

WEEK AT A GLANCE February 25 th - March 5 th		
Sat.	4:30 p.m.	Mass – Sacred Heart (Donald Dunbar†)
Sun.	8:15 a.m.	Mass – St. Anne (Sacred Heart Parishioners)
	10:00 a.m.	Mass – Sacred Heart (Bob Ford†)
	10:00 a.m.	Formación de Fe de los niños
	11:15 a.m.	Choir Practice
	12:00 p.m.	Misa en Español
Mon.	8:00 a.m.	Mass (Charlie Crowl)
	9:00 a.m.	Bible Study
	7:00 p.m.	Pastoral Council Meeting
Tue.	11:00 a.m.	Rosary at Rosie DelaTorre's home
	6:00 p.m.	Rito de Iniciación Cristiana para Adultos
Wed.	6:30 a.m.	Ash Wednesday Mass – Sacred Heart
	9:00 a.m.	Ash Wednesday Mass – Sacred Heart (Mary Crowl)
	10:15 a.m.	Walk with Jesus and Pray the Rosary
	5:30 p.m.	Ash Wednesday Mass – Sacred Heart (Maria Costa†)
	7:00 p.m.	Misa en Español (Miércoles de ceniza)
Thu.	8:00 a.m.	Mass (Rita Duivenvoorden)
	8:45 a.m.	Walk with Jesus and Pray the Rosary
	10:00 a.m.	Vacation Bible Camp Meeting (Parish Hall)
Fri.	PARISH OFFICE CLOSED	
	8:00 a.m.	Mass (Louise Olson)
	8:45 a.m.	Walk with Jesus and Pray the Rosary
	11:00 a.m.	Rosary at Oak River Rehab
	5:30 p.m.	Stations of the Cross (English)
	6:00 p.m.	Grupo de Juevenes
	6:15 p.m.	Friday Night Lenten Dinner (Parish Hall)
	7:00 p.m.	Via Crucis
Sat.	8:45 a.m.	Walk with Jesus and Pray the Rosary
	10:00 a.m.	Confessions
	4:30 p.m.	Mass – Sacred Heart (Wilma Kay Crowe†)
Sun.	8:15 a.m.	Mass – St. Anne (Sacred Heart Parishioners)
	10:00 a.m.	Mass – Sacred Heart (Rita Duivenvoorden)
	10:00 a.m.	Formación de Fe de los niños
	12:00 p.m.	Misa en Español

READINGS FOR THE WEEK

- Mon.** Sirach 17:20-24; Mark 10:17-27
- Tue.** Sirach 35:1-12; Mark 10:28-31
- Wed.** Joel 2:12-18; 2 Corinthians 5:20—6:2; Matt. 6:1-6,16-18
- Thu.** Deuteronomy 30:15-20; Luke 9:22-25
- Fri.** Isaiah 58:1-9a; Matthew 9:14-15
- Sat.** Isaiah 58:9b-14; Luke 5:27-32
- Sun.** Genesis 2:7-9; 3:1-7; Romans 5:12-19; Matthew 4:1-11

PRAYER CONCERNS

Mary West, Yvonne Mantey, Paul Heater, Tillie Duval, Dorothy Iagmin, Christy Vaquera, Irene Vandehey, Paul Borda, Frank Quinn, Ann Whitmore, Clementine Mills, Anita Walsh, Joy Giles, Mary Jarvis, Ross Clark, Francisco Flores, Ben Bowers, David Jacobs, Dee Long, Jay Burns, Jorge Ortiz, Delaney Valles, Ilene Duval, Tom and Lorraine Cummings, Stan MacIsaac.

VACATION BIBLE CAMP 2017

We will once again offer Vacation Bible Camp this summer in our parish. Our first meeting will be held on **Thursday, March 2nd, 10am** in the parish hall. If you are interested in helping, please try to attend this introductory meeting. If you would like to help, but are unable to attend, please call Johanna Trenerry at 357-2416.

