

**Grade 3 Safe Environment Lesson Plan**  
Grade 3 Theological Concept – Stewardship

**Lesson 1**  
**(1 of 4 Lessons)**  
**Inappropriate Actions**

**Objective** - Students will be able to answer the following questions:

1. Where did you get your body?
2. What should you do if someone asks you to use your body in a bad way?
3. What should you do if someone asks you to look at or listen to something your parents wouldn't like?

**Resources and Connections** - Copy of the ending prayer for each student. This topic can tie into lessons on stewardship or creation.

**Estimated Time:** 20 minutes

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**Lesson:** Lead a class discussion that covers the lesson objectives. Suggestions for class discussion:

- *Whole class discussion* – have students raise their hands to respond.
- *Small group discussions* – divide class into small groups (3-4 students). Have each group discuss each question for about 5 minutes. Have a reporter from each group report the groups' answers.

1. Where did you get your body?

Guide the students into these conclusions:

- *Your body is a gift from God.*
- *You were created in the image and likeness of God, so your body is sacred and holy.*

2. What should you do if someone asks you to use your body in a bad way?

Guide the students into these conclusions:

*(The students may need to be reminded of what is a 'bad way.' Remind them not to allow anyone to touch them on the private parts of their bodies (the areas that a bathing suit covers). Remind them that these areas can be touched for medical procedures.*

- *You must remember that your body is a gift from God, and that your body is sacred and holy.*
- *You must respect that gift from God by protecting your body from harm. You must be a good steward over the body that God has given you.*
- *You must say "No" if someone asks you to use your body in a bad way.*

3. What should you do if someone asks us you look at or listen to something your parents wouldn't like?

Guide the students into these conclusions:

- *Your parents have been guided by the Holy Spirit to let you know what you should not do.*
- *You must obey your parents.*

- *You must say “No” if someone asks you to look at or listen to something your parents wouldn’t like.*
- *Anytime you feel ‘funny,’ ‘bad,’ or ‘unsafe’ you must say ‘No.’ Walk away, run away, or yell loudly. Tell someone you trust what happened.*

**Ending Prayer:**

Recite the following prayer with the students.

Dear Jesus,

When You walked this earth, You showed that You love little children.

We know that You love us.

It is hard for us to hear that some people do not treat children the way You did.

We know that some people hurt children by their words and actions.

Help us to forgive them.

Help us to learn how to protect ourselves, and others, from harm.

Bless all those who help us keep safe.

Amen.