

**CUSTOMARY POSTURES OF THE EXTRAORDINARY FORM MASS
AT THE BASILICA OF STS. PETER AND PAUL**

The Church has always been organically developing her liturgy. The liturgy has undergone many years of development by the saints. There is not an official set of postures for the Extraordinary Form. The practice we hope to model at the Basilica is consistent with the postures that have been codified for the Ordinary Form and thus provides continuity between both forms of the Mass celebrated at the Basilica. It should be noted that a few of the postures listed in the red missal are different from our Basilica customs.

Sacred Action	Posture
Entrance procession	Stand
Sprinkling Rite (Asperges Me or Vidi Aquam)	Stand
While priest vests	Sit
When priest returns from vesting	Stand
Prayers at the foot of the altar	Kneel
Priest ascends the altar	Stand
Priest recites the Introit	Stand
Kyrie	Stand
Gloria	Stand
Collect	Stand
Epistle	Sit
Gradual	Sit
Alleluia, Tract, Sequence	Sit
Gospel	Stand
Homily	Sit
Credo	Stand
At "Et incarnatus est..."	Genuflect
After "Oremus" before Offertory	Sit
Offertory	Sit
Incensing of people	Stand, bow to the thurifer before and after incensation, and remain standing
At "Orate, fratres"	Stand
Secret	Stand
Preface	Stand
After Sanctus	Kneel
At "Per Omnia saecula saeculorum"	Stand
Pater Noster	Stand
After Agnus Dei	Kneel
After priest's Communion	Kneel
At "Dominus vobiscum"	Stand
Post-communion prayer	Stand
Dismissal ("Ite missa est/Deo gratias")	Stand
Final Blessing (after "Ite missa est")	Kneel
Last Gospel	Stand
At "Et Verbum caro factum est"	Genuflect
Recessional	Stand