conversion:** 4:00pm at the Cathedral.

**Tues. Feb 23:** **Voices of Hope Prayer Group:** 6 to 8:30pm in the Cathedral Social Hall.

**Wed. Feb 24:** **Confirmation:** 7 to 8:30pm in the Social Hall.

**Santa Rosrio y lectio Divina,** por Zoom, 7 to 9pm

**Pray for Vocations**

“Do everything for the glory of God” Jesus the Eternal Word continues to call many to lives of holiness as priests, deacons and in the consecrated life. Could you be one of them? Contact the Vocation Office at (907) 374-9504 or email: [vocations@cbna.org](mailto:vocations@cbna.org).

**Engaged Encounter Weekend**

February is Marriage and Family Month and part of our Marriage Preparation Program in our diocese includes couples attending an Engaged Encounter weekend. These weekends only take place twice during the year, in the spring and in the fall, so if you are planning a wedding within the next few months, now is the time to register. The upcoming Engaged Encounter Weekend takes place at Saint Nicholas Church in North Pole, February 26-28. Call 488-2462) for additional information, and contact your pastor for an Engaged Encounter Registration Form).

*Thank you so much for your Ongoing generosity!  
Your Contributions keep our parish running!  
And are Very Much Appreciated!*

**Feb 6 & 7 General: \$7,034**

**Rite of Election & Continuing Conversion**

You are invited to pray with the catechumens and candidates of the local parishes on Sunday, February 21<sup>st</sup> at 4:00 pm at Sacred Heart Cathedral as we celebrate the Rite of Election and Continuing Conversion. The Rite will be celebrated in the context of sung evening prayer where Bishop Zielinski will pray with and encourage those who are preparing for full communion with the Catholic Church at the Easter Vigil. Come show your support for those who are anxiously awaiting the Easter Sacraments!

**The Corporal Works of Mercy**

The Corporal Works of Mercy are these kind acts by which we help our neighbors with their material and physical needs.

1. Feeding the hungry
2. Giving drink to the thirsty
3. Clothing the naked
4. Sheltering the homeless
5. Visiting the sick
6. Visiting the imprisoned
7. Burying the dead

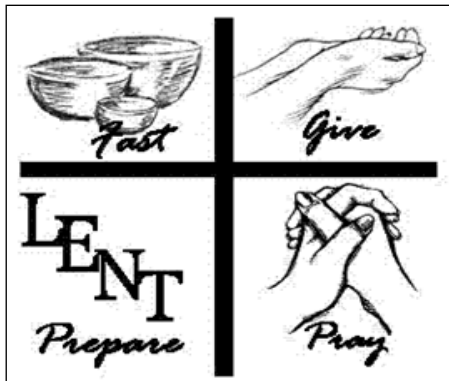
**The Spiritual Works of Mercy**

The Spiritual Works of Mercy are acts of compassion, as listed below, by which we help our neighbors with their emotional and spiritual needs.

1. Admonishing the sinner
2. Instructing the ignorant
3. Counseling the doubtful
4. Comforting the sorrowful
5. Bearing wrongs patiently
6. Forgiving injuries
7. Praying for the living and the dead

## CATHOLIC RELIEF SERVICES OPERATION RICE BOWL

Operation Rice Bowl is the Lenten program of Catholic Relief Services, the official overseas relief and development agency of the U.S. Catholic Community. Proceeds from Operation Rice Bowl provide materials and training for development programs, which enable communities around the world to overcome abject poverty and become self-sufficient. Twenty-five percent of all contributions support hunger and poverty alleviation programs in our own diocese. Operation Rice bowl begins Ash Wednesday, February 17th and continues through Easter, April 4th.



## EASTER MEMORIAL LILIES

Please have Easter Memorial envelopes and names in by noon on Sunday, March 28th. **If you would like the names of your deceased loved ones included in the Easter Memorial Bulletin Letter, please include \$20.00 per name or a family name in your envelope. You may order as many plants as you would like.** The flowers will be displayed and beautify our Sanctuary for Easter Masses. You will find envelopes in your envelope boxes. Additional envelopes can be found on the credenza between the offices. If you have questions, please call the parish office at 474-0932.

## SHC LENTEN STATIONS OF THE CROSS

Beginning Ash Wednesday, (February 17) our parish community enters Lent and begins our annual Friday Lenten Stations of Cross Devotion which will take place at 7:00 PM in the Cathedral.

