



*St. Jerome*  
*Catholic Church*  
Family of Families Proclaiming the  
Good News of Jesus Christ

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# Confirmation Handbook

## 2021-2022

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## Table of Contents

What is Confirmation?	3
Why Be Confirmed?	3
Getting Started	4
Mass Attendance	4
Parents Role in Confirmation	4
Choosing a Confirmation Sponsor	5
Confirmation Retreat	5
Service and Ministry	5-6
Choosing a Confirmation Name	7-9
Schedule	8-9
Forms	
Confirmation Interview Questionnaire ( <u>complete and bring to interview</u> )	10-11
Candidate Covenant ( <u>copy for your records</u> )	12
Confirmation Name Report	13
Sponsor Responsibilities (Candidate Copy)	14
Sponsor Responsibilities (Sponsor Copy)	15
Sponsor Certificate of Eligibility	16
Service Record	17

**REQUIRED DOCUMENTS:** Please turn the following into the Office of Youth Ministry, during your interview, or bring NO LATER than the session on October 18, 2020:

1. Registration Form and Fee
2. Copy of Baptism Certificate OR Baptism Verification form
3. Copy of First Communion Certificate or First Communion Verification form
4. Interview Questionnaire
5. Candidate Covenant
6. Sponsor Information Form
7. Saint Form

**For Questions or Concerns contact:**

Jessica Lubianski  
(210) 648-2694 X 1002 | [jessical@stjeromesatx.org](mailto:jessical@stjeromesatx.org)

## **What is Confirmation?**

Confirmation, one of the three Sacraments of Initiation, is the sacrament that completes Baptism; in it the gift of the Holy Spirit is bestowed upon us. Anyone who freely decides to live a life as God's child and asks for God's Spirit under the signs of the imposition of hands and anointing with chrism receives the strength to witness to God's love and might in word and deed. He is now a full-fledged, responsible member of the Catholic Church. [CCC 1285-1314]

*"When a coach sends a soccer player onto the playing field, he puts his hand on his shoulder and gives him final instructions. We can understand Confirmation in a similar way. A hand is placed upon us. We step out onto the field of life. Through the Holy Spirit we know what we have to do and we have been given the power to do it. He has motivated us. His mission resounds in our ears. We sense his help. We will not betray his trust or disappoint him, we will win the game for him. We just have to want to do it and listen to him."*  
[YouCat 203]

## **Why be Confirmed?**

In Confirmation the soul of the baptized Christian is imprinted with a permanent seal that can be received only once and marks this individual forever as a Christian. The gift of the Holy Spirit is the strength from above in which this individual puts the grace of his Baptism into practice through his life and acts as a "witness" for Christ. [CCC 1302-1305, 1317]

*"To be confirmed means to make a "covenant" with God. The candidate says, 'Yes, I believe in you, my God; give me your Holy Spirit, so that I might belong entirely to you and never be separated from you and may witness to you throughout my whole life, body and soul, in my words and action, on good days and bad.' And God says, 'Yes, I believe in you, too, my child – and I will give you my Spirit, my very self. I will belong entirely to you. I will never separate myself from you, in this life or eternally in the next. I will be in your body and your soul, in your words and actions, Even if you forget me, I will still be there – on good days and bad.'"*  
[YouCat 205]

We say that the Sacrament of Confirmation confirms and strengthens the gifts of the Holy Spirit. As you begin preparing to receive the sacrament, look for how these gifts are taking action in your lives:

<b>Wisdom</b>	A true knowledge of how to act and live based upon God's viewpoint. Look for the ability to see things as they truly are in an open-minded manner.
<b>Understanding</b>	A deeper insight into what we believe by faith and the ability to draw out consequences from the significance of events.
<b>Right Judgment</b> (Counsel)	The ability to make good and wise decisions dealing with everyday situations.
<b>Courage</b> (Fortitude)	The strength to overcome fear when called to do what you sense is right and to stand up for one's beliefs.
<b>Knowledge</b>	The ability to comprehend the truths of the universe and being aware of that in one's life.
<b>Reverence</b> (Piety)	A deep respect for God and all creation because one recognizes the presence of God in all that is.
<b>Wonder and Awe</b> (Fear of the Lord)	The realization that our great and powerful God loves me and is close to me, and so also in all of God's people and all of God's creation.

