

August 1, 2021, Tenth Sunday after Pentecost

From the Pastor

Series on the Mass, Part 70: Communion of the Faithful, Part 1

In the *Catechism of St. Pius X*, we read the following answer concerning how often we should go to communion: "It is an excellent thing to go to Communion often, and even daily in accordance with the desire of the Church, provided we do so with the requisite dispositions." *The Catechism of the Catholic Church* (CCC) continues to encourage frequent Communion (c.f. #1389). The requisite dispositions are, of course, being in the state of grace, fasting at least one hour, and preparing ourselves to receive our Lord with devotion. The CCC addresses this preparation for Communion also: "To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church (1 hr.). Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest." (#1387)

Pope Pius IX recommended that we pray the beautiful prayer of the "Anima Christi" to help us receive our Lord with devotion:

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from Christ's side, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; Within Thy wounds hide me; Suffer me not to be separated from Thee; From the malicious enemy defend me; In the hour of my death call me; And bid me come unto Thee; That I may praise Thee with Thy saints and with Thy angels; Forever and ever. Amen

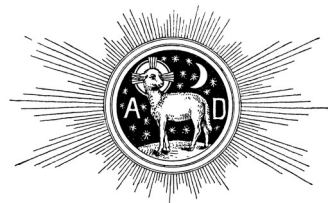
St. Pius X said, "Each day we ask God for bread to sustain the life of our bodies and so we should also ask for the Bread that gives life to the soul," and therefore he recommended that "you approach the Eucharistic table for communion frequently, even daily if you are able." Along with this recommendation, he also insisted on regular confession.

The reception of Holy Communion was very infrequent when St. Pius X was elevated to the papacy (1903-1914), but the general practice was that the faithful would go to confession before every Communion and ask permission of the pastor to approach the communion rail. Now the practice has gone to the other extreme of the faithful going to receive communion frequently, but confession being very infrequent. The branch needs to be bent back in the other direction, meaning that confession should be more frequent in general, though not to the extreme of one confession for each communion.

Sincerely in Christ



Rev. Charles Van Vliet, FSSP



Announcements

RELIGIOUS ITEMS TO BE BLESSED.

Items will be blessed on the 2nd & 4th Saturday of every month, after the 7:30 a.m. Mass.

- ~ Items to be blessed may be left the Sunday through Friday prior to the date of the blessing. Please do not leave items to be blessed if the "To Be Blessed" cart is not there.
- ~ Please place your name on every item to be blessed and group your items according to type (i.e., rosaries, medals, crucifixes, etc.)
- ~ Please pick up your items promptly.

PUBLIC MASS INTENTIONS are **no longer being accepted for 2021**. The private Mass intention list remains open, but please understand that these Masses are not scheduled for a specific date or time. The limit on the number of Masses requested will be adjusted in 2022 so as to open up both lists to more people. Thank you for your understanding.

BOOKSTORE KIOSK. Open Sundays, 9:15-10:25 a.m. Located in the short hallway.

GROUPS MEETING WEEKLY. Legion of Mary, Mon., 7 p.m.; St. Philomena Toddler Group, Wed., 10:15 a.m.

2021 DSF CAMPAIGN, 46.9% FUNDED. PARISH GOAL: \$15,000; PLEDGED/GIFTED: \$7,035.

Learn more and make online donations by clicking on the DSF link on the home page of our website or pick up a donation form off the hall table. Please specify Regina Caeli Parish when donating so the parish gets credit. If goal is not met, the parish pays the difference. Thank you for supporting DSF!

DRESS CODE REMINDER. As the weather warms up, please keep in mind the dress code, written in English and Spanish, which is posted at the entrance to the chapel and on the bulletin board. It is also on the parish website. This is a place of worship where God is present. Our dress and demeanor should reflect this.

CONSTRUCTION AT ST. ATHANASIUS CHAPEL HALL. Construction of a portico at the main entrance to the building has begun. When visiting during the week, please use the side entrance to avoid the ongoing work. Thank you.

It's Official! Fr. Rock is our new Parochial Vicar!

(He was "Priest in Residence" until now.)

VOLUNTEERS NEEDED

- ~ **Sunday CCD teacher and aides.** If you can help, please sign up online at our website. Thank you!
- ~ **Fall Festival Chairman** to organize the event. If you are interested, please contact Fr. Rock.

REGISTRATION CONTINUES

- ~ **Sunday CCD registration.** Register online at our parish website, www.reginacaeliparish.org
- ~ **Tower of David (TOD) registration.** Contact Amy Podraza, director.towerofdavid@gmail.com for information and registration. TOD provides homeschool assistance and meets Tuesdays at the parish.

