

Grade 7 Safe Environment Lesson Plan
Grade 7 Theological Concept – Temple of the Holy Spirit
Lesson 4 of 4
Modesty

Objective: To identify in oneself the need to make good decisions based on a correctly formed conscience.

Resources and Connections: Catechism of the Catholic Church (2521-2524.) Can be introduced with Virtues,

Estimated Time: 20 minutes

Lesson:

1. Begin the discussion by asking for a definition of MODESTY. Write the students' responses on the board. Let the students create their own definition of modesty.

Information from the Catechism of the Catholic Church:

CCC 2521 ...(Modesty) guides how one looks at others and behaves toward them in conformity with the dignity of persons and their solidarity.

CCC 2524...(M)odesty exists as an intuition of the spiritual dignity proper to man. It is born with the awakening of consciousness of being a subject (a person or being). Teaching modesty to children and adolescents means awakening in them respect for the human person.

2. Ask the students, "What does the way you dress and act say about you?"
3. Ask the students, "What does it mean to be a temple of the Holy Spirit? What does it mean to have an immortal soul? How does this change your view of modesty? Does modesty become more or less important now?"
4. Write the following on the board:
Purity of heart requires modesty which is patience, decency and discretion. Modesty protects the intimate center of the person. CCC 2533
5. Ask the students, "How are modesty and patience related? How are decency and discretion related to modesty?" Discuss this and provide examples of how this applies to the lives of the students.

Activity: Ask the students to write a paragraph detailing what image they want to share with others about themselves. What do you want people to know about you, and how can you show this in a modest and pure way?