

Shrine High School & Academy

Internet Filter Information

At Shrine High School & Academy, we believe technology can have a significant positive impact on the education of our students.

- In order to keep our students safe online, we educate our students about their **Digital Footprint** and the impact online choices can have on them.
- In addition, we use an **Internet Filter** to control the content and people our students are exposed to online while in our building.



Filters & Parental Controls for Home & Mobile Devices

In today's world, technology is at the fingertips of our students almost everywhere they go. If you are interested in **FILTERING** your child's access to the Internet at home, here are some sources of information.

1. Protect Young Eyes - protectyouneyes.com is a Christian-based website with easy to understand tech tips, discussion points, and strategies for families regarding online activity for all ages.
2. Norton Family Parental Control Software – filtering and monitoring software that can be loaded on up to 10 devices, including smartphones.
3. Internet Service Providers - Xfinity, AT&T, Wowway all have parental control features to help you choose what material is appropriate for your children to access, limit the time of day devices can be used, and send parents alerts.
4. Cellular Providers - Most cell companies also have Family Plans and Parental Controls to monitor and limit children's activities. Check the website or call your Cellular Provider for specific information.

To Help Students Avoid Distraction

Some students may need help staying focused. Here are a few applications that can assist parents in limiting the functions of personal devices. Websites, pop-ups, and social media can be blocked with each of these. Many of them have the ability to set up a predetermined schedule.

1. Freedom & Antisocial – freedom.to
2. Cold Turkey - getcoldturkey.com
3. Net Nanny – netnanny.com
4. Rescue Time – rescuetime.com