**Additionally, Lenten Rice Bowls are available for pickup near the parish offices. May our participation in Lenten practices lead us to a faith-filled Easter season.**

## LENTEN PENANCE SERVICES

Mar. 18: St. Nicholas 6:00pm to 8:00pm

Mar. 23: St. Raphael's 6:00pm to 8:00pm

Mar. 24: SHC & ICC 5:30pm Mass, 6:00pm to 8:00pm Adoration and Confession, at the Cathedral

Mar. 31: SHC & ICC Combined, 5:30pm Mass (Bishop Chad), 6:00pm to 8:00pm Adoration and Confession at the Cathedral

## FASTING & ABSTINENCE DURING LENT

Ash Wednesday and Good Friday are obligatory days of universal fast and abstinence. Fasting is obligatory for all who have completed their 18th year until the beginning of their 60th year. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. Abstinence (from meat) is obligatory for all who have completed their 14th year of age (c. 1252). If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare to share more fully and celebrate more readily his Resurrection (see *Sacrosanctum Concilium*, 109). Fridays in Lent are obligatory days of abstinence (from meat) for all who have completed their 14th year. As always, anyone for whom fasting or abstinence would pose a health risk is excused.

El Miércoles de Ceniza y el Viernes Santo son días obligatorios de ayuno universal y abstinencia. El ayuno es obligatorio para todos los que hayan completado su 18° año hasta el comienzo de su 60° año. El ayuno le permite a una persona comer una comida completa. Se pueden tomar dos comidas más pequeñas, que no equivalen a una comida completa. La abstinencia (de la carne) es obligatoria para todos los que hayan cumplido 14 años (c 1252). Si es posible, el ayuno del Viernes Santo continúa hasta la Vigilia Pascual (en la noche del Sábado Santo) como el "ayuno pascual" para honrar el sufrimiento y la muerte del Señor Jesús y para prepararse para compartir más plenamente y celebrar más fácilmente su Resurrección (ver *Sacrosanctum Concilium*, 109). Los viernes de Cuaresma son días obligatorios de abstinencia (de carne) para todos los que han cumplido 14 años. Como siempre, se excusa a cualquier persona para quien el ayuno o la abstinencia representen un riesgo para la salud.

# LENT, HOLY WEEK & EASTER

"Lent is a period of spiritual 'combat' which we must experience alongside Jesus, not with pride and presumption, but using the arms of faith: prayer, listening to the word of God and penance. In this way we will be able to celebrate Easter in truth, ready to renew the promises of our Baptism."

- Pope Emeritus Benedict XVI

## RITE OF ELECTION & CONTINUING CONVERSION

Join our catechumens and candidates as they enter into the final stages of preparation to receive the Easter Sacraments. The Rite will be celebrated during Vespers at Sacred Heart Cathedral on **Sunday, Feb. 21 at 4:00 pm.**

## STATIONS OF THE CROSS

*Every Friday during Lent except Mar. 19th*

Sacred Heart Cathedral 7:00 pm  
 St. Raphael Church 7:00 pm  
 St. Nicholas Church 7:00 pm  
 Immaculate Conception 5:30 pm Mass & Stations

## PENANCE SERVICES

### *Confession & Adoration*

Thurs., Mar. 18– St. Nicholas Church 6:00-8:00 pm  
 Tues., Mar. 23– St. Raphael Church 6:00-8:00 pm

### *Mass, Confession & Adoration*

Wed., Mar. 24– Sacred Heart Cathedral 5:30-8:00 pm  
 Wed., Mar. 31– Sacred Heart Cathedral 5:30-8:00 pm

*Fr. Robert will be available for inquiries regarding annulments on March 31.*

## CHRISM MASS

The annual Chrism Mass, at which the Holy Oils are blessed and the priests renew their ordination promises, will be celebrated by Bishop Zielinski on **Tuesday, March 16 at 7:00 pm** at Sacred Heart Cathedral.

## FEAST OF ST. JOSEPH

During the Year of St. Joseph, proclaimed by Pope Francis, Bishop Zielinski will celebrate a special Mass at Sacred Heart Cathedral **at 7:00 pm on Friday, March 19** to mark the solemnity of the universal patron of the Church.



## SHROUD OF TURIN PRESENTATION

The Shroud of Turin has fascinated the faithful for centuries. Believed to be the burial cloth of Jesus it bears the image of the crucified Christ. Join Dr. Glenn Juday at Sacred Heart Cathedral on **Sunday, March 28 (Palm Sunday) from 2:30-4:30 pm** as he discusses the shroud and the devotions associated with it. Sung Vespers will follow.