## Getting Started

### There are a number of things you can do to be prepared for the 1<sup>st</sup> Official Class:

- **IMPORTANT:** Present a copy of the Candidate's baptismal certificate and first communion certificate. OR If baptized at St. Jerome, complete the attached verification form so that we can check our records. You'll need to know the approximate date of the baptism (month and year) and know mother's maiden name.
- Review the criteria for selecting a sponsor and invite someone to sponsor you. Complete and turn in the Sponsor Information form.
- Pray for your confirmation class even though you do not know who they are yet.
- Change anything in your life NOW that does not follow the teaching of Jesus. Example: attend Sunday Mass and receive Holy Communion regularly, go to Confession when you have committed serious sin, pray daily, live a chaste life and stay away from alcohol and drugs.
- **Complete a Confirmation Interview, Saint Form and Sponsor Form no later than October 15, 2021.**
- **OPTIONAL: ATTEND LIFE TEEN** on Wednesdays from 6:30 PM – 8:00 PM – Obrien Hall.
  - *We feel your journey in faith during the high school years will not be easy and Life Teen will help give you a more complete experience. Confirmation sessions focus primarily on the sacrament itself, while Life Teen is designed to create a place where teens can support each other and grow in faith and friendship while learning how to apply your Catholic values and beliefs into your daily life. All candidates, including Catholic High School students, are strongly encouraged to attend Life Teen*
- **MANDATORY CONFIRMATION SESSIONS** – Confirmation sessions will be held weekly on Sunday's from 9:30 AM – 10:30 AM. **You MUST be present.**

## Mass Attendance

It is expected that someone who is seeking to be confirmed has reached the point in their life when they take personal responsibility for attending weekly Mass. In fact, Mass attendance may be a good barometer for one's readiness for Confirmation. Consequently, it is expected that a Confirmation candidate is coming to Mass regularly. If this is not the case, one should examine their motive for Confirmation.

## Parent's Role in Confirmation

Parents are the "primary catechists" of their children. In a recent study conducted by the National Study on Youth and Religion, the majority of teens named their parents as their number-one spiritual influence. Parents are the first to show their children, by example, what it means to be a disciple of Christ. For better or for worse, a teen's faith usually mimics that of their mom and dad.

## Choosing A Sponsor

Sponsors are people who you can rely on during your faith journey. They should be people with a deep commitment to the Catholic faith and who are active, confirmed members of their parish. They should be willing to listen to you, help you answer questions, and be willing to share their faith and example with you. Sponsors are expected to maintain REGULAR contact with their candidate to not only pray, but to socialize and develop a stronger relationship.

A sponsor must be a Catholic who is:

- **Confirmed and in good standing with the Catholic church**  
Good standing means a person who:  
Attends Mass every Sunday, is confirmed, and if married is married in the church. If the person is single, must be living a chaste life. Not bound by Church penalty.
- It is recommended that the Confirmation sponsor is the baptismal Godparent since Confirmation continues and deepens the grace received at baptism
- May NOT be the parent of the candidate

A sponsor should also be:

- Someone you trust
- Someone who will be easy to talk with regarding your journey with God
- Someone who has a variety of life experiences in which they have relied on their faith in God
- Someone you look up to and respect regarding the Catholic faith
- A faith filled person who exemplifies discipleship
- Prayerful
- Willing to talk with you about God and the Church
- Will stand by you and be with you on this important faith journey.

### **Confirmation Retreat**

Retreats are such an important part of the Confirmation process; they are even important in life. How many times do we look forward to a vacation from school or from our everyday lives? We go to the beach, or the mountains, Hawaii, Disneyland, just about anywhere to “get away” and recharge our batteries.

Retreats are intended to do the same. They give people the chance to “get away” from things that prevent them from focusing on our Lord. Retreats allow candidates to go away to have fun, relax, but more importantly, to recharge the spiritual battery. When you return from retreat, you can be guaranteed that your life will be changed.

**Confirmation retreat date options are as follows:**

- **Youth Spectacular - \$30 – February 19, 2021 (Details Pending)**
- **St. Jerome Confirmation Retreat – April 2, 2021 – Flanagan 8:30 AM - 3 PM**

**If you are unable to attend a retreat it will be your responsibility to locate a parish that will take you on their retreat and receive a written letter signed by their Confirmation Coordinator of the retreat they attended.** That being said, I hope all will attend the retreat we have planned for you to share in one experience together.

### **Service and Ministry**

Service is essential in the Mission of the Church. To be a Catholic Christian, we need to be more than people who participate in Mass on Sunday. We must be people of action, people of service. Preparing for Confirmation is a process of becoming a fully committed member of the Christian community, sensitive to how the Spirit is moving in one’s life. The Spirit moves us to make wise and fair decisions, moves us to pray, and to connect with others and build community. The Spirit also stirs us to serve one another. Service is a way of life for committed Christians. Service hours are not to be seen as a requirement of receiving the Sacrament, but rather help the young people come to understand more fully that all baptized are called to carry out this mission.

