



Additional Resources

FOR FAMILIES/YOUTH DURING THE LENTEN SEASON:

ARTICLES OF INTEREST:

15 Free Resources for Children and Families in Preparation for Lent (Great for Parents and Educators), Sadlier Publishing:

<https://www.sadlier.com/religion/blog/bid/79007/resources-for-lent>

25 Great Things You Can Do This Lent, Busted Halo

<https://bustedhalo.com/ministry-resources/25-great-things-you-can-do-for-lent>

Diocese of Hamilton - Youth Ministry Stations of the Cross

<https://hamiltondiocese.com/offices/youth-ministry/youth-ministry.php>

Lent at Home: Activities for Busy Catholic Families, Loyola Press

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/activities-and-resources/lent-at-home/>

Lent, Resources for Your Lenten Journey (Adults), Loyola Press:

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/>

RESOURCES FOR PURCHASE:

From the Diocesan Office for Evangelization and Catechesis - e-mail catechesis@hamiltondiocese.com to order:

Living with Christ: Household Rituals - Prayers and Blessings Through the Year - \$7.00 (with shipping).

A resource to help support prayer in the home throughout the liturgical year as well as special times and milestones in family life (i.e. back to school).

From the Diocesan Office for Youth Ministry - please e-mail nmccowell@hamiltondiocese.com to order:

Lent: One day at a time for Catholic Teens - Katie Prejean McGrady - \$3.50 (plus standard postage).

OTHER SUGGESTED RESOURCES FOR TEENS:

- [Sunday Missal for Young Catholics](#)
- [The Living Word: Sunday Gospel Reflections and Actions for Teens](#)
- [Sunday Prayer for Teens](#)
- [Stations for Teens: Meditations on the Death and Resurrection of Jesus](#)

VIDEOS OF INTEREST:

- Brother Francis, Let's Learn About Lent: FORMED.org (10 min 34 sec)
- Lent in 3 Minutes, Busted Halo (YouTube): <https://bustedhalo.com/video/watch-lent-3-minutes>