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Liturgical Calendar & Mass Intentions

Aug. 1 – 7, 2021

Sun., 8/1, 10th Sunday after Pentecost

- 7:00 a.m. ("at risk" Mass), Ruth & Arrel Carrier †
- 8:15 a.m., Private intention
- 10:30 a.m., (High), Pro Populo
- 2:00 p.m., Private intention
- 5:30 p.m., Mary Heinle

Mon., 8/2, St. Alphonsus Liguori

- 6:30 a.m., Genevieve Kocurek †

Tues., 8/3, Finding of the Body of St. Stephen

- * 6:30 a.m., Private intention
- 7:00 p.m., Walter Barnett †

Wed., 8/4, St. Dominic

- 6:30 a.m., Edna Barnett †
- * 9:00 a.m., Private intention

Thurs., 8/5, Dedication of the Basilica of St. Mary Major

- * 6:30 a.m., Private intention
- 7:00 p.m., Jan Kocurek †

Fri., 8/6, Transfiguration of Our Lord

- 6:30 a.m., Sonia Buenaseda †
- 7:00 p.m., Arturo Buenaseda †, followed by **First Friday devotion**

Sat., 8/7, Votive Mass of the Immaculate Heart of Mary

- * 6:30 a.m., Private intention
- 7:30 a.m., Rolando Buenaseda †, followed by **First Saturday devotion**

* Mass is subject to cancellation if a second priest is not available. Advance notice will be posted in the bulletin whenever possible.



Parish Organizations

- Altar Guild - Juana Maria Olvera
Meets third Saturday of month after 7:30 a.m. Mass
altarsoc@reginacaeliparish.org
- Altar Servers - Wayo Dorsey
Training 2nd & 4th Saturday of month, 9:30-11:30 a.m.
altarserve@reginacaeliparish.org
- CCD - Cheryl Hand; ccd@reginacaeliparish.org
- Legion of Mary - Jerry Turner III
Meets Mondays, 7 p.m.
legionofmaryrcp@gmail.com
- Little Flowers Girls' Group - Mary Catharine Maxian
Meets second Saturday of month, 9:30 a.m.
- Men's Schola - Kyle Lartigue
Practice Thursdays, 7 p.m.
schola@reginacaeliparish.org
- Pro-Life - Melody Reece, pro-life@reginacaeliparish.org
- St. Philomena Toddler Group - Amy Gorhum
Meets Wednesdays, 10:15 a.m.
Text or call 512-902-1427.
- Youth Group - Rev. William Rock
Meets third Saturday of month, 9:30-11:30 a.m.
- Welcoming Committee - Rae Bielakowski
welcome@reginacaeliparish.org
- Work Crew - Matt Anderson
Saturday work projects at property
workcrew@reginacaeliparish.org
- Contacts for other groups
Please check the bulletin boards or click Groups/Ministries on the parish website.
- St. Joseph Hour for Holiness for men over 18 years struggling with sins against purity. Contact Fr. Van Vliet by email.
- Tower of David - Amy Podraza,
director.towerofdavid@gmail.com. Please check bulletin boards. Information coming soon.
- Sacraments - Please see parish website.
- Infant baptism—contact parish at least one month before due date.
- Marriage—contact parish eight months before proposed date.

Regina Caeli Parish

The Priestly Fraternity of St Peter
Archdiocese of Galveston-Houston



Pastor: Rev. Charles Van Vliet, FSSP
Parochial Vicar: Rev. William Rock, FSSP

pastor@reginacaeliparish.org
frwrock@reginacaeliparish.org

8121 Breen Dr., Houston, Texas 77064

Telephone: 832-328-0876

Hours: Mon. & Fri., 9 a.m.-4 p.m.

Website: reginacaeliparish.org

Email: office@reginacaeliparish.org

Mass Schedule - *The Masses listed below are the public Masses. See full Mass schedule on back page.*

Sundays	7:00 a.m., 8:15 a.m., 10:30 a.m., 2:00 p.m., 5:30 p.m.
Mon., Wed., Fri.	6:30 a.m.
Tues., Thurs.	7:00 p.m.
Saturdays	7:30 a.m.

Adoration Wednesday, 6-8 p.m.

Confession 30 minutes before each Mass; ends 5 minutes before Mass starts.
Saturdays, 8:30-9:00 a.m. or until all confessions are heard

Our Lady of Perpetual Help Novena Wednesday, 6:40 p.m.