



OUR LADY OF PERPETUAL HELP

Byzantine Catholic Church

1937 Church Road, Toms River, N.J. 08753

Rectory: (732)255-6277 FAX (732)255-3702

Visit Our Website www.OLPHTR.org

Facebook Group: [Our Lady of Perpetual Help Byzantine Catholic Church](#)



PROPER FOR TODAY'S LITURGY



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Sunday of Cheese-fare
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EPISTLE: Rom 13: 11—14:4

GOSPEL: MT 6: 14-21

DIVINE LITURGY

Sunday - 9:00AM
Holy Days - 9:00AM

Confessions: 30 minutes before Liturgy
or by appointment

Pastor: Very Reverend Francis Rella
Cantors: Michael Smoyak, Michael Riebe
George Kresan
Trustees: Michael Smoyak, George Kresan
Bingo Chairman: Ed Bilavsky
Office: Lois Smoyak, Maryann Szticza
Admin Asst: Jim Skopkowski

FEBRUARY 14, 2021
SUNDAY OF CHEESE-FARE
Glory to Jesus Christ! Glory Forever!
Slava Isusu Christu! Slava Na Viki!



On Cheese-Fare Sunday, we commemorate the expulsion of Adam and Eve from Paradise, entering into the Lenten fast in remembrance of mankind's separation from God through disobeying his commandment to fast from the fruit of the tree.

Furthermore, many faithful attend Forgiveness Vespers on Sunday evening, asking forgiveness from each other in accordance with the Lord's words: If you forgive men their trespasses, your heavenly Father will forgive you; but if you do not forgive men their trespasses, neither will your heavenly Father forgive you your trespasses (Matt. 6:14).

LITURGIES AND SERVICES

| | | | |
|--------|--------|--------|--|
| Sunday | Feb 14 | 9:00AM | +Elizabeth and George Choma By Dorothy and Michael Simkovich with panachida |
| Sunday | Feb 21 | 9:00AM | For Our Parishioners living and deceased |

PRAY FOR OUR PARISHIONERS

Please pray for all of our parishioners. The founders of our parish and our benefactors. Pray for those who are sick and those who cannot make it to church. Helen Chupko, Elsie Butchko, Mary Lou Ripnick, Judy Belock, Irene Sudol, Kevin Tufaro, Tony Grace and Fr. John.
May God Grant Them Many Blessed Years! - Na Mnohaja I Blahaja Lita!

LENT - begins tomorrow. Recommended Fasting Regulations are as follows:
†All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast.

†All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of Lent, Monday, February 15 and on Great and Holy Friday, April 2.

These are the minimum requirements; however our Tradition is to abstain from meat after Meatfare Sunday and from dairy products after Cheesefare Sunday.

SUNDAY, February 14th - Parishioners A-J receive priority seating.

COVID VACCINE - Pre-registration in the State of New Jersey is available for those wishing to receive a vaccine. Log on to [COVID19](#) to register today. If you do not have access to the internet, call (855) 568-0545 between the hours of 8:00am - 8:00pm for assistance.

SECOND ALL SOULS - Next week, February 28th. Submit your prayer requests using **All Souls** envelopes.

BIBLE STUDY - Father will conduct Bible Study via ZOOM every Monday at 10:00AM during Lent. To receive the link to the meeting, please click here: [BIBLE STUDY](#) or signup at [OLPH](#).

PRESANCTIFIED LITURGY - will be celebrated VIRTUALLY every Wednesday at 9:00AM during Lent. We invite you to participate online at: [OLPHTR.org](#), [Eastern Catholic Broadcasting](#) or on Facebook at: **Our Lady of Perpetual Help Byzantine Catholic Church**.

LITURGIES AND SPECIAL INTENTIONS - Email jskopkowski@olphtr.org or submit your request online at: [OLPHTR.org](#) Thank you.

CONTRIBUTIONS

Thank you for your continued support.

Contribute online at: eoffering.com

By Mail: **Our Lady of Perpetual Help Byzantine Catholic Church**
1937 Church Road, Toms River, N.J. 08753

WATCH LITURGY LIVE AT: [OLPHTR.org](#) and

[Easterncatholicbroadcasting.com](#)

[VIEW PAST BULLETINS](#)

