

September 2020

Holy Cross Catholic School

LUNCH

Due to Covid-19, all students will be eating lunch in their classrooms. There will be NO outside lunches (from restaurants) brought in to the students at this time. They may bring a lunch kit or get a tray from the cafeteria. The lunch count must be turned in by 8:30am each day.



Nutrition Tip: With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



Monday

Tuesday

Wednesday

Thursday

Friday

Crispitos
Refried Beans
Lettuce / Tomato
Dessert
Milk

Chicken Spaghetti
Green Beans
Garlic Stick
Fruit
Milk

Taco Soup
Corn Bread
Cucumbers / Carrot Sticks
Dessert
Milk

Breaded Chicken
Burger
Pork n Beans
Fritos / Fruit
Milk

NO SCHOOL

Beef Enchilada
Casserole
Spanish Rice
Salad / Dessert
Milk

Sausage w/ Cabbage
Buttered Potatoes
Corn Bread
Fruit
Milk

Steak Fingers
French Fries/Gravy
Black Eyed Peas
Dessert
Milk

Turkey & Cheese
Wrap
Lettuce / Tomato
Cucumber / Fruit
Milk

Hot Dogs
Fritos
Pickle Spears
Fruit
Milk

Beef Taquitos
Cheese Sauce
Pinto Beans
Carrot Sticks / Dessert
Milk

Hamburger Mac n
Cheese Casserole
Salad
Garlic Stick / Fruit
Milk

Tomato Soup
Grilled Cheese
Chips
Dessert
Milk

Pepperoni Pizza on
Texas Toast
Corn
Salad / Fruit
Milk

Zoo Nuggets
Mac n Cheese
Peas
Fruit
Milk

Chicken Quesadillas
Salad
Tortilla Chips / Salsa
Dessert
Milk

Meat Loaf
Mashed Potatoes
Green Beans
Fruit
Milk

Sausage
Garlic Parm. Pasta
Cooked Carrots
Dessert
Milk

Breakfast Jack
Hash Browns
Cucumbers
Fruit
Milk

Corn Dog
Pork n Beans
Tator Tots
Fruit
Milk

Tamales
Spanish Rice
Lettuce / Tomato
Dessert
Milk

Chicken Strips
Rice / Gravy
Broccoli / Carrots
Fruit
Milk