#### **Service**

- **Candidates are encouraged to complete 20 hours of service during each year of confirmation.**
- Record the following
  - Date
  - Description of Service
  - # of Hours completed
  - Signed by adult supervisor
  - Sign In Sheets will be done at Parish Events.
- Service should be done through the parish or through an approved activity at a catholic church. Must provide documentation and request approval of hours.
- Sign in may also be done through confirmation sign in kept by youth coordinator at all parish events.

## **Ministry**

- Candidates are strongly encouraged to joyfully respond to God with their time, talent and treasure by volunteering in at least one ministry at St. Jerome.
- We are particularly in need of lectors, greeters, and ushers for the 11:00 AM Mass on Sunday.
- Please note that a teen may not claim hours from Teen ACTS for confirmation community service hours.

## **Choosing a Confirmation Name**

The candidates will be given the option to retain their baptismal name as your confirmation name if it is also the name of a Catholic saint, person from scripture or Christian role model; however, they may choose to take a new "Saint" name. They will be asked to write a short report on the Saint name they choose. More details will be given to the candidates during one of the sessions.

*"In order to emphasize the close relationship between Confirmation and Baptism, it is preferred that candidates retain their baptismal names. However, a special name may be chosen if desired... If a baptismal name is a name foreign to Christian sensibility, then it is advisable that a name be chosen which reflects a recognized saint of the Church, a person from Scripture or a Christian role model. [cf Canon #855]*

**Confirmation Schedule  
2021-2022**

**Confirmation candidates are strongly encouraged to attend LIFE TEEN on Wednesday, evenings from 6:30pm-8:00pm in O'Brien Hall. The confirmation sessions will be held Sunday mornings, from 9:30 AM – 10:30 AM in Flanagan Administration Building. Attendance is VERY IMPORTANT as each sessions builds on one another.**

Students must have NO MORE than 3 absences per YEAR to be confirmed.

Fall Semester

September 5	<b>First Official Class Date and Student Orientation</b>
September 12	CLASS AS USUAL
September 19	CLASS AS USUAL
September 26	CLASS AS USUAL
October 3	CLASS AS USUAL
October 10	CLASS AS USUAL
<b>October 15</b>	<b>ALL DOCUMENTS DUE!!!</b>
October 17	CLASS AS USUAL
<b>October 17</b>	<b>Confirmation - PARENT MEETING – Obrien Hall</b>
October 24	CLASS AS USUAL
October 31	CLASS AS USUAL
November 3	<b>No Confirmation – PARISH TURKEY DINNER – COME SERVE!</b>
November 14	CLASS AS USUAL
November 21	<b>No Confirmation – THANKSGIVING BREAK</b>
November 25	<b>No Confirmation – THANKSGIVING BREAK</b>
December 5	CLASS AS USUAL
<b>December 5</b>	<b>CONFIRMATION 1 - RITE OF ENROLLMENT REHERSAL DURING CLASS at 10:30 AM AND RITE OF ENROLLMENT AT 11 AM MASS CONFIRMATION 2 - CLASS AS USUAL.</b>
<b>December 12</b>	CLASS AS USUAL

**December 24** Christmas Presentation before 5 PM Youth Mass. Program will consist of confirmation students and elementary students.

Spring Semester

January 9 CLASS AS USUAL

January 16 CLASS AS USUAL

January 23 CLASS AS USUAL

**January 23 CONFIRMATION II PARENT AND SPONSOR MEETING - O'Brien Hall**

January 30 CLASS AS USUAL

February 6 CLASS AS USUAL

February 13 CLASS AS USUAL

**February 19 YOUTH SPECTACULAR – CONFIRMATION RETREAT**

February 20 CLASS AS USUAL

February 27 CLASS AS USUAL

March 6 & 13 **NO CLASS – SPRING BREAK**

March 20 CLASS AS USUAL

March 27 CLASS AS USUAL

**April 2 Confirmation Retreat Option 2– Flanagan 8:30 – 3:00 PM**

April 3 CLASS AS USUAL

April 10 CLASS AS USUAL

**April 20 NO CLASS – EASTER SUNDAY**

April 27 LAST CLASS OF YEAR

May 3 **MAY FESTIVAL!!!!**



# **CONFIRMATION INTERVIEW**

Date: \_\_\_\_\_ Candidate Name: \_\_\_\_\_

Briefly describe yourself (interests, hobbies, family, etc) and how you have continued to develop and grow in your Catholic faith during high school.

Describe an experience in which you have come to know God.

