


Spiritual Exercises

Silent Ignatian Retreats preached by the Priests of Miles Christi

For more information and to register please contact Christine Timmerman at texas@spiritualexercises.net or 858-263-5113.



“The Exercises are, in fact, a set of meditations and prayers in an atmosphere of contemplation and silence, and above all a special interior impulse—deriving from the Holy Spirit—to open ample spaces of the soul to the action of grace.”

St. John Paul II

IN TEXAS

WOMEN (16 & above)

December 3-5, 2021
Houston, TX

January 14-16, 2022
Grand Prairie, TX

MEN (16 & above)

November 12-14, 2021
Houston, TX

November 19-21, 2021
Grand Prairie, TX

For more locations and dates visit mileschristi.org/spiritual-exercises



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