



THINKING OUTSIDE THE "CLASSROOM" FOR FAITH FORMATION - CATECHIST WORKSHOP

Join Dr. Joann Paradise, National Catechetical Consultant for Our Sunday Visitor, for a one-day workshop offering creative methods for telling the Scripture story to students and exploring various methods and strategies for sharing the faith. Designed for catechists of students in 1st-8th grade, this workshop will be held on Saturday, February 6th from 9am-3pm at Holy Family in Citrus Heights. Register at <http://www.formstack.com/forms/catholic-catechists> or contact Rosina Hendrickson (916-733-0153 or rhendrickson@scd.org) for more information.



CRAB FEED 2016

Tickets are on sale NOW for our 2016 Crab Feed on **Saturday, February 13th**. Cost is \$45 per person. As always, table reservations can be made for groups of 4 or more. Be sure to get your tickets early, as this event sells out every year!!!

PARISH NURSING MINISTRY

Sacred Heart Parish will begin a Parish Nursing Ministry in February. Sandy Downing, BSN, RN, will be serving the health needs of our parish, guided and assisted by members of the Parish Health Ministry Committee. Watch for more information at Mass and in the bulletin.

PALMS TO ASHES

The proper way of disposing of the palms which were blessed and which we took home last Palm Sunday is to burn them. We would like to collect these palms, burn them and use the ashes on Ash Wednesday. If you would like to return your palms, please bring them to church and place them in the basket in the foyer.

LIVE GOD'S DESIRE FOR MERCY! – PARISH MINISTER AND CATECHIST RETREAT

The Diocese of Sacramento and Maryknoll Fathers and Brothers are partnering to offer a one-day Parish Minister and Catechist Retreat on Saturday, February 20th from 9am-4pm at Sacred Heart in Anderson. Join facilitators from Maryknoll and take a day away to reflect and explore the theme of this Year of Mercy. Engage in Scripture, reflection and prayer and discover when you've been the recipient of mercy and how you can share mercy with others. Register: www.formstack.com/forms/catholic-retreat or contact Rosina Hendrickson (916-733-0153 or rhendrickson@scd.org) for more information.

PICTURES

We still have a lot of pictures that have not been picked up from our November All Souls display. If you displayed pictures on the wall of the church and would like them back, please the parish office.

All Catholic youth ages 12 – 18 (Jr. High through High School), are invited to join us every Sunday evening 6:00-8:00pm for bible study, faith formation, social activities, community service, fun and fellowship.

FOOD DRIVE FOR ANDERSON COTTONWOOD CHRISTIAN ASSISTANCE

The monthly food drive for Anderson Cottonwood Christian Assistance will feature a specific food item(s) each month for donations. All items can be brought to the church and placed in the wood box in the foyer.

In the month of January, we would like donations of **Pasta Sauce and Spaghetti**.

Beginning in February we will highlight a different item(s). Your generous donations help us feed over 300 families each month.

RAFFLE DONATIONS NEEDED

We are in need of a few more items for our Crab Feed Raffle. We are looking for donations of: **nice bottles of wine, gourmet coffee, a cord of wood, several hours of tractor service, vacation destination (time share), or preparing and serving a meal for 6-8 people in your home**. If you can help, please call the parish office at 365-8573.

PARISH WOMEN'S RETREAT

The Christ the King Retreat season is deeply inspired by Pope Francis' announcement to celebrate The "Extraordinary Jubilee Year of Mercy." The theme is "Be Merciful as Your Heavenly Father Is Merciful." We invite all to come and probe the depth of God's Love for us in Christ as we gather in prayer, study, meditation, sacraments, and rest. The Women's retreat will be held **March 4th-6th**. If you're unable to attend the parish date, visit our website for alternative dates. Please reserve your spot today by calling your Parish Coordinator Trish Viola 223-3431 or Carol Forrest at 916-725-472 Ext 314. You can also register on line at <http://christthekingretreatcenter.org>. Accept this invitation as a precious gift to yourself as you awaken and rejuvenate the spirit within you. No one is refused because of inability to pay full amount.

5TH SUNDAY ROSARY PROGRAM

The Sacred Heart Knights of Columbus is starting a 5th Sunday Rosary Program, which is a Columbian activity "to encourage greater devotion to the Blessed Virgin Mary" and "aid in building the domestic Church", as part of The Family Fully Alive initiative. We invite all parishioners, guests, and visitors to join us on the 5th Sundays of the month (**Jan. 31st, May 29th, July 31st, October 30th**) The Rosary will be prayed at 9:30am, followed by the regular 10am Mass. Please join us along with your family growing closer as a community to Our Blessed Mother and Jesus, through the Rosary.

Any men 18+ wanting information on becoming a Knight, please call Ed Carpenter at 347-7009.

STEWARDSHIP CORNER

Collection Summary

December 26/27: \$3,347
January 2/3: \$7,078
January 9/10: \$6,423
January 16/17: \$5,638

For fiscal year 2015 – 2016:

Budgeted for Collections: **\$280,000**
Total for 29 weeks: **\$155,559** weekly Goal: **\$5,385**
Average Weekly Collection: **\$5,364**

Second Collection

The second Collection this weekend is for our **Parish Faith Formation Fund**. This collection supports our Faith Formation programs for children (CCD), High School Youth Ministry, Adult Bible Study, and tuition assistance for our parish children attending Catholic school.

