

Many years ago I was young and in trouble. I went to Planned Parenthood for help. I needed someone to talk to. They presented only one option. They told me the cost in dollars. They never told me the true costs that I would pay over the years. I have suffered in silence, ashamed of my dirty little secret, no one to talk to, not even my family or friends. This cycle of pain, anguish and silence continued until I asked and received help from Project Rachel. The volunteers at Project Rachel helped me to come to terms with my actions. They saved me by enabling the the healing process to begin. They helped me to reconcile with God. I hope that all troubled women are allowed the free choice to go to Project Rachel without condemnation. I urge all who suffer because of their choices to seek (Project Rachel) and you shall be healed.