Call to mind a person who has witnessed powerfully to you about the richness and beauty of the Christian life. Who is this person? What about their life impressed you? Explain.

Do you go to mass on Sunday? Do you see that your family goes as well?

Does your family pray together?

Describe your personal prayer life. How do you pray? How has God spoken to you?

What is your favorite Bible story and why? What challenges do you have in reading scripture?

What do you like most about being Catholic? What does it mean to be a baptized Catholic?

Explain your belief on the Holy Eucharist?

Do you see an importance in receiving the sacrament of reconciliation regularly, especially when one is in need of God's mercy? Explain.

What called you to decide to be confirmed?

What steps do you intend to take to deepen your Catholic faith after Confirmation?

Describe your most significant obstacle or struggle that may keep you from being a full and active member of the Catholic Church.

Do you have any questions about confirmation on your faith that we could help you with? This is a wonderful opportunity to discuss anything that concerns or bothers you.

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Student Signature

# Candidate Commitment

“For I know the plans I have for you, says the Lord, Plans for welfare and not for evil, to give you a future and a hope.” - Jeremiah 29:11

As a baptized Catholic, I am preparing for reception of the Sacrament of Confirmation, by which I will be more perfectly bound to the Catholic Church and enriched with a special strength of the Holy Spirit to spread and defend the Faith as a witness of Christ.

As a candidate for Confirmation, I promise the following:

1. I will approach my Confirmation journey with an open mind and open heart.
2. I will attend and will fully participate in all sessions and activities.
3. I will be respectful of the leaders and facilitators of the confirmation program and show appreciation for their time and effort.
4. I will show respect to those in my class who are on the journey with me
5. I will attend Mass every Sunday and on all holy days of obligation.
6. I will receive the Sacrament of Reconciliation before my Confirmation.
7. I will accept more responsibility in my faith, parish, and community by putting my talents and gifts at the service of others.
8. I will commit to daily prayer, prayer especially for growth in faith, hope and love.

As I make these promises, I ask God to give me the grace to be open to his plans for my life-plans he reveals to me in prayer, in my talents and aspirations and in the encouragement of those who know and love me. I place myself in the loving embrace of the Father, Son and Holy Spirit in asking for help in fulfilling this commitment.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

Print Name: \_\_\_\_\_

As a parent I will strive to help my student fulfill this commitment, knowing that in supporting them I am fully committing to the confirmation process:

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

## **Choosing a Confirmation Name**

*“In order to emphasize the close relationship between Confirmation and Baptism, it is preferred that candidates retain their baptismal names. However, a special name may be chosen if desired... If a baptismal name is a name foreign to Christian sensibility, then it is advisable that a name be chosen which reflects a recognized saint of the Church, a person from Scripture or a Christian role model. [cf Canon #855]*

### **History behind the Confirmation Name**

The tradition of selecting a saint’s name for Confirmation grew out of a pre-Vatican II practice that asked Confirmandi to select a Saint’s name to be invoked during the Rite of Confirmation. Some of your parents and grandparents may have been required to do this. However, since Vatican II, this practice is no longer a requirement of the Rite of Confirmation. **THE CHURCH INVITES CANDIDATES TO KEEP THE NAME GIVEN TO THEM AT BAPTISM. THE REASON IS THAT CONFIRMATION IS THE FULLNESS OR COMPLETION OF THE SACRAMENT OF BAPTISM.** Neither the Rite of Confirmation nor the Code of Canon Law refers to the custom of selecting a Confirmation name. The Rite simply refers to the candidate being “called by name.” The presumption is that the Candidate is called by the name given at the time of Baptism. The Baptismal promises your parents made on your behalf when you were a child are renewed at Confirmation.

### **The Saint Reflection**

Whatever name you decide on, your own Baptismal name or that of a favorite saint, we ask that you explore how this holy person, this saint, offers you witness to walk more closely with Christ during the Confirmation preparation process.

Find out if you were named after a beloved family member or favorite saint; or, research the roots of your name as a derivative of a Christian name.

Whatever name you decide on for Confirmation, tell us explicitly either:

1. For Confirmation, I am taking the name of ... because **OR**
2. For Confirmation, I am affirming my Baptismal name of ... because
3. Description of the life of the saint/name you chose
4. Reflect on the qualities of the saint that you wish to emulate in your life

**YOUR REFLECTION SHOULD BE AT LEAST ONE-PAGE AND TYPED**  
**DUE ON SUNDAY, October 16th**

**Resources:** Here are some good places to start:

<http://www.americancatholic.org>

<http://www.catholic.org/saints>

<http://www.catholic-forum.com/saints/indexsnt.htm>

<http://saints.sqpn.com>

There are also several books in the Parish Library. Contact Jessica if you would like to take a look at them – (210) 485-9872.

