

Due to Covid-19, all students will be eating lunch in their classrooms. There will be NO outside lunches (from restaurants) brought in to the students at this time. They may bring a lunch kit or get a tray from the cafeteria. The lunch count must be turned in by 8:30am each day.



Nutrition Tip: Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients that support good health. Choose fruits and red, orange, and dark-green vegetables such as tomatoes, sweet potatoes, and broccoli.



Reference: USDA MyPlate

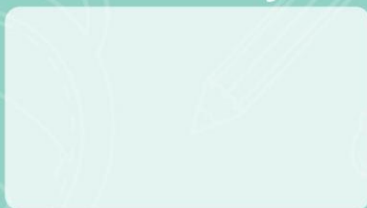
Monday

Tuesday

Wednesday

Thursday

Friday



Hamburgers w/ fixings **1**
Pinto Beans
Chips
Dessert
Milk

Fish Sticks **2**
Mac n Cheese
Peas
Fruit
Milk

Hot Dogs **5**
Chips
Fruit Salad
Pickle Spears
Milk

Beef Nachos **6**
Spanish Rice
Salad
Dessert
Milk

Chicken Fried Steak **7**
Mashed Potatoes/Gravy
Cooked Carrots
Fruit
Milk

Chicken Noodle Soup **8**
Corn Bread
Salad
Dessert
Milk

Scrambled Eggs **9**
Cinnamon Toast
Hash Browns
Fruit
Milk

Sausage **12**
Loaded Potatoes
Broccoli
Bread
Milk

Beef Taquitos **13**
Black Beans
Cheese Sauce
Dessert
Milk

Meat Pie **14**
Salad
Rolls
Fruit
Milk

Hot Ham/Cheese **15**
Sandwich
Chips
Veggie Mix / Dessert
Milk

16
NO SCHOOL

Zoo Nuggets **19**
Tator Tots
Peas
Fruit
Milk

Frito Pie **20**
Salad
Pinto Beans
Dessert
Milk

Chicken Strips **21**
Penne Pasta w/
Marinara Sauce
Green Beans / Garlic Stick
Fruit / Milk

Hamburger Steak **22**
Rice
Black-eyed Peas
Bread / Dessert
Milk

Grilled Cheese **23**
Tator Tots
Veggie Mix
Fruit
Milk

Corn Dogs **26**
Pork n Beans
Cucumbers
Fruit
Milk

Beef/Bean/Cheese **27**
Tostada
Spanish Rice
Salad / Dessert
Milk

Spaghetti w/
Meat Sauce **28**
Salad
Garlic Stick / Fruit
Milk

Baked Chicken Thigh **29**
Garlic Parmesan Pasta
Green Beans
Dessert
Milk

BBQ Burgers **30**
Pickle Spear
Chips
Fruit
Milk