STEWARDSHIP CORNER

Collection Summary

January 28/29:	\$5,474
February 4/5:	\$6,768
February 11/12:	\$4,685
February 18/19:	\$4,103

For fiscal year 2016–2017

Budgeted for Collections: **\$280,000**
Total for 34 weeks: \$184,258 weekly Goal: **\$5,385**
 Average Weekly Collection: **\$5,419**

Second Collection

Our Second Collection **next weekend** is for our Maintenance and Improvement Fund. This collection helps keep our parish buildings and grounds in good working order and looking so good. Thank you for your generosity.

LENT: A SENSE OF THE SEASON

The word Lent means springtime. This word comes from the same root as lengthen. Daytime lengthens during Lent. The northern hemisphere turns toward the sun, the source of life, and winter turns into spring. In Hebrew, the word for repentance is the same as the word that means to turn, like the turning of the earth to the sun, like the turning of the soil before planting. “Even now, says the Lord, turn to me.” (Joel 2:12) The word sin means separation. We are called to turn from our separate selves, from our sin, to come together in community. Self-denial is the way we express our repentance. In the lengthening brightness from Ash Wednesday until Holy Thursday afternoon, our holy Lent, we turn to God as our source of life.

Self-denial is threefold, advises Matthew’s gospel. We pray: “Go to your room, close your door, and pray to your Father in private.” We fast: “No one must see you are fasting but your Father.” We give alms: “Keep your deeds of mercy secret, and your Father who sees in secret will repay you.” Through the Lenten exercise of prayer, fasting and almsgiving, we spring-clean our lives, sharpen our senses, put tomorrow in its place and treasure the day at hand.

Why are there forty days in Lent? It took forty days for sinfulness to drown in the flood before a new creation could inherit the earth. It took forty years for the generation of slaves to die before the freeborn could enter the promised land. For forty days Moses and Elijah and Jesus fasted and prayed to prepare themselves for a life’s work.

At the beginning of Lent the bishop calls out the names of the catechumens who seek to be baptized at Easter. Their names are written in the book of the elect, the chosen. God has chosen them, and they have chosen to turn to God. Lent is the forty days before the baptism of the catechumens. The already baptized can share the excitement and the struggles of the elect and rediscover the meaning of baptism in their own lives. During the forty days, both catechumens and the faithful journey together to the holy font.

We keep Lent together. We put aside our business-as-usual to support each other in prayer, fasting and almsgiving. We turn to God to enlighten us and purify us throughout the lengthening brightness of our holy season of Lent. “For now is the acceptable time! Now is the day of salvation!”

FLU SEASON

At the present time, the health department has determined that the incidence of the flu is “widespread”. Parishioners should exercise prudence and common sense when it comes to **receiving the cup, holding hands at the Our Father and shaking hands at the Sign of Peace**. If someone is sick, or thinks they might be sick, or is concerned about contracting an illness, they **should REFRAIN** from holding or shaking hands and receiving the Blood of Christ.

2017 ANNUAL CATHOLIC APPEAL

The 2017 Annual Catholic Appeal is our annual tradition that connects us to thousands of people who need our help every day. Our generous gifts to the Appeal help children find safety and hope, help families break through desperate situations, marginalized individuals find the strength to rebuild lives of dignity, students in economically challenged communities remain in Catholic school, and seminarians prepare for priestly service in our parishes. We may not be social workers or teachers ourselves, but we can put resources into the hands of those Catholic social service programs and parish outreach ministries that help lift people out of poverty by giving to the Annual Catholic Appeal.

TAKE A STAND FOR LIFE

Take a Stand for Life! From **March 1 to April 9** our community will take part in 40 Days for Life, a groundbreaking, coordinated international mobilization. We are looking for people to volunteer a few hours to assist with this vigil opportunity. Contact Paul Henke at Redding40Days@yahoo.com, or call 870-4325 or sign up at <https://40daysforlife.com/local-campaigns/redding>. Click the sign up for vigil hours.

