

Since my abortion nearly 20 years ago, I had always been pro-choice and a supporter of Planned Parenthood. Yet, as I started having my children, the reality of my abortion set in and began to shape my life in every way, particularly in my ability to fully love as a mother. Project Rachel helped me to grieve a lost child. And when it's a lost child by a mother's own choice, the pain afterward can be unbearable. It's a lie to think there aren't some women who will mourn their child and their choice.