



10 Things You Can Do to Help Save the Earth – Part 1

What can we do to pitch in and help save the Earth? There are plenty of things you can do every day to help reduce greenhouse gases and your carbon footprint to make a less harmful impact on the environment. Taking care of the Earth is not just a responsibility, it's a necessity.

1. Conserve Water



The little things can make a big difference. Every time you turn off the water while you're brushing your teeth, you're doing something good. Got a leaky faucet? You might be dripping as much as 90 gallons of water down the drain every day. So fix it! It's easy and cheap. And stop drinking bottled water. Switch to filtered tap water. You'll save a ton of cash and help reduce a ton of plastic waste in the process.

2. Reduce, Reuse, Recycle

You can help reduce pollution - just by putting that soda can in the recycling bin.

It really does make a difference. Paper, too.

Case in point: If an office building of 7,000 workers recycled all of its office paper waste for a year, it would be the equivalent of taking almost 400 cars off the road. But you can also take reusable bags to the grocery, and avoid using disposable plates, spoons, glass, cups and napkins. They create huge amounts of waste. And buy products that are made of recycled materials. It all makes a difference.



3. Give Up Plastics



The statistics are shocking: People around the world buy 1 million plastic drinking bottles every minute, and use up to 5 trillion single-use plastic bags every year. Humans are addicted to plastic, and hardly any of it — about 9 percent — gets recycled. A staggering 8 million tons ends up in the ocean every year. Break the cycle.

Stop buying bottled water. Say no to plastic shopping bags and use cloth bags instead. Don't use plastic straws. Drink from a reusable cup instead of a plastic one. Avoiding plastic can divert a ton of waste from the oceans and landfill.