# **Sacrament of Confirmation**

## **Sponsor Responsibilities**

**This should be given to the prospective sponsor before they commit.**

If you are asked to be a sponsor to a confirmation candidate, this is a wonderful honor and a serious responsibility. It is more than a social engagement; it is sharing a spiritual journey. It is about praying for your candidate and giving them undivided and special attention during this spiritual journey. It is about making your life a living example of discipleship, prayer, faithfulness, and service to others. It is about being available to them. It is about gentle support and loving conversation. While you are not expected to be perfect in all things, none of us are, you are expected to be making a sincere effort to practice your faith and fulfill this responsibility.

A sponsor must:

- **Be a Confirmed Catholic**
- Be in good standing with the church (This means attending Sunday mass regularly, living a moral life, and the sponsor, if married, must be married in the Catholic Church.)
- Have the time and the commitment to attend required group activities. (This is sometimes difficult for long distance people and the sponsor's absence takes away from the support that the candidate should receive. It makes it more difficult to build a strong relationship between the sponsor and candidate. It is not impossible, just much more difficult.)
- Have the time to pray with and speak with the candidate in the required private meetings. (A peaceful setting with no rush is the climate which the sponsor should provide for these private conversations.) The conversations will center on God and how God is working in the life of the candidate.
- Be prepared to share his/her experiences with God. Keep in mind that email does not always suffice and phone conversations can be a poor second to face to face conversation.
- Accept only one candidate. Every candidate deserves to have one person journeying with them without a split focus. This is about God working through you, the sponsor.
- Be an example in your prayer life and your daily conduct. Are you living the gospel?
- Pray daily for your candidate and all of the candidates and sponsors.
- Make every effort to be available for the optional activities outlined in your schedule.
- Be an example of service. Are you involved in any ministries or services to the poor, sick, or disenfranchised?

**This is a wonderful spiritual journey, but it does need to be a priority for you for the next several months.**

**If you wish to discuss any questions or concerns you have, please contact:**

**Jessica Lubianski, Parish Youth Coordinator**  
**(210) 648-2694 X 1002 | [jessical@stjeromesatx.org](mailto:jessical@stjeromesatx.org)**

## **CANDIDATE COPY**

# **Sacrament of Confirmation**

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**(210) 648-2694 X 1002 | [jessical@stjeromesatx.org](mailto:jessical@stjeromesatx.org)**

**TO BE GIVEN TO YOUR SPONSOR**

## Sponsor Certificate of Eligibility

Name of Candidate: \_\_\_\_\_  
**(Please print full name of candidate)**

Dear Brother or Sister in Christ,

We are delighted that you have been asked to be a sponsor for the sacrament of Confirmation. What an honor! You have been chosen because of the way you live and share your Catholic Faith. It will be your role to help the newly confirmed to lead a life in harmony with the Gospel. One of the most effective ways to share one's faith is through example.

Therefore, to be eligible to serve as a sponsor, you must be an active Catholic and meet the following requirements:

### To be completed by the Sponsor:

- I am at least 16 years of age.
- I have celebrated the Sacraments of Baptism, Confirmation and Eucharist.
- If Married: my marriage was celebrated in the Catholic Church.
- I participate in Sunday Mass regularly.
- I understand the responsibility I am undertaking and have both the desire and intention to fulfill it faithfully.
- I am a parishioner at: \_\_\_\_\_ parish, located at:  
\_\_\_\_\_.

I affirm that I meet all necessary requirements to act as a sponsor!

Signature of Sponsor: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please note: **If your sponsor is a member of another parish** they will need to have their parish complete the eligibility form below from their parish that attests the their qualification as a sponsor:

To whom it May Concern:

We are pleased to be able to issue this testimonial letter. The individual whose name is signed above is a practicing Catholic who is a registered member of this parish. To the best of our knowledge this person, is qualified to be a sponsor for anyone receiving the Sacrament of Confirmation.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

Print Name & Title: \_\_\_\_\_

# Service Record

Candidates are asked to complete 20 hours (20 per year) of service before receiving the Sacrament of Confirmation. Please turn these records in at your next Confirmation Class. Students may sign in in the community service book log at each event and if they fail to this document must be completed and individually logged.

Name: \_\_\_\_\_

Date of Service: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Project Description (briefly describe what you did and who you worked with):

Brief reflection on how you were Christ to others during this service. How did it feel to serve? How did God work through you?

Would you participate in this service again? In what other ways has it challenged you to serve in your community?

Project Coordinator or Supervisor Signature: \_\_\_\_\_