



# OUR LADY OF PERPETUAL HELP

**Byzantine Catholic Church**

1937 Church Road, Toms River, N.J. 08753

Rectory: (732)255-6277 FAX (732)255-3702

Visit Our Website [www.OLPHTR.org](http://www.OLPHTR.org)

Facebook Group: [Our Lady of Perpetual Help Byzantine Catholic Church](#)



## PROPER FOR TODAY'S LITURGY



**TONE 5**  
**Page 146-148**  
**First Sunday of the Great Fast**  
**Page 220-222**

**EPISTLE: Heb 11 :24-26. 32-12:2**

**GOSPEL: John 1:43-51**

### DIVINE LITURGY

**Sunday - 9:00AM**  
**Holy Days - 9:00AM**

**Confessions: 30 minutes before Liturgy**  
**or by appointment**

**Pastor: Very Reverend Francis Rella**  
**Cantors: Michael Smoyak, Michael Riebe**  
**George Kresan**  
**Trustees: Michael Smoyak, George Kresan**  
**Bingo Chairman: Ed Bilavsky**  
**Office: Lois Smoyak, Maryann Szticza**  
**Admin Asst: Jim Skopkowski**

**LENT - Recommended Fasting Regulations are as follows:**

†All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast.

†All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of Lent, Monday, February 15 and on Great and Holy Friday, April 2.

**SUNDAY, February 21th - Parishioners K-Z receive priority seating.**

**COVID VACCINE** - Pre-registration in the State of New Jersey is available for those wishing to receive a vaccine. Log on to [COVID19](#) to register today. If you do not have access to the internet, call (855) 568-0545 between the hours of 8:00am - 8:00pm for assistance.

**SECOND ALL SOULS** - Next week, February 28th. Submit your prayer requests using *All Souls* envelopes.

**BIBLE STUDY** - Father will conduct Bible Study via ZOOM every Monday at 10:00AM during Lent beginning on March 1st. To receive the link to the meeting, please email: (Click) [Francis.Rella@olphtr.org](mailto:Francis.Rella@olphtr.org)

**WEEKLY FELLOWSHIP** - Father will host weekly fellowship during Lent beginning on Wednesday, February 24th at 1:00PM. To receive the ZOOM link for this virtual event email: [Francis.Rella@olphtr.org](mailto:Francis.Rella@olphtr.org)

**PRESANCTIFIED LITURGY** - will be celebrated VIRTUALLY every Wednesday at 9:00AM beginning on February 24th. We invite you to participate online at: [OLPHTR.org](http://OLPHTR.org), [Eastern Catholic Broadcasting](http://EasternCatholicBroadcasting.com) or on Facebook at: *Our Lady of Perpetual Help Byzantine Catholic Church*.

**LITURGIES AND SPECIAL INTENTIONS** - Email [jskopkowski@olphtr.org](mailto:jskopkowski@olphtr.org) or submit your request online at: [OLPHTR.org](http://OLPHTR.org) Thank you.

### CONTRIBUTIONS

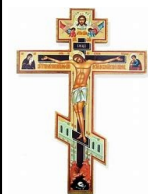
Contribute online at: [eoffering.com](http://eoffering.com)

By Mail: **Our Lady of Perpetual Help Byzantine Catholic Church**  
1937 Church Road, Toms River, N.J. 08753

WATCH LITURGY LIVE AT: [OLPHTR.org](http://OLPHTR.org) and

[EasternCatholicBroadcasting.com](http://EasternCatholicBroadcasting.com)

[VIEW PAST BULLETINS](#)



## FEBRUARY 21, 2021 FIRST SUNDAY OF THE GREAT FAST

**Glory to Jesus Christ! Glory Forever!**  
**Slava Isusu Christu! Slava Na Viki!**



### **Lenten Prayer of Saint Ephrem the Syrian**

Lord and Master of my life, spare me from the spirit of indifference, despair, lust for power, and idle chatter.  
Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love.  
Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters; for you are blessed forever and ever. Amen.

### **LITURGIES AND SERVICES**

Sunday	Feb 21	9:00AM	+Elizabeth and George Choma By Dorothy and Michael Simkovich with panachida
Sunday	Feb 28	9:00AM	+Second All Souls for our deceased with panachida

### **PRAY FOR OUR PARISHIONERS**

Please pray for all of our parishioners. The founders of our parish and our benefactors. Pray for those who are sick and those who cannot make it to church. Helen Chupko, Elsie Butchko, Mary Lou Ripnick, Judy Belock, Irene Sudol, Kevin Tufaro, Tony Grace and Fr. John.  
**May God Grant Them Many Blessed Years! - Na Mnohaja I Blahaja Lita!**