DYNAMIC CATHOLIC

Don’t Give up Chocolate for Lent! Do something life changing. Dynamic Catholic is offering daily meditations and inspirations throughout the Lenten season. Sign up for free at BestLentEver.com. “We’re passionate about re-energizing the Catholic Church in America and inspiring people to rediscover the genius of Catholicism.”

Dynamic Catholic also offers many wonderful gift ideas (for yourself or a loved one). Please go to www.dynamiccatholic.com, click on the “gift store” tab and scroll through the many options they offer through books, audio books, CD’s and DVD’s.

SENIOR & VETERAN FRAUD PREVENTION FAIR

The Shasta County District Attorney’s Office is offering a Fraud Prevention Fair for seniors and veterans on **Wednesday, March 8th**, 10am – 1pm at the Red Lion Hotel in Redding. You will have a chance to meet the Fraud Protection Team, find resources from State and Local agencies, and listen to informative speakers. We will also offer free onsite shredding (up to one banker’s box). Light refreshments will be served. For more information, please call 245-6360.

LENT 2017

ASH WEDNESDAY, MARCH 1ST

- 6:30 a.m. – Mass (Sacred Heart)
 - 9:00 a.m. – Mass (Sacred Heart)
 - 12:15 p.m. Liturgy of the Word (Sacred Heart)
 - 5:30 p.m. – Mass (Sacred Heart)
 - 7:00 p.m. – Mass (En Español)
- Ashes will be distributed at all Services

LENTEN WEEKDAY SCHEDULE

- Monday:** Mass – 8:00 a.m. (Sacred Heart)
- Wednesday:** Mass – 8:00 a.m. (Sacred Heart)
- Thursday:** Mass – 8:00 a.m. (Sacred Heart)
- Friday:** Mass – 8:00 a.m. (Sacred Heart)
- Stations of the Cross – 5:30 p.m. (English)
- Friday Night Lenten Dinner – **6:15 p.m.** (Parish Hall)
- Stations of the Cross – 7:00 p.m. (Spanish)

AROUND THE DIOCESE

Father/Son Program: The Father-Son program explores God’s special gift of human fertility and the beauty and wonder of God’s plan for growing up and becoming a man. The program will be offered for boys ages 12 to 15 and their dads in English from 10am to 2pm on March 11 at Presentation Parish School in Sacramento. Cost is \$20 per family and includes lunch. Visit www.fathersonprogram.com for more information about the program and to register

Vocation Awareness Day: Have you ever asked yourself what you are going to do as an adult? Do you wonder what brings real happiness? Is God going to be a part of your life? If you ever asked yourself these or similar questions, then Vocation Awareness Day is the event for you! High school students, college students, and young adults are invited to join us on **March 11th, 9am - 3pm** at St. Basil Church in Vallejo. This FREE day will explore how to discern a vocation and provide opportunities to hear from diocesan priests and religious men and women from a variety of orders. RSVP by March 7th to Sue Schuttinger at sschuttinger@gmail.com.

WALK WITH JESUS AND PRAY THE ROSARY

Please join us for a 40 day walk with Jesus. This Lenten devotion will begin Ash Wednesday and continue until Easter. We will meet in front of the church each morning, Monday through Saturday, for a devotional walk, during which we will recite the Rosary. The added benefit is that we will be getting some exercise (hopefully some sunshine) and building community! Check out the flyer in the bulletin with all the details.

SACRED HEART PARISH BLOOD DRIVE

BloodSource, one of our local blood banks, has asked us if we would like to resume our semi-monthly blood drives. The drives will be held every other month, in conjunction with the Knights of Columbus breakfast, **beginning March 5th**. That date will soon be on us, so please prayerfully consider joining us for this very rewarding and worthwhile effort. It takes little time, and helps to serve so many people in need. Appointments will be made (to help keep things flowing and avoid waiting) from 9:30 to 12:30. Please call Sandy Downing at 524-4092 to reserve your spot.