

Sunday Gospel Background

In Sunday's Gospel, the Risen Jesus appears to his friends with a message of peace and forgiveness. *Seeds* helps children identify with the many feelings the disciples felt at the time of Jesus' Death and Resurrection. Help your child recognize feelings as given by God and, therefore, good. Remind your child that it's okay to feel happy, sad, or angry, but we have to find appropriate ways of dealing with these feelings.

Share Experiences

Check off the boxes as you complete each part of the lesson.

- Pray together:** "Jesus, help us to be loving and kind to one another. We love you. Thank you for loving us. Amen. Alleluia."
- Story • Going Fishing (page 2).** Share this story:

It was a beautiful summer day, but Jenny was sad because she wanted to go fishing and no one could take her. Her Aunt Joan usually took her fishing, but Aunt Joan had a job in the city.

All week, Jenny asked people to go fishing with her. On Monday, she asked her dad, but he was too busy. On Tuesday, she asked her mom, but she had to stay with the baby. On Wednesday, Jenny asked Mr. Jensen who lived down the road, but he said he didn't like to fish.

On Wednesday afternoon, Jenny sat on the porch with her fishing pole and tackle box, feeling sad. Her mom noticed her and sat down too. "Why are you sad?" her mom asked. "Because I want to go fishing and Dad won't go and you won't go and even Mr. Jensen won't go." Jenny and her mom sat there for a while. Then her mom said, "What about Aunt

Joan?" Jenny said, "Aunt Joan lives in the city." Her mom said, "Maybe she will come if you ask her."

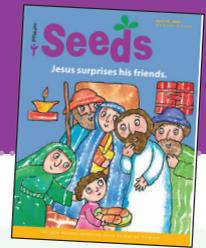
Her mom helped Jenny write a letter to Aunt Joan. They dropped it in the mailbox on the corner. Then Jenny waited. She imagined her letter on the truck to the city. She imagined her letter dropped into Aunt Joan's mailbox. She imagined Aunt Joan reading the letter and going right to the closet where she kept her fishing things.

When Aunt Joan's car pulled up on Saturday, Jenny ran to meet her. "Are we going fishing?" she said. "Yes, we are," said Aunt Joan. She grabbed her fishing pole from the backseat and turned her baseball hat around backward. Jenny turned her hat around too. They walked to the creek and fished off the bridge all afternoon. When they came home, they had caught five fish. Jenny caught the biggest one of all.

Ask: How did Jenny feel when no one could go fishing with her? How did she feel after she wrote the letter to Aunt Joan? When Aunt Joan came? While they were fishing? When they came home with the fish? When her fish was the biggest of all?

Discover Gospel and Doctrine

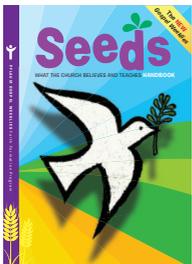
- Sunday Gospel • Jesus surprises his friends. (page 1)** Tell this story about one of the times Jesus came to his friends after he had risen from the dead:



After Jesus had died, his friends were afraid they might be killed like Jesus. They locked themselves in a room and closed the shutters. Then two of Jesus' friends came and told how they had met Jesus on the road. They didn't know he was the Lord until he broke the bread like he did at the Last Supper. Jesus' friends were talking about this when suddenly Jesus was there with them. He said, "Peace be with you.

Why are you so frightened? Why do you doubt? Look at my hands and my feet and see who I am! Touch me and find out for yourselves that it is I." Then Jesus asked for something to eat. They gave him a piece of baked fish, and he ate it. Then Jesus told them, "All people of every nation must be told in my name to turn to God to be forgiven. So beginning in Jerusalem, you must tell everything that has happened."

Talk with your child about the feelings of the people pictured on the cover of *Seeds*. They are happy because Jesus is with them and wishes them peace. This means he forgives them. Before, they were sad that Jesus was gone, afraid of the people who had killed Jesus, and ashamed that they had run away.



- Open** the *What the Church Believes and Teaches* handbook to page 11. Read the words at the top of the page. Explain that the word pope is like our English word *papa*. In fact, the Pope is also called the Holy Father. So Pope and Holy Father are different titles, or names, for the same person—the leader of the great church family that meets every week in Catholic parishes throughout the world. Show your child a picture of Pope Francis (You can find photos of him online.) Then have your child complete the broken lines of the images. This will reveal three churches, which show that the Pope is the leader of all the Catholic Churches in the world.

Once you have completed this section of the lesson, close the handbook and return to Seeds, page 2.

- Word of the Week • parish (page 2)** Help your child find the Word of the Week on page 2. Share this definition: A **parish** is our church family that gathers for Mass and prayer. Explain that the pope is the leader of all parishes in the world, including ours.

Live the Gospel

- Activity • We all have feelings. (pages 3-4)** Demonstrate how to cut on the horizontal line to get two equal pieces. Then have your child fold on the dotted lines and nest the two pieces inside each other. Read the title page aloud and have your child identify the expressions on the children's faces. Turn to page 2 of the booklet and **ask**: What is happening here? How does the boy feel? Read the words and invite your child to draw a smile on Jamal's face. Continue in the same way for pages 3–5. On page 6, have your child trace the dotted line to see how Grace feels excited when she kicks the ball high. Finish by turning to page 8 of the booklet. Read the text, and let your child finish drawing the faces of all five children.
- Closing Prayer** "Dear Jesus, help us share your peace with each another." Exchange a sign of peace with your child by shaking hands and saying, "Peace be with you."



Parent Resources

For weekly videos, assessments, and more, scan this code or go to pflaumweeklies.com/family
Visit www.usccb.org/bible/readings to read this Sunday's Scripture