

Confirmation Year 2

At-Home Prep

In place of attending our in-person gatherings, and in addition to the requirements already in place (e.g. Called to Mercy modules, saint reflection, service project paper, weekly Mass reflections), you will also research the 12 Fruits of the Holy Spirit, answer the questions below, and send your responses to Katie via email (youthministry@stmarymtangel.org). You must pick a fruit to research and respond by each Confirmation meeting date. You may research the fruits in any order you choose.

- Review and familiarize yourself with the 12 Fruits of the Holy Spirit and discuss your faith journey with your sponsor. You will email your response by the Confirmation meeting date:
 - **September 30 – Fruit #1**
 - **October 14 – Fruit #2**
 - **October 28 – Fruit #3**
 - **December 9 – Fruit #4**
 - **January 13 – Fruit #5**
 - **January 27 – Fruit #6**
 - **February 10 – Fruit #7**
 - **February 24 – Fruit #8**
 - **March 10 – Fruit #9**
 - **March 31 – Fruit #10**
 - **April 14 – Fruit #11**
 - **April 28 – Fruit #12**
 - **May 12 – Catholic Project Due**
 - **May 26 – Confirmation Rehearsal**
 - **May 27 – Tentative Confirmation Mass**

Fruits of the Spirit

1. Self-Control
2. Charity
3. Patience
4. Peace
5. Kindness
6. Gentleness
7. Generosity
8. Modesty
9. Faithfulness
10. Chastity
11. Goodness
12. Joy

Self-Control

Answer in your Journal:

1. What is self-control? Describe in your own words.
2. How have you seen the fruit of self-control in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of self-control?
4. How can the fruit of self-control affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of self-control? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Charity

Answer in your Journal:

1. What is charity? Describe in your own words.
2. How have you seen the fruit of charity in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of charity?
4. How can the fruit of charity affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of charity? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Patience

Answer in your Journal:

1. What is patience? Describe in your own words.
2. How have you seen the fruit of patience in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of patience?
4. How can the fruit of patience affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of patience? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Peace

Answer in your Journal:

1. What is peace? Describe in your own words.
2. How have you seen the fruit of peace in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of peace?
4. How can the fruit of peace affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of peace? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Kindness

Answer in your Journal:

1. What is kindness? Describe in your own words.
2. How have you seen the fruit of kindness in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of kindness?
4. How can the fruit of kindness affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of kindness? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Gentleness

Answer in your Journal:

1. What is gentleness? Describe in your own words.
2. How have you seen the fruit of gentleness in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of gentleness?
4. How can the fruit of gentleness affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of modesty? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Generosity

Answer in your Journal:

1. What is generosity? Describe in your own words.
2. How have you seen the fruit of generosity in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of generosity?
4. How can the fruit of generosity affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of modesty? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Modesty

Answer in your Journal:

1. What is modesty? Describe in your own words.
2. How have you seen the fruit of modesty in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of modesty?
4. How can the fruit of modesty affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of modesty? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Faithfulness

Answer in your Journal:

1. What is faithfulness? Describe in your own words.
2. How have you seen the fruit of faithfulness in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of faithfulness?
4. How can the fruit of faithfulness affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of faithfulness? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Chastity

Answer in your Journal:

1. What is chastity? Describe in your own words.
2. How have you seen the fruit of chastity in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of chastity?
4. How can the fruit of chastity affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of chastity? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Goodness

Answer in your Journal:

1. What is goodness? Describe in your own words.
2. How have you seen the fruit of goodness in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of goodness?
4. How can the fruit of goodness affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of goodness? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.

Joy

Answer in your Journal:

1. What is joy? Describe in your own words.
2. How have you seen the fruit of joy in your own life and in the life of your family?
3. How can you grow and practice in receiving and using the fruit of joy?
4. How can the fruit of joy affect your life as a Catholic Christian?
5. What is a reachable goal that you can set to practice the fruit of joy? Write it in your journal.

Discuss your answers with your sponsor/family. Remember to email your responses to Katie.