

Pre Kindergarten/Kindergarten Safe Environment Lesson Plan

PreK- K Theological Concept – Guardian Angels

Objectives:

1. The student will identify trusted adults in their life.
2. What an appropriate touch is.
3. That it is okay to say NO to things that make them feel uncomfortable.

Resources and Connections: Bible (Matthew 21:12-17). This could be taught at the time of the Feast of the Guardian Angels (October 2), or the presentation of Jesus in the Temple (5th Joyful mystery).

Estimated Time: 20 minutes

Introduction/Lesson: Pray together (or read aloud if the students do not know the prayer) the prayer to our Guardian Angels.

Angel of God My guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light, to guard, to rule, to guide.
Amen

ASK:

- In this prayer, what do angels do for us? (Say the prayer again if needed)
*They are at our side, they light, they guard, they rule, they guide.
We each have a guardian angel to help us live a safe and holy life. It is important to pray to our Guardian Angel to help us to stay safe.*
- We also have people in our lives that are like these guardian angels, people who take care of us. Who are some of the people in your life who guard you and guide you, protect you from harm? (*parents, teachers, grandparents, priests, etc*)
- What do you like about these people in your life? What kinds of things do you do together? (*Possible responses might be, read a book, watch a movie, play in the snow, and eat a meal together*)
- How do these people take care of you? (*Feeding us, help us take a bath, getting us dressed, taking us to church and school*)
- Not every adult can take care of you in the same way. Special adults in your life have different jobs as they take care of you. What kinds of things do your parents do for you that your teacher couldn't do for you?

Teachers –teach

Parents – dress and wash you

Neighbors – watch out for you when you are playing outside, pick up your mail or feed your animals while you are gone on vacation

Friends – draw you a picture or send you a note when you are not feeling well.

- Everyone has a special job when they take care of you. It would seem silly for your teacher to give you a bath at school wouldn't it? Or for your neighbor to get you dressed every morning?
- When people are doing their jobs to take care of you, things seem right. If someone asks to give you a bath or get you dressed and you don't feel comfortable, it is okay to say no to them.
- Do you think it would be right to hold a garage sale inside the church? That seems strange! Garage sales should be outside. Something similar happened once to Jesus. Listen to this story and tell me what happened that wasn't right and listen for how Jesus reacted.

READ: Matthew 21:12-17

ASK:

- What happened in the Temple that was not right? (*Money changers were selling things in the temple*)
- What did Jesus do? *He got angry and told them "NO this could not happen!"*

CONCLUSION:

When something happens to us that we know is wrong, it is okay to get angry and tell the person NO and to stop doing what they are doing. We want to keep ourselves safe so that we can be children of God. That is why God gave us two kinds of angels, our Guardian Angels and our angels on earth!