



PreK-3: 11:00-11:30    2<sup>nd</sup> Grade: 11:20-11:50  
 PreK-4: 11:05-11:35    3<sup>rd</sup> Grade: 11:25-11:55  
 Kinder: 11:10-11:40    4<sup>th</sup> Grade: 11:35-12:05  
 1<sup>st</sup> Grade: 11:15-11:45    5<sup>th</sup> Grade: 11:40-12:10



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Grilled Cheese **3**  
 Tomato Soup /Chili  
 Tator Tots  
 Fruit  
 Milk

Tamales **4**  
 Fideo  
 Salad  
 Dessert  
 Milk

Steak Fingers **5**  
 Rice & Gravy  
 Sweet Peas  
 Fruit  
 Milk

Zoo Nuggets **6**  
 Mac n Cheese  
 Black-eyed Peas  
 Dessert  
 Milk

Tuna Sandwich **7**  
 Fritos  
 Raw Veggies  
 Fruit  
 Milk

Corn Dogs **10**  
 French Fries  
 Pork n Beans  
 Fruit  
 Milk

Enchilada Casserole **11**  
 Spanish Rice  
 Salad  
 Dessert  
 Milk

Sausage **12**  
 Mashed Potatoes  
 Green Beans  
 Fruit  
 Milk

Fish Sticks **13**  
 Garlic Pasta  
 Broccoli w/ Cheese  
 Dessert  
 Milk

Ham/cheese Sandwich **14**  
 w/ lettuce/tomato/pickles  
 Macaroni Salad  
 Chips / Fruit  
 Milk

Crispitos **17**  
 Mexican Corn  
 Chips / Salsa  
 Fruit  
 Milk

Chicken Quesadillas **18**  
 Black Beans  
 Salad  
 Dessert  
 Milk

Hamburger Mac n **19**  
 Cheese Casserole  
 Sweet Peas  
 Garlic Sticks / Fruit  
 Milk

Pepperoni Pizza on **20**  
 Texas Toast  
 Raw Veggies  
 Corn on the Cob / Dessert  
 Milk

Hot Dogs **21**  
 Pork n Beans  
 Pickles / Chips  
 Dessert  
 Milk

Hamburgers w/lettuce, **24**  
 tomato, pickles  
 French Fries  
 Pinto Beans / Fruit  
 Milk

Beef & Bean Burrito **25**  
 Salad  
 Tortilla Chips / Salsa  
 Dessert  
 Milk

Chicken Spaghetti **26**  
 Green Beans  
 Garlic Sticks  
 Fruit  
 Milk

Ham & Cheese Wrap **27**  
 Chips  
 Raw Veggies  
 Dessert  
 Milk

**28**  
 Last day of school!  
 No lunches served

**31**

