

Week 1: Session 2 - What's Holding You Back?

1. View video: 2.1 "The Quest for Happiness"
<https://dynamiccatholic.com/confirmation/program-view/session-2/>
2. Take the quiz: <https://forms.gle/1ErzZ3SK7NPDdE928>
3. Answer the reflection: <https://forms.gle/ALaRxPd6LPwR7GN89>

Week 2 Session 8 - The Holy Spirit

1. View video: 8.2 "Unopened Gifts" and the video: 8.3 "The Fruits of the Holy Spirit"
<https://dynamiccatholic.com/confirmation/program-view/session-8/>
2. Take the quiz: <https://forms.gle/7h7ShwDCLfm124Cz8>
3. Answer the reflection: <https://forms.gle/ucDvnqLvgJ7vMLjdA>

Week 3 Session 10 - Confirmation

1. View video: 10.1 "What is Confirmation?" and video: 10.3 "How Will Confirmation Change You?"
<https://dynamiccatholic.com/confirmation/program-view/session-10/>
2. Take the quiz: <https://forms.gle/FeHYaT5VGuFPVBsMA>
3. Answer the reflection: <https://forms.gle/LDQxUQngmSFMeHck9>

Week 4 Session 7 - The Eucharist

1. View video: 7.2 "The True Presence" and video: 7.4 "Get Close and Stay Close"
<https://dynamiccatholic.com/confirmation/program-view/session-7/>
2. Take the quiz: <https://forms.gle/Pu8svbwZ8fntp9WC6>
3. Answer the reflection: <https://forms.gle/XCcAiUznyo2f1A959>

Week 5 Session 11 - Made for Mission

1. View video: 11.3 "Finding Your Mission" and video: 11.4 "Your Untapped Greatness"
<https://dynamiccatholic.com/confirmation/program-view/session-11/>
2. Take the quiz: <https://forms.gle/vLgRyBEAbzrfS6Sb9>
3. Answer the reflection: <https://forms.gle/3uR4zeMBZebLKYcU9>

Week 6 Session 12 - Holiness Is Possible

1. View video: 12:3 "Your Yes Can Change the World"
<https://dynamiccatholic.com/confirmation/program-view/session-12/>
2. Take the quiz: <https://forms.gle/BT8oBj1hWKRc9BMu5>
3. Answer the reflection: <https://forms.gle/mNrzYpfBUQXee14j7>