DEACON'S DINNERS

Every year on Fridays during Lent, we offer a Deacon's Dinner in the parish hall. This is a simple meal of soup, salad, bread and dessert. **WE ARE IN NEED** of individuals, families or groups to prepare and serve the meal. **The available dates are: February 19th, March 11th, and March 18th**. If you can help, please call the parish office at 365-8573. If we do not have volunteers come forward, then we will have to cancel these dates.

WEEKLY REFLECTIONS

Question of the Week

For Children: Jesus is present to each of us in a different way. Tell about a time that you knew Jesus was with you.
For Youth: Name a moment or situation in your life where Jesus was present. What are some situations or places where you wish that Jesus was more visible?
For Adults: Jesus came to bring glad tidings to the poor and set free the enslaved. How has this mission of Christ in the world affected you personally?

Liturgy of the Word

Our first reading sets the stage for today's Gospel. Both stories tell of the proclamation of God's word in the midst of the assembly, and of how that word is being fulfilled. Saint Paul today proclaims that we are members of Christ's body. As members of that body, we are compelled to continue the mission that Jesus proclaims. Let us listen carefully and learn what that mission is.

WORKSHOP ON POST ABORTION SYNDROME

On January 30th, Dr. Theresa Burke, internationally known founder of Rachel's Ministries, will give an 8am-5pm workshop on Post Abortion Syndrome at St. Theresa of Avila Church in Auburn. \$40 cost includes breakfast and lunch. For more information go to <http://scddec.org/post-abortion-care> or contact Dr. Monica Durant at 925-262-3294, ruizdurant@aol.com.

WEEK AT A GLANCE
January 23rd - 31st

Sat.	4:30 p.m.	Mass – Sacred Heart (Sacred Heart Parishioners)
	6:00 p.m.	Tri-Tip & Chicken Fundraising Dinner
	7:00 p.m.	Misa en Español
Sun.	8:15 a.m.	Mass – St. Anne (Cindy Bailey†)
	10:00 a.m.	Mass – Sacred Heart (Roberto Marten)
	11:15 a.m.	Choir Practice
	11:30 a.m.	First Communion Preparation Class
	6:00 p.m.	Sacred Heart Youth Group (ages 12 -18)
Mon.	8:00 a.m.	Mass (Fr. Guillermo Ramirez)
	9:00 a.m.	Bible Study
Tue.	11:00 a.m.	Rosary at Rosie DelaTorre's home
Wed.	8:00 a.m.	Mass (Catherine Morris†)
	6:00 p.m.	Faith Formation Classes (Grades K – 8)
	6:00 p.m.	Bible Study
	6:00 p.m.	Cursillo Meeting
Thu.	8:00 a.m.	Mass
Fri.	8:00 a.m.	Mass
	11:00 a.m.	Rosary at Oak River Rehab
	6:00 p.m.	Grupo de Juevenes
Sat.	10:00 a.m.	Confessions
	4:30 p.m.	Mass – Sacred Heart (Sacred Heart Parishioners)
	7:00 p.m.	Misa en Español
Sun.	8:15 a.m.	Mass – St. Anne (Cindy Bailey†)
	10:00 a.m.	Mass – Sacred Heart (Manuel DelaTorre)
	11:30 a.m.	First Communion Preparation Class
	6:00 p.m.	Sacred Heart Youth Group (ages 12 -18)

READINGS FOR THE WEEK

- Mon.** Acts 22:3-16; Mark 16:15-18
(Conversion of St. Paul the Apostle – Feast)
- Tue.** 2 Timothy 1:1-8; Mark 3:31-35
(Sts. Timothy and Titus – Memorial)
- Wed.** 2 Samuel 7:4-17; Mark 4:1-20
- Thu.** 2 Samuel 7:18-19; 24-29; Mark 4:21-25
(St. Thomas Aquinas – Memorial)
- Fri.** 2 Samuel 11:1-4a, 5-10a, 13-17; Mark 4:26-34
- Sat.** 2 Samuel 12:1-7a, 10-17; Mark 4:35-41
- Sun.** Jeremiah 1:4-5, 17-19; 1 Corinthians 12:31—13:13; Luke 4:21-30

PRAYER CONCERNS

Please offer your prayers for:

Will Neves, Dixee Graham, Jay Burns, Mary West, Kevin Walsh, John Morris, Mary Crowl, Bill Thurman, John Snead, Ilene Duval, Ben Bowers, Pete Boets, Rina Ford, Regina Barker, Delaney Valles, Thelma Waddle, Beth Waddle, Kevin Imming, Kelly Hunter, Clementine Mills, Tom and Lorraine Cummings, George & Ann Whitmore, James Casados, Wanda Napier, Vera Patrick, Margy Webb, Stan MacIsaac, Kealy Rhett, Doug VanErt, Mary Roberts.