## THE SACRED TRIDUUM

### *Holy Thursday– Mass of the Lord's Supper*

Sacred Heart Cathedral 7:00 pm  
 St. Raphael Church 7:00 pm  
 Immaculate Conception 7:00 pm  
 St. Nicholas Church 6:00 pm

### *Good Friday– Veneration of the Cross*

Sacred Heart Cathedral 3:00 pm Stations  
 7:00 pm Veneration  
 St. Raphael Church 6:00 pm Stations  
 7:00 pm Veneration  
 Immaculate Conception 3:00 pm Stations  
 7:00 pm Veneration  
 St. Nicholas Church 6:00 pm Stations  
 7:00 pm Veneration

### *Easter Vigil*

Sacred Heart Cathedral 8:00 pm  
 St. Raphael Church 8:00 pm  
 St. Nicholas Church 8:00 pm

# Identifying Inappropriate Boundary Violations

**Be aware if an adult seems to want to be with children more than other adults. Adults who abuse children try to isolate or get them alone.**

Sometimes an adult might need to be alone with a child for counseling or disciplining conversations. However, it is important that other adults know what is happening, where and when. A window or an open door to the room where the meeting is happening is critical to creating safe environments. This practice helps keep children and the reputation of the adult safe.



**Be aware of gifts or special attention given to a child.**

**Gifts or bribes can be used to manipulate or influence a child or vulnerable adult.** Generosity in the form of giving to others is a way of offering support and kindness. However, when a gift is given in secret, it can be used to lure, bribe or silence the one receiving the gift. Gifts can give the impression that something is now owed to the one giving the gift. Gifts should be given with permission from parents and in a public or group setting.

**3. Be aware when an adult allows a child to partake in activities that the parents of the child would forbid.** There is a difference between activities that parents do not allow, such as eating on the couch or staying up past their bedtime, or activities that are forbidden, such as drinking, using drugs or looking at pornography. Predators will try to create secrets and allow rule breaking to create distance between a child and their trusted adult.

**FOR INFORMATION ABOUT PARISH ACTIVITIES, RELIGIOUS EDUCATION,  
SACRAMENTS, AND MUCH MORE, VISIT OUR WEBSITE AT  
[sacredheartak.org](http://sacredheartak.org)**



907-479-6921

### Ann's Greenhouse

Started by Ann in 1966  
780 Sheep Creek Road  
Fairbanks, Alaska 99709  
(Mon-Sat 9 to 6; Sun. 12 to 5)

**"To Plant a Garden  
Is to Believe in Tomorrow."**

*– Audrey Hepburn*

### GET FREE CATHOLIC CONTENT ON FORMED.ORG

Our parish has access to a great online resource, FORMED. This site gives parishioners the opportunity to watch quality Catholic full-length movies, lead small group faith formation and Scripture study in their home, download books and listen to CD's on our faith all in one location!

- (1) Log onto: [formed.org/signup](http://formed.org/signup)
- (2) Find our Parish by Typing in **Fairbanks** and selecting **Sacred Heart Cathedral**
- (3) Click Next, then fill in your name and email address.
- (4) Start accessing content!

### ASSOCIATES OF THE SISTERS OF ST. JOSEPH



For information on how to become an Associate of the Sisters of St. Joseph (men or women), please email Patty Walter at 374-9536 or [pattywalter@hotmail.com](mailto:pattywalter@hotmail.com). We generally meet once a month on the first Thursday at Sacred Heart Cathedral. The

Associates of St. Joseph make an annual commitment to lead lives that strive to work for justice, reach out to those in need, and to build relationships in the spirit of hospitality and simplicity. We have been an active group in Fairbanks since 1987.

### Catholic Daughters of the Americas Fairbanks Court

(ICC, St. Raphael, Sacred Heart Cathedral). Looking for new daughters!

For info contact Nancy Kelly at  
[straphaelcatholicparish@gmail.com](mailto:straphaelcatholicparish@gmail.com) 457-6603.



**ALL ARE WELCOME!**

**Sacred Heart Cathedral Book Club** meets the first Tuesday of the month from 12pm to 2pm in the Cathedral Social Hall.

### Book Club Titles for 2021

Mar: Man's Search For Meaning by Victor E. Frankel, c. 1959  
April: The Dolorous Passion of Our Lord Jesus Christ by Blessed Anne Catherine Emmerich, c. 1904  
May: Divine Love Made Flesh: The Holy Eucharist As the Sacrament of Charity by Raymond Cardinal Burke, c. 2012  
June: Our end of the year social and potluck.  
Summer: The Spear by Louis de Wohl, c. 1955



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Bishop Kaniecki Council No. 13566  
Sacred Heart Cathedral  
Fairbanks, Alaska

Knights are Catholic men who are committed to making their community a better place, while supporting their Church.

Being a Knight is more than camaraderie; it is being involved with your community; it is supporting your local Catholic Church, while enhancing your own faith; it is about protecting and enhancing your family life.

Now through June 30th, enter Promo Code MCGIVNEY2020 for 12 months of free online membership. Go to [www.kofc.org](http://www.kofc.org) and click Join.

### Why choose the Catholic Schools of Fairbanks?

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## KQHE 92.7FM

For information please contact: Robin Barrett at 479-5283,  
Cherie Kelly at 378-7047 or call the KQHE Studio at 451-4868